

# Swimming Short Course 2025

## Teams Leaders / Technical Meeting

Lublin December 9. 2025

# **EUROPEAN AQUATICS®** **Agenda**



- 1. INTRODUCTION**
- 2. EUROPEAN AQUATICS MASTERS SWIMMING SHORT COURSE CHAMPIONSHIPS – LUBLIN 2025**
  - a) ACCREDITATION**
  - b) START LISTS**
  - c) RELAY LATE ENTRY AND RECONFIRMATION RELAYS EVENTS**
  - d) RECONFIRMATION 800 AND 400 METERS INDIVIDUAL EVENTS**
  - e) FLOOR PLAN AND SIGNS**
  - f) WARM-UPS**
  - g) CALL ROOM – MARSHALLING AREA**
  - h) VICTORY CEREMONYS**
  - i) MEDIA IN MASTERS**
    - i. STREAM**
    - ii. SPORTITY**
    - iii. INTERESTING STORIES**
- 3. Other information from LOC**
- 4. Medical Care**
- 5. Time Schedule and statistics**
- 6. What are the EA Technical Masters and EA Technical Swimming Committies doing?**



# 1. OPENING AND INTRODUCTION

## ATTENDING:

### TMaC Commission and staff

Arno Pajek	AUT	EA Bureau Liaison to TMaC
Hörður J. Oddfríðarson	ISL	EA Technical Masters Committee Chairman
Boris Drobac	SRB	EA Technical Masters Committee Vice Chairman
Anna Serova	EA	EA Sports Coordinator and Media Delegate
Marcin Kulczycki	EA	EA Sports & Development Assistant and Media Delegate
Olena Dorofieieva	EA	EA Medical Delegate
Antonella Correale	EA	EA Media Delegate



# 1. OPENING AND INTRODUCTION

## ATTENDING:

### TMaC and TSC members

Geir Andersen	NOR	EA Technical Masters Committee Member
Kristiina Arusoo	EST	EA Technical Masters Committee Member
Umut Salar	TUR	EA Technical Masters Committee Member
Ulrike Urbaniac	GER	EA Technical Masters Committee Member
Daniel Laube	SUI	EA Technical Masters Committee Member
Jonas Åström	SWE	EA Technical Swimming Committee Member
Veronique Schroeter	SUI	EA Technical Swimming Committee Member
Claus Sörenson	DEN	EA Starter



# 1. OPENING AND INTRODUCTION

## ATTENDING:

### LOCAL ORGANIZING COMMITTEE AND STAFF

Marta Zalewska	LOC Head
Jakub Krzywda	Competition director
Mila Fabri	Competition Manager Assistant
Agata Zak Gontarz	Competition Medical Officer



