

1 - ONMK 2019 kb sessie 1

24-01-2019 - 12:30

Programmanr. 2
24-01-2019 - 12:30

Heren, 1500m vrije slag
10 min. Pauze na serie 5/Break after heat 5

Masters Open
Resultaten

rang	naam	vereniging	tijd	PARA				
Masters 20+								
1.	Joris Bezemer	De Kempvis	NED 199900527	17:03.97				
	50m: 29.62	29.62	450m: 5:00.01	34.24	850m: 9:34.75	34.52	1250m: 14:10.71	35.29
	100m: 1:02.57	32.95	500m: 5:34.13	34.12	900m: 10:08.93	34.18	1300m: 14:45.61	34.90
	150m: 1:36.20	33.63	550m: 6:08.37	34.24	950m: 10:43.61	34.68	1350m: 15:20.57	34.96
	200m: 2:10.31	34.11	600m: 6:42.47	34.10	1000m: 11:18.00	34.39	1400m: 15:56.08	35.51
	250m: 2:44.64	34.33	650m: 7:16.89	34.42	1050m: 11:52.28	34.28	1450m: 16:31.31	35.23
	300m: 3:18.54	33.90	700m: 7:51.37	34.48	1100m: 12:26.80	34.52	1500m: 17:03.97	32.66
	350m: 3:52.07	33.53	750m: 8:25.83	34.46	1150m: 13:01.20	34.40		
	400m: 4:25.77	33.70	800m: 9:00.23	34.40	1200m: 13:35.42	34.22		
2.	Robin van Beek	ZVL-1886	NED 199704023	17:34.45				
	50m: 30.68	30.68	450m: 5:04.77	34.64	850m: 9:43.72	35.18	1250m: 14:35.70	36.73
	100m: 1:04.03	33.35	500m: 5:39.29	34.52	900m: 10:19.59	35.87	1300m: 15:11.80	36.10
	150m: 1:37.85	33.82	550m: 6:13.77	34.48	950m: 10:55.89	36.30	1350m: 15:48.91	37.11
	200m: 2:12.22	34.37	600m: 6:48.22	34.45	1000m: 11:32.20	36.31	1400m: 16:24.89	35.98
	250m: 2:46.61	34.39	650m: 7:22.79	34.57	1050m: 12:08.81	36.61	1450m: 16:59.93	35.04
	300m: 3:21.30	34.69	700m: 7:57.55	34.76	1100m: 12:45.30	36.49	1500m: 17:34.45	34.52
	350m: 3:55.47	34.17	750m: 8:33.07	35.52	1150m: 13:22.17	36.87		
	400m: 4:30.13	34.66	800m: 9:08.54	35.47	1200m: 13:58.97	36.80		
3.	Nordin Termoshuizen	WVZ	NED 199605401	18:09.34				
	50m: 31.27	31.27	450m: 5:14.43	36.60	850m: 10:08.66	36.98	1250m: 15:08.37	36.94
	100m: 1:05.61	34.34	500m: 5:50.82	36.39	900m: 10:46.04	37.38	1300m: 15:45.69	37.32
	150m: 1:40.53	34.92	550m: 6:27.36	36.54	950m: 11:23.62	37.58	1350m: 16:22.97	37.28
	200m: 2:15.29	34.76	600m: 7:03.91	36.55	1000m: 12:01.05	37.43	1400m: 16:59.91	36.94
	250m: 2:50.58	35.29	650m: 7:40.73	36.82	1050m: 12:38.92	37.87	1450m: 17:35.55	35.64
	300m: 3:26.11	35.53	700m: 8:17.80	37.07	1100m: 13:16.81	37.89	1500m: 18:09.34	33.79
	350m: 4:01.81	35.70	750m: 8:54.79	36.99	1150m: 13:54.15	37.34		
	400m: 4:37.83	36.02	800m: 9:31.68	36.89	1200m: 14:31.43	37.28		
4.	Koen Rooseboom	KSN (SG)	NED 199502703	19:09.16				
	50m: 30.98	30.98	450m: 5:22.53	37.52	850m: 10:34.12	39.47	1250m: 15:50.31	40.74
	100m: 1:05.66	34.68	500m: 6:00.04	37.51	900m: 11:13.80	39.68	1300m: 16:30.85	40.54
	150m: 1:41.25	35.59	550m: 6:37.92	37.88	950m: 11:53.48	39.68	1350m: 17:11.49	40.64
	200m: 2:17.16	35.91	600m: 7:16.72	38.80	1000m: 12:33.29	39.81	1400m: 17:52.19	40.70
	250m: 2:53.66	36.50	650m: 7:56.16	39.44	1050m: 13:13.26	39.97	1450m: 18:32.63	40.44
	300m: 3:30.21	36.55	700m: 8:35.82	39.66	1100m: 13:52.65	39.39	1500m: 19:09.16	36.53
	350m: 4:07.59	37.38	750m: 9:15.54	39.72	1150m: 14:31.57	38.92		
	400m: 4:45.01	37.42	800m: 9:54.65	39.11	1200m: 15:09.57	38.00		
5.	Hans Stoffers	Triton Putten	NED 199604027	19:11.07				
	50m: 30.58	30.58	450m: 5:22.08	37.57	850m: 10:29.60	39.86	1250m: 15:49.39	40.29
	100m: 1:05.21	34.63	500m: 5:59.37	37.29	900m: 11:08.87	39.27	1300m: 16:30.42	41.03
	150m: 1:40.63	35.42	550m: 6:37.51	38.14	950m: 11:47.98	39.11	1350m: 17:10.78	40.36
	200m: 2:16.78	36.15	600m: 7:15.61	38.10	1000m: 12:27.28	39.30	1400m: 17:51.00	40.22
	250m: 2:52.98	36.20	650m: 7:54.14	38.53	1050m: 13:07.31	40.03	1450m: 18:31.23	40.23
	300m: 3:29.53	36.55	700m: 8:32.89	38.75	1100m: 13:47.70	40.39	1500m: 19:11.07	39.84
	350m: 4:06.98	37.45	750m: 9:10.98	38.09	1150m: 14:28.26	40.56		
	400m: 4:44.51	37.53	800m: 9:49.74	38.76	1200m: 15:09.10	40.84		

Masters 25+

1.	Tim Bunnik	Triton	NED 199000505	17:56.83				
	50m: 30.96	30.96	450m: 5:14.40	35.72	850m: 10:02.76	35.97	1250m: 14:54.74	37.90
	100m: 1:05.92	34.96	500m: 5:50.80	36.40	900m: 10:39.12	36.36	1300m: 15:32.47	37.73
	150m: 1:41.22	35.30	550m: 6:26.66	35.86	950m: 11:15.49	36.37	1350m: 16:08.35	35.88
	200m: 2:16.55	35.33	600m: 7:02.59	35.93	1000m: 11:51.73	36.24	1400m: 16:45.16	36.81
	250m: 2:51.77	35.22	650m: 7:38.70	36.11	1050m: 12:27.70	35.97	1450m: 17:21.34	36.18
	300m: 3:27.44	35.67	700m: 8:15.16	36.46	1100m: 13:03.18	35.48	1500m: 17:56.83	35.49
	350m: 4:03.09	35.65	750m: 8:50.94	35.78	1150m: 13:39.65	36.47		
	400m: 4:38.68	35.59	800m: 9:26.79	35.85	1200m: 14:16.84	37.19		
2.	Pieter Pijnenburg	De Warande	NED 199305227	18:19.95				
	50m: 31.38	31.38	450m: 5:20.77	36.59	850m: 10:17.94	37.53	1250m: 15:16.06	37.44
	100m: 1:06.63	35.25	500m: 5:57.80	37.03	900m: 10:55.03	37.09	1300m: 15:53.50	37.44
	150m: 1:42.15	35.52	550m: 6:34.68	36.88	950m: 11:31.92	36.89	1350m: 16:30.97	37.47
	200m: 2:18.31	36.16	600m: 7:11.87	37.19	1000m: 12:08.86	36.94	1400m: 17:08.70	37.73
	250m: 2:54.28	35.97	650m: 7:49.04	37.17	1050m: 12:46.03	37.17	1450m: 17:45.31	36.61
	300m: 3:30.68	36.40	700m: 8:26.22	37.18	1100m: 13:23.74	37.71	1500m: 18:19.95	34.64
	350m: 4:07.14	36.46	750m: 9:03.24	37.02	1150m: 14:01.24	37.50		
	400m: 4:44.18	37.04	800m: 9:40.41	37.17	1200m: 14:38.62	37.38		

Programmanr. 2, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging	tijd	PARA	
3.	Gijs Manhave	De Schelde	18:46.50		
	50m: 31.53	31.53 450m: 5:25.08	37.26 850m: 10:27.60	37.83 1250m: 15:34.54	39.25
	100m: 1:07.20	35.67 500m: 6:02.43	37.35 900m: 11:05.35	37.75 1300m: 16:14.28	39.74
	150m: 1:43.79	36.59 550m: 6:39.68	37.25 950m: 11:43.43	38.08 1350m: 16:53.68	39.40
	200m: 2:20.36	36.57 600m: 7:17.28	37.60 1000m: 12:21.36	37.93 1400m: 17:33.25	39.57
	250m: 2:56.96	36.60 650m: 7:55.21	37.93 1050m: 12:59.55	38.19 1450m: 18:11.54	38.29
	300m: 3:33.98	37.02 700m: 8:33.09	37.88 1100m: 13:37.85	38.30 1500m: 18:46.50	34.96
	350m: 4:11.10	37.12 750m: 9:11.28	38.19 1150m: 14:16.44	38.59	
	400m: 4:47.82	36.72 800m: 9:49.77	38.49 1200m: 14:55.29	38.85	
4.	Patrick Creemers	RZ	18:57.07		
	50m: 33.29	33.29 450m: 5:43.30	38.89 850m: 10:49.29	37.96 1250m: 15:52.22	37.83
	100m: 1:11.25	37.96 500m: 6:21.70	38.40 900m: 11:27.97	38.68 1300m: 16:29.73	37.51
	150m: 1:49.76	38.51 550m: 6:59.99	38.29 950m: 12:06.55	38.58 1350m: 17:07.25	37.52
	200m: 2:28.71	38.95 600m: 7:38.76	38.77 1000m: 12:44.86	38.31 1400m: 17:48.23	37.92
	250m: 3:07.32	38.61 650m: 8:16.94	38.18 1050m: 13:22.11	37.25 1450m: 18:22.18	37.01
	300m: 3:46.27	38.95 700m: 8:55.50	38.56 1100m: 13:59.36	37.25 1500m: 18:57.07	34.89
	350m: 4:25.45	39.18 750m: 9:33.52	38.02 1150m: 14:36.78	37.42	
	400m: 5:04.41	38.96 800m: 10:11.33	37.81 1200m: 15:14.39	37.61	
5.	Maik Steenkamp	Montferland	19:04.85		
	50m: 32.88	32.88 450m: 5:30.18	37.83 850m: 10:36.32	37.89 1250m: 15:50.29	39.82
	100m: 1:08.88	36.00 500m: 6:08.21	38.03 900m: 11:14.96	38.64 1300m: 16:30.44	40.15
	150m: 1:45.29	36.41 550m: 6:46.17	37.96 950m: 11:53.94	38.98 1350m: 17:10.16	39.72
	200m: 2:22.18	36.89 600m: 7:24.32	38.15 1000m: 12:33.11	39.17 1400m: 17:48.23	38.07
	250m: 2:59.41	37.23 650m: 8:02.72	38.40 1050m: 13:11.89	38.78 1450m: 18:26.44	38.21
	300m: 3:37.03	37.62 700m: 8:41.43	38.71 1100m: 13:50.85	38.96 1500m: 19:04.85	38.41
	350m: 4:14.70	37.67 750m: 9:20.20	38.77 1150m: 14:30.34	39.49	
	400m: 4:52.35	37.65 800m: 9:58.43	38.23 1200m: 15:10.47	40.13	

Masters 30+

1.	Wessel Everloo	De Veene	18:19.86	S14	988
	50m: 32.12	32.12 450m: 5:24.42	36.99 850m: 10:20.32	37.25 1250m: 15:18.49	37.06
	100m: 1:07.08	34.96 500m: 6:00.53	36.11 900m: 10:57.31	36.99 1300m: 15:56.11	37.62
	150m: 1:43.52	36.44 550m: 6:38.22	37.69 950m: 11:34.10	36.79 1350m: 16:34.35	38.24
	200m: 2:20.90	37.38 600m: 7:15.10	36.88 1000m: 12:13.13	39.03 1400m: 17:12.25	37.90
	250m: 2:57.15	36.25 650m: 7:52.09	36.99 1050m: 12:50.49	37.36 1450m: 17:46.57	34.32
	300m: 3:33.37	36.22 700m: 8:29.61	37.52 1100m: 13:27.89	37.40 1500m: 18:19.86	33.29
	350m: 4:10.57	37.20 750m: 9:05.99	36.38 1150m: 14:04.34	36.45	
	400m: 4:47.43	36.86 800m: 9:43.07	37.08 1200m: 14:41.43	37.09	
2.	Sander van Elburg	PSV	18:20.16		
	50m: 32.78	32.78 450m: 5:28.18	36.81 850m: 10:27.67	36.67 1250m: 15:18.31	35.88
	100m: 1:09.09	36.31 500m: 6:05.79	37.61 900m: 11:04.38	36.71 1300m: 15:54.27	35.96
	150m: 1:45.48	36.39 550m: 6:43.60	37.81 950m: 11:41.39	37.01 1350m: 16:30.40	36.13
	200m: 2:22.22	36.74 600m: 7:21.25	37.65 1000m: 12:18.42	37.03 1400m: 17:07.65	37.25
	250m: 2:59.21	36.99 650m: 7:59.41	38.16 1050m: 12:55.52	37.10 1450m: 17:45.19	37.54
	300m: 3:36.37	37.16 700m: 8:37.06	37.65 1100m: 13:31.80	36.28 1500m: 18:20.16	34.97
	350m: 4:13.70	37.33 750m: 9:14.18	37.12 1150m: 14:07.14	35.34	
	400m: 4:51.37	37.67 800m: 9:51.00	36.82 1200m: 14:42.43	35.29	
3.	Niels Albrechts	De Schotelijl	18:32.58		
	50m: 34.75	34.75 450m: 5:31.25	36.64 850m: 10:27.60	36.62 1250m: 15:25.87	38.29
	100m: 1:11.94	37.19 500m: 6:08.25	37.00 900m: 11:04.47	36.87 1300m: 16:04.12	38.25
	150m: 1:50.14	38.20 550m: 6:45.32	37.07 950m: 11:41.49	37.02 1350m: 16:41.92	37.80
	200m: 2:27.28	37.14 600m: 7:22.41	37.09 1000m: 12:18.52	37.03 1400m: 17:19.75	37.83
	250m: 3:04.52	37.24 650m: 7:59.75	37.34 1050m: 12:55.87	37.35 1450m: 17:57.14	37.39
	300m: 3:40.40	35.88 700m: 8:37.11	37.36 1100m: 13:33.11	37.24 1500m: 18:32.58	35.44
	350m: 4:16.81	36.41 750m: 9:14.27	37.16 1150m: 14:09.72	36.61	
	400m: 4:54.61	37.80 800m: 9:50.98	36.71 1200m: 14:47.58	37.86	
4.	Mark Godwaldt	PSV	19:39.75		
	50m: 33.51	33.51 450m: 5:41.46	39.64 850m: 11:03.03	40.23 1250m: 16:26.18	39.60
	100m: 1:10.74	37.23 500m: 6:21.41	39.95 900m: 11:43.91	40.88 1300m: 17:05.31	39.13
	150m: 1:49.06	38.32 550m: 7:00.77	39.36 950m: 12:24.37	40.46 1350m: 17:43.90	38.59
	200m: 2:27.33	38.27 600m: 7:41.43	40.66 1000m: 13:05.42	41.05 1400m: 18:23.09	39.19
	250m: 3:05.79	38.46 650m: 8:20.98	39.55 1050m: 13:46.63	41.21 1450m: 19:01.32	38.23
	300m: 3:44.11	38.32 700m: 9:01.50	40.52 1100m: 14:27.22	40.59 1500m: 19:39.75	38.43
	350m: 4:22.94	38.83 750m: 9:42.05	40.55 1150m: 15:06.48	39.26	
	400m: 5:01.82	38.88 800m: 10:22.80	40.75 1200m: 15:46.58	40.10	

Masters 35+

Programmanr. 2, Heren, 1500m vrije slag, Masters 35+

rang	naam	vereniging		NED		tijd		PARA
1.	Erik Schröder <i>Nederlands Masters Record</i>	TriVia		198402025		16:56.13		
	50m: 29.50	29.50	450m: 5:00.89	34.07	850m: 9:34.48	34.33	1250m: 14:08.57	34.34
	100m: 1:02.58	33.08	500m: 5:34.96	34.07	900m: 10:08.62	34.14	1300m: 14:43.00	34.43
	150m: 1:36.43	33.85	550m: 6:09.18	34.22	950m: 10:42.87	34.25	1350m: 15:16.89	33.89
	200m: 2:10.32	33.89	600m: 6:43.16	33.98	1000m: 11:17.04	34.17	1400m: 15:50.82	33.93
	250m: 2:44.67	34.35	650m: 7:17.38	34.22	1050m: 11:51.08	34.04	1450m: 16:24.30	33.48
	300m: 3:18.96	34.29	700m: 7:51.63	34.25	1100m: 12:25.52	34.44	1500m: 16:56.13	31.83
	350m: 3:52.94	33.98	750m: 8:25.93	34.30	1150m: 12:59.83	34.31		
	400m: 4:26.82	33.88	800m: 9:00.15	34.22	1200m: 13:34.23	34.40		
2.	Frank v.d. Voordt	De Schotejil		198302259		18:35.12		
	50m: 33.58	33.58	450m: 5:32.79	37.72	850m: 10:33.04	37.54	1250m: 15:30.10	37.19
	100m: 1:10.14	36.56	500m: 6:10.51	37.72	900m: 11:10.21	37.17	1300m: 16:07.45	37.35
	150m: 1:47.44	37.30	550m: 6:48.04	37.53	950m: 11:47.44	37.23	1350m: 16:44.78	37.33
	200m: 2:25.16	37.72	600m: 7:25.42	37.38	1000m: 12:24.32	36.88	1400m: 17:22.11	37.33
	250m: 3:03.23	38.07	650m: 8:03.18	37.76	1050m: 13:01.40	37.08	1450m: 17:59.25	37.14
	300m: 3:40.74	37.51	700m: 8:40.56	37.38	1100m: 13:38.36	36.96	1500m: 18:35.12	35.87
	350m: 4:17.97	37.23	750m: 9:18.12	37.56	1150m: 14:15.72	37.36		
	400m: 4:55.07	37.10	800m: 9:55.50	37.38	1200m: 14:52.91	37.19		
3.	Marcel Reefhuis	WS Twente		198101381		18:45.18		
	50m: 33.11	33.11	450m: 5:27.88	37.26	850m: 10:26.91	37.43	1250m: 15:31.23	38.70
	100m: 1:09.29	36.18	500m: 6:05.06	37.18	900m: 11:04.41	37.50	1300m: 16:10.28	39.05
	150m: 1:46.00	36.71	550m: 6:42.40	37.34	950m: 11:41.94	37.53	1350m: 16:49.17	38.89
	200m: 2:22.51	36.51	600m: 7:19.74	37.34	1000m: 12:19.70	37.76	1400m: 17:28.55	39.38
	250m: 2:59.29	36.78	650m: 7:57.03	37.29	1050m: 12:57.64	37.94	1450m: 18:07.85	39.30
	300m: 3:36.09	36.80	700m: 8:34.53	37.50	1100m: 13:35.90	38.26	1500m: 18:45.18	37.33
	350m: 4:13.29	37.20	750m: 9:12.07	37.54	1150m: 14:14.06	38.16		
	400m: 4:50.62	37.33	800m: 9:49.48	37.41	1200m: 14:52.53	38.47		
4.	Rob van Wanrooy	Gay Swim Amsterdam		198202627		21:18.35		
	50m: 36.67	36.67	450m: 6:17.81	43.18	850m: 12:05.55	42.88	1250m: 17:48.91	42.97
	100m: 1:17.81	41.14	500m: 7:01.63	43.82	900m: 12:48.44	42.89	1300m: 18:32.49	43.58
	150m: 2:00.04	42.23	550m: 7:45.50	43.87	950m: 13:31.05	42.61	1350m: 19:14.90	42.41
	200m: 2:42.75	42.71	600m: 8:29.42	43.92	1000m: 14:14.32	43.27	1400m: 19:57.43	42.53
	250m: 3:26.04	43.29	650m: 9:13.31	43.89	1050m: 14:57.15	42.83	1450m: 20:39.71	42.28
	300m: 4:08.66	42.62	700m: 9:56.61	43.30	1100m: 15:39.84	42.69	1500m: 21:18.35	38.64
	350m: 4:51.63	42.97	750m: 10:39.54	42.93	1150m: 16:22.52	42.68		
	400m: 5:34.63	43.00	800m: 11:22.67	43.13	1200m: 17:05.94	43.42		
5.	Edward van Dootingh	ZV 44		198403341		21:53.64		
	50m: 36.27	36.27	450m: 6:22.10	44.23	850m: 12:17.76	44.29	1250m: 18:13.87	44.68
	100m: 1:16.62	40.35	500m: 7:06.90	44.80	900m: 13:02.02	44.26	1300m: 18:58.52	44.65
	150m: 1:58.83	42.21	550m: 7:51.55	44.65	950m: 13:46.36	44.34	1350m: 19:43.34	44.82
	200m: 2:41.98	43.15	600m: 8:36.00	44.45	1000m: 14:30.72	44.36	1400m: 20:28.26	44.92
	250m: 3:25.69	43.71	650m: 9:20.27	44.27	1050m: 15:15.33	44.61	1450m: 21:13.00	44.74
	300m: 4:09.42	43.73	700m: 10:04.64	44.37	1100m: 16:00.05	44.72	1500m: 21:53.64	40.64
	350m: 4:53.61	44.19	750m: 10:49.33	44.69	1150m: 16:44.46	44.41		
	400m: 5:37.87	44.26	800m: 11:33.47	44.14	1200m: 17:29.19	44.73		

Masters 40+

1.	Alex Damen	DAW		197501371		19:10.42		
	50m: 33.73	33.73	450m: 5:31.64	37.82	850m: 10:37.86	38.81	1250m: 15:52.81	39.58
	100m: 1:10.48	36.75	500m: 6:09.28	37.64	900m: 11:16.97	39.11	1300m: 16:32.79	39.98
	150m: 1:47.23	36.75	550m: 6:47.09	37.81	950m: 11:56.14	39.17	1350m: 17:12.52	39.73
	200m: 2:23.96	36.73	600m: 7:25.19	38.10	1000m: 12:35.40	39.26	1400m: 17:52.21	39.69
	250m: 3:01.14	37.18	650m: 8:03.48	38.29	1050m: 13:14.60	39.20	1450m: 18:31.92	39.71
	300m: 3:38.77	37.63	700m: 8:42.06	38.58	1100m: 13:54.21	39.61	1500m: 19:10.42	38.50
	350m: 4:16.44	37.67	750m: 9:20.36	38.30	1150m: 14:33.68	39.47		
	400m: 4:53.82	37.38	800m: 9:59.05	38.69	1200m: 15:13.23	39.55		
2.	Freddie Geerlings	Zwemsport Parkstad (SG)		197900379		19:20.60		
	50m: 33.58	33.58	450m: 5:35.86	38.65	850m: 10:47.66	39.54	1250m: 16:04.21	39.68
	100m: 1:10.26	36.68	500m: 6:14.35	38.49	900m: 11:27.73	40.07	1300m: 16:43.93	39.72
	150m: 1:47.54	37.28	550m: 6:52.60	38.25	950m: 12:07.55	39.82	1350m: 17:24.29	40.36
	200m: 2:25.29	37.75	600m: 7:31.30	38.70	1000m: 12:46.82	39.27	1400m: 18:04.57	40.28
	250m: 3:03.31	38.02	650m: 8:10.11	38.81	1050m: 13:26.59	39.77	1450m: 18:43.10	38.53
	300m: 3:41.26	37.95	700m: 8:49.32	39.21	1100m: 14:05.78	39.19	1500m: 19:20.60	37.50
	350m: 4:19.04	37.78	750m: 9:28.46	39.14	1150m: 14:45.21	39.43		
	400m: 4:57.21	38.17	800m: 10:08.12	39.66	1200m: 15:24.53	39.32		

Programmanr. 2, Heren, 1500m vrije slag, Masters 40+

rang	naam	vereniging	tijd	PARA	
3.	Victor Barnar	GoSwim	20:07.21		
	50m: 34.48	450m: 5:51.51	850m: 11:16.70	1250m: 16:45.11	41.71
	100m: 1:12.06	500m: 6:32.24	900m: 11:57.62	1300m: 17:26.91	41.80
	150m: 1:50.65	550m: 7:12.57	950m: 12:38.88	1350m: 18:07.68	40.77
	200m: 2:29.72	600m: 7:52.97	1000m: 13:19.64	1400m: 18:49.13	41.45
	250m: 3:09.49	650m: 8:33.97	1050m: 14:00.75	1450m: 19:29.41	40.28
	300m: 3:49.84	700m: 9:14.74	1100m: 14:41.87	1500m: 20:07.21	37.80
	350m: 4:30.25	750m: 9:55.25	1150m: 15:22.73		
	400m: 5:10.99	800m: 10:36.11	1200m: 16:03.40		
4.	Erwin Zuidervelt	AZ&PC De Futen	20:58.53		
	50m: 36.53	450m: 6:03.73	850m: 11:43.45	1250m: 17:30.50	42.71
	100m: 1:17.68	500m: 6:45.24	900m: 12:26.00	1300m: 18:14.00	43.50
	150m: 1:58.92	550m: 7:27.39	950m: 13:09.54	1350m: 18:56.61	42.61
	200m: 2:40.17	600m: 8:09.53	1000m: 13:52.46	1400m: 19:40.27	43.66
	250m: 3:21.16	650m: 8:51.85	1050m: 14:35.60	1450m: 20:22.10	41.83
	300m: 4:01.60	700m: 9:34.52	1100m: 15:19.31	1500m: 20:58.53	36.43
	350m: 4:42.21	750m: 10:18.09	1150m: 16:02.63		
	400m: 5:22.72	800m: 11:01.12	1200m: 16:47.79		
5.	Mark Nahon	Z&PC De Gouwe	21:08.54		
	50m: 35.81	450m: 6:05.60	850m: 11:48.27	1250m: 17:33.43	43.45
	100m: 1:14.20	500m: 6:48.10	900m: 12:31.09	1300m: 18:16.77	43.34
	150m: 1:53.74	550m: 7:31.04	950m: 13:14.61	1350m: 19:00.20	43.43
	200m: 2:34.48	600m: 8:13.94	1000m: 13:57.66	1400m: 19:43.70	43.50
	250m: 3:15.82	650m: 8:56.83	1050m: 14:41.02	1450m: 20:26.88	43.18
	300m: 3:57.83	700m: 9:39.42	1100m: 15:24.03	1500m: 21:08.54	41.66
	350m: 4:40.32	750m: 10:22.42	1150m: 16:06.74		
	400m: 5:22.90	800m: 11:05.02	1200m: 16:49.98		

