# Program

# LUX MASTERS OPEN 2023

### Saturday, October 14th 2023

#### 1<sup>st</sup> part : Warm up 8.00, Competition 9.00

Race 1. 1500m Freestyle WomenWomen 20+ Women 25+Race 2. 1500m Freestyle MenMen 20+ Men 25+Race 3. 200m Backstroke WomenWomen 20+ Women 25+Race 4. 200m Backstroke MenMen 20+ Men 25+Race 5. 50m Breaststroke WomenWomen 20+ Women 25+Race 6. 50m Breaststroke MenMen 20+ Men 25+Race 6. 50m Breaststroke MenMen 20+ Men 25+Race 6. 50m Breaststroke MenMen 20+ Men 25+

#### 2<sup>nd</sup> part : Warm up 13.30, Competition 14.30

Race 7. 50m Backstroke Women Women 20+ Women 25+ Race 8. 50m Backstroke Men Men 20+ Men 25+ Race 9. 4x 50m Medley Women Women 80+ Women 100+ Race 10. 4x 50m Medley Men Men 80+ Men 100+ Race 11. 100m Freestyle Women Women 20+ Women 25+ Race 12. 100m Freestyle Men Men 20+ Men 25+ Race 13. 400m Medley Women Women 20+ Women 25+





CITABEL

## Sunday, October 15th 2023

Race 14. 400m Medley Men

Race 16. 100m Butterfly Men

Race 17. 4x 50m Medley Mixed

Race 18, 200m Breaststroke Women

Race 19, 200m Breaststroke Men

Women 20+ Women 25+

Race 15. 100m Butterfly Women

Men 20+ Men 25+

Men 20+ Men 25+

Break 20 minutes

Men 20+ Men 25+

Mixed 80+ Mixed 100+

Women 20+ Women 25+

#### 3<sup>rd</sup> part : Warm up 8.00, Competition 9.00

Race 22. 800m Freestyle WomenWomen 20+, Women 25+Race 23. 800m Freestyle MenMen 20+, Men 25+Race 24. 4x 50m Freestyle WomenWomen 80+ Women 100+Race 25. 4x 50m Freestyle MenMen 80+ Men 100+



Race 26. 100m Backstroke Women Women 20+ Women 25+ Race 27. 100m Backstroke Men Men 20+ Men 25+ Race 28. 200m Medley Women Women 20+ Women 25+ Race 29. 200m Medley Men Men 20+ Men 25+ Race 30. 50m Butterfly Women Women 20+ Women 25+ Race 31. 50m Butterfly Men Men 20+ Men 25+

#### 4<sup>th</sup> part : Warm up 13.00, Competition 14.00

Race 32. 50m Freestyle Women Women 20+ Women 25+ Race 33. 50m Freestyle Men Men 20+ Men 25+ Race 34. 200m Butterfly Women Women 20+ Women 25+ Race 35. 200m Butterfly Men Men 20+ Men 25+ **Bace 36**, 100m Breaststroke Women Women 20+, Women 25+ Race 37. 100m Breaststroke Men Men 20+. Men 25+ Race 38. 200m Freestyle Women Women 20+, Women 25+ Race 39. 200m Freestyle Men Men 20+. Men 25+ Race 40. 4x 50m Freestyle Mixed Mixed 80+ Mixed 100+