# **EUROPEAN AQUATICS SHORT COURSE SWIMMING MASTERS CHAMPIONSHIPS – LUBLIN 2025**

Accreditation

Start lists

Relay late Entry  
and  
Reconfirmation

Reconfirmation  
800 and 400  
meters

Floor plan and  
signs

Warm-ups

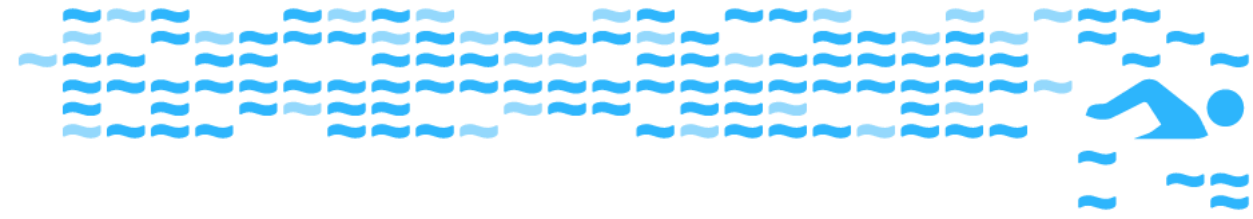
Call rooms –  
Marshalling area

Victory ceremonies

Media in masters

- Streaming
- Sportity
- Interesting stories

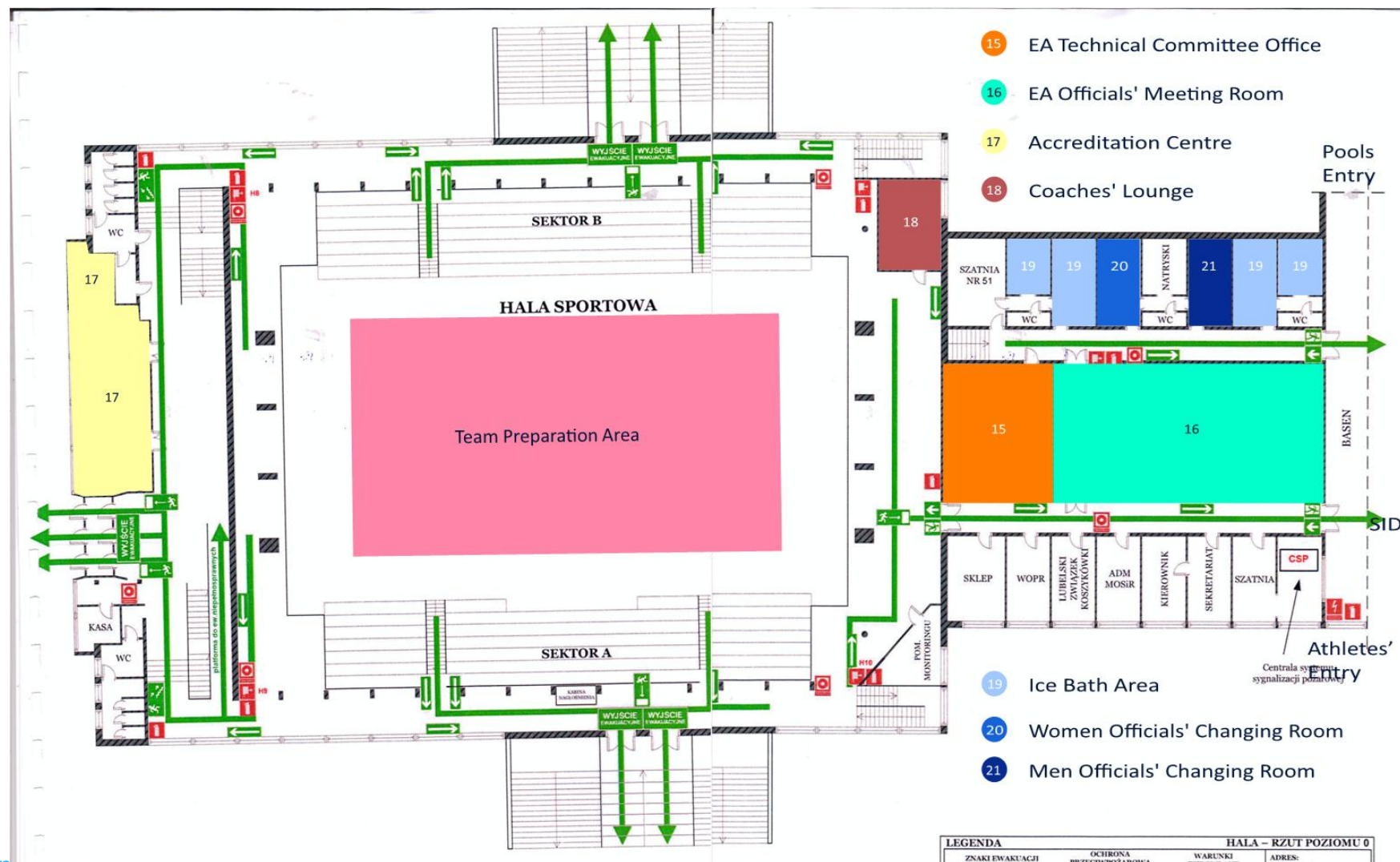




## Accreditation

- Accreditation Center
  - Is in the front of the Sports Hall
- Why is the Accreditation card so important?
  - The bearer agrees that the following terms and conditions will apply to the use of this badge
    - It is property of EA and LOC of the event. They have the right to suspend or revoke it at any time
    - It is personal and non-transferable
    - It must always be displayed, while in venue
    - By using the badge, you agreed to be
      - Filmed, televised, recored and more during the event by EA
    - You agree to not using photos or videos, taken by you at the event in commercial purposes, but solely for personal use

# EUROPEAN AQUATICS. Sports Hall







## Start lists and reconfirmation



The start list for each day will be published no later than 8 pm the day before



All 400m, 800m and relay events must be reconfirmed before 6 pm the day before



Relays must be created before 6 pm tonight



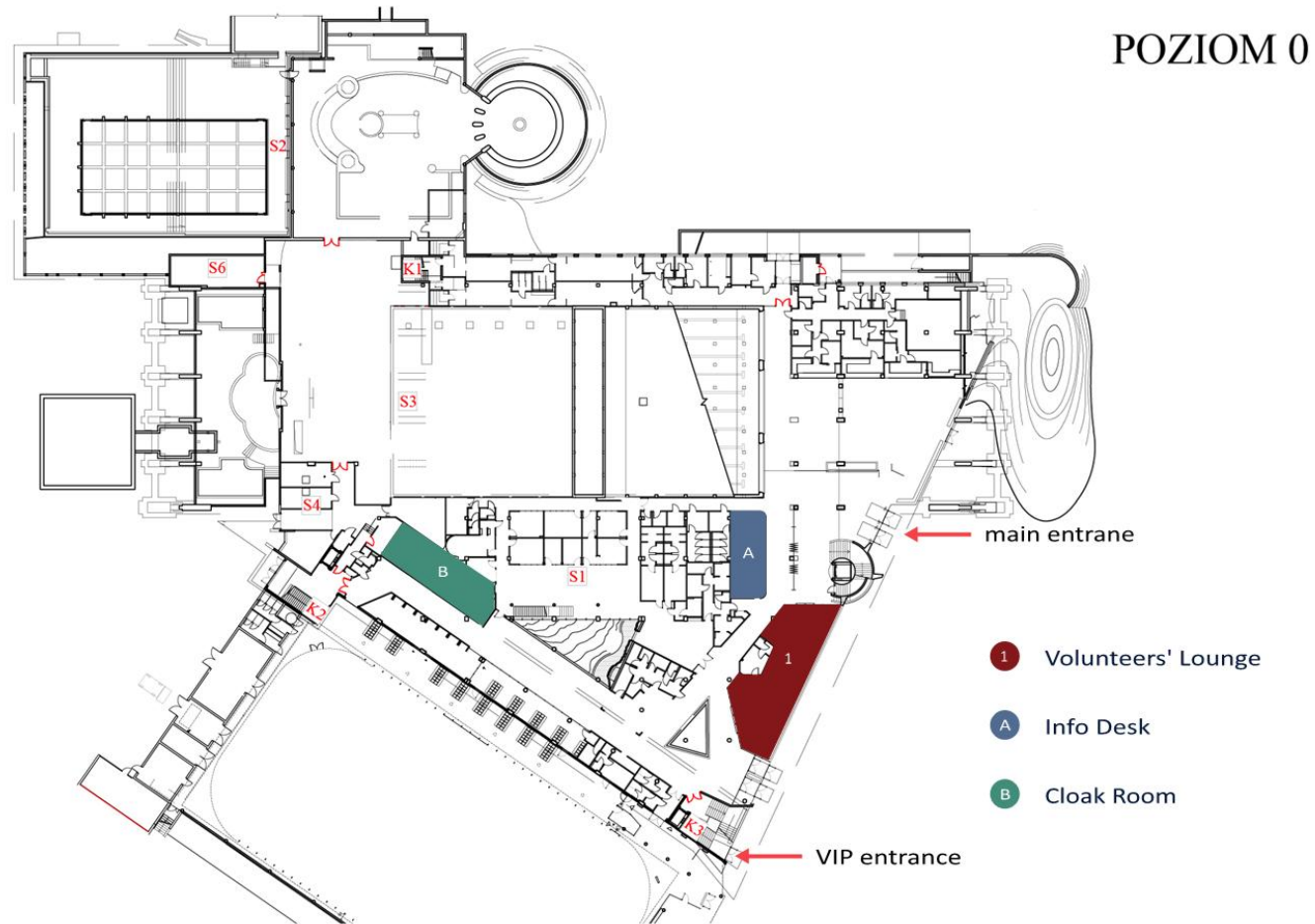
Sportity-app is our main source and we will publish all information there and in the official website