Masters 45+

1.	Peter van Grootheest	ZV 44	19:49.05		
	50m: 35.00	450m: 5:50.66	850m: 11:09.22	1250m: 16:28.69	40.30
	100m: 1:13.45	500m: 6:30.67	900m: 11:48.93	1300m: 17:08.91	40.22
	150m: 1:52.88	550m: 7:10.46	950m: 12:28.93	1350m: 17:49.20	40.29
	200m: 2:32.37	600m: 7:50.15	1000m: 13:08.79	1400m: 18:29.42	40.22
	250m: 3:11.82	650m: 8:30.12	1050m: 13:48.62	1450m: 19:09.78	40.36
	300m: 3:51.09	700m: 9:09.85	1100m: 14:28.26	1500m: 19:49.05	39.27
	350m: 4:30.93	750m: 9:49.88	1150m: 15:08.29		
	400m: 5:10.90	800m: 10:29.50	1200m: 15:48.39		
2.	Ingmar de Gelder	ZOB'66	20:48.53		
	50m: 35.26	450m: 6:06.76	850m: 11:43.77	1250m: 17:24.65	42.79
	100m: 1:14.53	500m: 6:48.83	900m: 12:26.03	1300m: 18:06.35	41.70
	150m: 1:54.91	550m: 7:31.00	950m: 13:08.70	1350m: 18:47.90	41.55
	200m: 2:36.60	600m: 8:13.03	1000m: 13:51.59	1400m: 19:29.47	41.57
	250m: 3:18.74	650m: 8:54.85	1050m: 14:34.33	1450m: 20:10.45	40.98
	300m: 4:00.79	700m: 9:36.53	1100m: 15:16.80	1500m: 20:48.53	38.08
	350m: 4:42.79	750m: 10:18.81	1150m: 15:59.36		
	400m: 5:24.74	800m: 11:01.15	1200m: 16:41.86		
3.	Chris Kouwenhoven	Steenwijk 1934	20:54.42		
	50m: 37.09	450m: 6:10.12	850m: 11:43.77	1250m: 17:24.27	42.82
	100m: 1:18.28	500m: 6:52.37	900m: 12:26.18	1300m: 18:07.02	42.75
	150m: 1:59.86	550m: 7:33.57	950m: 13:08.32	1350m: 18:49.41	42.39
	200m: 2:41.26	600m: 8:14.91	1000m: 13:51.29	1400m: 19:31.90	42.49
	250m: 3:23.09	650m: 8:56.78	1050m: 14:34.06	1450m: 20:13.98	42.08
	300m: 4:04.68	700m: 9:38.53	1100m: 15:16.72	1500m: 20:54.42	40.44
	350m: 4:46.21	750m: 10:20.08	1150m: 15:59.41		
	400m: 5:28.25	800m: 11:01.44	1200m: 16:41.45		
4.	Kasper van den Bergh	SWOL 1894	21:35.34		
	50m: 37.47	450m: 6:12.12	850m: 12:01.60	1250m: 17:58.91	44.08
	100m: 1:18.21	500m: 6:54.43	900m: 12:46.97	1300m: 18:42.89	43.98
	150m: 1:59.96	550m: 7:37.04	950m: 13:31.35	1350m: 19:26.95	44.06
	200m: 2:41.65	600m: 8:20.35	1000m: 14:15.51	1400m: 20:10.87	43.92
	250m: 3:23.50	650m: 9:03.64	1050m: 14:59.95	1450m: 20:54.40	43.53
	300m: 4:05.59	700m: 9:47.84	1100m: 15:44.51	1500m: 21:35.34	40.94
	350m: 4:47.85	750m: 10:32.78	1150m: 16:29.05		
	400m: 5:30.00	800m: 11:17.15	1200m: 17:14.83		
5.	Wouter van der Stelt	De Biesboschzwemmers	21:52.59		
	50m: 36.66	450m: 6:20.88	850m: 12:14.17	1250m: 18:10.15	44.82
	100m: 1:17.23	500m: 7:04.47	900m: 12:58.20	1300m: 18:54.81	44.66
	150m: 1:59.48	550m: 7:48.37	950m: 13:42.63	1350m: 19:39.31	44.50
	200m: 2:42.49	600m: 8:32.39	1000m: 14:27.11	1400m: 20:24.08	44.77
	250m: 3:25.71	650m: 9:16.37	1050m: 15:11.69	1450m: 21:08.59	44.51
	300m: 4:09.44	700m: 10:00.62	1100m: 15:56.15	1500m: 21:52.59	44.00
	350m: 4:52.91	750m: 10:45.15	1150m: 16:40.79		
	400m: 5:36.92	800m: 11:29.89	1200m: 17:25.33		

Programmanr. 2, Heren, 1500m vrije slag

Masters 50+

1. Vladimir Gusev		Troyka	RUS	3113	18:05.33
50m: 33.53	33.53	450m: 5:23.81	36.40	850m: 10:14.22	36.46
100m: 1:09.11	35.58	500m: 6:00.21	36.40	900m: 10:50.37	36.15
150m: 1:45.30	36.19	550m: 6:36.39	36.18	950m: 11:26.73	36.36
200m: 2:21.64	36.34	600m: 7:12.40	36.01	1000m: 12:03.28	36.55
250m: 2:58.11	36.47	650m: 7:48.68	36.28	1050m: 12:39.67	36.39
300m: 3:34.60	36.49	700m: 8:24.96	36.28	1100m: 13:16.27	36.60
350m: 4:10.99	36.39	750m: 9:01.39	36.43	1150m: 13:52.55	36.28
400m: 4:47.41	36.42	800m: 9:37.76	36.37	1200m: 14:28.86	36.31
2. Pieter van Gemenen		DAW	NED	196901779	18:21.70
50m: 33.15	33.15	450m: 5:29.49	37.44	850m: 10:25.82	36.77
100m: 1:09.14	35.99	500m: 6:06.55	37.06	900m: 11:02.63	36.81
150m: 1:45.70	36.56	550m: 6:43.92	37.37	950m: 11:39.75	37.12
200m: 2:22.56	36.86	600m: 7:21.01	37.09	1000m: 12:16.75	37.00
250m: 2:59.61	37.05	650m: 7:58.09	37.08	1050m: 12:53.94	37.19
300m: 3:36.88	37.27	700m: 8:35.00	36.91	1100m: 13:31.02	37.08
350m: 4:14.33	37.45	750m: 9:12.10	37.10	1150m: 14:08.18	37.16
400m: 4:52.05	37.72	800m: 9:49.05	36.95	1200m: 14:45.33	37.15
3. John Hardeman		De Fuut	NED	196601615	18:43.24
50m: 33.12	33.12	450m: 5:33.64	37.81	850m: 10:34.93	37.72
100m: 1:09.37	36.25	500m: 6:11.42	37.78	900m: 11:12.59	37.66
150m: 1:46.66	37.29	550m: 6:49.00	37.58	950m: 11:50.58	37.99
200m: 2:24.14	37.48	600m: 7:26.77	37.77	1000m: 12:28.12	37.54
250m: 3:02.07	37.93	650m: 8:04.53	37.76	1050m: 13:06.14	38.02
300m: 3:39.92	37.85	700m: 8:42.02	37.49	1100m: 13:44.09	37.95
350m: 4:17.82	37.90	750m: 9:19.43	37.41	1150m: 14:21.76	37.67
400m: 4:55.83	38.01	800m: 9:57.21	37.78	1200m: 14:59.53	37.77
4. Nico Paasse		De Schotejil	NED	196501463	19:40.54
50m: 33.65	33.65	450m: 5:47.25	39.54	850m: 11:04.46	39.50
100m: 1:11.33	37.68	500m: 6:26.76	39.51	900m: 11:43.98	39.52
150m: 1:50.15	38.82	550m: 7:05.98	39.22	950m: 12:23.58	39.60
200m: 2:29.75	39.60	600m: 7:45.67	39.69	1000m: 13:03.85	40.27
250m: 3:09.35	39.60	650m: 8:25.30	39.63	1050m: 13:43.95	40.10
300m: 3:48.83	39.48	700m: 9:04.90	39.60	1100m: 14:23.99	40.04
350m: 4:28.33	39.50	750m: 9:45.11	40.21	1150m: 15:03.94	39.95
400m: 5:07.71	39.38	800m: 10:24.96	39.85	1200m: 15:44.10	40.16
5. Johan Neevel		ZV 44	NED	196501475	19:40.76
50m: 35.50	35.50	450m: 5:48.92	39.59	850m: 11:05.79	39.91
100m: 1:13.62	38.12	500m: 6:28.61	39.69	900m: 11:45.44	39.65
150m: 1:52.41	38.79	550m: 7:07.62	39.01	950m: 12:25.59	40.15
200m: 2:31.56	39.15	600m: 7:47.53	39.91	1000m: 13:05.36	39.77
250m: 3:10.91	39.35	650m: 8:26.79	39.26	1050m: 13:45.25	39.89
300m: 3:50.48	39.57	700m: 9:06.82	40.03	1100m: 14:24.83	39.58
350m: 4:29.99	39.51	750m: 9:46.24	39.42	1150m: 15:04.81	39.98
400m: 5:09.33	39.34	800m: 10:25.88	39.64	1200m: 15:44.53	39.72
6. Phil Trethewie		Old Dutch	NED	196501315	20:23.02
50m: 37.34	37.34	450m: 6:10.24	41.61	850m: 11:39.93	40.39
100m: 1:18.53	41.19	500m: 6:51.58	41.34	900m: 12:20.28	40.35
150m: 2:00.51	41.98	550m: 7:33.20	41.62	950m: 13:01.02	40.74
200m: 2:42.73	42.22	600m: 8:14.58	41.38	1000m: 13:41.33	40.31
250m: 3:24.47	41.74	650m: 8:56.07	41.49	1050m: 14:21.43	40.10
300m: 4:06.16	41.69	700m: 9:37.48	41.41	1100m: 15:01.56	40.13
350m: 4:47.56	41.40	750m: 10:18.67	41.19	1150m: 15:41.39	39.83
400m: 5:28.63	41.07	800m: 10:59.54	40.87	1200m: 16:21.10	39.71
7. Arno Schrauwen		Patrick-De Roersoppers (SG)	NED	196501355	20:34.87
50m: 35.66	35.66	450m: 6:09.95	41.53	850m: 11:37.43	40.94
100m: 1:16.48	40.82	500m: 6:51.22	41.27	900m: 12:18.39	40.96
150m: 1:58.13	41.65	550m: 7:32.23	41.01	950m: 12:59.48	41.09
200m: 2:40.29	42.16	600m: 8:13.13	40.90	1000m: 13:40.72	41.24
250m: 3:22.76	42.47	650m: 8:54.15	41.02	1050m: 14:21.73	41.01
300m: 4:04.86	42.10	700m: 9:34.96	40.81	1100m: 15:03.02	41.29
350m: 4:46.69	41.83	750m: 10:15.64	40.68	1150m: 15:44.47	41.45
400m: 5:28.42	41.73	800m: 10:56.49	40.85	1200m: 16:26.03	41.56
8. Fred Dijkshoorn		Feijenoord Albion Zwemclub	NED	196501539	21:10.61
50m: 35.81	35.81	450m: 6:11.05	42.74	850m: 11:52.42	42.77
100m: 1:15.98	40.17	500m: 6:53.76	42.71	900m: 12:35.43	43.01
150m: 1:57.61	41.63	550m: 7:36.51	42.75	950m: 13:17.94	42.51
200m: 2:39.59	41.98	600m: 8:19.42	42.91	1000m: 14:00.47	42.53
250m: 3:21.43	41.84	650m: 9:02.11	42.69	1050m: 14:42.98	42.51
300m: 4:03.60	42.17	700m: 9:44.51	42.40	1100m: 15:29.67	46.69
350m: 4:45.87	42.27	750m: 10:27.01	42.50	1150m: 16:12.29	42.62
400m: 5:28.31	42.44	800m: 11:09.65	42.64	1200m: 16:55.36	43.07

Programmanr. 2, Heren, 1500m vrije slag, Masters 55+

rang	naam	vereniging			tijd	PARA		
9.	Adri Pasman	Zuiderzeezwemmers	NED	196400573	25:25.05			
	50m: 44.83	44.83	450m: 7:28.76	51.08	850m: 14:17.40	51.22	1250m: 21:09.50	52.07
	100m: 1:34.08	49.25	500m: 8:19.25	50.49	900m: 15:08.96	51.56	1300m: 22:00.78	51.28
	150m: 2:23.78	49.70	550m: 9:09.50	50.25	950m: 16:00.37	51.41	1350m: 22:52.56	51.78
	200m: 3:13.75	49.97	600m: 10:01.01	51.51	1000m: 16:51.61	51.24	1400m: 23:44.16	51.60
	250m: 4:03.99	50.24	650m: 10:51.77	50.76	1050m: 17:42.46	50.85	1450m: 24:35.51	51.35
	300m: 4:54.76	50.77	700m: 11:43.57	51.80	1100m: 18:33.56	51.10	1500m: 25:25.05	49.54
	350m: 5:46.24	51.48	750m: 12:34.63	51.06	1150m: 19:25.25	51.69		
	400m: 6:37.68	51.44	800m: 13:26.18	51.55	1200m: 20:17.43	52.18		

Masters 60+

1.	Otto Zeijveld	De Berkelduikers	NED	195800497	21:09.92			
	50m: 37.38	37.38	450m: 6:20.62	43.06	850m: 12:02.20	42.99	1250m: 17:44.89	42.97
	100m: 1:19.10	41.72	500m: 7:03.31	42.69	900m: 12:45.01	42.81	1300m: 18:27.63	42.74
	150m: 2:02.21	43.11	550m: 7:45.72	42.41	950m: 13:27.84	42.83	1350m: 19:09.88	42.25
	200m: 2:45.31	43.10	600m: 8:28.76	43.04	1000m: 14:10.42	42.58	1400m: 19:52.02	42.14
	250m: 3:28.34	43.03	650m: 9:11.54	42.78	1050m: 14:53.32	42.90	1450m: 20:33.62	41.60
	300m: 4:11.31	42.97	700m: 9:54.15	42.61	1100m: 15:36.14	42.82	1500m: 21:09.92	36.30
	350m: 4:54.44	43.13	750m: 10:36.62	42.47	1150m: 16:19.05	42.91		
	400m: 5:37.56	43.12	800m: 11:19.21	42.59	1200m: 17:01.92	42.87		
2.	Marius Ros	ZCNF'34	NED	195900779	21:53.95			
	50m: 39.76	39.76	450m: 6:25.38	43.77	850m: 12:19.54	44.27	1250m: 18:15.91	44.53
	100m: 1:22.75	42.99	500m: 7:09.42	44.04	900m: 13:03.91	44.37	1300m: 19:00.43	44.52
	150m: 2:05.82	43.07	550m: 7:53.25	43.83	950m: 13:48.65	44.74	1350m: 19:44.82	44.39
	200m: 2:49.10	43.28	600m: 8:37.49	44.24	1000m: 14:33.41	44.76	1400m: 20:29.32	44.50
	250m: 3:32.07	42.97	650m: 9:21.80	44.31	1050m: 15:17.83	44.42	1450m: 21:13.50	44.18
	300m: 4:15.08	43.01	700m: 10:06.06	44.26	1100m: 16:02.67	44.84	1500m: 21:53.95	40.45
	350m: 4:58.35	43.27	750m: 10:50.67	44.61	1150m: 16:47.31	44.64		
	400m: 5:41.61	43.26	800m: 11:35.27	44.60	1200m: 17:31.38	44.07		
3.	Paul Bunnik	Triton	NED	195600413	22:44.34			
	50m: 36.83	36.83	450m: 6:31.80	45.56	850m: 12:40.31	46.67	1250m: 18:55.83	47.70
	100m: 1:18.08	41.25	500m: 7:16.48	44.68	900m: 13:26.78	46.47	1300m: 19:43.69	47.86
	150m: 2:01.53	43.45	550m: 8:02.39	45.91	950m: 14:12.94	46.16	1350m: 20:30.03	46.34
	200m: 2:45.72	44.19	600m: 8:48.08	45.69	1000m: 14:59.83	46.89	1400m: 21:17.57	47.54
	250m: 3:30.24	44.52	650m: 9:33.57	45.49	1050m: 15:46.38	46.55	1450m: 22:02.26	44.69
	300m: 4:16.22	45.98	700m: 10:20.10	46.53	1100m: 16:33.88	47.50	1500m: 22:44.34	42.08
	350m: 5:00.89	44.67	750m: 11:07.16	47.06	1150m: 17:20.79	46.91		
	400m: 5:46.24	45.35	800m: 11:53.64	46.48	1200m: 18:08.13	47.34		
4.	Lex Hoogendam	ZZ&PC De Devel	NED	195700541	23:20.83			
	50m: 38.95	38.95	450m: 6:44.19	46.76	850m: 13:04.24	47.36	1250m: 19:23.69	47.55
	100m: 1:22.77	43.82	500m: 7:31.13	46.94	900m: 13:52.03	47.79	1300m: 20:11.21	47.52
	150m: 2:07.85	45.08	550m: 8:18.16	47.03	950m: 14:39.57	47.54	1350m: 20:59.09	47.88
	200m: 2:53.49	45.64	600m: 9:05.57	47.41	1000m: 15:27.12	47.55	1400m: 21:46.70	47.61
	250m: 3:39.08	45.59	650m: 9:52.87	47.30	1050m: 16:14.43	47.31	1450m: 22:34.17	47.47
	300m: 4:25.03	45.95	700m: 10:40.58	47.71	1100m: 17:01.67	47.24	1500m: 23:20.83	46.66
	350m: 5:11.19	46.16	750m: 11:29.09	48.51	1150m: 17:48.87	47.20		
	400m: 5:57.43	46.24	800m: 12:16.88	47.79	1200m: 18:36.14	47.27		
5.	Jeroen Ouendam	GoSwim	NED	195900725	26:07.65			
	50m: 46.94	46.94	450m: 7:39.74	52.45	850m: 14:40.72	51.91	1250m: 21:44.06	53.74
	100m: 1:37.17	50.23	500m: 8:31.45	51.71	900m: 15:32.79	52.07	1300m: 22:37.36	53.30
	150m: 2:28.77	51.60	550m: 9:23.64	52.19	950m: 16:24.84	52.05	1350m: 23:30.92	53.56
	200m: 3:20.36	51.59	600m: 10:16.24	52.60	1000m: 17:17.57	52.73	1400m: 24:24.44	53.52
	250m: 4:12.70	52.34	650m: 11:11.56	55.32	1050m: 18:11.05	53.48	1450m: 25:17.50	53.06
	300m: 5:03.75	51.05	700m: 12:03.65	52.09	1100m: 19:03.91	52.86	1500m: 26:07.65	50.15
	350m: 5:55.68	51.93	750m: 12:55.98	52.33	1150m: 19:57.37	53.46		
	400m: 6:47.29	51.61	800m: 13:48.81	52.83	1200m: 20:50.32	52.95		

Masters 65+

1.	Jean-Marie Cadiat	CNSW	BEL	000243/53	20:27.74			
	50m: 37.25	37.25	450m: 6:02.73	40.46	850m: 11:31.12	41.74	1250m: 17:03.20	41.64
	100m: 1:18.67	41.42	500m: 6:43.23	40.50	900m: 12:12.85	41.73	1300m: 17:44.49	41.29
	150m: 1:58.84	40.17	550m: 7:23.95	40.72	950m: 12:54.31	41.46	1350m: 18:25.71	41.22
	200m: 2:39.63	40.79	600m: 8:04.87	40.92	1000m: 13:35.85	41.54	1400m: 19:07.30	41.59
	250m: 3:20.76	41.13	650m: 8:45.94	41.07	1050m: 14:17.42	41.57	1450m: 19:47.70	40.40
	300m: 4:01.17	40.41	700m: 9:27.20	41.26	1100m: 14:59.11	41.69	1500m: 20:27.74	40.04
	350m: 4:41.99	40.82	750m: 10:08.19	40.99	1150m: 15:40.32	41.21		
	400m: 5:22.27	40.28	800m: 10:49.38	41.19	1200m: 16:21.56	41.24		

Programmanr. 2, Heren, 1500m vrije slag

Masters 70+

1. Wout Hemmes		De Plons		NED 194800059		26:23.23 *					
50m:	40.08	40.08	450m:	6:47.19	46.91	850m:	13:27.25	50.87	1250m:	20:30.48	57.47
100m:	1:24.36	44.28	500m:	7:35.63	48.44	900m:	14:18.03	50.78	1300m:	21:25.89	55.41
150m:	2:10.58	46.22	550m:	8:24.08	48.45	950m:	15:08.65	50.62	1350m:	22:26.06	1:00.17
200m:	2:56.18	45.60	600m:	9:13.41	49.33	1000m:	16:00.78	52.13	1400m:	23:32.60	1:06.54
250m:	3:41.37	45.19	650m:	10:04.35	50.94	1050m:	16:52.94	52.16	1450m:	24:51.53	1:18.93
300m:	4:26.93	45.56	700m:	10:54.98	50.63	1100m:	17:45.30	52.36	1500m:	26:23.23	1:31.70
350m:	5:13.35	46.42	750m:	11:45.97	50.99	1150m:	18:38.52	53.22			
400m:	6:00.28	46.93	800m:	12:36.38	50.41	1200m:	19:33.01	54.49			

Masters 75+

1. Rob Hanou		PSV		NED 194300109		25:20.14					
50m:	42.57	42.57	450m:	7:33.72	51.67	850m:	14:23.48	51.38	1250m:	21:10.23	51.55
100m:	1:32.65	50.08	500m:	8:24.89	51.17	900m:	15:14.50	51.02	1300m:	22:00.74	50.51
150m:	2:22.85	50.20	550m:	9:15.50	50.61	950m:	16:04.83	50.33	1350m:	22:52.35	51.61
200m:	3:14.19	51.34	600m:	10:06.73	51.23	1000m:	16:54.50	49.67	1400m:	23:43.01	50.66
250m:	4:06.62	52.43	650m:	10:57.58	50.85	1050m:	17:45.11	50.61	1450m:	24:33.00	49.99
300m:	4:58.92	52.30	700m:	11:49.64	52.06	1100m:	18:36.86	51.75	1500m:	25:20.14	47.14
350m:	5:50.56	51.64	750m:	12:41.51	51.87	1150m:	19:28.37	51.51			
400m:	6:42.05	51.49	800m:	13:32.10	50.59	1200m:	20:18.68	50.31			

2. Geza Kaltenecker		AZC		NED 194200065		28:13.31					
50m:	46.35	46.35	450m:	8:16.21	57.71	850m:	15:54.33	58.35	1250m:	23:32.51	57.62
100m:	1:40.83	54.48	500m:	9:12.92	56.71	900m:	16:51.44	57.11	1300m:	24:29.15	56.64
150m:	2:37.09	56.26	550m:	10:10.20	57.28	950m:	17:47.68	56.24	1350m:	25:26.69	57.54
200m:	3:32.91	55.82	600m:	11:07.67	57.47	1000m:	18:44.50	56.82	1400m:	26:23.90	57.21
250m:	4:28.68	55.77	650m:	12:04.40	56.73	1050m:	19:42.89	58.39	1450m:	27:20.08	56.18
300m:	5:26.52	57.84	700m:	13:02.48	58.08	1100m:	20:38.81	55.92	1500m:	28:13.31	53.23
350m:	6:21.88	55.36	750m:	13:58.31	55.83	1150m:	21:36.75	57.94			
400m:	7:18.50	56.62	800m:	14:55.98	57.67	1200m:	22:34.89	58.14			

Masters 80+

1. Frederik Hendrik De Bruijn		CN Aquamasters		ESP		25:08.23					
<i>Spanish Masters Record</i>											
50m:	45.62	45.62	450m:	7:16.63	49.51	850m:	13:55.36	50.47	1250m:	20:45.90	52.13
100m:	1:33.23	47.61	500m:	8:06.22	49.59	900m:	14:46.41	51.05	1300m:	21:38.23	52.33
150m:	2:21.08	47.85	550m:	8:55.59	49.37	950m:	15:37.80	51.39	1350m:	22:30.36	52.13
200m:	3:10.44	49.36	600m:	9:45.05	49.46	1000m:	16:28.43	50.63	1400m:	23:23.26	52.90
250m:	4:00.09	49.65	650m:	10:34.77	49.72	1050m:	17:19.08	50.65	1450m:	24:15.69	52.43
300m:	4:49.30	49.21	700m:	11:24.51	49.74	1100m:	18:10.76	51.68	1500m:	25:08.23	52.54
350m:	5:38.06	48.76	750m:	12:14.93	50.42	1150m:	19:02.66	51.90			
400m:	6:27.12	49.06	800m:	13:04.89	49.96	1200m:	19:53.77	51.11			

Programmanr. 3
24-01-2019 - 15:14

Dames, 1500m vrije slag
10 min. Pauze na serie 2/Break after heat 2

Masters Open
Resultaten

rang	naam	vereniging	tijd	PARA							
Masters 20+											
1. Madelon Dijkstra		ZPCH	NED 199703510	17:23.39							
50m:	30.39	30.39	450m:	5:07.00	35.09	850m:	9:47.89	35.18	1250m:	14:29.20	35.04
100m:	1:03.70	33.31	500m:	5:41.93	34.93	900m:	10:23.12	35.23	1300m:	15:04.36	35.16
150m:	1:38.03	34.33	550m:	6:16.85	34.92	950m:	10:58.24	35.12	1350m:	15:39.43	35.07
200m:	2:12.95	34.92	600m:	6:52.16	35.31	1000m:	11:33.16	34.92	1400m:	16:14.83	35.40
250m:	2:47.75	34.80	650m:	7:27.19	35.03	1050m:	12:08.18	35.02	1450m:	16:49.45	34.62
300m:	3:22.39	34.64	700m:	8:02.38	35.19	1100m:	12:43.60	35.42	1500m:	17:23.39	33.94
350m:	3:56.93	34.54	750m:	8:37.57	35.19	1150m:	13:18.77	35.17			
400m:	4:31.91	34.98	800m:	9:12.71	35.14	1200m:	13:54.16	35.39			
2. Anne Noom		Het Y	NED 199800062	17:50.85							
50m:	31.53	31.53	450m:	5:13.33	35.45	850m:	10:02.25	36.66	1250m:	14:53.47	36.28
100m:	1:06.36	34.83	500m:	5:49.16	35.83	900m:	10:38.26	36.01	1300m:	15:29.89	36.42
150m:	1:41.39	35.03	550m:	6:25.06	35.90	950m:	11:14.95	36.69	1350m:	16:05.82	35.93
200m:	2:16.92	35.53	600m:	7:00.99	35.93	1000m:	11:51.54	36.59	1400m:	16:41.98	36.16
250m:	2:52.13	35.21	650m:	7:36.80	35.81	1050m:	12:28.05	36.51	1450m:	17:17.30	35.32
300m:	3:27.21	35.08	700m:	8:13.02	36.22	1100m:	13:04.80	36.75	1500m:	17:50.85	33.55
350m:	4:02.60	35.39	750m:	8:49.29	36.27	1150m:	13:40.96	36.16			
400m:	4:37.88	35.28	800m:	9:25.59	36.30	1200m:	14:17.19	36.23			

Programmanr. 3, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging	tijd	PARA	
3.	Hilde Dekker	ReVeLie Swim Team	18:26.60		
	50m: 32.25	450m: 5:26.05	36.66	850m: 10:24.18	37.76
	100m: 1:08.31	500m: 6:03.37	37.32	900m: 11:01.63	37.45
	150m: 1:44.85	550m: 6:40.12	36.75	950m: 11:39.17	37.54
	200m: 2:21.60	600m: 7:16.90	36.78	1000m: 12:16.83	37.66
	250m: 2:58.35	650m: 7:54.36	37.46	1050m: 12:54.05	37.22
	300m: 3:35.27	700m: 8:31.39	37.03	1100m: 13:31.39	37.34
	350m: 4:12.43	750m: 9:08.89	37.50	1150m: 14:08.88	37.49
	400m: 4:49.39	800m: 9:46.42	37.53	1200m: 14:46.43	37.55

