



OPEN WATER

24 - 26 AGOSTO

LIDO DI OSTIA



DAY	1			2			3		
	24/08/2022 - 09.30			25/08/2022 - 09.30			26/08/2022 - 09.30		
RACE	Waves	Sex	Category	Waves	Sex	Category	Waves	Sex	Category
	1° Waves	Men	45-49	1° Waves	Men	25-29	1° Waves	Men	55-59
	2° Waves	Men	50-54		Men	30-34	2° Waves	Men	60-64
	3° Waves	Women	40-44	2° Waves	Men	35-39	3° Waves	Women	50-54
		Women	45-49		Men	40-44		Women	55-59
	4° Waves	Men	75-79	3° Waves	Women	25-29	4° Waves	Men	45-69
		Men	80-84		Women	30-34		Men	70-74
		Men	85-89		Women	35-39	5° Waves	Women	60-64
		Women	70-74					Women	65-69
		Women	75-79						
		Women	80-84						
		Women	85-89						

LOCAL TIME
 OPEN TIME INFOPOINT AND ASSIGNMENT NUMBER AT 07.30 A.M.
 TIMING VERSION - 1.3