[www.shortcoursemasters2025.com](http://www.shortcoursemasters2025.com)

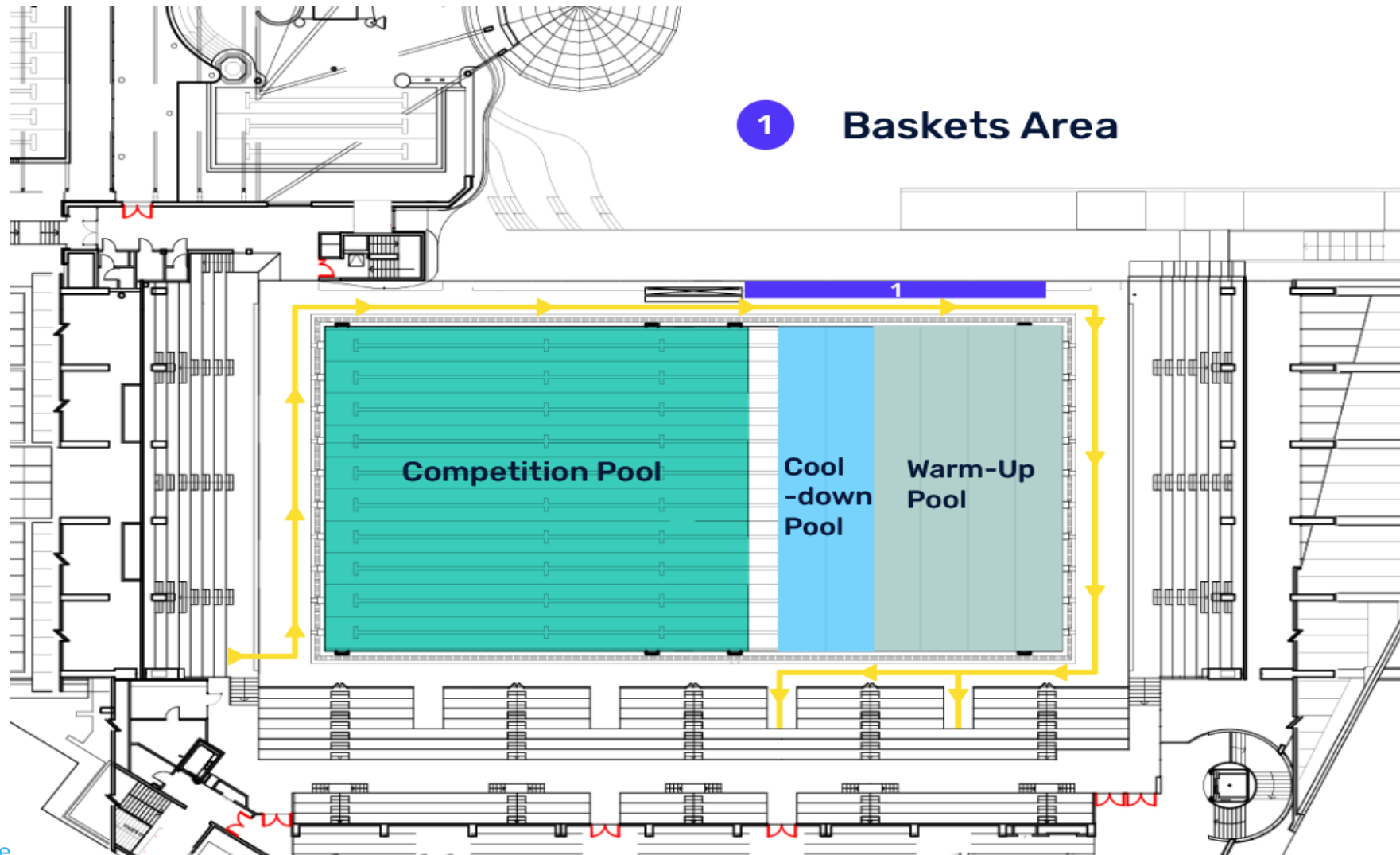


## Floor plan and signs - Ground Floor



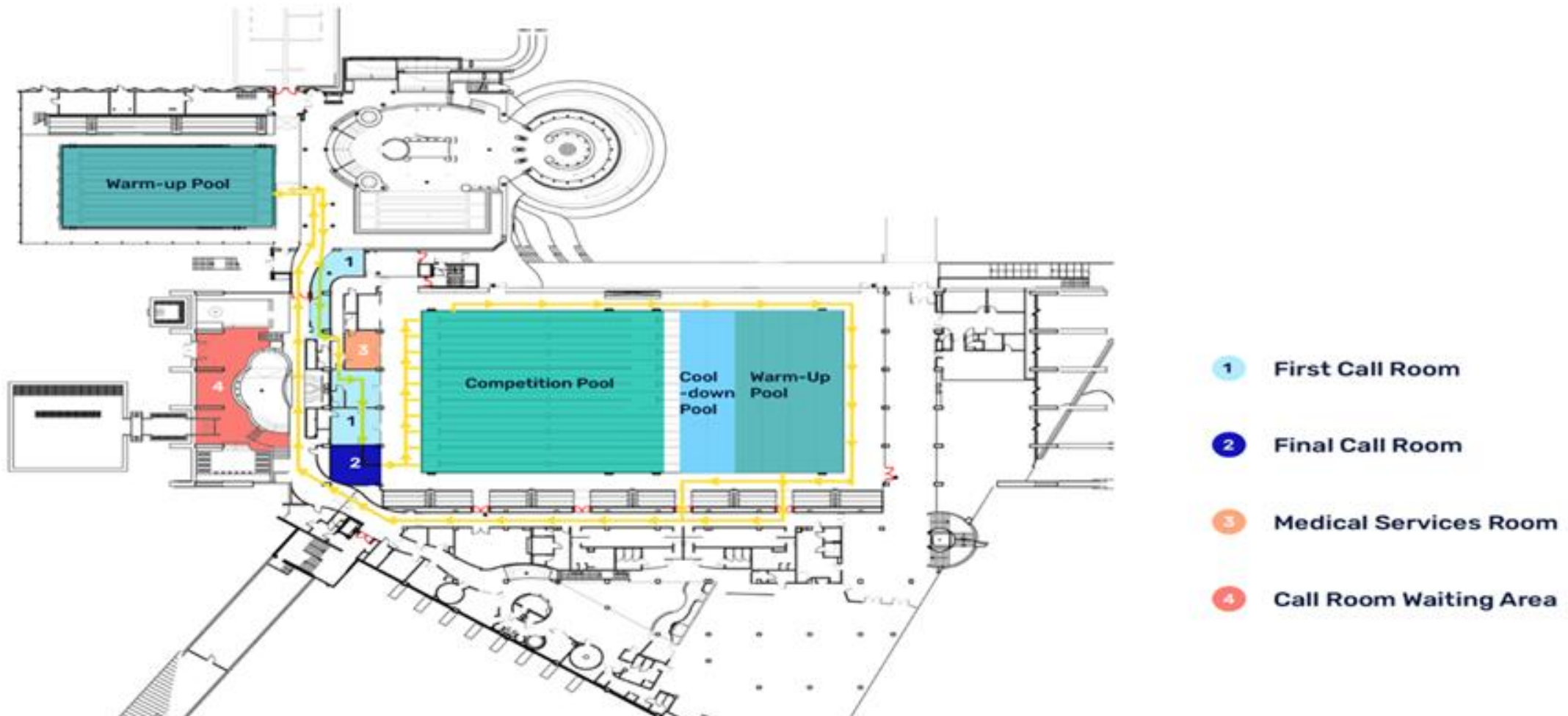


## Floor plan and signs – Competition area



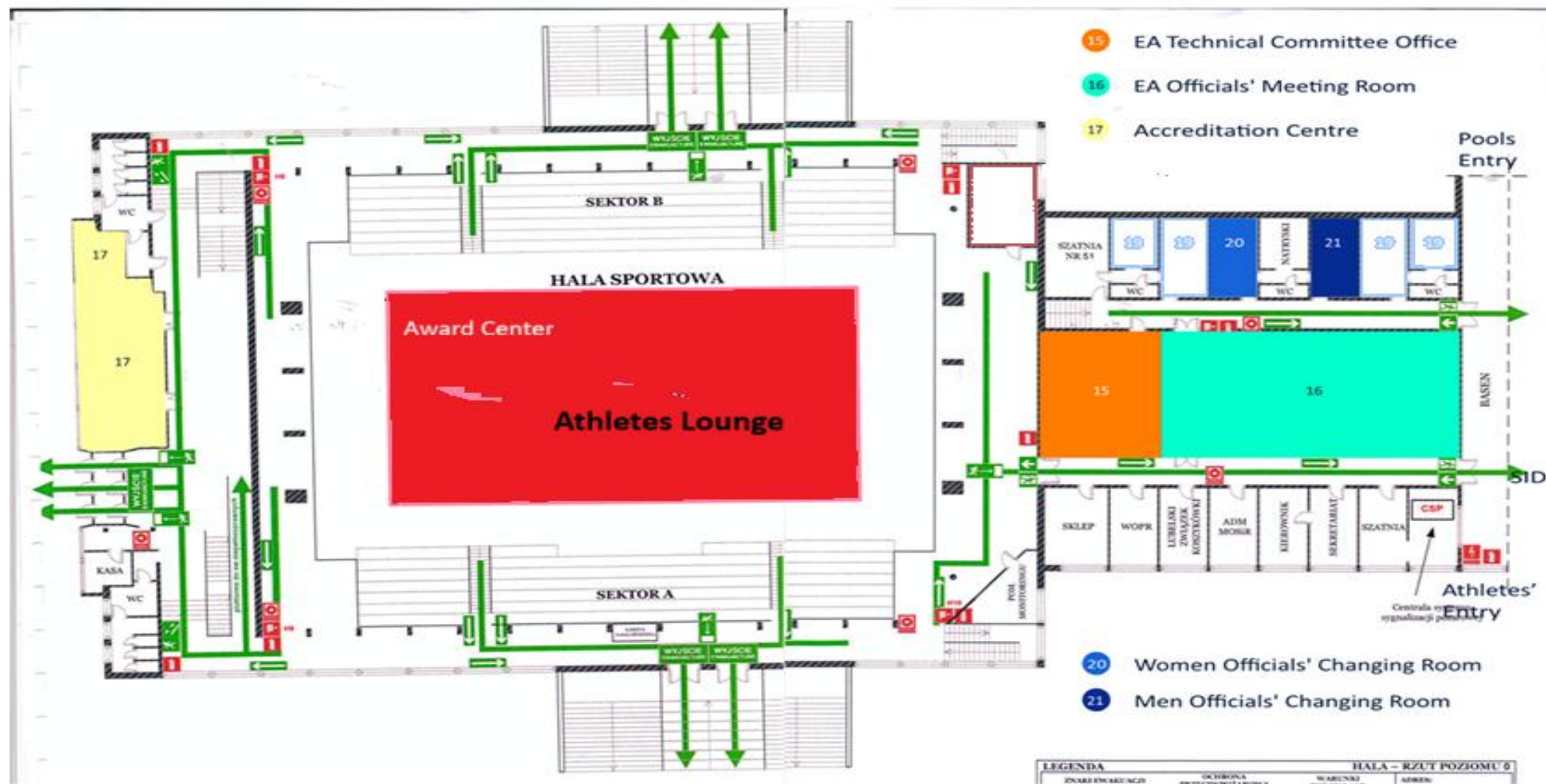