4.	Elianne Huitema	Steenwijk 1934	19:02.35		
	50m: 32.21	450m: 5:29.54	38.22	850m: 10:40.10	39.07
	100m: 1:07.98	500m: 6:07.89	38.35	900m: 11:18.83	38.73
	150m: 1:44.53	550m: 6:46.22	38.33	950m: 11:57.73	38.90
	200m: 2:21.29	600m: 7:25.51	39.29	1000m: 12:36.51	38.78
	250m: 2:58.34	650m: 8:04.50	38.99	1050m: 13:14.91	38.40
	300m: 3:35.77	700m: 8:43.42	38.92	1100m: 13:53.26	38.35
	350m: 4:13.52	750m: 9:22.21	38.79	1150m: 14:31.81	38.55
	400m: 4:51.32	800m: 10:01.03	38.82	1200m: 15:10.60	38.79

Masters 25+

1.	Maaïke Vooren	DAW	18:15.31		
	50m: 33.53	450m: 5:26.04	36.50	850m: 10:19.90	36.58
	100m: 1:09.26	500m: 6:02.74	36.70	900m: 10:56.67	36.77
	150m: 1:45.88	550m: 6:39.69	36.95	950m: 11:33.45	36.78
	200m: 2:22.26	600m: 7:16.28	36.59	1000m: 12:10.19	36.74
	250m: 2:59.04	650m: 7:53.14	36.86	1050m: 12:46.82	36.63
	300m: 3:35.74	700m: 8:29.97	36.83	1100m: 13:23.43	36.61
	350m: 4:12.70	750m: 9:06.65	36.68	1150m: 14:00.00	36.57
	400m: 4:49.54	800m: 9:43.32	36.67	1200m: 14:36.72	36.72

2.	Nanda de Vries	Steenwijk 1934	19:30.65		
	50m: 32.49	450m: 5:35.93	38.50	850m: 10:52.76	40.22
	100m: 1:08.91	500m: 6:14.97	39.04	900m: 11:32.51	39.75
	150m: 1:46.37	550m: 6:54.07	39.10	950m: 12:12.43	39.92
	200m: 2:23.81	600m: 7:33.34	39.27	1000m: 12:52.65	40.22
	250m: 3:01.81	650m: 8:12.92	39.58	1050m: 13:32.99	40.34
	300m: 3:40.39	700m: 8:52.66	39.74	1100m: 14:13.48	40.49
	350m: 4:18.93	750m: 9:32.53	39.87	1150m: 14:53.22	39.74
	400m: 4:57.43	800m: 10:12.54	40.01	1200m: 15:33.05	39.83

3.	Sigrit Aarten	Deltasteur	19:59.19		
	50m: 33.09	450m: 5:48.67	40.16	850m: 11:12.27	41.09
	100m: 1:10.37	500m: 6:29.28	40.61	900m: 11:53.57	41.30
	150m: 1:49.65	550m: 7:09.05	39.77	950m: 12:34.64	41.07
	200m: 2:29.26	600m: 7:49.55	40.50	1000m: 13:15.02	40.38
	250m: 3:09.10	650m: 8:29.99	40.44	1050m: 13:56.35	41.33
	300m: 3:48.75	700m: 9:10.56	40.57	1100m: 14:38.04	41.69
	350m: 4:28.84	750m: 9:51.24	40.68	1150m: 15:19.24	41.20
	400m: 5:08.51	800m: 10:31.18	39.94	1200m: 16:00.55	41.31

4.	Marjon Pol	Zwemlust-den Hommel	20:10.37		
	50m: 34.73	450m: 5:51.17	40.11	850m: 11:18.18	40.92
	100m: 1:12.85	500m: 6:32.57	41.40	900m: 11:59.19	41.01
	150m: 1:51.71	550m: 7:13.61	41.04	950m: 12:40.03	40.84
	200m: 2:31.27	600m: 7:54.42	40.81	1000m: 13:21.34	41.31
	250m: 3:10.72	650m: 8:35.04	40.62	1050m: 14:02.54	41.20
	300m: 3:51.04	700m: 9:15.60	40.56	1100m: 14:43.76	41.22
	350m: 4:30.94	750m: 9:56.43	40.83	1150m: 15:24.79	41.03
	400m: 5:11.06	800m: 10:37.26	40.83	1200m: 16:05.75	40.96

5.	Mandy Verbakel	ZPC Woerden	20:35.35		
	50m: 36.41	450m: 6:04.70	41.18	850m: 11:36.21	41.51
	100m: 1:16.88	500m: 6:46.03	41.33	900m: 12:17.81	41.60
	150m: 1:57.68	550m: 7:27.50	41.47	950m: 12:59.88	42.07
	200m: 2:38.66	600m: 8:08.90	41.40	1000m: 13:41.54	41.66
	250m: 3:19.47	650m: 8:50.42	41.52	1050m: 14:22.77	41.23
	300m: 4:00.81	700m: 9:31.61	41.19	1100m: 15:04.04	41.27
	350m: 4:42.11	750m: 10:13.14	41.53	1150m: 15:45.49	41.45
	400m: 5:23.52	800m: 10:54.70	41.56	1200m: 16:26.74	41.25

6.	Irmgard van Weeghel	ZPC Hatto Heim	21:31.32		
	50m: 36.65	450m: 6:17.68	43.11	850m: 12:08.67	43.83
	100m: 1:17.59	500m: 7:01.47	43.79	900m: 12:52.39	43.72
	150m: 1:59.71	550m: 7:45.52	44.05	950m: 13:35.86	43.47
	200m: 2:42.13	600m: 8:29.65	44.13	1000m: 14:19.41	43.55
	250m: 3:24.98	650m: 9:13.28	43.63	1050m: 15:03.04	43.63
	300m: 4:07.81	700m: 9:56.80	43.52	1100m: 15:46.43	43.39
	350m: 4:51.41	750m: 10:40.74	43.94	1150m: 16:29.55	43.12
	400m: 5:34.57	800m: 11:24.84	44.10	1200m: 17:12.91	43.36

Programmanr. 3, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging					tijd	PARA
7.	Marjan Rikken	ZVV	NED 199206114				22:34.08	
	50m: 37.75	37.75	450m: 6:28.90	45.40	850m: 12:34.25	45.45	1250m: 18:46.71	47.12
	100m: 1:19.26	41.51	500m: 7:14.57	45.67	900m: 13:19.68	45.43	1300m: 19:32.70	45.99
	150m: 2:02.09	42.83	550m: 8:00.06	45.49	950m: 14:06.13	46.45	1350m: 20:18.77	46.07
	200m: 2:45.36	43.27	600m: 8:45.72	45.66	1000m: 14:51.90	45.77	1400m: 21:05.13	46.36
	250m: 3:29.41	44.05	650m: 9:31.44	45.72	1050m: 15:38.99	47.09	1450m: 21:50.87	45.74
	300m: 4:13.81	44.40	700m: 10:17.17	45.73	1100m: 16:25.25	46.26	1500m: 22:34.08	43.21
	350m: 4:58.57	44.76	750m: 11:02.91	45.74	1150m: 17:12.11	46.86		
	400m: 5:43.50	44.93	800m: 11:48.80	45.89	1200m: 17:59.59	47.48		

Masters 30+

1.	Viktória Felföldi	IronSwimTeam	HUN				18:04.83	
	<i>Kampioenschaps Record, Hungarian Masters Record</i>							
	50m: 32.52	32.52	450m: 5:18.07	35.76	850m: 10:09.09	36.42	1250m: 15:01.90	36.70
	100m: 1:07.52	35.00	500m: 5:54.39	36.32	900m: 10:45.89	36.80	1300m: 15:38.60	36.70
	150m: 1:43.00	35.48	550m: 6:30.63	36.24	950m: 11:22.33	36.44	1350m: 16:15.24	36.64
	200m: 2:18.52	35.52	600m: 7:06.85	36.22	1000m: 11:58.99	36.66	1400m: 16:52.14	36.90
	250m: 2:54.48	35.96	650m: 7:42.99	36.14	1050m: 12:35.37	36.38	1450m: 17:29.07	36.93
	300m: 3:30.33	35.85	700m: 8:19.68	36.69	1100m: 13:12.01	36.64	1500m: 18:04.83	35.76
	350m: 4:06.37	36.04	750m: 8:56.21	36.53	1150m: 13:48.59	36.58		
	400m: 4:42.31	35.94	800m: 9:32.67	36.46	1200m: 14:25.20	36.61		
2.	Lisanne Andeweg	Zuiderzeewimmers	NED 198800092				18:56.99	
	50m: 32.91	32.91	450m: 5:32.54	37.96	850m: 10:39.05	38.20	1250m: 15:45.63	38.41
	100m: 1:08.99	36.08	500m: 6:10.61	38.07	900m: 11:16.92	37.87	1300m: 16:24.25	38.62
	150m: 1:45.90	36.91	550m: 6:48.72	38.11	950m: 11:54.99	38.07	1350m: 17:02.71	38.46
	200m: 2:23.04	37.14	600m: 7:27.16	38.44	1000m: 12:33.22	38.23	1400m: 17:41.13	38.42
	250m: 3:00.60	37.56	650m: 8:05.31	38.15	1050m: 13:11.57	38.35	1450m: 18:19.55	38.42
	300m: 3:38.52	37.92	700m: 8:43.60	38.29	1100m: 13:50.12	38.55	1500m: 18:56.99	37.44
	350m: 4:16.54	38.02	750m: 9:22.26	38.66	1150m: 14:28.43	38.31		
	400m: 4:54.58	38.04	800m: 10:00.85	38.59	1200m: 15:07.22	38.79		
3.	Nanda van Heteren	De Geul	NED 198901728				20:34.48	
	50m: 35.08	35.08	450m: 5:58.79	41.47	850m: 11:34.31	41.99	1250m: 17:10.96	42.56
	100m: 1:13.62	38.54	500m: 6:40.33	41.54	900m: 12:16.11	41.80	1300m: 17:52.85	41.89
	150m: 1:53.11	39.49	550m: 7:22.51	42.18	950m: 12:58.14	42.03	1350m: 18:34.54	41.69
	200m: 2:33.37	40.26	600m: 8:04.37	41.86	1000m: 13:40.36	42.22	1400m: 19:16.13	41.59
	250m: 3:14.07	40.70	650m: 8:46.57	42.20	1050m: 14:22.44	42.08	1450m: 19:56.99	40.86
	300m: 3:54.99	40.92	700m: 9:29.13	42.56	1100m: 15:04.06	41.62	1500m: 20:34.48	37.49
	350m: 4:36.42	41.43	750m: 10:11.03	41.90	1150m: 15:46.20	42.14		
	400m: 5:17.32	40.90	800m: 10:52.32	41.29	1200m: 16:28.40	42.20		
4.	Linda van Klei-Janssen	ZPB H&L Productions	NED 198802088				20:56.28	
	50m: 37.31	37.31	450m: 6:12.31	42.54	850m: 11:51.68	42.22	1250m: 17:31.84	42.20
	100m: 1:17.53	40.22	500m: 6:54.91	42.60	900m: 12:33.80	42.12	1300m: 18:14.22	42.38
	150m: 1:58.73	41.20	550m: 7:37.34	42.43	950m: 13:16.30	42.50	1350m: 18:57.21	42.99
	200m: 2:40.37	41.64	600m: 8:19.88	42.54	1000m: 13:59.15	42.85	1400m: 19:38.66	41.45
	250m: 3:22.32	41.95	650m: 9:02.23	42.35	1050m: 14:42.04	42.89	1450m: 20:19.02	40.36
	300m: 4:04.56	42.24	700m: 9:44.49	42.26	1100m: 15:25.15	43.11	1500m: 20:56.28	37.26
	350m: 4:47.17	42.61	750m: 10:27.07	42.58	1150m: 16:07.41	42.26		
	400m: 5:29.77	42.60	800m: 11:09.46	42.39	1200m: 16:49.64	42.23		

Masters 35+

1.	Maike Grösch	Zehlendorfer TSV v.1888	GER 066680				18:21.55	
	<i>German Masters Record</i>							
	50m: 32.55	32.55	450m: 5:25.41	37.18	850m: 10:22.47	37.08	1250m: 15:19.03	37.21
	100m: 1:08.18	35.63	500m: 6:02.58	37.17	900m: 10:59.42	36.95	1300m: 15:56.07	37.04
	150m: 1:44.38	36.20	550m: 6:39.79	37.21	950m: 11:36.42	37.00	1350m: 16:32.79	36.72
	200m: 2:20.76	36.38	600m: 7:16.91	37.12	1000m: 12:13.38	36.96	1400m: 17:09.70	36.91
	250m: 2:57.54	36.78	650m: 7:53.99	37.08	1050m: 12:50.43	37.05	1450m: 17:46.41	36.71
	300m: 3:34.29	36.75	700m: 8:31.22	37.23	1100m: 13:27.53	37.10	1500m: 18:21.55	35.14
	350m: 4:11.31	37.02	750m: 9:08.23	37.01	1150m: 14:04.57	37.04		
	400m: 4:48.23	36.92	800m: 9:45.39	37.16	1200m: 14:41.82	37.25		
2.	Ramona Linting	LinK	NED 198301274				20:54.07	
	50m: 35.27	35.27	450m: 6:04.95	41.66	850m: 11:41.79	42.43	1250m: 17:23.32	42.74
	100m: 1:15.46	40.19	500m: 6:46.70	41.75	900m: 12:24.77	42.98	1300m: 18:06.37	43.05
	150m: 1:56.36	40.90	550m: 7:28.48	41.78	950m: 13:06.93	42.16	1350m: 18:48.90	42.53
	200m: 2:37.39	41.03	600m: 8:10.43	41.95	1000m: 13:50.04	43.11	1400m: 19:31.50	42.60
	250m: 3:18.64	41.25	650m: 8:52.56	42.13	1050m: 14:32.62	42.58	1450m: 20:13.31	41.81
	300m: 4:00.09	41.45	700m: 9:34.82	42.26	1100m: 15:15.42	42.80	1500m: 20:54.07	40.76
	350m: 4:41.72	41.63	750m: 10:17.22	42.40	1150m: 15:58.28	42.86		
	400m: 5:23.29	41.57	800m: 10:59.36	42.14	1200m: 16:40.58	42.30		

Programmanr. 3, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging					tijd	PARA
3.	Kika Meijers	SWOL 1894	NED	198000736		21:54.72		
	50m: 37.69	37.69	450m: 6:21.06	44.16	850m: 12:16.99	44.57	1250m: 18:15.25	44.66
	100m: 1:18.32	40.63	500m: 7:05.37	44.31	900m: 13:01.62	44.63	1300m: 19:00.13	44.88
	150m: 2:00.18	41.86	550m: 7:49.49	44.12	950m: 13:46.36	44.74	1350m: 19:44.88	44.75
	200m: 2:42.68	42.50	600m: 8:34.09	44.60	1000m: 14:31.33	44.97	1400m: 20:29.39	44.51
	250m: 3:25.65	42.97	650m: 9:18.64	44.55	1050m: 15:16.09	44.76	1450m: 21:14.16	44.77
	300m: 4:09.21	43.56	700m: 10:02.91	44.27	1100m: 16:01.10	45.01	1500m: 21:54.72	40.56
	350m: 4:52.97	43.76	750m: 10:47.88	44.77	1150m: 16:46.20	45.10		
	400m: 5:36.90	43.93	800m: 11:32.42	44.74	1200m: 17:30.59	44.39		

Masters 40+

1.	Liselotte Joling	PSV	NED	197500268		19:04.90		
	50m: 33.96	33.96	450m: 5:35.94	38.44	850m: 10:45.24	38.77	1250m: 15:54.94	38.89
	100m: 1:10.94	36.98	500m: 6:14.03	38.09	900m: 11:23.73	38.49	1300m: 16:33.82	38.88
	150m: 1:48.10	37.16	550m: 6:52.68	38.65	950m: 12:02.60	38.87	1350m: 17:11.76	37.94
	200m: 2:25.76	37.66	600m: 7:31.42	38.74	1000m: 12:41.25	38.65	1400m: 17:50.05	38.29
	250m: 3:03.24	37.48	650m: 8:10.30	38.88	1050m: 13:20.00	38.75	1450m: 18:28.07	38.02
	300m: 3:41.24	38.00	700m: 8:48.93	38.63	1100m: 13:58.68	38.68	1500m: 19:04.90	36.83
	350m: 4:19.56	38.32	750m: 9:27.86	38.93	1150m: 14:37.26	38.58		
	400m: 4:57.50	37.94	800m: 10:06.47	38.61	1200m: 15:16.05	38.79		

2.	Melanie Kuiper	ZIGNEA	NED	197600350		19:51.80		
	50m: 34.95	34.95	450m: 5:52.80	39.87	850m: 11:15.54	40.37	1250m: 16:35.73	39.93
	100m: 1:13.46	38.51	500m: 6:33.25	40.45	900m: 11:55.70	40.16	1300m: 17:15.48	39.75
	150m: 1:52.73	39.27	550m: 7:13.23	39.98	950m: 12:36.18	40.48	1350m: 17:55.49	40.01
	200m: 2:32.48	39.75	600m: 7:53.74	40.51	1000m: 13:15.99	39.81	1400m: 18:35.16	39.67
	250m: 3:12.44	39.96	650m: 8:34.13	40.39	1050m: 13:55.87	39.88	1450m: 19:14.78	39.62
	300m: 3:52.22	39.78	700m: 9:14.82	40.69	1100m: 14:35.94	40.07	1500m: 19:51.80	37.02
	350m: 4:32.57	40.35	750m: 9:55.06	40.24	1150m: 15:15.91	39.97		
	400m: 5:12.93	40.36	800m: 10:35.17	40.11	1200m: 15:55.80	39.89		

3.	Jannie Vennik	HZ&PC Heerenveen	NED	197601006		21:33.72		
	50m: 38.24	38.24	450m: 6:23.23	43.28	850m: 12:09.31	43.51	1250m: 17:59.05	44.11
	100m: 1:20.32	42.08	500m: 7:06.27	43.04	900m: 12:52.95	43.64	1300m: 18:42.84	43.79
	150m: 2:03.67	43.35	550m: 7:49.43	43.16	950m: 13:36.06	43.11	1350m: 19:26.02	43.18
	200m: 2:46.73	43.06	600m: 8:32.47	43.04	1000m: 14:19.88	43.82	1400m: 20:09.51	43.49
	250m: 3:30.27	43.54	650m: 9:15.96	43.49	1050m: 15:03.67	43.79	1450m: 20:52.83	43.32
	300m: 4:13.48	43.21	700m: 9:59.46	43.50	1100m: 15:47.51	43.84	1500m: 21:33.72	40.89
	350m: 4:56.78	43.30	750m: 10:42.38	42.92	1150m: 16:30.93	43.42		
	400m: 5:39.95	43.17	800m: 11:25.80	43.42	1200m: 17:14.94	44.01		

4.	Babette Rens	SWOL 1894	NED	197801200		23:45.25		
	50m: 41.81	41.81	450m: 6:55.34	47.82	850m: 13:19.17	47.99	1250m: 19:45.12	48.32
	100m: 1:26.53	44.72	500m: 7:42.86	47.52	900m: 14:07.44	48.27	1300m: 20:33.51	48.39
	150m: 2:12.09	45.56	550m: 8:30.75	47.89	950m: 14:55.84	48.40	1350m: 21:22.22	48.71
	200m: 2:58.16	46.07	600m: 9:18.50	47.75	1000m: 15:44.11	48.27	1400m: 22:10.65	48.43
	250m: 3:44.91	46.75	650m: 10:06.31	47.81	1050m: 16:31.98	47.87	1450m: 22:59.48	48.83
	300m: 4:32.28	47.37	700m: 10:54.39	48.08	1100m: 17:20.37	48.39	1500m: 23:45.25	45.77
	350m: 5:19.73	47.45	750m: 11:42.44	48.05	1150m: 18:08.07	47.70		
	400m: 6:07.52	47.79	800m: 12:31.18	48.74	1200m: 18:56.80	48.73		

Masters 45+

1.	Grith Sigsgaard	De Aalscholver	NED	197200772		19:17.42		
	50m: 33.96	33.96	450m: 5:40.79	38.95	850m: 10:50.38	38.54	1250m: 16:03.51	39.13
	100m: 1:11.86	37.90	500m: 6:19.32	38.53	900m: 11:29.03	38.65	1300m: 16:42.99	39.48
	150m: 1:50.33	38.47	550m: 6:57.83	38.51	950m: 12:08.23	39.20	1350m: 17:22.32	39.33
	200m: 2:28.75	38.42	600m: 7:36.73	38.90	1000m: 12:47.83	39.60	1400m: 18:01.71	39.39
	250m: 3:06.99	38.24	650m: 8:15.52	38.79	1050m: 13:26.77	38.94	1450m: 18:40.40	38.69
	300m: 3:45.38	38.39	700m: 8:54.37	38.85	1100m: 14:05.82	39.05	1500m: 19:17.42	37.02
	350m: 4:23.80	38.42	750m: 9:33.10	38.73	1150m: 14:44.87	39.05		
	400m: 5:01.84	38.04	800m: 10:11.84	38.74	1200m: 15:24.38	39.51		

2.	Karin Stein	ZVVS	NED	197100554		19:40.34		
	50m: 35.38	35.38	450m: 5:47.49	39.63	850m: 11:05.84	39.33	1250m: 16:23.05	39.82
	100m: 1:13.28	37.90	500m: 6:27.38	39.89	900m: 11:45.51	39.67	1300m: 17:03.23	40.18
	150m: 1:52.05	38.77	550m: 7:07.14	39.76	950m: 12:25.07	39.56	1350m: 17:42.90	39.67
	200m: 2:30.92	38.87	600m: 7:47.01	39.87	1000m: 13:04.83	39.76	1400m: 18:22.98	40.08
	250m: 3:09.85	38.93	650m: 8:26.82	39.81	1050m: 13:44.50	39.67	1450m: 19:02.38	39.40
	300m: 3:49.04	39.19	700m: 9:06.77	39.95	1100m: 14:24.10	39.60	1500m: 19:40.34	37.96
	350m: 4:28.38	39.34	750m: 9:46.85	40.08	1150m: 15:03.68	39.58		
	400m: 5:07.86	39.48	800m: 10:26.51	39.66	1200m: 15:43.23	39.55		

Programmanr. 3, Dames, 1500m vrije slag, Masters 45+

rang	naam		vereniging					tijd	PARA
3.	Kathy Van Lindt		CNSW		BEL	007949/71		20:13.69	
	50m:	35.67	35.67	450m:	5:56.76	40.38	850m:	11:22.23	40.68
	100m:	1:14.54	38.87	500m:	6:37.67	40.91	900m:	12:03.18	40.95
	150m:	1:54.88	40.34	550m:	7:18.18	40.51	950m:	12:44.43	41.25
	200m:	2:35.32	40.44	600m:	7:58.87	40.69	1000m:	13:25.36	40.93
	250m:	3:15.92	40.60	650m:	8:39.31	40.44	1050m:	14:06.26	40.90
	300m:	3:56.07	40.15	700m:	9:20.37	41.06	1100m:	14:47.42	41.16
	350m:	4:36.26	40.19	750m:	10:00.88	40.51	1150m:	15:28.51	41.09
	400m:	5:16.38	40.12	800m:	10:41.55	40.67	1200m:	16:09.78	41.27
4.	Pascalie Janssen		Patrick-De Roersoppers (SG)		NED	197300852		22:39.66	
	50m:	39.05	39.05	450m:	6:44.57	46.32	850m:	12:50.92	46.18
	100m:	1:22.86	43.81	500m:	7:30.63	46.06	900m:	13:36.58	45.66
	150m:	2:07.93	45.07	550m:	8:16.40	45.77	950m:	14:22.35	45.77
	200m:	2:53.92	45.99	600m:	9:01.94	45.54	1000m:	15:07.81	45.46
	250m:	3:39.88	45.96	650m:	9:47.55	45.61	1050m:	15:52.67	44.86
	300m:	4:25.81	45.93	700m:	10:33.26	45.71	1100m:	16:38.17	45.50
	350m:	5:12.12	46.31	750m:	11:18.95	45.69	1150m:	17:23.62	45.45
	400m:	5:58.25	46.13	800m:	12:04.74	45.79	1200m:	18:09.87	46.25

Masters 50+

1.	Lisenka Kornet-van den Akker		Zwemlust-den Hommel		NED	196901052		21:23.73	
	50m:	36.86	36.86	450m:	6:16.72	42.80	850m:	12:02.64	43.49
	100m:	1:18.03	41.17	500m:	6:59.86	43.14	900m:	12:45.83	43.19
	150m:	2:00.18	42.15	550m:	7:42.71	42.85	950m:	13:29.26	43.43
	200m:	2:42.79	42.61	600m:	8:25.77	43.06	1000m:	14:12.30	43.04
	250m:	3:25.24	42.45	650m:	9:09.01	43.24	1050m:	14:55.64	43.34
	300m:	4:08.07	42.83	700m:	9:52.46	43.45	1100m:	15:38.63	42.99
	350m:	4:50.92	42.85	750m:	10:35.83	43.37	1150m:	16:21.93	43.30
	400m:	5:33.92	43.00	800m:	11:19.15	43.32	1200m:	17:05.20	43.27
2.	Iris van Aurich		DWK		NED	196900866		22:33.60	
	50m:	38.13	38.13	450m:	6:37.58	45.52	850m:	12:43.62	45.31
	100m:	1:20.38	42.25	500m:	7:23.25	45.67	900m:	13:29.83	46.21
	150m:	2:05.01	44.63	550m:	8:09.22	45.97	950m:	14:16.13	46.30
	200m:	2:50.07	45.06	600m:	8:55.16	45.94	1000m:	15:02.43	46.30
	250m:	3:35.09	45.02	650m:	9:40.75	45.59	1050m:	15:48.20	45.77
	300m:	4:20.71	45.62	700m:	10:26.32	45.57	1100m:	16:34.85	46.65
	350m:	5:06.51	45.80	750m:	11:12.54	46.22	1150m:	17:20.53	45.68
	400m:	5:52.06	45.55	800m:	11:58.31	45.77	1200m:	18:06.79	46.26
3.	Margreet van der Pol		Oceanus		NED	196600276		23:52.05	
	50m:	41.99	41.99	450m:	7:02.18	47.19	850m:	13:23.78	47.51
	100m:	1:28.40	46.41	500m:	7:49.05	46.87	900m:	14:11.99	48.21
	150m:	2:16.19	47.79	550m:	8:36.49	47.44	950m:	15:00.80	48.81
	200m:	3:03.99	47.80	600m:	9:24.76	48.27	1000m:	15:48.86	48.06
	250m:	3:52.10	48.11	650m:	10:12.90	48.14	1050m:	16:37.55	48.69
	300m:	4:40.01	47.91	700m:	11:00.87	47.97	1100m:	17:26.11	48.56
	350m:	5:27.49	47.48	750m:	11:48.49	47.62	1150m:	18:15.25	49.14
	400m:	6:14.99	47.50	800m:	12:36.27	47.78	1200m:	19:03.62	48.37
4.	K. van Nassau-van den Heuvel		Old Dutch		NED	196600188		24:09.65	
	50m:	42.75	42.75	450m:	7:07.58	48.75	850m:	13:36.84	48.30
	100m:	1:29.31	46.56	500m:	7:56.40	48.82	900m:	14:25.23	48.39
	150m:	2:17.05	47.74	550m:	8:44.86	48.46	950m:	15:13.89	48.66
	200m:	3:05.13	48.08	600m:	9:33.29	48.43	1000m:	16:02.57	48.68
	250m:	3:53.44	48.31	650m:	10:21.87	48.58	1050m:	16:51.47	48.90
	300m:	4:41.78	48.34	700m:	11:11.01	49.14	1100m:	17:40.21	48.74
	350m:	5:30.24	48.46	750m:	12:00.00	48.99	1150m:	18:28.61	48.40
	400m:	6:18.83	48.59	800m:	12:48.54	48.54	1200m:	19:17.58	48.97
5.	Herma Hakker-Huijsjer		ZVVS		NED	196600740		24:32.86	
	50m:	41.65	41.65	450m:	7:14.29	49.80	850m:	13:50.84	49.62
	100m:	1:27.80	46.15	500m:	8:03.97	49.68	900m:	14:40.08	49.24
	150m:	2:16.01	48.21	550m:	8:53.50	49.53	950m:	15:29.82	49.74
	200m:	3:04.65	48.64	600m:	9:43.47	49.97	1000m:	16:19.54	49.72
	250m:	3:54.53	49.88	650m:	10:32.93	49.46	1050m:	17:09.07	49.53
	300m:	4:44.57	50.04	700m:	11:22.48	49.55	1100m:	17:58.27	49.20
	350m:	5:34.58	50.01	750m:	12:11.90	49.42	1150m:	18:48.05	49.78
	400m:	6:24.49	49.91	800m:	13:01.22	49.32	1200m:	19:38.34	50.29
6.	Hetty Smalheer		SCOM		NED	196700352		25:19.34	
	50m:	42.90	42.90	450m:	7:21.42	50.69	850m:	14:13.43	50.90
	100m:	1:29.77	46.87	500m:	8:12.71	51.29	900m:	15:05.04	51.61
	150m:	2:18.51	48.74	550m:	9:04.67	51.96	950m:	15:56.78	51.74
	200m:	3:08.20	49.69	600m:	9:55.89	51.22	1000m:	16:48.28	51.50
	250m:	3:58.28	50.08	650m:	10:47.37	51.48	1050m:	17:40.35	52.07
	300m:	4:48.70	50.42	700m:	11:39.00	51.63	1100m:	18:31.90	51.55
	350m:	5:39.76	51.06	750m:	12:31.20	52.20	1150m:	19:23.34	51.44
	400m:	6:30.73	50.97	800m:	13:22.53	51.33	1200m:	20:14.60	51.26