## Floor plan and signs – Warm-up and call rooms





## Floor plan and signs – Sports Hall – Victory Ceremonies







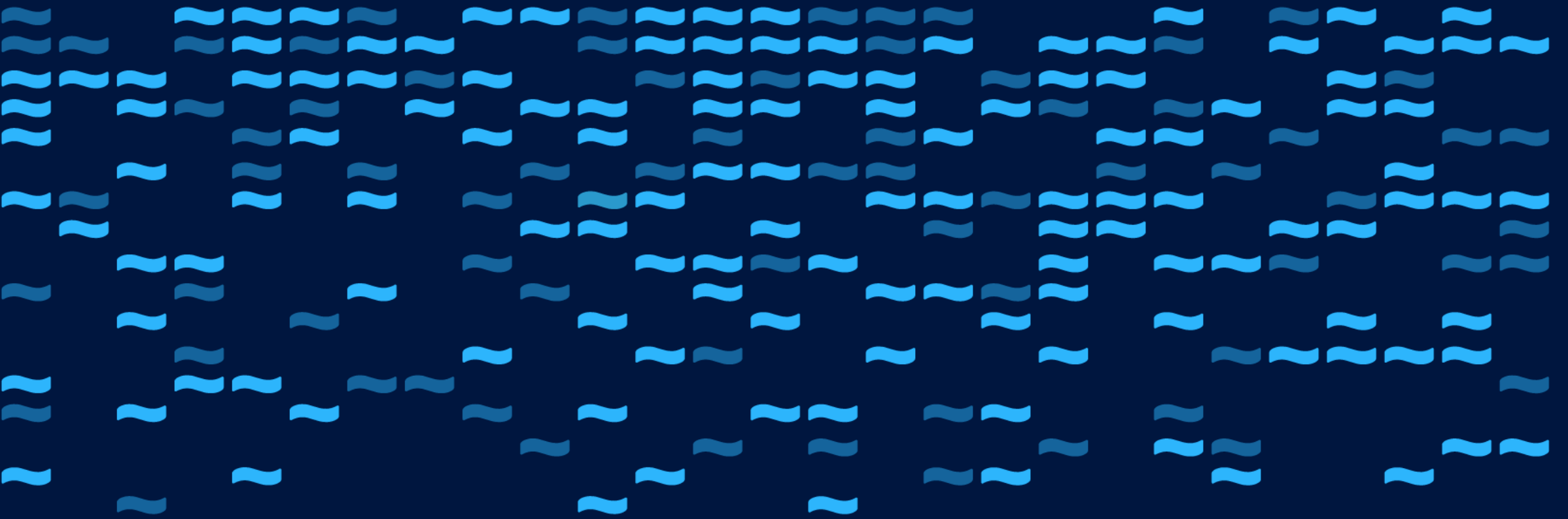
## Media in Masters

- There will be streaming from the competition
  - (info at Sportity app)
- Sportity app is for all informations
  - Startlists, results, additional information
- Antonella is here to grab the moment
  - We need help from the athletes to create exiting materials
  - Contact Antonella or some TMaC member if you have story or an idea



## Some other information – from LOC

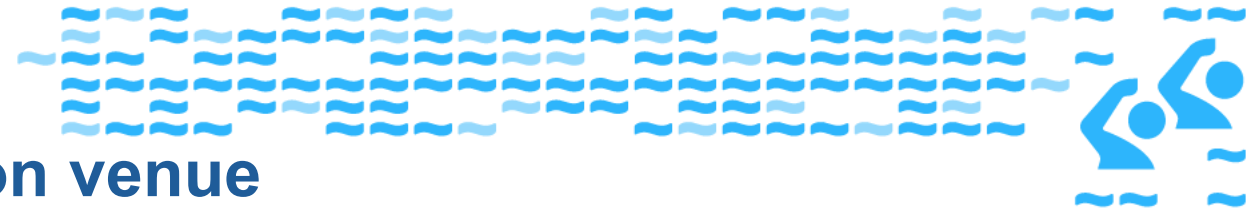
- Lost and found
- Parking
- Lockers
- Athletes and coaches
- Family and friends