Programmanr. 3, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging				tijd				PARA		
7.	Miranda Keijl	ZIGNEA				NED	196500588	27:05.33				
	50m:	45.86	45.86	450m:	7:57.25	54.73	850m:	15:17.52	54.93	1250m:	22:38.78	54.79
	100m:	1:37.79	51.93	500m:	8:52.89	55.64	900m:	16:12.40	54.88	1300m:	23:33.01	54.23
	150m:	2:30.94	53.15	550m:	9:48.06	55.17	950m:	17:08.11	55.71	1350m:	24:26.68	53.67
	200m:	3:24.79	53.85	600m:	10:43.38	55.32	1000m:	18:03.86	55.75	1400m:	25:21.41	54.73
	250m:	4:18.70	53.91	650m:	11:38.73	55.35	1050m:	18:58.99	55.13	1450m:	26:15.79	54.38
	300m:	5:13.31	54.61	700m:	12:33.63	54.90	1100m:	19:54.77	55.78	1500m:	27:05.33	49.54
	350m:	6:07.90	54.59	750m:	13:28.03	54.40	1150m:	20:49.71	54.94			
	400m:	7:02.52	54.62	800m:	14:22.59	54.56	1200m:	21:43.99	54.28			

Masters 55+

1.	Irene van der Laan	ZVVS				NED	196000096	21:05.43				
	50m:	39.25	39.25	450m:	6:16.95	42.47	850m:	11:56.37	42.28	1250m:	17:35.64	42.12
	100m:	1:20.98	41.73	500m:	6:59.08	42.13	900m:	12:38.44	42.07	1300m:	18:17.32	41.68
	150m:	2:03.05	42.07	550m:	7:41.65	42.57	950m:	13:20.70	42.26	1350m:	18:59.74	42.42
	200m:	2:45.05	42.00	600m:	8:23.91	42.26	1000m:	14:03.22	42.52	1400m:	19:42.03	42.29
	250m:	3:27.36	42.31	650m:	9:06.41	42.50	1050m:	14:46.12	42.90	1450m:	20:24.15	42.12
	300m:	4:09.56	42.20	700m:	9:48.95	42.54	1100m:	15:28.71	42.59	1500m:	21:05.43	41.28
	350m:	4:52.04	42.48	750m:	10:31.82	42.87	1150m:	16:11.11	42.40			
	400m:	5:34.48	42.44	800m:	11:14.09	42.27	1200m:	16:53.52	42.41			
2.	Tatiana Tikhomirova <i>Russian Masters Record</i>	Fitness House				RUS		21:14.93				
	50m:	35.69	35.69	450m:	6:11.54	42.80	850m:	11:53.27	41.98	1250m:	17:39.47	43.75
	100m:	1:15.85	40.16	500m:	6:54.41	42.87	900m:	12:36.65	43.38	1300m:	18:23.44	43.97
	150m:	1:57.46	41.61	550m:	7:37.17	42.76	950m:	13:19.66	43.01	1350m:	19:07.51	44.07
	200m:	2:39.49	42.03	600m:	8:19.64	42.47	1000m:	14:02.85	43.19	1400m:	19:51.28	43.77
	250m:	3:22.09	42.60	650m:	9:02.21	42.57	1050m:	14:46.04	43.19	1450m:	20:34.76	43.48
	300m:	4:04.60	42.51	700m:	9:45.36	43.15	1100m:	15:29.18	43.14	1500m:	21:14.93	40.17
	350m:	4:47.01	42.41	750m:	10:28.43	43.07	1150m:	16:12.52	43.34			
	400m:	5:28.74	41.73	800m:	11:11.29	42.86	1200m:	16:55.72	43.20			
3.	Wilna Heijman	Steenwijk 1934				NED	196400506	21:33.26				
	50m:	37.39	37.39	450m:	6:10.58	42.26	850m:	11:55.05	43.94	1250m:	17:50.93	44.93
	100m:	1:17.77	40.38	500m:	6:52.84	42.26	900m:	12:39.13	44.08	1300m:	18:35.67	44.74
	150m:	1:58.89	41.12	550m:	7:35.43	42.59	950m:	13:23.21	44.08	1350m:	19:19.88	44.21
	200m:	2:40.25	41.36	600m:	8:17.91	42.48	1000m:	14:07.36	44.15	1400m:	20:04.98	45.10
	250m:	3:21.88	41.63	650m:	9:00.94	43.03	1050m:	14:52.28	44.92	1450m:	20:49.50	44.52
	300m:	4:03.71	41.83	700m:	9:44.12	43.18	1100m:	15:36.94	44.66	1500m:	21:33.26	43.76
	350m:	4:46.11	42.40	750m:	10:27.55	43.43	1150m:	16:21.17	44.23			
	400m:	5:28.32	42.21	800m:	11:11.11	43.56	1200m:	17:06.00	44.83			
4.	Katinka Elders	Oceanus				NED	196000292	25:01.24				
	50m:	42.95	42.95	450m:	7:19.50	50.37	850m:	14:01.46	49.26	1250m:	20:51.13	51.52
	100m:	1:30.58	47.63	500m:	8:09.20	49.70	900m:	14:52.56	51.10	1300m:	21:42.34	51.21
	150m:	2:19.77	49.19	550m:	8:59.42	50.22	950m:	15:44.04	51.48	1350m:	22:33.49	51.15
	200m:	3:09.43	49.66	600m:	9:49.54	50.12	1000m:	16:34.83	50.79	1400m:	23:24.28	50.79
	250m:	3:58.98	49.55	650m:	10:40.52	50.98	1050m:	17:26.20	51.37	1450m:	24:13.68	49.40
	300m:	4:48.61	49.63	700m:	11:29.92	49.40	1100m:	18:16.33	50.13	1500m:	25:01.24	47.56
	350m:	5:38.66	50.05	750m:	12:20.89	50.97	1150m:	19:08.12	51.79			
	400m:	6:29.13	50.47	800m:	13:12.20	51.31	1200m:	19:59.61	51.49			
5.	Marjan Spoelstra	SWOL 1894				NED	196000236	25:19.06				
	50m:	44.33	44.33	450m:	7:26.66	51.00	850m:	14:15.96	51.60	1250m:	21:08.02	51.77
	100m:	1:32.13	47.80	500m:	8:17.59	50.93	900m:	15:07.28	51.32	1300m:	21:59.72	51.70
	150m:	2:21.50	49.37	550m:	9:08.12	50.53	950m:	15:58.46	51.18	1350m:	22:50.93	51.21
	200m:	3:11.56	50.06	600m:	9:59.01	50.89	1000m:	16:50.12	51.66	1400m:	23:41.53	50.60
	250m:	4:02.76	51.20	650m:	10:49.92	50.91	1050m:	17:41.50	51.38	1450m:	24:31.53	50.00
	300m:	4:53.97	51.21	700m:	11:41.49	51.57	1100m:	18:32.77	51.27	1500m:	25:19.06	47.53
	350m:	5:45.02	51.05	750m:	12:32.85	51.36	1150m:	19:24.33	51.56			
	400m:	6:35.66	50.64	800m:	13:24.36	51.51	1200m:	20:16.25	51.92			
6.	Jennie Resink-lindeboom	DWK				NED	196000142	26:33.01				
	50m:	45.91	45.91	450m:	7:48.83	54.28	850m:	14:55.52	53.55	1250m:	22:09.67	54.27
	100m:	1:35.96	50.05	500m:	8:42.51	53.68	900m:	15:49.60	54.08	1300m:	23:03.34	53.67
	150m:	2:28.42	52.46	550m:	9:36.20	53.69	950m:	16:44.13	54.53	1350m:	23:57.78	54.44
	200m:	3:20.64	52.22	600m:	10:29.76	53.56	1000m:	17:38.57	54.44	1400m:	24:50.45	52.67
	250m:	4:13.53	52.89	650m:	11:23.39	53.63	1050m:	18:33.08	54.51	1450m:	25:43.56	53.11
	300m:	5:07.13	53.60	700m:	12:16.31	52.92	1100m:	19:27.15	54.07	1500m:	26:33.01	49.45
	350m:	6:00.98	53.85	750m:	13:09.23	52.92	1150m:	20:21.19	54.04			
	400m:	6:54.55	53.57	800m:	14:01.97	52.74	1200m:	21:15.40	54.21			

Masters 60+

Programmanr. 3, Dames, 1500m vrije slag, Masters 60+

rang	naam	vereniging	RUS	MC	tijd	PARA
1.	Natalia Isupova <i>Russian Masters Record</i>	PCWKS			21:44.04	
	50m: 41.43	41.43	450m: 6:26.87	43.50	850m: 12:13.83	43.90
	100m: 1:24.53	43.10	500m: 7:09.93	43.06	900m: 12:57.75	43.92
	150m: 2:07.73	43.20	550m: 7:53.45	43.52	950m: 13:41.18	43.43
	200m: 2:50.99	43.26	600m: 8:36.32	42.87	1000m: 14:25.41	44.23
	250m: 3:34.21	43.22	650m: 9:19.32	43.00	1050m: 15:08.64	43.23
	300m: 4:17.26	43.05	700m: 10:02.67	43.35	1100m: 15:53.46	44.82
	350m: 5:00.36	43.10	750m: 10:46.28	43.61	1150m: 16:37.31	43.85
	400m: 5:43.37	43.01	800m: 11:29.93	43.65	1200m: 17:21.28	43.97
2.	Patty Verhagen	PSV	NED	195900146	22:19.36	
	50m: 40.99	40.99	450m: 6:35.61	44.64	850m: 12:33.94	44.83
	100m: 1:24.45	43.46	500m: 7:20.40	44.79	900m: 13:18.87	44.93
	150m: 2:08.52	44.07	550m: 8:05.20	44.80	950m: 14:04.04	45.17
	200m: 2:52.68	44.16	600m: 8:49.96	44.76	1000m: 14:48.90	44.86
	250m: 3:37.00	44.32	650m: 9:34.81	44.85	1050m: 15:34.39	45.49
	300m: 4:21.40	44.40	700m: 10:19.58	44.77	1100m: 16:19.62	45.23
	350m: 5:06.24	44.84	750m: 11:04.37	44.79	1150m: 17:05.01	45.39
	400m: 5:50.97	44.73	800m: 11:49.11	44.74	1200m: 17:49.66	44.65
3.	Marian de Jong	Middelsé-Skelp (SG)	NED	195900052	24:44.70	
	50m: 42.40	42.40	450m: 7:10.94	49.30	850m: 13:52.47	50.44
	100m: 1:28.37	45.97	500m: 8:00.62	49.68	900m: 14:42.89	50.42
	150m: 2:16.73	48.36	550m: 8:50.55	49.93	950m: 15:32.86	49.97
	200m: 3:04.95	48.22	600m: 9:41.19	50.64	1000m: 16:23.25	50.39
	250m: 3:53.86	48.91	650m: 10:31.54	50.35	1050m: 17:13.41	50.16
	300m: 4:42.92	49.06	700m: 11:21.60	50.06	1100m: 18:04.25	50.84
	350m: 5:32.01	49.09	750m: 12:11.98	50.38	1150m: 18:54.94	50.69
	400m: 6:21.64	49.63	800m: 13:02.03	50.05	1200m: 19:45.66	50.72
4.	Elly Kiestra-Broertjes	ZIGNEA	NED	195600100	26:25.20 *	
	50m: 45.28	45.28	450m: 7:43.82	52.99	850m: 14:51.25	54.64
	100m: 1:35.90	50.62	500m: 8:37.01	53.19	900m: 15:46.47	55.22
	150m: 2:28.40	52.50	550m: 9:29.86	52.85	950m: 16:39.71	53.24
	200m: 3:20.77	52.37	600m: 10:23.30	53.44	1000m: 17:32.73	53.02
	250m: 4:13.20	52.43	650m: 11:16.52	53.22	1050m: 18:25.39	52.66
	300m: 5:05.73	52.53	700m: 12:09.40	52.88	1100m: 19:19.62	54.23
	350m: 5:58.16	52.43	750m: 13:02.73	53.33	1150m: 20:13.31	53.69
	400m: 6:50.83	52.67	800m: 13:56.61	53.88	1200m: 21:07.75	54.44

Masters 65+

1.	Ineke Weekers <i>Nederlands Masters Record, EMR 800m, NMR 400m</i>	PSV	NED	195300050	22:01.98 *	
	50m: 40.65	40.65	450m: 6:25.05	43.49	850m: 12:17.92	44.35
	100m: 1:23.33	42.68	500m: 7:08.43	43.38	900m: 13:02.52	44.60
	150m: 2:06.16	42.83	550m: 7:52.29	43.86	950m: 13:47.44	44.92
	200m: 2:49.04	42.88	600m: 8:36.49	44.20	1000m: 14:32.03	44.59
	250m: 3:32.19	43.15	650m: 9:20.41	43.92	1050m: 15:16.92	44.89
	300m: 4:14.85	42.66	700m: 10:04.47	44.06	1100m: 16:01.35	44.43
	350m: 4:57.98	43.13	750m: 10:49.15	44.68	1150m: 16:46.41	45.06
	400m: 5:41.56	43.58	800m: 11:33.57	44.42	1200m: 17:31.43	45.02
2.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	29:23.59	
	50m: 50.70	50.70	450m: 8:39.53	1:00.16	850m: 16:35.45	59.32
	100m: 1:46.56	55.86	500m: 9:39.29	59.76	900m: 17:35.28	59.83
	150m: 2:44.59	58.03	550m: 10:38.76	59.47	950m: 18:34.96	59.68
	200m: 3:43.06	58.47	600m: 11:38.49	59.73	1000m: 19:34.33	59.37
	250m: 4:42.07	59.01	650m: 12:38.42	59.93	1050m: 20:33.83	59.50
	300m: 5:40.85	58.78	700m: 13:37.64	59.22	1100m: 21:34.05	1:00.22
	350m: 6:40.10	59.25	750m: 14:37.02	59.38	1150m: 22:33.53	59.48
	400m: 7:39.37	59.27	800m: 15:36.13	59.11	1200m: 23:32.98	59.45
3.	Gonnie Bak	PSV	NED	195100064	29:34.10	
	50m: 50.22	50.22	450m: 8:41.17	58.65	850m: 16:39.01	1:00.27
	100m: 1:48.29	58.07	500m: 9:41.31	1:00.14	900m: 17:38.89	59.88
	150m: 2:47.79	59.50	550m: 10:41.19	59.88	950m: 18:38.29	59.40
	200m: 3:45.54	57.75	600m: 11:41.18	59.99	1000m: 19:37.88	59.59
	250m: 4:44.73	59.19	650m: 12:39.92	58.74	1050m: 20:37.91	1:00.03
	300m: 5:44.75	1:00.02	700m: 13:40.19	1:00.27	1100m: 21:37.88	59.97
	350m: 6:43.81	59.06	750m: 14:39.39	59.20	1150m: 22:38.13	1:00.25
	400m: 7:42.52	58.71	800m: 15:38.74	59.35	1200m: 23:38.67	1:00.54

Programmanr. 3, Dames, 1500m vrije slag

Masters 70+

1. Loekie van Huissteden			ZPC AMERSFOORT	NED	194500002	34:34.24					
50m:	57.41	57.41	450m:	10:04.23	1:08.83	850m:	19:22.39	1:07.64	1250m:	28:45.16	1:11.58
100m:	2:04.09	1:06.68	500m:	11:13.86	1:09.63	900m:	20:30.80	1:08.41	1300m:	29:56.52	1:11.36
150m:	3:12.58	1:08.49	550m:	12:22.84	1:08.98	950m:	21:40.38	1:09.58	1350m:	31:08.10	1:11.58
200m:	4:19.97	1:07.39	600m:	13:34.33	1:11.49	1000m:	22:51.25	1:10.87	1400m:	32:18.28	1:10.18
250m:	5:28.18	1:08.21	650m:	14:44.10	1:09.77	1050m:	24:01.87	1:10.62	1450m:	33:28.57	1:10.29
300m:	6:37.31	1:09.13	700m:	15:54.00	1:09.90	1100m:	25:11.43	1:09.56	1500m:	34:34.24	1:05.67
350m:	7:46.76	1:09.45	750m:	17:03.85	1:09.85	1150m:	26:23.04	1:11.61			
400m:	8:55.40	1:08.64	800m:	18:14.75	1:10.90	1200m:	27:33.58	1:10.54			

Masters 80+

1. Marie Smits			Old Dutch	NED	193800004	32:32.27					
<i>Nederlands Masters Record</i>											
50m:	53.99	53.99	450m:	9:33.47	1:05.88	850m:	18:17.05	1:05.73	1250m:	27:04.04	1:06.73
100m:	1:56.91	1:02.92	500m:	10:39.48	1:06.01	900m:	19:22.92	1:05.87	1300m:	28:10.05	1:06.01
150m:	3:01.43	1:04.52	550m:	11:44.60	1:05.12	950m:	20:28.97	1:06.05	1350m:	29:16.49	1:06.44
200m:	4:05.79	1:04.36	600m:	12:49.57	1:04.97	1000m:	21:34.59	1:05.62	1400m:	30:23.63	1:07.14
250m:	5:10.61	1:04.82	650m:	13:55.43	1:05.86	1050m:	22:40.45	1:05.86	1450m:	31:30.22	1:06.59
300m:	6:16.14	1:05.53	700m:	15:00.83	1:05.40	1100m:	23:46.07	1:05.62	1500m:	32:32.27	1:02.05
350m:	7:21.70	1:05.56	750m:	16:06.28	1:05.45	1150m:	24:51.60	1:05.53			
400m:	8:27.59	1:05.89	800m:	17:11.32	1:05.04	1200m:	25:57.31	1:05.71			

2 - ONMK 2019 kb sessie 2

25-01-2019 - 9:00

Programmanr. 4
25-01-2019 - 9:00

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	PARA
Masters 20+				
1.	Joris Bezemer <i>Kampioenschaps Record</i>	De Kempvis	4:12.48	
	50m: 28.86 28.86 150m: 1:32.55 32.15 250m: 2:37.00 31.95 350m: 3:41.79 32.26 100m: 1:00.40 31.54 200m: 2:05.05 32.50 300m: 3:09.53 32.53 400m: 4:12.48 30.69	NED 199900527		
2.	Robin van Beek	ZVL-1886	4:15.20	
	50m: 29.53 29.53 150m: 1:33.38 32.32 250m: 2:38.79 32.65 350m: 3:43.53 32.11 100m: 1:01.06 31.53 200m: 2:06.14 32.76 300m: 3:11.42 32.63 400m: 4:15.20 31.67	NED 199704023		
3.	Felix Geenen	DAW	4:22.04	
	50m: 28.41 28.41 150m: 1:33.97 32.69 250m: 2:40.43 33.17 350m: 3:49.52 34.96 100m: 1:01.28 32.87 200m: 2:07.26 33.29 300m: 3:14.56 34.13 400m: 4:22.04 32.52	NED 199501085		
4.	Jordy van Oel	WVZ	4:24.08	
	50m: 29.54 29.54 150m: 1:36.59 34.16 250m: 2:45.24 34.49 350m: 3:53.25 33.99 100m: 1:02.43 32.89 200m: 2:10.75 34.16 300m: 3:19.26 34.02 400m: 4:24.08 30.83	NED 199802003		
5.	Jeffrey Camphens	DWT	4:24.73	
	50m: 28.77 28.77 150m: 1:36.11 34.08 250m: 2:45.07 34.40 350m: 3:52.60 33.76 100m: 1:02.03 33.26 200m: 2:10.67 34.56 300m: 3:18.84 33.77 400m: 4:24.73 32.13	NED 199503113		
6.	Diederick Schothans	De Veene	4:26.96	
	50m: 29.97 29.97 150m: 1:36.20 33.32 250m: 2:43.71 33.66 350m: 3:52.85 34.83 100m: 1:02.88 32.91 200m: 2:10.05 33.85 300m: 3:18.02 34.31 400m: 4:26.96 34.11	NED 199703185		
7.	Lars van der Velden	DAW	4:29.06	
	50m: 28.72 28.72 150m: 1:34.95 33.83 250m: 2:44.28 34.89 350m: 3:54.84 35.40 100m: 1:01.12 32.40 200m: 2:09.39 34.44 300m: 3:19.44 35.16 400m: 4:29.06 34.22	NED 199800175		
8.	Nordin Termoshuizen	WVZ	4:29.27	
	50m: 30.09 30.09 150m: 1:37.48 34.40 250m: 2:46.94 34.63 350m: 3:56.05 35.04 100m: 1:03.08 32.99 200m: 2:12.31 34.83 300m: 3:21.01 34.07 400m: 4:29.27 33.22	NED 199605401		
9.	Richard van der Horst	De Meer	4:44.22	
	50m: 31.42 31.42 150m: 1:43.04 35.98 250m: 2:55.27 36.32 350m: 4:08.57 36.62 100m: 1:07.06 35.64 200m: 2:18.95 35.91 300m: 3:31.95 36.68 400m: 4:44.22 35.65	NED 199700179		
10.	Lars Jacobsen	DWK	4:52.42	652
	50m: 33.00 33.00 150m: 1:46.32 37.33 250m: 3:01.60 37.63 350m: 4:16.95 38.40 100m: 1:08.99 35.99 200m: 2:23.97 37.65 300m: 3:38.55 36.95 400m: 4:52.42 35.47	NED 199705453 S14		
Masters 25+				
1.	Tim Bunnik	Triton	4:25.14	
	50m: 28.98 28.98 150m: 1:34.74 33.37 250m: 2:43.26 34.48 350m: 3:51.51 34.02 100m: 1:01.37 32.39 200m: 2:08.78 34.04 300m: 3:17.49 34.23 400m: 4:25.14 33.63	NED 199000505		
2.	Pieter Pijnenburg	De Warande	4:35.27	
	50m: 30.62 30.62 150m: 1:39.31 34.63 250m: 2:50.00 35.36 350m: 4:02.28 35.71 100m: 1:04.68 34.06 200m: 2:14.64 35.33 300m: 3:26.57 36.57 400m: 4:35.27 32.99	NED 199305227		
3.	Maik Steenkamp	Montferland	4:41.43	
	50m: 31.17 31.17 150m: 1:41.24 35.31 250m: 2:53.48 36.46 350m: 4:06.76 36.46 100m: 1:05.93 34.76 200m: 2:17.02 35.78 300m: 3:30.30 36.82 400m: 4:41.43 34.67	NED 199103847		
4.	Martino Valentijn	DIO	4:41.85	
	50m: 30.87 30.87 150m: 1:40.67 35.12 250m: 2:52.88 36.39 350m: 4:05.86 36.12 100m: 1:05.55 34.68 200m: 2:16.49 35.82 300m: 3:29.74 36.86 400m: 4:41.85 35.99	NED 199403913		
5.	Kenneth Caster	Feijenoord Albion Zwemclub	4:42.47	
	50m: 30.95 30.95 150m: 1:41.24 35.63 250m: 2:54.19 36.48 350m: 4:06.99 36.44 100m: 1:05.61 34.66 200m: 2:17.71 36.47 300m: 3:30.55 36.36 400m: 4:42.47 35.48	NED 199100375		
6.	Ruben de Boer	De Duinkickers	4:49.57	
	50m: 33.11 33.11 150m: 1:46.80 37.12 250m: 3:00.92 37.07 350m: 4:14.03 36.33 100m: 1:09.68 36.57 200m: 2:23.85 37.05 300m: 3:37.70 36.78 400m: 4:49.57 35.54	NED 199301419		

Programmanr. 4, Heren, 400m vrije slag

Masters 30+

1.	Alex Schelvis	LinK	NED	198702927	4:17.08	
	50m: 28.52	28.52	150m: 1:31.60	31.92	250m: 2:36.91	32.80
	100m: 59.68	31.16	200m: 2:04.11	32.51	300m: 3:10.21	33.30
					350m: 3:44.21	34.00
					400m: 4:17.08	32.87
2.	Klaas van Beek	ZV Haarlem	NED	198805941	4:25.96	
	50m: 30.29	30.29	150m: 1:36.32	33.35	250m: 2:43.59	33.87
	100m: 1:02.97	32.68	200m: 2:09.72	33.40	300m: 3:17.94	34.35
					350m: 3:52.22	34.28
					400m: 4:25.96	33.74
3.	Sander van Elburg	PSV	NED	198800937	4:29.09	
	50m: 30.39	30.39	150m: 1:36.71	33.37	250m: 2:45.21	34.48
	100m: 1:03.34	32.95	200m: 2:10.73	34.02	300m: 3:20.24	35.03
					350m: 3:54.63	34.39
					400m: 4:29.09	34.46
4.	Niels Albrechts	De Schotejil	NED	198800039	4:37.78	
	50m: 31.63	31.63	150m: 1:40.96	35.01	250m: 2:52.98	36.08
	100m: 1:05.95	34.32	200m: 2:16.90	35.94	300m: 3:29.17	36.19
					350m: 4:04.94	35.77
					400m: 4:37.78	32.84
5.	Wessel Everloo	De Veene	NED	198906597	4:38.20	758
	50m: 31.26	31.26	150m: 1:41.68	35.50	250m: 2:53.25	35.67
	100m: 1:06.18	34.92	200m: 2:17.58	35.90	300m: 3:29.08	35.83
					350m: 4:05.31	36.23
					400m: 4:38.20	32.89
6.	Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	4:51.12	
	50m: 30.44	30.44	150m: 1:40.29	35.45	250m: 2:54.78	37.59
	100m: 1:04.84	34.40	200m: 2:17.19	36.90	300m: 3:32.80	38.02
					350m: 4:11.90	39.10
					400m: 4:51.12	39.22
7.	Mark Godwaldt	PSV	NED	198701039	4:53.69	
	50m: 32.27	32.27	150m: 1:46.02	37.33	250m: 3:01.74	37.78
	100m: 1:08.69	36.42	200m: 2:23.96	37.94	300m: 3:40.28	38.54
					350m: 4:18.02	37.74
					400m: 4:53.69	35.67
AFGEM	Ivan Kovalev	Troyka	RUS	102052		

Masters 35+

1.	Erik Schröder	TriVia	NED	198402025	4:16.90	
	<i>Kampioenschaps Record</i>					
	50m: 28.98	28.98	150m: 1:33.80	32.65	250m: 2:39.38	32.81
	100m: 1:01.15	32.17	200m: 2:06.57	32.77	300m: 3:12.61	33.23
					350m: 3:45.78	33.17
					400m: 4:16.90	31.12
2.	Federico Cappello	Entente Sportive Nanterre 2	FRA	2749459	4:24.11	
	50m: 29.36	29.36	150m: 1:33.80	32.63	250m: 2:40.50	33.98
	100m: 1:01.17	31.81	200m: 2:06.52	32.72	300m: 3:15.54	35.04
					350m: 3:50.57	35.03
					400m: 4:24.11	33.54
3.	Pieter Pickhardt	ZPC De Hof	NED	198301657	4:25.07	
	50m: 30.38	30.38	150m: 1:36.91	33.42	250m: 2:43.71	33.44
	100m: 1:03.49	33.11	200m: 2:10.27	33.36	300m: 3:17.58	33.87
					350m: 3:51.75	34.17
					400m: 4:25.07	33.32
4.	Kristiaan Lenos	ZVL-1886	NED	198301331	4:27.86	
	50m: 28.59	28.59	150m: 1:33.65	33.27	250m: 2:41.78	34.43
	100m: 1:00.38	31.79	200m: 2:07.35	33.70	300m: 3:16.99	35.21
					350m: 3:52.90	35.91
					400m: 4:27.86	34.96
5.	Marcel Reefhuis	WS Twente	NED	198101381	4:35.53	
	50m: 31.07	31.07	150m: 1:39.68	34.74	250m: 2:49.94	35.16
	100m: 1:04.94	33.87	200m: 2:14.78	35.10	300m: 3:25.13	35.19
					350m: 4:00.80	35.67
					400m: 4:35.53	34.73
6.	Arjan Prins	Dedemvaart-AC	NED	198201383	4:37.89	
	50m: 30.53	30.53	150m: 1:39.98	35.13	250m: 2:51.02	35.76
	100m: 1:04.85	34.32	200m: 2:15.26	35.28	300m: 3:27.23	36.21
					350m: 4:02.54	35.31
					400m: 4:37.89	35.35
7.	Frank v.d. Voordt	De Schotejil	NED	198302259	4:38.58	
	50m: 32.04	32.04	150m: 1:42.13	35.38	250m: 2:53.42	35.42
	100m: 1:06.75	34.71	200m: 2:18.00	35.87	300m: 3:28.63	35.21
					350m: 4:04.04	35.41
					400m: 4:38.58	34.54
8.	Robert Dekker	Dedemvaart-AC	NED	198400443	4:40.84	
	50m: 29.92	29.92	150m: 1:38.37	35.00	250m: 2:49.92	36.08
	100m: 1:03.37	33.45	200m: 2:13.84	35.47	300m: 3:26.87	36.95
					350m: 4:04.41	37.54
					400m: 4:40.84	36.43
9.	Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	5:00.63	
	50m: 34.22	34.22	150m: 1:49.60	37.99	250m: 3:06.64	38.32
	100m: 1:11.61	37.39	200m: 2:28.32	38.72	300m: 3:45.17	38.53
					350m: 4:23.60	38.43
					400m: 5:00.63	37.03
10.	Nicolas Slegers	CNSW	BEL	005301/84	5:25.10	
	50m: 35.09	35.09	150m: 1:54.79	41.33	250m: 3:19.80	42.70
	100m: 1:13.46	38.37	200m: 2:37.10	42.31	300m: 4:01.89	42.09
					350m: 4:44.48	42.59
					400m: 5:25.10	40.62
11.	Edward van Dootingh	ZV 44	NED	198403341	5:26.31	
	50m: 35.01	35.01	150m: 1:54.73	40.62	250m: 3:19.73	43.07
	100m: 1:14.11	39.10	200m: 2:36.66	41.93	300m: 4:02.98	43.25
					350m: 4:46.05	43.07
					400m: 5:26.31	40.26
12.	Dyon de Greef	Budel	NED	198202385	5:31.38	
	50m: 34.60	34.60	150m: 1:56.56	41.91	250m: 3:23.62	43.84
	100m: 1:14.65	40.05	200m: 2:39.78	43.22	300m: 4:07.41	43.79
					350m: 4:51.45	44.04
					400m: 5:31.38	39.93

Programmanr. 4, Heren, 400m vrije slag

Masters 40+

1.	Gérald Durez	ENLN	BEL	006973/76	4:32.88			
	50m: 30.93	30.93	150m: 1:38.93	34.35	250m: 2:47.86	34.78	350m: 3:57.75	35.05
	100m: 1:04.58	33.65	200m: 2:13.08	34.15	300m: 3:22.70	34.84	400m: 4:32.88	35.13
2.	Dennis Brouwers	HZPC	NED	197800167	4:34.50			
	50m: 30.83	30.83	150m: 1:38.41	34.24	250m: 2:48.16	34.50	350m: 3:59.27	35.84
	100m: 1:04.17	33.34	200m: 2:13.66	35.25	300m: 3:23.43	35.27	400m: 4:34.50	35.23
3.	Mark Hensen	ZPV Barracuda	NED	197900497	4:37.14			
	50m: 29.78	29.78	150m: 1:37.32	34.17	250m: 2:47.87	35.74	350m: 4:00.71	36.62
	100m: 1:03.15	33.37	200m: 2:12.13	34.81	300m: 3:24.09	36.22	400m: 4:37.14	36.43
4.	Alex Damen	DAW	NED	197501371	4:43.75			
	50m: 31.80	31.80	150m: 1:42.61	35.83	250m: 2:54.94	36.09	350m: 4:08.47	36.99
	100m: 1:06.78	34.98	200m: 2:18.85	36.24	300m: 3:31.48	36.54	400m: 4:43.75	35.28
5.	Mark van der Schrier	AZC	NED	197800951	4:44.59			
	50m: 31.79	31.79	150m: 1:42.56	35.58	250m: 2:55.10	36.38	350m: 4:08.29	36.68
	100m: 1:06.98	35.19	200m: 2:18.72	36.16	300m: 3:31.61	36.51	400m: 4:44.59	36.30
6.	John Cobussen	De Gelenberg	NED	197501323	4:45.30			
	50m: 30.68	30.68	150m: 1:39.57	35.19	250m: 2:52.58	36.73	350m: 4:07.60	37.65
	100m: 1:04.38	33.70	200m: 2:15.85	36.28	300m: 3:29.95	37.37	400m: 4:45.30	37.70
7.	Freddie Geerlings	Zwemsport Parkstad (SG)	NED	197900379	4:47.12			
	50m: 31.73	31.73	150m: 1:43.23	35.91	250m: 2:55.60	36.30	350m: 4:09.71	37.50
	100m: 1:07.32	35.59	200m: 2:19.30	36.07	300m: 3:32.21	36.61	400m: 4:47.12	37.41
8.	Ingmar Kooman	ZVL-1886	NED	197901517	5:25.59			
	50m: 35.91	35.91	150m: 1:57.52	41.76	250m: 3:20.68	41.62	350m: 4:44.85	42.13
	100m: 1:15.76	39.85	200m: 2:39.06	41.54	300m: 4:02.72	42.04	400m: 5:25.59	40.74
9.	Tom Bandsma	PSV	NED	197701625	5:27.00			
	50m: 35.98	35.98	150m: 1:55.82	40.48	250m: 3:20.49	42.81	350m: 4:45.69	42.33
	100m: 1:15.34	39.36	200m: 2:37.68	41.86	300m: 4:03.36	42.87	400m: 5:27.00	41.31
10.	Arjan Aalbers	SWOL 1894	NED	197500001	5:41.69			
	50m: 35.69	35.69	150m: 1:56.62	41.59	250m: 3:24.17	44.26	350m: 4:55.97	45.98
	100m: 1:15.03	39.34	200m: 2:39.91	43.29	300m: 4:09.99	45.82	400m: 5:41.69	45.72

Masters 45+

1.	Vedestas Seferlis	Kauno Takas	LTU	4:34.99				
	<i>Lithuanian Masters Record</i>							
	50m: 30.06	30.06	150m: 1:39.16	35.08	250m: 2:50.77	35.94	350m: 4:01.92	35.46
	100m: 1:04.08	34.02	200m: 2:14.83	35.67	300m: 3:26.46	35.69	400m: 4:34.99	33.07
2.	Bruno Nahon	CNSW	BEL	000390/70	4:59.46			
	50m: 34.02	34.02	150m: 1:47.10	37.05	250m: 3:03.44	38.39	350m: 4:21.00	38.85
	100m: 1:10.05	36.03	200m: 2:25.05	37.95	300m: 3:42.15	38.71	400m: 4:59.46	38.46
3.	Peter van Grootheest	ZV 44	NED	197000375	4:59.92			
	50m: 34.28	34.28	150m: 1:49.12	37.92	250m: 3:06.47	38.77	350m: 4:22.89	38.13
	100m: 1:11.20	36.92	200m: 2:27.70	38.58	300m: 3:44.76	38.29	400m: 4:59.92	37.03
4.	Ingmar de Gelder	ZOB'66	NED	197000333	5:07.37			
	50m: 32.66	32.66	150m: 1:47.72	38.36	250m: 3:07.97	40.36	350m: 4:29.33	40.76
	100m: 1:09.36	36.70	200m: 2:27.61	39.89	300m: 3:48.57	40.60	400m: 5:07.37	38.04
5.	Kasper van den Berghe	SWOL 1894	NED	197301125	5:15.03			
	50m: 34.45	34.45	150m: 1:50.83	38.73	250m: 3:10.86	40.04	350m: 4:34.30	42.25
	100m: 1:12.10	37.65	200m: 2:30.82	39.99	300m: 3:52.05	41.19	400m: 5:15.03	40.73
6.	Chris Kouwenhoven	Steenwijk 1934	NED	197101669	5:16.08			
	50m: 34.10	34.10	150m: 1:53.07	39.87	250m: 3:14.94	40.90	350m: 4:37.15	41.06
	100m: 1:13.20	39.10	200m: 2:34.04	40.97	300m: 3:56.09	41.15	400m: 5:16.08	38.93
7.	Wouter van der Stelt	De Biesboschzwemmers	NED	197200889	5:26.35			
	50m: 35.86	35.86	150m: 1:57.25	41.27	250m: 3:21.34	42.02	350m: 4:45.69	42.04
	100m: 1:15.98	40.12	200m: 2:39.32	42.07	300m: 4:03.65	42.31	400m: 5:26.35	40.66
8.	Alistair Critchell	Deltasteur	NED	197101655	6:01.66			
	50m: 35.46	35.46	150m: 1:59.02	43.55	250m: 3:32.71	47.71	350m: 5:12.19	50.17
	100m: 1:15.47	40.01	200m: 2:45.00	45.98	300m: 4:22.02	49.31	400m: 6:01.66	49.47

Programmanr. 4, Heren, 400m vrije slag

Masters 50+

1.	Vladimir Gusev	Troyka	RUS	3113	4:29.70			
	50m: 30.95	30.95	150m: 1:36.93	33.52	250m: 2:45.47	34.39	350m: 3:54.85	34.78
	100m: 1:03.41	32.46	200m: 2:11.08	34.15	300m: 3:20.07	34.60	400m: 4:29.70	34.85
2.	Pieter van Gemeren	DAW	NED	196901779	4:34.19			
	50m: 30.74	30.74	150m: 1:38.88	34.71	250m: 2:49.21	35.18	350m: 3:59.72	35.10
	100m: 1:04.17	33.43	200m: 2:14.03	35.15	300m: 3:24.62	35.41	400m: 4:34.19	34.47
3.	Geert Wijn	De Gelenberg	NED	196701101	4:37.41			
	50m: 31.19	31.19	150m: 1:40.54	34.57	250m: 2:50.26	34.65	350m: 4:01.63	36.07
	100m: 1:05.97	34.78	200m: 2:15.61	35.07	300m: 3:25.56	35.30	400m: 4:37.41	35.78
4.	John Hardeman	De Fuut	NED	196601615	4:41.26			
	50m: 31.83	31.83	150m: 1:43.01	36.22	250m: 2:55.44	35.88	350m: 4:07.05	35.75
	100m: 1:06.79	34.96	200m: 2:19.56	36.55	300m: 3:31.30	35.86	400m: 4:41.26	34.21
5.	Frank van Nobelen	Sassenheim	NED	196900753	4:51.09			
	50m: 32.98	32.98	150m: 1:45.15	36.51	250m: 2:59.93	37.41	350m: 4:15.19	37.23
	100m: 1:08.64	35.66	200m: 2:22.52	37.37	300m: 3:37.96	38.03	400m: 4:51.09	35.90
6.	Hans Bouwmeester	ZVL-1886	NED	196700127	4:59.96			
	50m: 32.64	32.64	150m: 1:45.58	37.70	250m: 3:02.82	38.87	350m: 4:21.54	39.56
	100m: 1:07.88	35.24	200m: 2:23.95	38.37	300m: 3:41.98	39.16	400m: 4:59.96	38.42
7.	Phil Trethewie	Old Dutch	NED	196501315	5:01.44			
	50m: 33.65	33.65	150m: 1:48.73	38.15	250m: 3:06.05	38.81	350m: 4:24.31	39.15
	100m: 1:10.58	36.93	200m: 2:27.24	38.51	300m: 3:45.16	39.11	400m: 5:01.44	37.13
8.	Henri Michels	De Amstel	NED	196501587	5:03.42			
	50m: 33.61	33.61	150m: 1:48.86	38.27	250m: 3:06.81	39.12	350m: 4:25.64	39.64
	100m: 1:10.59	36.98	200m: 2:27.69	38.83	300m: 3:46.00	39.19	400m: 5:03.42	37.78
9.	Jan-Willem van den Berg	WVZ	NED	196801575	5:05.82			
	50m: 31.99	31.99	150m: 1:47.35	38.44	250m: 3:05.67	39.15	350m: 4:26.02	40.13
	100m: 1:08.91	36.92	200m: 2:26.52	39.17	300m: 3:45.89	40.22	400m: 5:05.82	39.80
10.	Arno Schrauwen	Patrick-De Roersoppers (SG)	NED	196501355	5:05.87			
	50m: 32.53	32.53	150m: 1:49.03	38.85	250m: 3:07.93	39.43	350m: 4:26.81	39.52
	100m: 1:10.18	37.65	200m: 2:28.50	39.47	300m: 3:47.29	39.36	400m: 5:05.87	39.06
11.	Johan Neevel	ZV 44	NED	196501475	5:08.46			
	50m: 34.77	34.77	150m: 1:52.05	39.23	250m: 3:11.09	39.46	350m: 4:30.06	39.46
	100m: 1:12.82	38.05	200m: 2:31.63	39.58	300m: 3:50.60	39.51	400m: 5:08.46	38.40
12.	Otto Jansen	ZVL-1886	NED	196501403	5:08.75			
	50m: 33.26	33.26	150m: 1:48.83	38.29	250m: 3:07.57	39.67	350m: 4:28.63	40.61
	100m: 1:10.54	37.28	200m: 2:27.90	39.07	300m: 3:48.02	40.45	400m: 5:08.75	40.12
13.	Harold Matla	PSV	NED	196800591	5:12.99			
	50m: 33.83	33.83	150m: 1:51.50	39.40	250m: 3:13.18	40.96	350m: 4:34.32	40.15
	100m: 1:12.10	38.27	200m: 2:32.22	40.72	300m: 3:54.17	40.99	400m: 5:12.99	38.67
14.	Vadim Ezhkov	Pregel	RUS	10020	5:24.06			
	50m: 36.80	36.80	150m: 1:57.98	41.08	250m: 3:19.66	39.43	350m: 4:43.69	42.73
	100m: 1:16.90	40.10	200m: 2:40.23	42.25	300m: 4:00.96	41.30	400m: 5:24.06	40.37
15.	Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027	6:01.53			
	50m: 38.81	38.81	150m: 2:05.73	44.42	250m: 3:39.80	48.36	350m: 5:15.76	47.53
	100m: 1:21.31	42.50	200m: 2:51.44	45.71	300m: 4:28.23	48.43	400m: 6:01.53	45.77

Masters 55+

1.	Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	4:40.39			
	50m: 31.88	31.88	150m: 1:42.05	35.33	250m: 2:53.30	35.53	350m: 4:05.07	35.84
	100m: 1:06.72	34.84	200m: 2:17.77	35.72	300m: 3:29.23	35.93	400m: 4:40.39	35.32
2.	Johan Remmits	ZPC Woerden	NED	196201159	4:51.24			
	50m: 31.85	31.85	150m: 1:42.31	35.68	250m: 2:55.49	36.94	350m: 4:12.66	38.89
	100m: 1:06.63	34.78	200m: 2:18.55	36.24	300m: 3:33.77	38.28	400m: 4:51.24	38.58
3.	Gustav van den Berg	TriVia	NED	196100991	4:58.25			
	50m: 34.22	34.22	150m: 1:49.13	38.24	250m: 3:05.17	37.79	350m: 4:21.51	38.08
	100m: 1:10.89	36.67	200m: 2:27.38	38.25	300m: 3:43.43	38.26	400m: 4:58.25	36.74
4.	Gert Sikkema	Zwemclub Urk 1978	NED	196300687	5:04.23			
	50m: 33.51	33.51	150m: 1:47.82	37.82	250m: 3:05.53	38.90	350m: 4:25.30	40.00
	100m: 1:10.00	36.49	200m: 2:26.63	38.81	300m: 3:45.30	39.77	400m: 5:04.23	38.93
5.	Eric Langhorst	De Rijn	NED	196200389	5:29.56			
	50m: 36.48	36.48	150m: 2:00.52	42.91	250m: 3:26.34	42.78	350m: 4:49.69	41.32
	100m: 1:17.61	41.13	200m: 2:43.56	43.04	300m: 4:08.37	42.03	400m: 5:29.56	39.87

Programmanr. 4, Heren, 400m vrije slag, Masters 55+

rang	naam	vereniging							tijd	PARA
6.	Ronald van Ginneken	Old Dutch	NED 196100827						5:31.43	
	50m: 36.02	36.02	150m: 2:00.62	43.07	250m: 3:26.13	42.55	350m: 4:51.87	43.07		
	100m: 1:17.55	41.53	200m: 2:43.58	42.96	300m: 4:08.80	42.67	400m: 5:31.43	39.56		
7.	Roy Le Clercq	De Rog	NED 196401041						5:33.48	
	50m: 35.64	35.64	150m: 1:58.63	42.33	250m: 3:25.28	43.50	350m: 4:52.02	43.23		
	100m: 1:16.30	40.66	200m: 2:41.78	43.15	300m: 4:08.79	43.51	400m: 5:33.48	41.46		
8.	Jan Smalheer	SCOM	NED 196400701						5:48.45	
	50m: 34.74	34.74	150m: 1:59.82	43.41	250m: 3:30.34	45.30	350m: 5:02.54	45.56		
	100m: 1:16.41	41.67	200m: 2:45.04	45.22	300m: 4:16.98	46.64	400m: 5:48.45	45.91		
9.	John Dam	ZIGNEA	NED 196000915						5:48.84	
	50m: 37.05	37.05	150m: 2:02.11	44.18	250m: 3:32.77	45.27	350m: 5:04.71	45.99		
	100m: 1:17.93	40.88	200m: 2:47.50	45.39	300m: 4:18.72	45.95	400m: 5:48.84	44.13		
10.	Adri Pasma	Zuiderzeewimmers	NED 196400573						6:20.65	
	50m: 40.38	40.38	150m: 2:14.57	48.32	250m: 3:53.08	49.77	350m: 5:31.59	49.93		
	100m: 1:26.25	45.87	200m: 3:03.31	48.74	300m: 4:41.66	48.58	400m: 6:20.65	49.06		
11.	Jan Haitsma	De Spatters	NED 196000929						6:47.73	
	50m: 44.64	44.64	150m: 2:25.91	51.32	250m: 4:10.39	52.55	350m: 5:56.57	53.55		
	100m: 1:34.59	49.95	200m: 3:17.84	51.93	300m: 5:03.02	52.63	400m: 6:47.73	51.16		
NG.ZA	Karol Lacko	SK Aquatics Nitra	SVK SVK16793							

Masters 60+

1.	Marten de Groot	HZ&PC Heerenveen	NED 195800149						4:40.45	
	<i>Nederlands Masters Record</i>									
	50m: 31.96	31.96	150m: 1:42.91	35.49	250m: 2:54.20	35.68	350m: 4:05.44	35.75		
	100m: 1:07.42	35.46	200m: 2:18.52	35.61	300m: 3:29.69	35.49	400m: 4:40.45	35.01		
2.	Dirk Zeterberg	Zehlendorfer TSV v.1888	GER 101339						5:12.46	
	50m: 36.46	36.46	150m: 1:54.04	38.77	250m: 3:13.33	40.36	350m: 4:33.30	39.96		
	100m: 1:15.27	38.81	200m: 2:32.97	38.93	300m: 3:53.34	40.01	400m: 5:12.46	39.16		
3.	Klaus Kalinke	SG Gladbeck/Recklinghausen	GER 72636						5:22.79	
	50m: 35.72	35.72	150m: 1:57.28	41.53	250m: 3:20.77	41.79	350m: 4:43.82	41.17		
	100m: 1:15.75	40.03	200m: 2:38.98	41.70	300m: 4:02.65	41.88	400m: 5:22.79	38.97		
4.	Nikolay Morgunov	MKMP Moscow	RUS 8063						5:27.63	
	50m: 36.82	36.82	150m: 1:59.30	41.88	250m: 3:23.59	42.05	350m: 4:47.59	42.21		
	100m: 1:17.42	40.60	200m: 2:41.54	42.24	300m: 4:05.38	41.79	400m: 5:27.63	40.04		
5.	Paul Bunnik	Triton	NED 195600413						5:45.72	
	50m: 34.76	34.76	150m: 1:58.48	43.96	250m: 3:28.27	45.27	350m: 5:01.43	46.56		
	100m: 1:14.52	39.76	200m: 2:43.00	44.52	300m: 4:14.87	46.60	400m: 5:45.72	44.29		
6.	Lex Hoogendam	ZZ&PC De Devel	NED 195700541						5:58.05	
	50m: 37.41	37.41	150m: 2:05.47	45.00	250m: 3:37.91	46.38	350m: 5:11.68	47.05		
	100m: 1:20.47	43.06	200m: 2:51.53	46.06	300m: 4:24.63	46.72	400m: 5:58.05	46.37		
7.	André Pantekoek	PSV	NED 195800321						6:56.85	
	50m: 42.41	42.41	150m: 2:26.33	53.01	250m: 4:15.49	55.85	350m: 6:07.26	55.19		
	100m: 1:33.32	50.91	200m: 3:19.64	53.31	300m: 5:12.07	56.58	400m: 6:56.85	49.59		

Masters 65+

1.	Jean-Marie Cadiat	CNSW	BEL 000243/53						5:03.84	
	<i>Kampioenschaps Record, Belgisch Masters Record</i>									
	50m: 34.45	34.45	150m: 1:51.91	39.15	250m: 3:09.76	38.85	350m: 4:27.17	38.43		
	100m: 1:12.76	38.31	200m: 2:30.91	39.00	300m: 3:48.74	38.98	400m: 5:03.84	36.67		

Masters 70+

1.	Wout Hemmes	De Plons	NED 194800059						6:10.97	
	50m: 41.42	41.42	150m: 2:16.89	48.56	250m: 3:53.33	48.02	350m: 5:26.96	45.97		
	100m: 1:28.33	46.91	200m: 3:05.31	48.42	300m: 4:40.99	47.66	400m: 6:10.97	44.01		
2.	Willem Putter	ZVVS	NED 194500135						6:29.82	
	50m: 41.84	41.84	150m: 2:18.81	49.60	250m: 3:58.35	50.08	350m: 5:39.65	50.65		
	100m: 1:29.21	47.37	200m: 3:08.27	49.46	300m: 4:49.00	50.65	400m: 6:29.82	50.17		

Programmanr. 4, Heren, 400m vrije slag

Masters 75+

1.	Rob Hanou	PSV	NED	194300109	6:30.53	
	50m: 42.30	42.30	150m: 2:20.86	50.08	250m: 4:02.23	50.86
	100m: 1:30.78	48.48	200m: 3:11.37	50.51	300m: 4:52.80	50.57
					350m: 5:43.59	50.79
					400m: 6:30.53	46.94
2.	Frans van Enst	WS Twente	NED	194000011	7:05.31	
	50m: 44.45	44.45	150m: 2:32.40	55.16	250m: 4:22.16	54.12
	100m: 1:37.24	52.79	200m: 3:28.04	55.64	300m: 5:17.20	55.04
					350m: 6:11.96	54.76
					400m: 7:05.31	53.35
3.	Geza Kaltenecker	AZC	NED	194200065	7:15.38	
	50m: 45.23	45.23	150m: 2:35.94	57.27	250m: 4:27.57	56.12
	100m: 1:38.67	53.44	200m: 3:31.45	55.51	300m: 5:24.94	57.37
					350m: 6:23.36	58.42
					400m: 7:15.38	52.02

Masters 80+

1.	Frederik Hendrik De Bruijn	CN Aquamasters	ESP		6:29.05	
	50m: 44.79	44.79	150m: 2:21.30	49.07	250m: 4:00.98	50.57
	100m: 1:32.23	47.44	200m: 3:10.41	49.11	300m: 4:50.37	49.39
					350m: 5:40.68	50.31
					400m: 6:29.05	48.37
2.	Gregor Pompen	Aqua-Novio'94	NED	193700021	8:16.92	
	50m: 54.69	54.69	150m: 2:55.40	1:01.62	250m: 5:03.35	1:04.54
	100m: 1:53.78	59.09	200m: 3:58.81	1:03.41	300m: 6:08.38	1:05.03
					350m: 7:13.23	1:04.85
					400m: 8:16.92	1:03.69