TECHNICAL MEETING EA MASTERS  
SHORT COURSE SWIMMING LUBLIN 2025

# MEDICAL CARE





## **Medical services at the competition venue**

EA Medical Delegate

**Dr. Elena Dorofieieva**

LOC Medical

**Agata Zak-Gontarz**



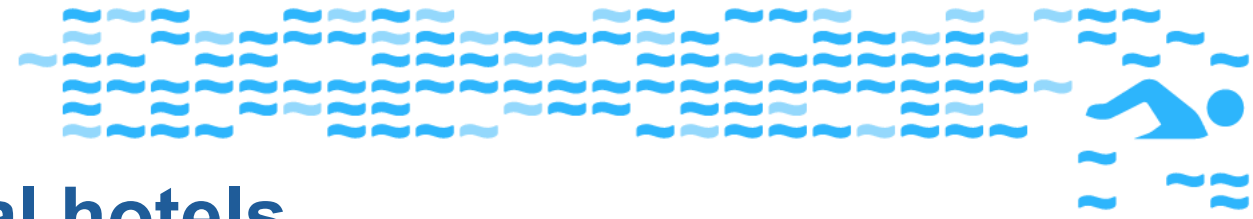
## Medical services at the competition venue

- Teams consisting of doctors, paramedics, lifeguards will be ready to provide medical services in the competition venue during the training and competitions.
- Medical service room is located next to the call room, it is clearly marked on the way from warm-up pool to competition pool.
- Doctor, paramedics and lifeguards will be at the pool during the training and competition.
- Ambulances will be available in the competition venue during the competitions.



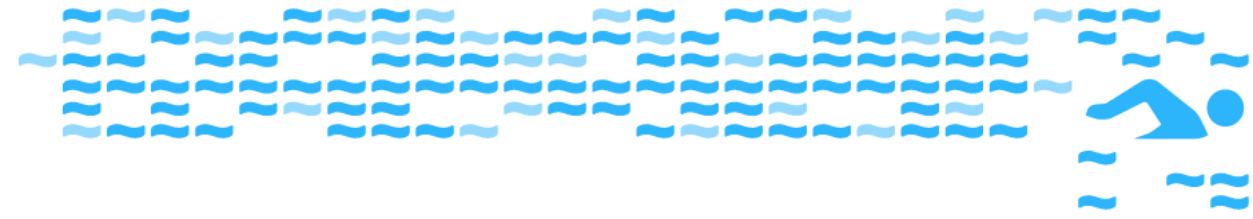
## **Referral hospital - Public University Hospital No. 1 in Lublin**

- Referral hospital is Public University Hospital No. 1 in Lublin, located at Stanisława Staszica 16 Street, 20-400 Lublin.
- Hospital is located 2,3 kilometers from the official competition venue.
- In the case of emergency situation during competition, the ambulances will transport patients between competition venues and the Public University Hospital No. 1.



## Medical services in the official hotels

- ❖ If you are in the hotel and there is an emergency health situation, call 112 or ask hotel reception desk for assistance.
- ❖ If you need medical assistance when you are at the hotel, contact our Chief Medical Officer- **Agata Zak-Gontarz** (contact details have been sent to all persons accommodated in the official hotels)



## Medical services and insurance

- Medical assistance for first aid and emergency will be available free of charge at the venue.
- All athletes are required to have valid insurance covering participation in sporting competitions within the territory of Poland.
- All condition that requires further medical diagnostic procedure or treatment will be billed according to the price list of the hospital where the assistance was provided.
- You will have to pay the potential cost of the treatment with cash/card and then in your country to receive a refund from your insurance with the bill you receive from hospital.



# In a case of EMERGENCY

- Please try to remain calm.
- There are paramedics, doctor and ambulances at the venue at all times.
- Attract the attention of any member of the staff or medical patrol immediately.
- Do not move the victim unless you are trained to do so.
- Call the National Emergency Number – 112. It is important to listen carefully and answer all the questions as directly as possible.



## **Key Contact person if some advice is needed**

if any advice is needed, please contact our Chief Medical Officer.

**CMO: Agata Zak-Gontarz**

She will remain available in the medical service room throughout the duration of the training sessions and the competition.

**Please contact me if any advice is needed**

**Dr. Elena Dorofieieva - +380 667793759**



## Additional information from EA TSC members

- Resolution desk in the sports hall
- Overhead start – clear the pool between events
- Warm-up in the Competition pool
- Swimwear
- Record settings
- Jewelry – taping
- Advertising – no alcohol, no drugs, no offence



## Swimming timetable Day 1



Event nr.	Agegr.	Begin at	Day 1 Wednesday 10/12 2025			duration	#of heats	#of comp	
		<b>08:00</b>	<b>Pool opens - Warm-up</b>			<b>00:40</b>			
		<b>08:40</b>	<b>Opening of the 2nd edition of EA SW SC</b>			<b>00:20</b>			
1	25-104	09:00	100 meter	<b>Medley</b>	Men	00:40	20	187	
2	25-104	09:40	100 meter	<b>Medley</b>	Women	00:33	14	117	
3	50-104	10:13	800 meter	<b>Freestyle</b>	Men 0	01:21	6	52	
4	50-104	11:34	800 meter	<b>Freestyle</b>	Women o	01:20	5	43	
		<b>12:54</b>	<b>1 hour break (70 minutes) + warming up</b>			<b>01:00</b>			
103	25-49	13:54	800 meter	<b>Freestyle</b>	Men y	01:28	8	74	
104	25-49	15:22	800 meter	<b>Freestyle</b>	Women y	01:04	5	43	
5	25-104	16:26	50 meter	<b>Breaststroke</b>	Men	00:30	24	217	
6	25-104	16:56	50 meter	<b>Breaststroke</b>	Women	00:19	13	110	
		<b>17:15</b>	<b>15 minutes break + warming up</b>			<b>00:15</b>			
7	100-399	17:30	4x50 meter	<b>Freestyle</b>	Mixed	00:12	4	27 teams	108 indiv
		<b>17:42</b>	<b>End of session</b>						
				<b>Total duration</b>		<b>08:42</b>			
					<b>Total #of heats</b>		<b>99</b>		
					<b>Total #of competitors</b>			<b>843</b>	<b>108 indiv</b>
		<b>20:00</b>	<b>Pool close</b>						

All times are subject to change. All changes will be announced on Sportity.

## Swimming timetable Day 2



Event nr.	Agegr.	Begin at	Day 2 Tuesday 11/12 2025			duration	#of heats	#of comp	
		<b>08:00</b>	<b>Pool opens - Warm-up</b>			<b>00:45</b>			
		<b>08:45</b>	<b>Preparing pooldeck and timing</b>			<b>00:15</b>			
8	25-104	09:00	200 meter	<b>Freestyle</b>	Men	01:02	19	175	
9	25-104	10:02	200 meter	<b>Freestyle</b>	Women	00:57	14	119	
10	25-104	10:59	100 meter	<b>Breaststroke</b>	Men	00:48	23	205	
11	25-104	11:47	100 meter	<b>Breaststroke</b>	Women	00:37	15	129	
		<b>12:24</b>	<b>1 hour break + warming up</b>			<b>01:00</b>			
12	25-104	13:24	50 meter	<b>Butterfly</b>	Men	00:32	28	244	
13	25-104	13:56	50 meter	<b>Butterfly</b>	Women	00:19	15	122	
14	25-104	14:15	200 meter	<b>Backstroke</b>	Men	00:52	13	122	
15	25-104	15:07	200 meter	<b>Backstroke</b>	Women	00:56	13	98	
		<b>16:03</b>	<b>15 minutes break + warming up</b>			<b>00:15</b>			
16	100-399	16:18	4x50 meter	<b>Medley</b>	Men	00:17	5	40 teams	160 indiv
17	100-399	16:35	4x50 meter	<b>Medley</b>	Women	00:16	3	20 teams	80 indiv
		<b>16:51</b>	<b>End of session</b>						
				<b>Total duration</b>		<b>07:51</b>			
					<b>Total #of heats</b>		<b>148</b>		
					<b>Total #of competitors</b>			<b>1214</b>	<b>240 indiv</b>
		<b>20:00</b>	<b>Pool close</b>						

All times are subject to change. All changes will be announced on Sportity.



Event nr.	Agegr.	Begin at	Day 3 Friday 12/12 2025			duration	#of heats	#of comp	
		<b>08:00</b>	<b>Pool opens - Warm-up</b>			<b>00:45</b>			
		<b>08:45</b>	<b>Prepairing pooldeck and timing</b>			<b>00:15</b>			
18	25-104	09:00	200 meter	<b>Breaststroke</b>	Women	00:45	10	88	
19	25-104	09:45	200 meter	<b>Breaststroke</b>	Men	01:09	17	148	
20	25-104	10:54	100 meter	<b>Butterfly</b>	Women	00:21	0	81	
21	25-104	11:15	100 meter	<b>Butterfly</b>	Men	00:34	18	168	
		<b>11:49</b>	<b>1 hour break + warming up</b>			<b>01:00</b>			
22	25-104	12:49	100 meter	<b>Backstroke</b>	Women	00:29	12	110	
23	25-104	13:18	100 meter	<b>Backstroke</b>	Men	00:36	17	151	
		<b>13:54</b>	<b>15 minutes break + warming up</b>			<b>00:15</b>			
24	100-399	14:09	4x50 meter	<b>Freestyle</b>	Women	00:07	2	18 teams	72 indiv
25	100-399	14:16	4x50 meter	<b>Freestyle</b>	Men	00:18	6	37 teams	148 indiv
		<b>14:34</b>	<b>End of session</b>						
				<b>Total duration</b>	<b>05:34</b>				
					<b>Total #of heats</b>	<b>82</b>			
					<b>Total #of competitors</b>		<b>746</b>	<b>220 indiv</b>	
		<b>20:00</b>	<b>Pool close</b>						

All times are subject to change. All changes will be announced on Sportity.