Programmanr. 5
25-01-2019 - 10:10

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging			tijd	PARA
Masters 20+						
1.	Madelon Dijkstra	ZPCH	NED	199703510	4:25.28	
	50m: 30.07	30.07	150m: 1:35.85	33.36	250m: 2:43.78	34.08
	100m: 1:02.49	32.42	200m: 2:09.70	33.85	300m: 3:17.71	33.93
					350m: 3:51.52	33.81
					400m: 4:25.28	33.76
2.	Jamilla van Veen	Zwemvereniging Hoogland	NED	199603192	4:28.49	
	50m: 29.44	29.44	150m: 1:36.09	33.75	250m: 2:44.55	34.13
	100m: 1:02.34	32.90	200m: 2:10.42	34.33	300m: 3:19.30	34.75
					350m: 3:53.54	34.24
					400m: 4:28.49	34.95
3.	Brenda Zwarthoed	DAW	NED	199604938	4:36.70	
	50m: 30.92	30.92	150m: 1:39.87	35.01	250m: 2:51.06	35.54
	100m: 1:04.86	33.94	200m: 2:15.52	35.65	300m: 3:27.05	35.99
					350m: 4:02.67	35.62
					400m: 4:36.70	34.03
4.	Melissa van der Geld	De Warande	NED	199506250	4:39.93	
	50m: 30.78	30.78	150m: 1:39.57	35.07	250m: 2:51.26	35.89
	100m: 1:04.50	33.72	200m: 2:15.37	35.80	300m: 3:27.59	36.33
					350m: 4:04.35	36.76
					400m: 4:39.93	35.58
5.	Hilde Dekker	ReVeLie Swim Team	NED	199901926	4:40.11	
	50m: 31.38	31.38	150m: 1:42.28	35.70	250m: 2:54.74	36.15
	100m: 1:06.58	35.20	200m: 2:18.59	36.31	300m: 3:31.07	36.33
					350m: 4:06.37	35.30
					400m: 4:40.11	33.74
6.	Bibi Stokvis	Het Y	NED	199900892	4:44.29	
	50m: 31.77	31.77	150m: 1:42.22	35.82	250m: 2:54.41	35.99
	100m: 1:06.40	34.63	200m: 2:18.42	36.20	300m: 3:31.15	36.74
					350m: 4:07.75	36.60
					400m: 4:44.29	36.54
7.	Marije Dankelman	Dedemsvaart-AC	NED	199701502	4:44.64	
	50m: 31.65	31.65	150m: 1:43.01	35.96	250m: 2:55.67	36.15
	100m: 1:07.05	35.40	200m: 2:19.52	36.51	300m: 3:32.82	37.15
					350m: 4:09.60	36.78
					400m: 4:44.64	35.04
8.	Elianne Huitema	Steenwijk 1934	NED	199700258	4:47.84	
	50m: 31.38	31.38	150m: 1:41.48	35.60	250m: 2:55.30	37.18
	100m: 1:05.88	34.50	200m: 2:18.12	36.64	300m: 3:32.76	37.46
					350m: 4:10.65	37.89
					400m: 4:47.84	37.19
9.	Marijke Drent	Nova	NED	199906232	4:49.49	
	50m: 33.07	33.07	150m: 1:46.07	36.86	250m: 3:00.88	37.23
	100m: 1:09.21	36.14	200m: 2:23.65	37.58	300m: 3:38.06	37.18
					350m: 4:15.17	37.11
					400m: 4:49.49	34.32
10.	Fiona Meuffels	RZ	NED	199504366	4:49.57	
	50m: 32.80	32.80	150m: 1:44.82	36.39	250m: 2:57.78	36.93
	100m: 1:08.43	35.63	200m: 2:20.85	36.03	300m: 3:35.12	37.34
					350m: 4:12.11	36.99
					400m: 4:49.57	37.46
11.	Lianne Roescher	ZPC De Hof	NED	199900248	5:03.36	
	50m: 32.79	32.79	150m: 1:46.67	37.65	250m: 3:04.48	39.24
	100m: 1:09.02	36.23	200m: 2:25.24	38.57	300m: 3:44.17	39.69
					350m: 4:23.85	39.68
					400m: 5:03.36	39.51
12.	Moniek van Langevelde	ESCA Zwemmen	NED	199803160	5:11.77	
	50m: 33.11	33.11	150m: 1:47.20	37.95	250m: 3:07.76	41.21
	100m: 1:09.25	36.14	200m: 2:26.55	39.35	300m: 3:49.31	41.55
					350m: 4:30.88	41.57
					400m: 5:11.77	40.89

Programmanr. 5, Dames, 400m vrije slag, Masters 20+

rang	naam	vereniging				tijd	PARA	
13.	Lenneke Bagijn	De Duck	NED	199604992	5:22.27			
	50m: 35.32	35.32	150m: 1:53.47	40.11	250m: 3:16.67	41.69	350m: 4:40.81	41.51
	100m: 1:13.36	38.04	200m: 2:34.98	41.51	300m: 3:59.30	42.63	400m: 5:22.27	41.46

Masters 25+

1.	Maaïke Vooren	DAW	NED	199103324	4:36.91			
	50m: 31.35	31.35	150m: 1:40.07	34.88	250m: 2:50.72	35.44	350m: 4:01.95	35.87
	100m: 1:05.19	33.84	200m: 2:15.28	35.21	300m: 3:26.08	35.36	400m: 4:36.91	34.96
2.	Lotte Coenen	The Hague Swimming (SG)	NED	199301518	4:52.19			
	50m: 31.42	31.42	150m: 1:43.58	36.70	250m: 2:58.92	38.01	350m: 4:15.68	38.15
	100m: 1:06.88	35.46	200m: 2:20.91	37.33	300m: 3:37.53	38.61	400m: 4:52.19	36.51
3.	Nanda de Vries	Steenwijk 1934	NED	199204328	4:53.17			
	50m: 31.77	31.77	150m: 1:45.29	37.34	250m: 3:00.81	37.51	350m: 4:17.02	37.94
	100m: 1:07.95	36.18	200m: 2:23.30	38.01	300m: 3:39.08	38.27	400m: 4:53.17	36.15
4.	Melissa Zwaan	DAW	NED	199103666	4:55.23			
	50m: 32.27	32.27	150m: 1:45.66	37.21	250m: 3:01.51	38.18	350m: 4:17.76	37.60
	100m: 1:08.45	36.18	200m: 2:23.33	37.67	300m: 3:40.16	38.65	400m: 4:55.23	37.47
5.	Désirée Emmen	De Warande	NED	199204862	4:55.94			
	50m: 32.09	32.09	150m: 1:44.49	36.84	250m: 3:00.29	38.33	350m: 4:18.26	38.94
	100m: 1:07.65	35.56	200m: 2:21.96	37.47	300m: 3:39.32	39.03	400m: 4:55.94	37.68
6.	Iris Pijtak	ZPC AMERSFOORT	NED	199300602	5:00.53			
	50m: 33.30	33.30	150m: 1:48.35	37.91	250m: 3:05.72	38.65	350m: 4:23.40	38.68
	100m: 1:10.44	37.14	200m: 2:27.07	38.72	300m: 3:44.72	39.00	400m: 5:00.53	37.13
7.	Marjon Pol	Zwemlust-den Hommel	NED	199102502	5:06.45			
	50m: 33.98	33.98	150m: 1:49.98	38.64	250m: 3:08.95	39.63	350m: 4:28.21	39.57
	100m: 1:11.34	37.36	200m: 2:29.32	39.34	300m: 3:48.64	39.69	400m: 5:06.45	38.24
8.	Clara Van Roeyen	GBZ	BEL	20082/90	5:07.89			
	50m: 34.08	34.08	150m: 1:51.17	38.83	250m: 3:09.78	39.55	350m: 4:29.07	39.45
	100m: 1:12.34	38.26	200m: 2:30.23	39.06	300m: 3:49.62	39.84	400m: 5:07.89	38.82
9.	Getrude Corporaal	Steenwijk 1934	NED	199200380	5:11.77			
	50m: 33.18	33.18	150m: 1:49.97	39.80	250m: 3:11.99	41.51	350m: 4:33.60	40.19
	100m: 1:10.17	36.99	200m: 2:30.48	40.51	300m: 3:53.41	41.42	400m: 5:11.77	38.17
10.	Irmgard van Weeghel	ZPC Hatto Heim	NED	199204834	5:24.31			
	50m: 35.51	35.51	150m: 1:54.93	40.64	250m: 3:18.56	42.21	350m: 4:43.32	42.36
	100m: 1:14.29	38.78	200m: 2:36.35	41.42	300m: 4:00.96	42.40	400m: 5:24.31	40.99
11.	Ilse Blankvoort	Steenwijk 1934	NED	199204458	5:30.41			
	50m: 36.35	36.35	150m: 1:58.95	41.95	250m: 3:23.35	42.11	350m: 4:48.27	42.71
	100m: 1:17.00	40.65	200m: 2:41.24	42.29	300m: 4:05.56	42.21	400m: 5:30.41	42.14
12.	Kimberley van Buren	De Duck	NED	199304136	5:32.93			
	50m: 36.67	36.67	150m: 1:58.76	41.66	250m: 3:24.57	42.88	350m: 4:50.63	42.78
	100m: 1:17.10	40.43	200m: 2:41.69	42.93	300m: 4:07.85	43.28	400m: 5:32.93	42.30
13.	Charine de Ruiter	Steenwijk 1934	NED	199403668	5:37.91			
	50m: 35.75	35.75	150m: 1:57.86	42.19	250m: 3:25.57	44.38	350m: 4:55.57	44.90
	100m: 1:15.67	39.92	200m: 2:41.19	43.33	300m: 4:10.67	45.10	400m: 5:37.91	42.34

Masters 30+

1.	Viktória Felföldi <i>Hungarian Masters Record</i>	IronSwimTeam	HUN		4:36.95			
	50m: 31.43	31.43	150m: 1:40.27	34.68	250m: 2:50.73	35.42	350m: 4:01.99	35.68
	100m: 1:05.59	34.16	200m: 2:15.31	35.04	300m: 3:26.31	35.58	400m: 4:36.95	34.96
2.	Lisanne Andeweg	Zuiderzeewimmers	NED	198800092	4:46.72			
	50m: 32.55	32.55	150m: 1:44.26	36.41	250m: 2:57.81	36.83	350m: 4:11.14	36.39
	100m: 1:07.85	35.30	200m: 2:20.98	36.72	300m: 3:34.75	36.94	400m: 4:46.72	35.58
3.	Mara Epifani	Empire Sport and Resort	ITA	35447	5:11.78			
	50m: 35.28	35.28	150m: 1:53.96	39.92	250m: 3:13.98	40.13	350m: 4:33.71	39.74
	100m: 1:14.04	38.76	200m: 2:33.85	39.89	300m: 3:53.97	39.99	400m: 5:11.78	38.07
4.	Suzan Blankestijn	ZVL-1886	NED	198900350	5:15.28			
	50m: 34.78	34.78	150m: 1:54.50	40.08	250m: 3:15.34	40.58	350m: 4:36.25	40.03
	100m: 1:14.42	39.64	200m: 2:34.76	40.26	300m: 3:56.22	40.88	400m: 5:15.28	39.03
5.	Esther van Maastrigt	Montferland	NED	198802836	5:52.91			
	50m: 38.50	38.50	150m: 2:07.03	45.18	250m: 3:38.23	45.52	350m: 5:08.99	45.32
	100m: 1:21.85	43.35	200m: 2:52.71	45.68	300m: 4:23.67	45.44	400m: 5:52.91	43.92

Programmanr. 5, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging					tijd	PARA
6.	Valentina Gorodulina	Spartak Voronezh	RUS	149036			5:58.95	
	50m: 38.65	38.65	150m: 2:08.38	46.16	250m: 3:40.69	46.42	350m: 5:14.76	47.06
	100m: 1:22.22	43.57	200m: 2:54.27	45.89	300m: 4:27.70	47.01	400m: 5:58.95	44.19

Masters 35+

1.	Maike Grösch <i>Kampioenschaps Record</i>	Zehlendorfer TSV v.1888	GER	066680			4:40.34	
	50m: 31.90	31.90	150m: 1:41.97	35.38	250m: 2:53.87	36.01	350m: 4:06.42	36.41
	100m: 1:06.59	34.69	200m: 2:17.86	35.89	300m: 3:30.01	36.14	400m: 4:40.34	33.92
2.	Anke Lambooij	De Vliet (SG)	NED	198001182			4:52.62	
	50m: 31.52	31.52	150m: 1:44.21	37.13	250m: 3:00.03	38.02	350m: 4:16.54	38.28
	100m: 1:07.08	35.56	200m: 2:22.01	37.80	300m: 3:38.26	38.23	400m: 4:52.62	36.08
3.	Ramona Linting	LinK	NED	198301274			5:12.90	
	50m: 34.50	34.50	150m: 1:52.78	39.80	250m: 3:12.68	40.19	350m: 4:33.25	40.45
	100m: 1:12.98	38.48	200m: 2:32.49	39.71	300m: 3:52.80	40.12	400m: 5:12.90	39.65
4.	Paulien Schokker	WS Twente	NED	198302876			5:29.15	
	50m: 35.30	35.30	150m: 1:57.12	41.78	250m: 3:22.58	43.01	350m: 4:47.42	42.24
	100m: 1:15.34	40.04	200m: 2:39.57	42.45	300m: 4:05.18	42.60	400m: 5:29.15	41.73

Masters 40+

1.	Chantal Verhoeff	Old Dutch	NED	197900912			5:15.43	
	50m: 35.71	35.71	150m: 1:56.51	40.73	250m: 3:16.77	39.76	350m: 4:35.86	39.55
	100m: 1:15.78	40.07	200m: 2:37.01	40.50	300m: 3:56.31	39.54	400m: 5:15.43	39.57
2.	Petra Guijt	Aqua-Novio'94	NED	197600978			5:23.00	
	50m: 36.45	36.45	150m: 1:57.96	41.12	250m: 3:21.47	41.79	350m: 4:43.61	40.53
	100m: 1:16.84	40.39	200m: 2:39.68	41.72	300m: 4:03.08	41.61	400m: 5:23.00	39.39
3.	Martine de Haart	Patrick-De Roersoppers (SG)	NED	197901492			5:27.55	
	50m: 36.65	36.65	150m: 1:58.75	41.53	250m: 3:22.49	41.94	350m: 4:47.36	42.11
	100m: 1:17.22	40.57	200m: 2:40.55	41.80	300m: 4:05.25	42.76	400m: 5:27.55	40.19
4.	Jessica Venema	WIDEX GZC DONK	NED	197901526			5:29.67	
	50m: 35.76	35.76	150m: 1:56.64	40.94	250m: 3:22.13	43.08	350m: 4:48.25	42.95
	100m: 1:15.70	39.94	200m: 2:39.05	42.41	300m: 4:05.30	43.17	400m: 5:29.67	41.42
5.	Karin van Dijk	THOR	NED	197601066			5:36.92	
	50m: 35.98	35.98	150m: 1:59.35	42.55	250m: 3:26.65	44.02	350m: 4:55.19	44.04
	100m: 1:16.80	40.82	200m: 2:42.63	43.28	300m: 4:11.15	44.50	400m: 5:36.92	41.73
6.	Babette Rens	SWOL 1894	NED	197801200			5:56.09	
	50m: 38.43	38.43	150m: 2:05.96	45.07	250m: 3:38.20	46.11	350m: 5:10.98	46.15
	100m: 1:20.89	42.46	200m: 2:52.09	46.13	300m: 4:24.83	46.63	400m: 5:56.09	45.11
7.	Saskia op den Velde	De Duinkickers	NED	197901530			6:34.48	
	50m: 39.95	39.95	150m: 2:15.06	48.69	250m: 3:56.63	51.08	350m: 5:42.36	52.52
	100m: 1:26.37	46.42	200m: 3:05.55	50.49	300m: 4:49.84	53.21	400m: 6:34.48	52.12

Masters 45+

1.	Karin Stein	ZVVS	NED	197100554			5:00.52	
	50m: 34.84	34.84	150m: 1:49.43	37.69	250m: 3:05.71	38.16	350m: 4:22.88	38.75
	100m: 1:11.74	36.90	200m: 2:27.55	38.12	300m: 3:44.13	38.42	400m: 5:00.52	37.64
2.	Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054			5:07.26	
	50m: 34.03	34.03	150m: 1:50.46	38.77	250m: 3:09.01	39.32	350m: 4:28.19	39.96
	100m: 1:11.69	37.66	200m: 2:29.69	39.23	300m: 3:48.23	39.22	400m: 5:07.26	39.07
3.	Annette de Visser	Oceanus	NED	197100602			5:08.78	
	50m: 33.87	33.87	150m: 1:51.11	39.35	250m: 3:10.38	39.40	350m: 4:29.88	39.72
	100m: 1:11.76	37.89	200m: 2:30.98	39.87	300m: 3:50.16	39.78	400m: 5:08.78	38.90
4.	Kathy Van Lindt	CNSW	BEL	007949/71			5:08.80	
	50m: 35.44	35.44	150m: 1:52.76	39.24	250m: 3:11.34	39.39	350m: 4:31.17	40.07
	100m: 1:13.52	38.08	200m: 2:31.95	39.19	300m: 3:51.10	39.76	400m: 5:08.80	37.63
5.	Inken Wemheuer	DWT	NED	197101016			5:38.85	
	50m: 38.15	38.15	150m: 2:03.59	43.66	250m: 3:31.45	43.86	350m: 4:58.68	43.39
	100m: 1:19.93	41.78	200m: 2:47.59	44.00	300m: 4:15.29	43.84	400m: 5:38.85	40.17
6.	Pascalie Janssen	Patrick-De Roersoppers (SG)	NED	197300852			5:48.88	
	50m: 37.41	37.41	150m: 2:03.86	44.32	250m: 3:34.16	45.42	350m: 5:05.34	45.55
	100m: 1:19.54	42.13	200m: 2:48.74	44.88	300m: 4:19.79	45.63	400m: 5:48.88	43.54

Programmanr. 5, Dames, 400m vrije slag, Masters 45+

rang	naam	vereniging	land	nummer	tijd	PARA
7.	Eline Overeem	Zwemlust-den Hommel	NED	197101048	5:53.52	
	50m: 38.17	38.17	150m: 2:07.58	44.99	250m: 3:38.74	45.53
	100m: 1:22.59	44.42	200m: 2:53.21	45.63	300m: 4:24.53	45.79
					350m: 5:09.04	44.51
					400m: 5:53.52	44.48
8.	Natacha Van Hoof	ShaRk	BEL	20260/73	6:07.52	
	50m: 40.44	40.44	150m: 2:10.43	45.71	250m: 3:44.46	47.33
	100m: 1:24.72	44.28	200m: 2:57.13	46.70	300m: 4:32.77	48.31
					350m: 5:21.19	48.42
					400m: 6:07.52	46.33
9.	Nathasja Konijn	WIDEX GZC DONK	NED	197100992	6:17.09	
	50m: 40.54	40.54	150m: 2:13.20	47.76	250m: 3:49.76	48.51
	100m: 1:25.44	44.90	200m: 3:01.25	48.05	300m: 4:39.06	49.30
					350m: 5:28.55	49.49
					400m: 6:17.09	48.54
10.	Inge Lolkema-Soeters	Steenwijk 1934	NED	197300934	6:19.78	
	50m: 41.15	41.15	150m: 2:14.92	47.97	250m: 3:53.52	49.65
	100m: 1:26.95	45.80	200m: 3:03.87	48.95	300m: 4:43.08	49.56
					350m: 5:32.23	49.15
					400m: 6:19.78	47.55

Masters 50+

1.	Heidi den Boer	LinK	NED	196900864	5:02.68	
	<i>Nederlands Masters Record</i>					
	50m: 33.87	33.87	150m: 1:48.65	38.08	250m: 3:05.88	38.98
	100m: 1:10.57	36.70	200m: 2:26.90	38.25	300m: 3:44.88	39.00
					350m: 4:24.07	39.19
					400m: 5:02.68	38.61
2.	Marion Broekhuis	WS Twente	NED	196800060	5:52.09	
	50m: 39.52	39.52	150m: 2:06.71	44.45	250m: 3:36.64	44.99
	100m: 1:22.26	42.74	200m: 2:51.65	44.94	300m: 4:21.77	45.13
					350m: 5:07.46	45.69
					400m: 5:52.09	44.63
3.	Herma Hakker-Huijser	ZVVS	NED	196600740	6:21.08	
	50m: 40.19	40.19	150m: 2:11.98	47.21	250m: 3:51.03	50.44
	100m: 1:24.77	44.58	200m: 3:00.59	48.61	300m: 4:41.29	50.26
					350m: 5:31.69	50.40
					400m: 6:21.08	49.39
4.	Kristien Van de Moortel	ShaRk	BEL	20315/69	6:22.12	
	50m: 42.47	42.47	150m: 2:18.92	48.44	250m: 3:56.01	48.66
	100m: 1:30.48	48.01	200m: 3:07.35	48.43	300m: 4:45.20	49.19
					350m: 5:35.09	49.89
					400m: 6:22.12	47.03
5.	Hetty Smalheer	SCOM	NED	196700352	6:28.36	
	50m: 42.64	42.64	150m: 2:18.57	48.92	250m: 3:58.32	49.94
	100m: 1:29.65	47.01	200m: 3:08.38	49.81	300m: 4:48.44	50.12
					350m: 5:38.92	50.48
					400m: 6:28.36	49.44

Masters 55+

1.	Wilna Heijman	Steenwijk 1934	NED	196400506	5:27.71	
	50m: 37.23	37.23	150m: 1:58.58	41.25	250m: 3:23.01	42.83
	100m: 1:17.33	40.10	200m: 2:40.18	41.60	300m: 4:05.26	42.25
					350m: 4:47.07	41.81
					400m: 5:27.71	40.64
2.	Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	5:42.29	
	50m: 38.07	38.07	150m: 2:04.91	44.06	250m: 3:33.36	44.32
	100m: 1:20.85	42.78	200m: 2:49.04	44.13	300m: 4:17.51	44.15
					350m: 5:01.35	43.84
					400m: 5:42.29	40.94
3.	Petra Tossings	DAW	NED	196100376	5:42.37	
	50m: 37.22	37.22	150m: 2:01.85	42.69	250m: 3:28.91	43.48
	100m: 1:19.16	41.94	200m: 2:45.43	43.58	300m: 4:13.82	44.91
					350m: 4:58.69	44.87
					400m: 5:42.37	43.68
4.	Marlien Wijnhof	ZPC AMERSFOORT	NED	196100300	5:58.24	
	50m: 40.60	40.60	150m: 2:10.94	45.68	250m: 3:42.42	46.01
	100m: 1:25.26	44.66	200m: 2:56.41	45.47	300m: 4:28.12	45.70
					350m: 5:13.86	45.74
					400m: 5:58.24	44.38
5.	Marjan Spoelstra	SWOL 1894	NED	196000236	6:22.53	
	50m: 43.24	43.24	150m: 2:19.43	48.52	250m: 3:57.89	49.57
	100m: 1:30.91	47.67	200m: 3:08.32	48.89	300m: 4:46.97	49.08
					350m: 5:35.54	48.57
					400m: 6:22.53	46.99
6.	Erica Muller	De Geul	NED	196400412	6:44.18	
	50m: 43.05	43.05	150m: 2:21.56	50.25	250m: 4:04.66	51.76
	100m: 1:31.31	48.26	200m: 3:12.90	51.34	300m: 4:58.54	53.88
					350m: 5:51.88	53.34
					400m: 6:44.18	52.30
7.	Alice de Haan	WIDEX GZC DONK	NED	196400590	7:02.83	
	50m: 44.36	44.36	150m: 2:23.95	51.72	250m: 4:12.54	55.20
	100m: 1:32.23	47.87	200m: 3:17.34	53.39	300m: 5:08.80	56.26
					350m: 6:06.29	57.49
					400m: 7:02.83	56.54

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	5:22.92	
	<i>Nederlands Masters Record</i>					
	50m: 36.47	36.47	150m: 1:58.02	41.19	250m: 3:20.50	41.27
	100m: 1:16.83	40.36	200m: 2:39.23	41.21	300m: 4:01.50	41.00
					350m: 4:42.68	41.18
					400m: 5:22.92	40.24

Programmanr. 5, Dames, 400m vrije slag, Masters 60+

rang	naam	vereniging	tijd	PARA	
2.	Marian de Jong	Middelsé-Skelp (SG)	6:19.77		
	50m: 41.55	41.55 150m: 2:14.88	47.82 250m: 3:52.60	48.70 350m: 5:31.03	49.31
	100m: 1:27.06	45.51 200m: 3:03.90	49.02 300m: 4:41.72	49.12 400m: 6:19.77	48.74
3.	Hannie Poletiek	TriVia	6:35.49		
	50m: 43.35	43.35 150m: 2:20.82	49.73 250m: 4:01.74	50.63 350m: 5:44.75	51.33
	100m: 1:31.09	47.74 200m: 3:11.11	50.29 300m: 4:53.42	51.68 400m: 6:35.49	50.74

Masters 65+

1.	Ineke Weekers	PSV	5:41.75		
	50m: 39.11	39.11 150m: 2:05.71	43.67 250m: 3:31.99	43.10 350m: 4:58.81	43.47
	100m: 1:22.04	42.93 200m: 2:48.89	43.18 300m: 4:15.34	43.35 400m: 5:41.75	42.94
2.	Conny Boer-Buys	ZVVS	5:50.01		
	50m: 38.64	38.64 150m: 2:06.80	45.03 250m: 3:37.93	45.62 350m: 5:08.52	44.83
	100m: 1:21.77	43.13 200m: 2:52.31	45.51 300m: 4:23.69	45.76 400m: 5:50.01	41.49

Masters 70+

1.	Loekie van Huissteden	ZPC AMERSFOORT	8:52.96		
	50m: 57.13	57.13 150m: 3:12.65	1:07.76 250m: 5:29.88	1:08.38 350m: 7:49.31	1:09.64
	100m: 2:04.89	1:07.76 200m: 4:21.50	1:08.85 300m: 6:39.67	1:09.79 400m: 8:52.96	1:03.65

Masters 80+

1.	Bep van Riessen	Aquapoldro	9:52.07 *		
	50m: 1:06.13	1:06.13 150m: 3:34.74	1:16.93 250m: 6:07.32	1:16.36 350m: 8:39.93	1:16.04
	100m: 2:17.81	1:11.68 200m: 4:50.96	1:16.22 300m: 7:23.89	1:16.57 400m: 9:52.07	1:12.14

Programmanr. 6
25-01-2019 - 11:24

Heren, 100m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	tijd	PARA	50m	100m
Masters 20+						
1.	Melvin Prins <i>Kampioenschaps Record</i>	Wiekslag	56.55		26.47	56.55
2.	Nick Sijmons	De Amstel	58.50		26.82	58.50
3.	Lars Schoffelmeer	ZPB H&L Productions	1:00.25		27.90	1:00.25
4.	Dave Jansen	WVZ	1:01.42		28.54	1:01.42
5.	Niels Versteeg	De Ward	1:02.29		28.57	1:02.29
6.	Jordy van Oel	WVZ	1:02.79		28.99	1:02.79
7.	Ruben Koek	DWK	1:03.46		28.85	1:03.46
8.	Nordin Termoshuizen	WVZ	1:03.60		29.81	1:03.60
9.	Hans Stoffers	Triton Putten	1:04.44		29.61	1:04.44
10.	Dion de Mooij	ZVL-1886	1:05.34		29.93	1:05.34
11.	Jeroen Louwinger	De Rijn	1:06.29		30.43	1:06.29
12.	Martijn Kornet	Zwemlust-den Hommel	1:07.01		30.34	1:07.01
13.	Richard van der Horst	De Meer	1:08.67		31.79	1:08.67
14.	Ayrton Mooldijk	Feijenoord Albion Zwemclub	1:09.32		31.48	1:09.32
15.	Marnix van het Hof	Zwemclub Polaris	1:09.59		29.82	1:09.59
16.	Ian van Mullem	ZOB'66	1:10.28		31.86	1:10.28
17.	Ids de Klerk	ZPV Barracuda	1:10.56		32.09	1:10.56

Programmanr. 6, Heren, 100m vlinderslag

Masters 25+

1. Kevin Eltink	DWK	NED	199100589	57.23		26.76	57.23
2. Romero Hennep	Feijenoord Albion Zwemclub	NED	199304929	59.91		27.34	59.91
3. Tim Bunnik	Triton	NED	199000505	1:04.48		29.15	1:04.48
4. Stefan Kwant	Nova	NED	199200781	1:05.80		30.12	1:05.80
5. Jesper Kloek	Dedemsvaart-AC	NED	199001585	1:06.07		29.06	1:06.07
6. Kenneth Caster	Feijenoord Albion Zwemclub	NED	199100375	1:07.23		30.62	1:07.23
7. Maik Steenkamp	Montferland	NED	199103847	1:07.69		31.58	1:07.69
8. Pieter Pijnenburg	De Warande	NED	199305227	1:07.81		31.65	1:07.81

Masters 30+

1. Alex Schelvis	LinK	NED	198702927	58.25		26.97	58.25
2. Bart Drechsel	Feijenoord Albion Zwemclub	NED	198604135	1:00.76		28.42	1:00.76
3. Rick Driezen	Steenwijk 1934	NED	198600713	1:01.96		28.27	1:01.96
4. Sander van Elburg	PSV	NED	198800937	1:06.23		30.33	1:06.23
5. Wessel Everloo	De Veene	NED	198906597	1:10.12	S14	31.87	1:10.12
6. Mark Godwaldt	PSV	NED	198701039	1:25.57		35.13	1:25.57

Masters 35+

1. Lauren Vis	Steenwijk 1934	NED	198201883	1:01.22		27.65	1:01.22
2. James Carr	Tynemouth ASC	GBR	1230413	1:03.09		29.12	1:03.09
3. Pieter Pickhardt	ZPC De Hof	NED	198301657	1:03.53		29.64	1:03.53
4. Kristiaan Lenos	ZVL-1886	NED	198301331	1:03.60		29.15	1:03.60
5. Heijmen van Vliet	Wiekslag	NED	198001637	1:04.79		30.16	1:04.79
6. Thommy Nickel	ZPC Woerden	NED	198401627	1:05.01		30.95	1:05.01
7. Arjan Prins	Dedemsvaart-AC	NED	198201383	1:05.29		30.50	1:05.29
8. Robert Dekker	Dedemsvaart-AC	NED	198400443	1:05.69		29.71	1:05.69
9. Rob van Vliet	ZPC AMERSFOORT	NED	198402459	1:06.49		30.06	1:06.49
10. Erik Drewes	De Biesboschzwemmers	NED	198400543	1:06.77		30.07	1:06.77
11. Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	1:09.00		32.39	1:09.00
12. Peter van de Bor	DWT	NED	198402897	1:12.16		31.93	1:12.16
13. Michel Wigbers	DWT	NED	198001743	1:12.53		33.73	1:12.53

Masters 40+

1. Casper Hut	HZ&PC Heerenveen	NED	197800471	58.33		27.16	58.33
<i>Nederlands Masters Record</i>							
2. Erwin Buist	ZPC AMERSFOORT	NED	197800183	58.40		27.00	58.40
3. Kees Bakker	Gay Swim Amsterdam	NED	197501055	1:07.83		31.61	1:07.83
4. Han Boone	SWOL 1894	NED	197701319	1:13.60		33.37	1:13.60

Masters 45+

1. Frédéric Tonus	Liège Natation	BEL	003911/73	58.28		27.74	58.28
<i>Kampioenschaps Record</i>							
2. Antwan van Engen	De Ward	NED	197101577	1:00.97		28.28	1:00.97
<i>Nederlands Masters Record</i>							
3. Aleksei Tanaev	Lada	RUS	102368	1:09.43		31.90	1:09.43
4. Ramon de Bondt	ZPB H&L Productions	NED	197300105	1:12.09		32.65	1:12.09
5. Korstiaan de Boer	Steenwijk 1934	NED	197101629	1:14.66		34.20	1:14.66
6. Bruno Nahon	CNSW	BEL	000390/70	1:16.00		34.80	1:16.00
7. Eric Hoekman	WS Twente	NED	197401531	1:19.74		32.09	1:19.74

Programmanr. 6, Heren, 100m vlinderslag

Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	1:03.30	29.12	1:03.30
2. Pieter van Gemenen	DAW	NED	196901779	1:05.91	30.51	1:05.91
3. René Beetsma	HZ&PC Heerenveen	NED	196900069	1:08.59	31.55	1:08.59
4. Hans Schoenmakers	DAW	NED	196900863	1:16.19	34.57	1:16.19
5. Sander van den Berg	WS Twente	NED	196801357	1:17.23	34.60	1:17.23
6. Erik Wetsteijn	SWOL 1894	NED	196501019	1:21.64	37.57	1:21.64
DIS John Hardeman	De Fuut	NED	196601615			

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 55+

1. Johan Remmits	ZPC Woerden	NED	196201159	1:09.25	31.99	1:09.25
2. Fred Ketting	PSV	NED	196000289	1:10.07	31.99	1:10.07
3. Hans Vloedgraven	Old Dutch	NED	196400917	1:10.13	32.89	1:10.13
4. Wiljam Nijenhuis	De IJsel	NED	196400547	1:10.85	33.02	1:10.85
5. Hans Westerhof	WS Twente	NED	196200743	1:13.17	33.86	1:13.17
6. Paul Wijnja	De Biesboschzwemmers	NED	196301403	1:16.76	34.22	1:16.76
7. Wilbert Barten	Nautilus	NED	196401373	1:19.72	36.88	1:19.72

Masters 60+

1. Hugo Bregman	Feijenoord Albion Zwemclub	NED	195800069	1:02.07	28.93	1:02.07
2. Paul Bunnik	Triton	NED	195600413	1:24.99	38.10	1:24.99

Masters 75+

1. Rob Hanou	PSV	NED	194300109	1:47.94	48.98	1:47.94
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Programmanr. 7
25-01-2019 - 11:39

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam vereniging tijd PARA 50m 100m

Masters 20+

1. Maaïke van Veen	Dedemsvaart-AC	NED	199700292	1:05.85	30.66	1:05.85
2. Nicole Bennis	WVZ	NED	199600470	1:05.86	29.94	1:05.86
3. Melissa van der Heijden	ZPV Barracuda	NED	199605226	1:07.32	31.53	1:07.32
4. Fenna de Groot	Feijenoord Albion Zwemclub	NED	199701796	1:07.58	31.74	1:07.58
5. Chantal Beijer	DWT	NED	199700884	1:08.25	31.75	1:08.25
6. Celine Schoenmaker	DWK	NED	199801976	1:10.20	32.10	1:10.20
7. Denise Boonstra	DAW	NED	199902662	1:10.87	32.11	1:10.87
Richenne Zeebregts	Nuenen	NED	199801818	1:10.87	32.08	1:10.87
9. Linde Haverkate	ZPC De Hof	NED	199900244	1:11.56	33.00	1:11.56
10. Nilce Mendes Barbosa	Feijenoord Albion Zwemclub	NED	199800214	1:12.66	32.36	1:12.66
11. Moniek Heemskerck	ZVL-1886	NED	199601964	1:15.87	35.07	1:15.87
12. Cheyenne Verburt	ESCA Zwemmen	NED	199901496	1:18.05	34.33	1:18.05
13. Bibi Stokvis	Het Y	NED	199900892	1:18.15	35.19	1:18.15
14. Laura Compagner	Dedemsvaart-AC	NED	199804602	1:19.19	35.05	1:19.19
15. Lotte Rolink	Zwemclub Polaris	NED	199504880	1:21.33	36.27	1:21.33

Masters 25+

1. Laura van den Berg	SWOL 1894	NED	199100206	1:06.23	31.39	1:06.23
2. Denise Boereboom	ZPV Barracuda	NED	199202144	1:07.58	31.50	1:07.58
3. Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED	199203374	1:08.11	31.49	1:08.11
4. Linda van der Voort	ZVL-1886	NED	199207784	1:10.91	32.91	1:10.91
5. Marjon Pol	Zwemlust-den Hommel	NED	199102502	1:11.83	33.29	1:11.83
6. Karin Verbeek	Nautilus	NED	199201848	1:13.06	34.13	1:13.06
7. Danila van den Hoogenband	Nuenen	NED	199001558	1:13.42	34.06	1:13.42
8. Cindy Franken-Hendriks	EZPC	NED	199207672	1:14.06	33.66	1:14.06

Programmanr. 7, Dames, 100m vlinderslag, Masters 25+

rang naam	vereniging		tijd	PARA	50m	100m
9. Joanne van Essen	UZSC	NED 199303506	1:14.63		33.53	1:14.63
10. Manon van Geersdaele	De Schelde	NED 199206908	1:14.64		34.08	1:14.64
11. Chantal van der Horst	De Meer	NED 199400616	1:16.45		35.00	1:16.45
12. Rebecca Evers	ZOB'66	NED 199207916	1:16.66		34.26	1:16.66
13. Mandy Verbakel	ZPC Woerden	NED 199003908	1:18.80		35.73	1:18.80

Masters 30+

1. Viktória Felföldi <i>Hungarian Masters Record</i>	IronSwimTeam	HUN	1:06.90		31.77	1:06.90
2. Charlotte Groeneveld	Steenwijk 1934	NED 198701404	1:09.93		31.88	1:09.93
3. Marije Jansen	ZPC AMERSFOORT	NED 198504088	1:10.69 *		33.80	1:10.69
4. Josine van Dorsselaer	Zwemclub Koewacht	NED 198801040	1:13.48		33.89	1:13.48
5. Sabine Lina	ZPC Woerden	NED 198902680	1:15.44		34.67	1:15.44
6. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	1:18.09		35.94	1:18.09
7. Monique Remst	AZC	NED 198706236	1:20.85		35.33	1:20.85
8. Miriam Visserman	SWOL 1894	NED 198704364	1:22.28		36.89	1:22.28

Masters 35+

1. Delia Badoux	WVZ	NED 198000042	1:08.53		31.55	1:08.53
2. Roos van Esch	Feijenoord Albion Zwemclub	NED 198200468	1:12.10		33.88	1:12.10
3. Miranda Pijnenburg	De Treffers	NED 198301216	1:13.59		34.30	1:13.59

Masters 40+

1. Katinka van Dongen-Lodder	ZZ&PC De Devel	NED 197700190	1:09.39		32.91	1:09.39
2. Meritxell Gonfaus Brunet	CN Aquamasters	ESP	1:09.96		32.46	1:09.96
3. Chantal Verhoeff	Old Dutch	NED 197900912	1:15.64		34.40	1:15.64
4. Mirjan den Drijver	Feijenoord Albion Zwemclub	NED 197500884	1:16.27		35.27	1:16.27
5. Marty Krans-de Weerd	ZCNF'34	NED 197500604	1:19.26		35.32	1:19.26
6. Heleen Spelde-Fransens	THOR	NED 197901358	1:28.40		38.29	1:28.40

Masters 45+

1. Jeanne Petit	PSV	NED 197001020	1:12.67		33.51	1:12.67
2. Sandra Peeters-Wiermans	De Rog	NED 197401032	1:14.86		34.20	1:14.86
3. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	1:15.61		35.09	1:15.61
4. Valerie Rolland	CNSW	BEL 004276/71	1:18.14		35.77	1:18.14
5. Irina Beresneva	Poseydon	RUS 37114	1:23.86		38.63	1:23.86
6. Henriëtte Manting	GZVW	NED 197100246	1:27.59		37.56	1:27.59

Masters 50+

1. Lesley Cordial	Neptunus	NED 196700684	1:13.02		34.06	1:13.02
2. Marjo Goelema-Koek	De Biesboschzwemmers	NED 196900192	1:18.23		36.53	1:18.23
3. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	1:24.96		39.88	1:24.96
4. Sandra Hoofs-Buil	The Hague Swimming (SG)	NED 196600678	1:29.76		38.43	1:29.76
5. Susanne Prins-Molenwijk	De Geul	NED 196600284	1:30.10		41.36	1:30.10
6. Françoise Duran	De Biesboschzwemmers	NED 196900222	1:32.17		43.84	1:32.17
7. Anita Steijger	WVZ	NED 196500628	1:36.32		44.73	1:36.32
8. K. van Nassau-van den Heuvel	Old Dutch	NED 196600188	1:38.51		44.61	1:38.51

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED 196300518	1:17.28		34.69	1:17.28
2. Marijke Kraak-Beckers	WS Twente	NED 196000240	1:26.70		39.59	1:26.70

Programmanr. 7, Dames, 100m vlinderslag

Masters 60+

1. Marian de Jong	Middelsé-Skelp (SG)	NED	195900052	1:38.85 *	42.87	1:38.85
2. Hannie Poletiek	TriVia	NED	195900278	1:43.36	47.12	1:43.36

Masters 65+

1. Carla Hensen	PSV	NED	195300062	1:44.74	49.16	1:44.74
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3 - ONMK 2019 kb sessie 3

25-01-2019 - 13:00

Programmanr. 8
25-01-2019 - 13:00

Heren, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
Masters 20+								
1. Jelle Dekker	De Grunte	NED 199901621	2:08.72		28.95	1:01.51	1:34.88	2:08.72
2. Dennis Wildeboer	Nova	NED 199800571	2:15.45		31.11	1:04.43	1:39.20	2:15.45
3. Jarco van Ommen	Octopus	NED 199802153	2:18.99		31.45	1:06.60	1:43.46	2:18.99
DIS Jordy van Oel	WVZ	NED 199802003						
<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>								
Masters 25+								
1. Tim Bunnik	Triton	NED 199000505	2:21.15		33.30	1:08.37	1:44.38	2:21.15
2. Olaf Achterberg	VZC	NED 199000011	2:21.21		32.28	1:07.58	1:44.47	2:21.21
Masters 30+								
1. Martijn Giezen	ZPC AMERSFOORT	NED 198500813	2:17.21		32.05	1:06.58	1:41.75	2:17.21
2. Rick Driezen	Steenwijk 1934	NED 198600713	2:24.67		34.50	1:10.51	1:47.34	2:24.67
3. Robert Braad	Steenwijk 1934	NED 198600407	2:25.12		33.53	1:10.23	1:47.94	2:25.12
4. Niels Albrechts	De Schotejil	NED 198800039	2:34.31		37.36	1:16.35	1:55.89	2:34.31
Masters 35+								
1. Nol van Thull	Feijenoord Albion Zwemclub	NED 198001513	2:15.83		31.61	1:05.33	1:40.16	2:15.83
2. Thommy Nickel	ZPC Woerden	NED 198401627	2:22.24		33.52	1:08.93	1:45.38	2:22.24
3. Arjan Prins	Dedemsvaart-AC	NED 198201383	2:25.85		33.99	1:09.84	1:47.50	2:25.85
4. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:26.92		34.95	1:12.20	1:49.85	2:26.92
5. Frank v.d. Voordt	De Schotejil	NED 198302259	2:28.09		34.95	1:11.88	1:49.78	2:28.09
6. Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	2:37.06		37.32	1:16.16	1:56.58	2:37.06
DIS Robert Dekker	Dedemsvaart-AC	NED 198400443						
<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>								
Masters 40+								
1. Dennis Brouwers	HZPC	NED 197800167	2:18.50		33.19	1:07.78	1:43.35	2:18.50
2. Mark van der Schrier	AZC	NED 197800951	2:27.81		34.93	1:12.21	1:50.29	2:27.81
3. Kees Bakker	Gay Swim Amsterdam	NED 197501055	2:31.13		36.58	1:14.94	1:53.21	2:31.13
4. Jeroen Meuleners	Patrick-De Roersoppers (SG)	NED 197800703	2:31.94		35.26	1:13.19	1:52.47	2:31.94
5. Mark Hensen	ZPV Barracuda	NED 197900497	2:33.18		36.45	1:15.63	1:54.99	2:33.18
6. Pieter Broek	Feijenoord Albion Zwemclub	NED 197701637	2:35.23		35.64	1:14.33	1:54.53	2:35.23
7. Erik Drost	PSV	NED 197901491	2:42.24		38.44	1:19.58	2:01.73	2:42.24
Masters 45+								
1. Ramon de Bondt	ZPB H&L Productions	NED 197300105	2:34.35		35.42	1:14.47	1:54.43	2:34.35
2. Bruno Nahon	CNSW	BEL 00039070	2:44.19		38.47	1:19.45	2:01.99	2:44.19
3. Korstiaan de Boer	Steenwijk 1934	NED 197101629	2:47.33		39.05	1:20.94	2:04.75	2:47.33
Masters 50+								
1. Jan-Willem van den Berg	WVZ	NED 196801575	2:27.23		33.83	1:10.21	1:48.24	2:27.23
2. Guido Keutgen	Steenwijk 1934	NED 196801551	2:28.98		34.40	1:12.34	1:51.15	2:28.98
3. René Beetsma	HZ&PC Heerenveen	NED 196900069	2:30.27		35.71	1:13.39	1:51.87	2:30.27
4. Ron Korzelijs	ZPC AMERSFOORT	NED 196500513	2:37.89		38.44	1:19.21	1:59.33	2:37.89
5. Nico Swart	De Biesboschwemmers	NED 196801475	2:42.71		38.67	1:20.06	2:02.34	2:42.71
6. Matthijs van den Adel	De Otters Het Gooi	NED 196501637	2:43.14		38.45	1:19.90	2:02.04	2:43.14

Programmanr. 8, Heren, 200m rugslag

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	2:22.25	33.36	1:08.87	1:45.85	2:22.25
2. Yurii Perin	Spartak Voronezh	RUS 03044	2:28.10	34.61	1:12.21	1:50.68	2:28.10
3. Johan Remmits	ZPC Woerden	NED 196201159	2:30.26	35.76	1:13.48	1:51.81	2:30.26
4. Kees-Jan van Overbeeke	WVW Winterswijk	NED 196200489	2:35.49	36.83	1:16.33	1:56.24	2:35.49
5. Hans Vloedgraven	Old Dutch	NED 196400917	2:39.74	38.37	1:18.12	1:58.81	2:39.74
6. Erik Kamphuis	De Rog	NED 196001035	2:44.40	39.23	1:21.69	2:04.40	2:44.40
7. Eric Langhorst	De Rijn	NED 196200389	2:48.36	39.72	1:22.70	2:06.34	2:48.36
8. Casper Dollekamp	Steenwijk 1934	NED 196301341	2:50.31	40.22	1:22.48	2:06.32	2:50.31
9. Robin Prins	De Geul	NED 196200515	2:50.62	39.73	1:22.33	2:07.24	2:50.62
10. Jack Barends	WS Twente	NED 196201011	3:13.63	46.37	1:35.34	2:25.63	3:13.63

Masters 60+

1. Sigita Katkevicius	Dzukijos vandenis	LTU	2:45.06	38.41	1:19.07	2:01.66	2:45.06
<i>Lithuanian Masters Record</i>							
2. Evertjan Masurel	PSV	NED 195600495	2:56.91 *	41.21	1:26.13	2:11.83	2:56.91
3. Wim Witjes	Aqua-Novio'94	NED 195800483	3:04.61	43.60	1:29.89	2:17.78	3:04.61

Masters 65+

1. Ruud Ruiten	WVW Winterswijk	NED 195300169	3:19.75	45.69	1:36.74	2:29.28	3:19.75
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Masters 75+

1. Frans van Enst	WS Twente	NED 194000011	3:26.38	47.98	1:39.27	2:32.38	3:26.38
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Programmanr. 9
25-01-2019 - 13:19

Dames, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
Masters 20+								
1. Jamilla van Veen	Zwemvereniging Hoogland	NED 199603192	2:22.25		33.52	1:08.27	1:44.69	2:22.25
2. Anne Noom	Het Y	NED 199800062	2:24.99		33.84	1:10.40	1:48.28	2:24.99
3. Hilde Dekker	ReVeLie Swim Team	NED 199901926	2:28.01		34.38	1:12.38	1:50.86	2:28.01
4. Chantal Beijer	DWT	NED 199700884	2:32.52		35.76	1:13.58	1:52.83	2:32.52
5. Lianne Roescher	ZPC De Hof	NED 199900248	2:50.06		38.29	1:21.48	2:06.08	2:50.06
Masters 25+								
1. Inge Arts	Merlet	NED 199203076	2:20.40		33.57	1:09.16	1:44.51	2:20.40
<i>Kampioenschaps Record</i>								
2. Mabel Suli	WVZ	NED 199307964	2:23.11		34.44	1:10.85	1:46.42	2:23.11
3. Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	2:26.18		33.89	1:10.20	1:48.34	2:26.18
4. Désirée Emmen	De Warande	NED 199204862	2:30.48		35.35	1:12.71	1:51.84	2:30.48
5. Suzanne Mosch	MSV-Zeemacht	NED 199400548	2:31.51		35.88	1:14.22	1:52.58	2:31.51
6. Maaike de Boer	De Duinkickers	NED 199000362	2:31.70		36.73	1:14.84	1:53.46	2:31.70
7. Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED 199203374	2:33.41		35.94	1:14.78	1:54.34	2:33.41
8. Manon van Strien	WVZ	NED 199400770	2:33.54		34.71	1:13.43	1:53.67	2:33.54
9. Nanda de Vries	Steenwijk 1934	NED 199204328	2:37.04		36.33	1:16.09	1:56.58	2:37.04
10. Marjon Pol	Zwemlust-den Hommel	NED 199102502	2:38.57		37.71	1:17.64	1:58.06	2:38.57
11. Vera Kraijer	SWOL 1894	NED 199206688	2:44.57		38.07	1:19.25	2:01.07	2:44.57
12. Clara Van Roeyen	GBZ	BEL 20082/90	2:44.70		38.32	1:19.63	2:02.09	2:44.70
13. Getrude Corporaal	Steenwijk 1934	NED 199200380	2:47.72		37.85	1:18.58	2:02.94	2:47.72
14. Esther Kwebeman	HZ&PC Heerenveen	NED 199106374	2:48.74		40.42	1:22.58	2:05.65	2:48.74
15. Joëlle Vaes	DIO	NED 199007576	3:03.00		43.23	1:29.95	2:17.99	3:03.00

Programmanr. 9, Dames, 200m rugslag

Masters 30+

1. Evy Witlox	DWT	NED 198804946	2:25.34	33.90	1:10.57	1:47.80	2:25.34
2. Eloise Cilia	ZVL-1886	NED 198806960	2:34.29	35.08	1:13.51	1:53.52	2:34.29
3. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	2:34.44	35.86	1:14.06	1:53.72	2:34.44
4. Charlotte Groeneveld	Steenwijk 1934	NED 198701404	2:38.04	35.75	1:15.49	1:56.72	2:38.04
5. Jolanda Cnossen	Neptunia'24	NED 198600712	2:42.42	38.48	1:19.40	2:01.02	2:42.42
6. Mara Epifani	Empire Sport and Resort	ITA 35447	2:45.84	40.05	1:21.52	2:04.07	2:45.84
7. Linda van Klei-Janssen	ZPB H&L Productions	NED 198802088	2:48.20	40.93	1:23.04	2:06.23	2:48.20
8. Lisette Prins	WVZ	NED 198803522	2:55.40	39.79	1:23.86	2:09.75	2:55.40

Masters 35+

1. Maike Grösch	Zehlendorfer TSV v.1888	GER 066680	2:35.65	36.61	1:15.75	1:55.93	2:35.65
2. Tamara Wezeman	SwimGym	NED 198302914	2:41.99	37.21	1:18.16	2:00.91	2:41.99
3. Roos van Esch	Feijenoord Albion Zwemclub	NED 198200468	2:43.30	38.47	1:19.88	2:02.15	2:43.30
4. Sylvia Reijers	De Gelenberg	NED 198201360	2:45.56	38.42	1:19.45	2:02.46	2:45.56
5. Elke Blox	Tiamat	NED 198200154	2:45.83	39.16	1:20.95	2:03.65	2:45.83
6. Angela Giezen	Montferland	NED 198302796	2:48.28	40.35	1:22.81	2:05.99	2:48.28

Masters 40+

1. Mirjan den Drijver	Feijenoord Albion Zwemclub	NED 197500884	2:49.18	40.08	1:22.64	2:06.32	2:49.18
2. Jolanda van Gendt	PSV	NED 197800266	2:51.19	40.15	1:23.68	2:07.77	2:51.19
3. Karin van Dijk	THOR	NED 197601066	2:57.05	41.52	1:26.40	2:12.53	2:57.05
4. Jessica Venema	WIDEX GZC DONK	NED 197901526	2:58.62	40.83	1:25.51	2:12.15	2:58.62

Masters 45+

1. Evelien van Klaarbergen	HZ&PC Heerenveen	NED 197200964	2:32.98	36.34	1:15.49	1:54.52	2:32.98
<i>Nederlands Masters Record</i>							
2. Gudule van der Meer	PSV	NED 197200396	2:36.54	35.81	1:15.72	1:56.71	2:36.54
3. Valerie Rolland	CNSW	BEL 00427671	2:50.27	40.94	1:23.50	2:06.21	2:50.27
4. Inna Kun	KVSP Lipetsk	RUS 021029	2:50.56	40.10	1:23.13	2:06.46	2:50.56
5. Trudie van Niejenhuis	TZC-Vahalis	NED 197100444	2:56.05	41.76	1:26.34	2:11.78	2:56.05
6. Sandra Peeters-Wiermans	De Rog	NED 197401032	2:58.53	40.14	1:25.18	2:12.49	2:58.53

Masters 50+

1. Heidi den Boer	LinK	NED 196900864	2:46.73	38.95	1:20.40	2:03.51	2:46.73
2. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	2:53.90	40.08	1:24.07	2:08.98	2:53.90
3. Caroline Schreuder	Triton	NED 196700550	3:00.38	40.93	1:26.46	2:13.14	3:00.38
4. Peggï Hurenkamp	HZ&PC Heerenveen	NED 196900922	3:03.54	43.49	1:29.24	2:16.77	3:03.54
5. Susanne Prins-Molenwijk	De Geul	NED 196600284	3:04.42	43.25	1:29.52	2:16.88	3:04.42
6. L. Kornet-van den Akker	Zwemlust-den Hommel	NED 196901052	3:05.77	44.42	1:31.29	2:19.30	3:05.77
7. Annette van Dok	MSV-Zeemacht	NED 196800742	3:16.63	44.94	1:34.05	2:24.85	3:16.63
8. K. van Nassau-van den Heuvel	Old Dutch	NED 196600188	3:24.60	48.54	1:40.11	2:32.72	3:24.60

Masters 55+

1. Judith Cromjongh	De Zwoer	NED 196400054	2:42.19	38.98	1:20.20	2:02.00	2:42.19
<i>Nederlands Masters Record, tt 100m NMR</i>							
2. Margriet Grove-Lingeman	Triton	NED 196200080	2:56.15	41.02	1:25.55	2:11.19	2:56.15
3. Wilna Heijman	Steenwijk 1934	NED 196400506	3:01.57	44.20	1:31.25	2:17.36	3:01.57
4. Margriet Post-Goedemoed	De Otters Het Gooi	NED 196400632	3:02.06	43.25	1:29.52	2:16.08	3:02.06
5. Jeannette Ruesink	WS Twente	NED 196300212	3:06.33	44.19	1:31.10	2:19.04	3:06.33
6. Annemarie Vuist	SWOL 1894	NED 196300282	3:10.35	46.29	1:33.82	2:22.33	3:10.35
7. Wilma Lammers-Wigman	Montferland	NED 196400614	3:21.27	45.35	1:35.53	2:28.50	3:21.27
8. Jennie Resink-lindeboom	DWK	NED 196000142	3:38.00	50.18	1:45.63	2:44.34	3:38.00

Programmanr. 9, Dames, 200m rugslag

Masters 60+

1. Patty Verhagen	PSV	NED 195900146	3:11.92	46.97	1:35.11	2:24.09	3:11.92
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Masters 65+

1. Carla Hensen	PSV	NED 195300062	3:33.56	50.42	1:45.12	2:39.90	3:33.56
<i>Kampioenschaps Record</i>							
2. Antoinette Gilding-Tussaud	WS Twente	NED 195000038	3:51.98 *	54.41	1:54.13	2:55.28	3:51.98

Masters 75+

1. Margarita Kun	KVSP Lipetsk	RUS 021030	4:30.73 *	1:02.43	2:12.18	3:23.06	4:30.73
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Programmanr. 10
25-01-2019 - 13:47

Heren, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	PARA
Masters 20+						
1.	Bryan Chen	KSN (SG)	NED	199803201	29.52	
2.	Jelle Nap	VZC	NED	199502875	31.60	
3.	Lars van der Velden	DAW	NED	199800175	31.65	
4.	Jeffrey Camphens	DWT	NED	199503113	31.77	
5.	Dave Jansen	WVZ	NED	199805299	32.70	
6.	Richard van der Horst	De Meer	NED	199700179	34.01	
Masters 25+						
1.	Roy Smeenge	TriVia	NED	199305557	28.57	
<i>Nederlands Masters Record</i>						
2.	Romero Hennep	Feijenoord Albion Zwemclub	NED	199304929	29.39	
3.	Dennis Bos	HZ&PC Heerenveen	NED	199201965	29.95	
4.	Hiras Ferrandino	DWT	NED	199306527	30.42	
5.	Martino Valentijn	DIO	NED	199403913	32.11	
6.	Patrick Creemers	RZ	NED	199000579	32.65	
7.	Kenneth Caster	Feijenoord Albion Zwemclub	NED	199100375	33.04	
8.	Tom de Lange	Deltasteur	NED	199300303	33.35	
9.	Joeri Scheidt	VZC	NED	199102011	33.68	
10.	Maik Steenkamp	Montferland	NED	199103847	33.76	
11.	Tim de Vrugt	ESCA Zwemmen	NED	199306719	33.86	
Masters 30+						
1.	Aleksandr Kadukhin	Lada	RUS	102235	29.42	
2.	Erik Verholt	Noord Veluwe	NED	198803543	30.56	
3.	Ivan Kovalev	Troyka	RUS	102052	30.71	
4.	Sander de Vrugt	ESCA Zwemmen	NED	198903499	31.31	
5.	Vincent Bakker	ZPC AMERSFOORT	NED	198600107	31.46	
6.	Roderik Meijers	ZOB'66	NED	198602063	31.59	
7.	Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	31.74	
8.	Evgenii Kiselev	Lada	RUS	7071	33.09	
9.	Jan van Opstal	DIO	NED	198602291	33.11	
10.	Stefan van der Grift	SWOL 1894	NED	198701121	33.85	
11.	Guido Moret	Feijenoord Albion Zwemclub	NED	198501793	34.04	
12.	Wouter van 't Klooster	ZPC AMERSFOORT	NED	198806159	35.49	
13.	Harmen Reemst	ZOB'66	NED	198702715	36.20	

Programmanr. 10, Heren, 50m schoolslag

Masters 35+

1.	Rick de Greef	Budel	NED	198400749	31.85
2.	Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	33.40
3.	Wouter Zijlstra	DAW	NED	198202077	33.56
4.	Gijs van de Sande	DIO	NED	198403329	36.92

Masters 40+

1.	Evgeny Ryzhov	Sprut	RUS		31.22
2.	Victor Barnar	GoSwim	NED	197801805	32.21
3.	Vincent Versteeg	Zwemlust-den Hommel	NED	197701003	32.48
4.	Jim Fanggiday	ZPC Woerden	NED	197902071	32.79
5.	Mark Zwart	Zwemlust-den Hommel	NED	197901461	33.15
6.	Tom Bandsma	PSV	NED	197701625	37.69

DIS Erwin Buist ZPC AMERSFOORT NED 197800183

SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.