## Swimming timetable Day 4

Competition will start at 09:00 every day

Event nr.	Agegr.	Begin at	Day 4 Saturday 13/12 2025			duration	#of heats	#of compe	
		<b>08:00</b>	<b>Pool opens - Warm-up</b>			<b>00:45</b>			
		<b>08:45</b>	<b>Prepairing pooldeck and timing</b>			<b>00:15</b>			
26	50-104	09:00	50 meter	<b>Backstroke</b>	Men	00:26	19	175	
27	50-104	09:26	50 meter	<b>Backstroke</b>	Women	00:20	13	110	
28	50-104	09:46	400 meter	<b>Freestyle</b>	Men o	00:39	6	58	
29	50-104	10:25	400 meter	<b>Freestyle</b>	Women o	00:40	5	49	
128	25-49	11:05	400 meter	<b>Freestyle</b>	Men y	00:55	9	83	
129	25-49	12:00	400 meter	<b>Freestyle</b>	Women y	00:39	6	57	
		<b>12:39</b>	<b>1 hour break + warming up</b>			<b>01:00</b>			
30	25-104	13:39	50 meter	<b>Freestyle</b>	Men	00:35	33	318	
31	25-104	14:14	50 meter	<b>Freestyle</b>	Women	00:21	18	166	
32	25-104	14:35	200 meter	<b>Butterfly</b>	Men	00:50	13	108	
33	25-104	15:25	200 meter	<b>Butterfly</b>	Women	00:43	9	71	
		<b>16:08</b>	<b>15 minutes break + warming up</b>			<b>00:15</b>			
34	100-399	16:23	4x50 meter	<b>Medley</b>	Mixed	00:21	7	44 teams	176 indiv
		<b>16:44</b>	<b>End of session</b>						
				<b>Total duration</b>	<b>07:44</b>				
					<b>Total #of heats</b>	<b>138</b>			
					<b>Total #of competitors</b>		<b>1195</b>	<b>176 indiv</b>	
		<b>20:00</b>	<b>Pool close</b>						

All times are subject to change. All changes will be announced on Sportity.



Event nr.	Agegr.	Begin at	Day 5 Sunday 14/12 2025			duration	#of heats	#of compe	
		<b>08:00</b>	<b>Pool opens - Warm-up</b>			<b>00:45</b>			
		<b>08:45</b>	<b>Prepairing pooldeck and timing</b>			<b>00:15</b>			
		09:00	200 meter	<b>Medley</b>	Women	00:41	9	75	
		09:41	200 meter	<b>Medley</b>	Men	01:00	16	145	
		10:41	100 meter	<b>Freestyle</b>	Women	00:27	13	118	
		11:08	100 meter	<b>Freestyle</b>	Men	00:45	26	239	
		<b>11:53</b>	<b>End of session</b>						
				<b>Total duration</b>	<b>02:53</b>				
					<b>Total #of heats</b>	<b>64</b>			
					<b>Total #of competitors</b>		<b>577</b>		
		<b>14:00</b>	<b>Pool close</b>						

All times are subject to change. All changes will be announced on Sportity.



## Swimming Timetable

**Swimmers must arrive at the Last Call Room 30 minutes before their heat starts.**

**The swimmers themselves are responsible for arriving on time.**

**MA-SW 2.1** Competitors participating in 400 m and 800 m races shall confirm their participation to the Organising Committee no later than six o'clock p.m. (18.00 hrs) on the day prior to the event.

**MA-SW 2.2** Clubs participating in Relay Events shall confirm their participation and submit the names of the competitors and the order of swimming no later than six o'clock p.m. (18.00 hrs) on the day prior to the event.  
Reserve swimmers are not allowed.

**MA-SW 3.1** Competitors will be seeded according to the submitted entry times, beginning with the oldest age group first and within an age group the slower heats first.

**The EA Technical Masters Committee can combine age groups into heats as needed.**

**MA-SW 3.2** In 400 m freestyle and 800 m freestyle races two competitors may be deck seeded and swimming in one lane.  
The seeding for 400 freestyle, 800 freestyle and 400 IM shall be by time only and not by age-group.

**The arrangements for the award ceremony will be announced at the technical and team leaders meeting**

**Entry lists will be published at Sportity at 08:00 pm the night before competition**





## EUROPEAN AQUATICS MASTERS SWIMMING SHORT COURSE CHAMPIONSHIPS – LUBLIN (POL) Numbers of athletes/starts/relays

<b>Lublin 2025 - Total # of</b>					
	<b>MIX</b>	<b>Women</b>	<b>Men</b>	<b>Total</b>	
Swimming #of athletes		538	914	1452	
Swimming #of starts		1707	2868	4575	
Relays #of teams	71	38	77	186	
#of Clubs				914	
# of Countries				35	

9.12.2025



What are we doing – what is our role

To observe

To assist

To guide

To correct

To be there for  
the athletes

To be there for  
the LOC

To protect the  
sport

To be a team





This is your element ~ ~

[www.len.eu](http://www.len.eu)

The logo for European Aquatics is displayed on a dark blue background. It features the text "EUROPEAN AQUATICS" in a bold, white, sans-serif font. The word "EUROPEAN" is on the top line, and "AQUATICS" is on the bottom line. A registered trademark symbol (®) is located at the end of "AQUATICS". To the left of the text, there are three stylized white wavy lines representing water. To the right of the text, there is a large, white, stylized icon of a swimmer in a streamlined position, with a circular head and a long, curved body. The swimmer is surrounded by several smaller, white, stylized wavy lines representing water.

**EUROPEAN  
AQUATICS®**

Open Water

Presentation title in two  
or three Lines

Subtitle text

Date

The background of the slide is a dark blue color. It is decorated with a pattern of light blue wavy lines that resemble stylized water or sound waves. These lines are arranged in a grid-like fashion, with some lines being slightly more prominent than others, creating a textured effect.

# 01

## Chapter title in two lines



EUROPEAN  
AQUATICS®



Artistic Swimming

# Lorem ipsum dolor

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diam nonummy nibh euismod tincidunt ut laoreet dolore  
Magna aliquam erat volutpat. Ut wisi enim ad minim veniam.



# 02

Chapter title  
in two lines

Presentation Title

Date