NG.ZA Aleksey Bayevsky SwimGym NED 197801923

Masters 45+

1.	Michael van Bekkum	SWOL 1894	NED	197200051	35.05
2.	Chang Bom	The Hague Swimming (SG)	NED	197201483	35.73
3.	Rob Janssen	De Gelenberg	NED	197001467	35.83
4.	Ingmar de Vries	Zwemclub Koewacht	NED	197301551	36.03
5.	Bas Kremers	TRB-RES	NED	197201611	36.81
6.	Ingmar de Gelder	ZOB'66	NED	197000333	37.09
7.	Rob van de Ven	SWNZ (SG)	NED	197101695	37.76
8.	Martijn de Jong	DWK	NED	197101659	38.54

Masters 50+

1.	Harold Matla	PSV	NED	196800591	31.79
2.	Marcel Scholten	Modernian SC	GBR	495	32.85
3.	Dmitry Trubin	Brigantina	RUS	4079	33.57
4.	Darius Andrzejczak	SG Erkelenz-Hückelhoven	GER	326924	33.63
5.	Arno Schrauwen	Patrick-De Roersoppers (SG)	NED	196501355	35.56
6.	Nico Swart	De Biesboschzwemmers	NED	196801475	35.69
7.	Hans Schoenmakers	DAW	NED	196900863	35.90
8.	Roeland van der Heijden	PSV	NED	196701389	35.95
9.	Vladimir Semenov	Spartak Voronezh	RUS	102393	36.49
10.	Vadim Ezhkov	Pregel	RUS	10020	36.50
11.	Huyb Stegeman	Steenwijk 1934	NED	196701535	36.56
12.	Joop Weenink	WS Twente	NED	196801535	36.95
13.	Henri Michels	De Amstel	NED	196501587	38.23
14.	Eric de Haas	De Treffers	NED	196501275	38.35
15.	Roelof Broekman	De Spatters	NED	196800155	39.45
16.	Erwin Beringen	GoSwim	NED	196601515	39.53
17.	Joost van Eerd	Budel	NED	196901723	39.60
18.	René Speelman	De Spatters	NED	196601521	41.32
19.	Eric Dumas	Patrick-De Roersoppers (SG)	NED	196901397	47.83

Masters 55+

1.	Sergey Kozlov	Poseydon	RUS	037099	32.88
2.	Iurii Nazarenko	Lada	RUS	7047	34.34
3.	Gert Sikkema	Zwemclub Urk 1978	NED	196300687	34.68
4.	Theo Bakker	TriVia	NED	196401231	34.89
5.	Wiljam Nijenhuis	De IJsel	NED	196400547	35.79
6.	Ron Phaff	PSV	NED	196200495	36.63
7.	Arlandas Antanas Juodeska	Kauno Takas	LTU		36.67
8.	Ronald Grove	Triton	NED	196100161	38.00
9.	Robert de Brauwer	De Duinkickers	NED	196401383	38.08
10.	Jan Smalheer	SCOM	NED	196400701	39.07
11.	Wilbert Barten	Nautilus	NED	196401373	39.77

Programmanr. 10, Heren, 50m schoolslag, Masters 55+

rang	naam	vereniging			tijd	PARA
12.	Jack Barends	WS Twente	NED	196201011	42.09	

Masters 60+

1.	Paul Bunnik	Triton	NED	195600413	37.44	
2.	Sergey Ilyaev	Sprut	RUS		37.45	
3.	Walter Rolloos	ZPV Barracuda	NED	195900387	38.73	
4.	Wim de Lange	AZC	NED	195800533	39.75	
5.	Alfred van der Kraats	Dedemsvaart-AC	NED	195600513	42.86	

Masters 65+

1.	Vladimir Getman <i>Russian Masters Record</i>	Poseydon	RUS	023004	37.17	
2.	Charles Bos	Patrick-De Roersoppers (SG)	NED	195300019	40.03	
3.	Laurens Klein Breteler	WWV Winterswijk	NED	195400109	41.15	
4.	Nikolay Dronov	Troyka	RUS	3037	47.98	

Masters 70+

1.	Mans Buis	SWOL 1894	NED	194700133	50.73	
2.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	53.70	

Masters 75+

1.	Rob Hanou	PSV	NED	194300109	43.90	
2.	Nico Baay	Old Dutch	NED	194200053	46.28	

Masters 80+

1.	Gregor Pompen	Aqua-Novio'94	NED	193700021	1:02.16	
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Masters 85+

1.	Taco van Blommestein <i>Kampioenschaps Record</i>	Aquapoldro	NED	193300007	1:13.18	
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Programmanr. 11
25-01-2019 - 14:01

Dames, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	PARA
Masters 20+						
1.	Nicole Bennis <i>Nederlands Masters Record</i>	WVZ	NED	199600470	32.63	
2.	Karin Groen	Nova	NED	199502440	34.39	
3.	Maaïke van Veen	Dedemsvaart-AC	NED	199700292	34.81	
4.	Melissa van der Heijden	ZPV Barracuda	NED	199605226	35.03	
5.	Djamilla Gerner	SWOL 1894	NED	199905606	35.08	
6.	Manon Kloosterman	De Bevelanders	NED	199702082	35.41	
7.	Fenna de Groot	Feijenoord Albion Zwemclub	NED	199701796	35.63	
8.	Fiona Meuffels	RZ	NED	199504366	35.68	
9.	Eline van Gemert	De Meer	NED	199505458	35.82	
10.	Anouk van der Kruk	MSV-Zeemacht	NED	199903778	35.99	
11.	Bibi Stokvis	Het Y	NED	199900892	36.28	
12.	Chantal Beijer	DWT	NED	199700884	36.90	
13.	Anoeska van de Kraats	DWK	NED	199701284	37.03	
14.	Amber van de Kraats	VZC	NED	199900236	37.14	

Programmanr. 11, Dames, 50m schoolslag

Masters 25+

1.	Saskia De Klerk <i>Kampioenschaps Record</i>	Schwimm Club Flös	SUI	108387	33.17
2.	Yvon Versteeg	De Veene	NED	199201864	33.94
3.	Elmi Roelofsen	ZVV	NED	199008198	34.81
4.	Denise Boereboom	ZPV Barracuda	NED	199202144	35.53
5.	Chantal Meyerink	De Grunte	NED	199105212	35.68
6.	Carmen Seesing	Octopus	NED	199406220	36.24
7.	Karin Verbeek	Nautilus	NED	199201848	36.56 *
8.	Isabelle Massar	WVZ	NED	199102034	36.97
9.	Chantal van der Horst	De Meer	NED	199400616	37.04
10.	Manon van Strien	WVZ	NED	199400770	37.10
11.	Daniëlle de Boer	HZ&PC Heerenveen	NED	199404736	37.20
12.	Joanne van Essen	UZSC	NED	199303506	38.27
13.	Rebecca Evers	ZOB'66	NED	199207916	38.55
AFGEM	Marloes van der Beek	ZVV	NED	199401364	

Masters 30+

1.	Ekaterina Anfinogenova	Sprut	RUS		36.40
2.	Karin van Dijk	De Wellerobben	NED	198600850	37.19
3.	Esther van Maastrigt	Montferland	NED	198802836	38.23
4.	Siska Post	DIO	NED	198805562	38.79
5.	Liesbeth van Mill	Zwemlust-den Hommel	NED	198702786	39.85

Masters 35+

1.	Laura Badoux	DAW	NED	198200038	35.32
2.	Caroline van Tiggelen	Scheldestroom	NED	198301970	37.35
3.	Kika Meijers	SWOL 1894	NED	198000736	37.81
4.	Renee de Kok	PSV	NED	198403350	38.03
5.	Elke Blox	Tiamat	NED	198200154	40.01
6.	Angela Giezen	Montferland	NED	198302796	41.17
7.	Mia Gobert	BZK	BEL	21196/80	44.30

Masters 40+

1.	Elena Mekhteleva	Poseydon	RUS	102636	36.72
2.	Inge Roskam	De Duinkickers	NED	197801296	38.73
3.	Heleen Spelde-Fransens	THOR	NED	197901358	41.36
4.	Marian Nederlof	De Geul	NED	197600950	42.21
5.	Alma Knegt-Bessembinders	De Spatters	NED	197601064	42.66
6.	Fabiola Bosman	Deltasteur	NED	197701148	42.82

Masters 45+

1.	Trudy Ketting	PSV	NED	197000268	36.27
2.	Irina Merzlikina <i>Russian Masters Record</i>	Poseydon	RUS	12029	36.37
3.	Karin Stein	ZVVS	NED	197100554	38.01
4.	Edith Janssen-Koolen	TRB-RES	NED	197300898	38.42
5.	Nadège van Meeteren	De Meer	NED	197400736	38.80
6.	Irina Beresneva	Poseydon	RUS	37114	39.46
7.	Miranda Straetemans	ZIGNEA	NED	197400514	39.63
8.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	40.60
9.	Pascalie Janssen	Patrick-De Roersoppers (SG)	NED	197300852	41.37
10.	Karin Leverink	WS Twente	NED	197200972	43.49

Programmanr. 11, Dames, 50m schoolslag

Masters 50+

1.	Marjo Goelma-Koek <i>Nederlands Masters Record</i>	De Biesboschzwemmers	NED	196900192	35.55
2.	Tatiana Prokofyeva	Dynamo	RUS	023013	37.59
3.	Ariene Knoester	Aqua-Novio'94	NED	196700716	37.65
4.	Jacqueline Tuin	DAW	NED	196600690	37.72
5.	Helena Mels	ZVVS	NED	196901036	40.42
6.	Danielle van Veen	ZPC Woerden	NED	196901048	41.14
7.	Roelien Speelman-Tigelaar	De Spatters	NED	196600664	44.88

Masters 55+

1.	Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	42.54
2.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	43.63
	Marijke Kraak-Beckers	WS Twente	NED	196000240	43.63
4.	Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330	47.94

Masters 60+

1.	Marijke van Hoek <i>Nederlands Masters Record</i>	ZPC De Zeeuwse Kust	NED	195800050	43.08
2.	Marina Penzina	PCWKS	RUS	KMC	46.59
3.	Ada de Voogd	ZVVS	NED	195900280	46.70
4.	Hannie Poletiek	TriVia	NED	195900278	48.57

Masters 65+

1.	Ineke Weekers <i>Nederlands Masters Record</i>	PSV	NED	195300050	43.98
2.	Tineke van Diggelen	ZPCH	NED	195200048	52.57
3.	Elly Maassen	Hellas-Glana	NED	195000044	52.77 *
4.	Geerdien Meerwaldt	De Geul	NED	195200058	59.97
5.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	1:00.72

Masters 70+

1.	Bea Swijnenberg <i>Nederlands Masters Record</i>	SWOL 1894	NED	194900010	45.56
2.	Corrie Verhoeven	PSV	NED	194600026	46.63
3.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	51.62 *

Masters 90+

1.	Marianne Maandonks	PSV	NED	192600004	1:46.23
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Programmanr. 12
25-01-2019 - 14:14

Heren, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	
Masters 20+							
1.	Felix Geenen	DAW	NED	199501085	52.49	24.56	52.49
2.	Melvin Prins	Wiekslag	NED	199500201	52.84	25.16	52.84
3.	Casper Muselaers	Octopus	NED	199600399	52.95	24.90	52.95
4.	Joris Bezemer	De Kempvis	NED	199900527	53.48	25.64	53.48
5.	Nick Sijmons	De Amstel	NED	199500491	54.84	25.95	54.84
6.	Linguendo van der Klooster	ZPB H&L Productions	NED	199801361	55.59	26.27	55.59
7.	Dennis Wildeboer	Nova	NED	199800571	55.63	26.44	55.63
8.	Lars van der Velden	DAW	NED	199800175	56.19	25.90	56.19

Programmanr. 12, Heren, 100m vrije slag, Masters 20+

rang naam	vereniging		tijd	PARA	50m	100m
9. Dion de Mooij	ZVL-1886	NED	199701803		26.13	56.20
10. Jordi van der Weel	Feijenoord Albion Zwemclub	NED	199600359		26.91	56.24
11. Niels Versteeg	De Ward	NED	199502697		27.14	56.56
12. Ruben Koek	DWK	NED	199701187		27.01	56.63
13. Zyco van Esveld	DWT	NED	199903843		27.04	57.21
14. Jeroen Louwinger	De Rijn	NED	199900583		27.22	57.64
15. Jeffrey Camphens	DWT	NED	199503113		27.66	57.94
16. Arie van der Vlist	VZC	NED	199804945		27.70	58.94
17. Martijn Kornet	Zwemlust-den Hommel	NED	199700231		28.30	59.66
18. Jordy van Oel	WVZ	NED	199802003		28.22	1:00.04
19. Ayrton Mooldijk	Feijenoord Albion Zwemclub	NED	199901449		29.49	1:00.17
20. Ian van Mullem	ZOB'66	NED	199602545		28.80	1:00.19

Masters 25+

1. Olaf Achterberg	VZC	NED	199000011		26.23	54.62
2. Joeri Scheidt	VZC	NED	199102011		27.03	55.11
3. Stefan Kwant	Nova	NED	199200781		26.80	56.36
4. Jesper Kloek	Dedemsvaart-AC	NED	199001585		26.78	56.47
5. Hiras Ferrandino	DWT	NED	199306527		26.78	56.68
6. Tim de Vrugt	ESCA Zwemmen	NED	199306719		27.37	58.09
7. Johan Krakou	De Rijn	NED	199101311		27.73	58.23
8. Rens Post	WVZ	NED	199101827		27.83	58.73
9. Robin Eltink	DWK	NED	199406147		28.19	59.27
10. Stefan Oostendorp	AZC	NED	199005615		29.34	1:02.10
11. Ruben de Boer	De Duinkickers	NED	199301419		30.20	1:03.83
12. Tom de Lange	Deltasteur	NED	199300303		31.62	1:06.53

Masters 30+

1. Arjan van der Plaats	DIO	NED	198602403		25.05	52.38
2. Ivan Kovalev	Troyka	RUS	102052		25.50	53.13
3. Bart Drechsel	Feijenoord Albion Zwemclub	NED	198604135		26.65	55.26
4. Sander de Vrugt	ESCA Zwemmen	NED	198903499		26.40	56.05
Klaas van Beek	ZV Haerlem	NED	198805941		27.17	56.05
6. Pascal van Haren	ZPV Barracuda	NED	198704101		27.08	56.57
7. Roderik Meijers	ZOB'66	NED	198602063		26.69	57.00
8. Rick Driezen	Steenwijk 1934	NED	198600713		27.08	57.14
9. Frank Meier	De Grunte	NED	198802355		27.66	58.32
10. Vincent Bakker	ZPC AMERSFOORT	NED	198600107		28.11	58.77
11. Roel van der Kruijs	De Gelenberg	NED	198501491		28.45	59.11
12. Guido Moret	Feijenoord Albion Zwemclub	NED	198501793		27.94	59.21
13. Robert Braad	Steenwijk 1934	NED	198600407		28.70	1:00.35
14. Rene Knijpstra	Isis	NED	198806181		29.84	1:03.82

Masters 35+

1. Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513		25.77	53.93
2. Lauren Vis	Steenwijk 1934	NED	198201883		25.70	54.93
3. Kristiaan Lenos	ZVL-1886	NED	198301331		26.29	55.17
4. Federico Cappello	Entente Sportive Nanterre 2	FRA	2749459		26.87	55.75
5. James Carr	Tynemouth ASC	GBR	1230413		26.61	56.53
6. Arjan van Swam	De Gelenberg	NED	198402199		27.05	57.93
7. Matteo Mussino	SwimGym	NED	198002473		27.40	58.60
8. Dirk Smit	Tiamat	NED	198101559		28.74	1:00.10
9. Wouter Zijlstra	DAW	NED	198202077		28.30	1:00.67
10. Erik Drewes	De Biesboschzwemmers	NED	198400543		28.97	1:01.28
11. Peter van de Bor	DWT	NED	198402897		28.27	1:01.92
12. Michel Wigbers	DWT	NED	198001743		30.04	1:02.13

Programmanr. 12, Heren, 100m vrije slag

Masters 40+

1. Casper Hut	HZ&PC Heerenveen	NED	197800471	52.22	24.95	52.22
<i>Nederlands Masters Record</i>						
2. Erwin Buist	ZPC AMERSFOORT	NED	197800183	55.34	26.59	55.34
3. Vasili Efremov	Poseydon	RUS	37100	55.54	26.28	55.54
4. Gérald Durez	ENLN	BEL	006973/76	57.48	27.25	57.48
5. Aleksey Bayevsky	SwimGym	NED	197801923	57.59	27.42	57.59
6. Alex Damen	DAW	NED	197501371	58.44	28.36	58.44
7. Mark Zwart	Zwemlust-den Hommel	NED	197901461	58.68	28.16	58.68
8. Victor Barnar	GoSwim	NED	197801805	59.01	28.27	59.01
9. Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	1:00.02	28.30	1:00.02
10. Erik Lamers	De Gelenberg	NED	197500507	1:00.47	28.68	1:00.47
11. John Cobussen	De Gelenberg	NED	197501323	1:00.78	28.44	1:00.78
12. Arjen Koop	ESCA Zwemmen	NED	197900697	1:02.53	28.64	1:02.53
13. Arjan Buijsse	Sassenheim	NED	197901767	1:03.28	30.42	1:03.28
14. Erik Drost	PSV	NED	197901491	1:03.82	30.40	1:03.82
15. Mark Subirachs Garay	AN Gramenet	ESP	44018033	1:03.91	30.27	1:03.91
16. Han Boone	SWOL 1894	NED	197701319	1:05.39	31.31	1:05.39
17. Gino Martijn	RZ	NED	197901865	1:05.50	29.66	1:05.50
18. Johan Wezenberg	SWOL 1894	NED	197601023	1:05.51	31.93	1:05.51
19. Peter Lommert	SWOL 1894	NED	197900787	1:07.97	31.43	1:07.97
20. Tom Bandsma	PSV	NED	197701625	1:07.99	32.59	1:07.99
DIS Ilya Ivanushkin	Arsenal	RUS				

AF - De aangegeven afstand niet uitgezwommen.

Masters 45+

1. Frédéric Tonus	Liège Natation	BEL	003911/73	53.34	25.87	53.34
<i>Kampioenschaps Record</i>						
2. Marcel van Winssen	De Gelenberg	NED	197101477	56.86	26.66	56.86
3. Joeri Stoffels	AZC	NED	197300851	59.21	28.67	59.21
4. Richard Ricksen	Zwemsport Parkstad (SG)	NED	197000841	59.25	28.57	59.25
5. Eric Hoekman	WS Twente	NED	197401531	1:01.17	28.70	1:01.17
6. Aidas Pelesinas	Klaipeda SC	LTU		1:01.37	29.16	1:01.37
7. Robert Langeveld	Sassenheim	NED	197101387	1:02.25	30.02	1:02.25
8. Gillis Biesheuvel	SwimGym	NED	197201659	1:03.16	29.76	1:03.16
9. Peter van Grootheest	ZV 44	NED	197000375	1:03.76	30.49	1:03.76
10. Harold Brouwer	De Gelenberg	NED	197201569	1:04.70	30.03	1:04.70
11. Arturas Klimas	Klaipeda SC	LTU		1:06.00	32.36	1:06.00
12. Bruno Nahon	CNSW	BEL	000390/70	1:07.74 *	32.16	1:07.74
<i>50m*</i>						
13. Chang Bom	The Hague Swimming (SG)	NED	197201483	1:08.12	32.18	1:08.12
14. Bas Kremers	TRB-RES	NED	197201611	1:08.14	31.97	1:08.14
15. Martijn de Jong	DWK	NED	197101659	1:08.57	32.49	1:08.57

Masters 50+

1. Glen Le Clercq	De Rog	NED	196800177	56.80	27.17	56.80
2. Geert Wijn	De Gelenberg	NED	196701101	57.11	27.50	57.11
3. Marcel Scholten	Modernian SC	GBR	495	57.46	26.88	57.46
4. Chester Marsman	ZPC AMERSFOORT	NED	196900671	58.29	27.28	58.29
5. Dariusz Andrzejczak	SG Erkelenz-Hückelhoven	GER	326924	58.33	27.61	58.33
6. Eduard Ivanov	PCWKS	RUS		58.41	28.50	58.41
7. Pieter van Gemenen	DAW	NED	196901779	59.01	29.25	59.01
8. Vladimir Gusev	Troyka	RUS	3113	59.27	28.88	59.27
9. Bob de Vries	The Hague Swimming (SG)	NED	196601101	59.66	27.89	59.66
10. Phil Trethewie	Old Dutch	NED	196501315	1:01.40	29.38	1:01.40
11. Matthijs van den Adel	De Otters Het Gooi	NED	196501637	1:01.98	30.29	1:01.98
12. Otto Jansen	ZVL-1886	NED	196501403	1:02.70	29.33	1:02.70
13. Bastiaan Wanders	U.E. Horta	ESP	IR21DOF26	1:03.57	29.24	1:03.57
14. Henri Michels	De Amstel	NED	196501587	1:03.80	30.63	1:03.80
15. Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED	196501539	1:05.12	31.43	1:05.12

Programmanr. 12, Heren, 100m vrije slag, Masters 50+

rang naam	vereniging		tijd	PARA	50m	100m
16. Hans Bouwmeester	ZVL-1886	NED	196700127		30.71	1:05.25
17. Erwin Beringen	GoSwim	NED	196601515		30.90	1:06.34
18. Eric de Haas	De Treffers	NED	196501275		31.59	1:06.44
19. Erik Saan	De Duck	NED	196500769		32.72	1:06.96
20. Wijnand Vergeest	De Rog	NED	196800949		31.52	1:07.36
21. Vadim Ezhkov	Pregel	RUS	10020		33.32	1:08.26
22. Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027		32.82	1:09.67
23. Ruud Kennis	Budel	NED	196501555		34.72	1:10.14

Masters 55+

1. Peter Bernsen	De Rog	NED	196301119		27.38	58.52
2. Arnold de Rover	AZ&PC De Futen	NED	196400645		28.57	59.48
3. Fred Ketting	PSV	NED	196000289		28.47	59.63
4. Gert Sikkema	Zwemclub Urk 1978	NED	196300687		29.09	1:01.40
5. Wiljam Nijenhuis	De IJsel	NED	196400547		29.60	1:01.78
6. Hans Westerhof	WS Twente	NED	196200743		30.68	1:02.74
7. Jan Wierenga	De Aalscholver	NED	196400843		30.52	1:03.16
8. Theo Bakker	TriVia	NED	196401231		31.43	1:04.44
9. Paul Wijnja	De Biesboschzwemmers	NED	196301403		31.24	1:05.75
10. Clino Vallone	ASD Olbia Nuoto	ITA	854313		31.64	1:06.69
11. Robert de Brauwer	De Duinkickers	NED	196401383		30.95	1:06.86
12. Ron van der Meer 50m*	De Gelenberg	NED	196000975		30.73	1:07.49 *
13. Ronald van Ginneken	Old Dutch	NED	196100827		32.12	1:07.52
14. Adriaan Kop	Old Dutch	NED	196101135		32.74	1:08.67
15. Roy Le Clercq	De Rog	NED	196401041		32.71	1:09.11
16. Robin Prins	De Geul	NED	196200515		33.90	1:10.37
17. John Dam	ZIGNEA	NED	196000915		34.04	1:12.23
18. André Schutte	ZPC De Zeeuwse Kust	NED	196000521		35.90	1:14.96

Masters 60+

1. Marten de Groot	HZ&PC Heerenveen	NED	195800149		28.43	59.91
2. Dirk Zeterberg	Zehlendorfer TSV v.1888	GER	101339		31.80	1:04.64
3. Nikolay Morgunov	MKMP Moscow	RUS	8063		31.69	1:06.27
4. Klaus Kalinke	SG Gladbeck/Recklinghausen	GER	72636		32.23	1:06.92
5. Evertjan Masurel	PSV	NED	195600495		32.12	1:08.09
6. Jos Zentjens 50m*	Budel	NED	195700569		32.61	1:09.84 *
DIS Bas Roorda	De Duinkickers	NED	195800743			

VRA - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.

Masters 65+

1. Ruud Ruiters	WWV Winterswijk	NED	195300169		35.84	1:14.07
2. Laurens Klein Breteler	WWV Winterswijk	NED	195400109		36.13	1:15.71

Masters 70+

1. Wout Hemmes	De Plons	NED	194800059		36.31	1:16.42
2. Theo Schouten	WWV Winterswijk	NED	194600161		37.81	1:18.74
3. Willem Putter 50m*	ZVVS	NED	194500135		37.83	1:19.62 *
4. Jan Nuijten	PSV	NED	194900175		37.52	1:22.35

Masters 75+

1. Geza Kaltenecker	AZC	NED	194200065		39.26	1:24.78
NG.ZA Frans van Enst	WS Twente	NED	194000011			

Programmanr. 12, Heren, 100m vrije slag

Masters 80+

1. Frederik Hendrik De Bruijn	CN Aquamasters	ESP		1:29.17	43.44	1:29.17
<i>Kampioenschaps Record</i>						
2. Nic Geers	Z&PC De Gouwe	NED	193800007	1:39.35	48.00	1:39.35

Programmanr. 13
25-01-2019 - 14:43

Dames, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m
Masters 20+						
1. Brenda Zwarthoed	DAW	NED	199604938		28.07	59.19
2. Rachel Blok	Het Y	NED	199906076		28.67	59.43
3. Hilde Dekker	ReVeLie Swim Team	NED	199901926		29.03	59.87
4. Melissa van der Geld	De Warande	NED	199506250		29.24	1:00.77
5. Celine Schoenmaker	DWK	NED	199801976		29.71	1:01.36
6. Anouk van der Kruk	MSV-Zeemacht	NED	199903778		29.21	1:01.81
7. Melissa van der Heijden	ZPV Barracuda	NED	199605226		30.10	1:02.05
8. Marije Dankelman	Dedemsvaart-AC	NED	199701502		29.84	1:02.32
9. Manon Kloosterman	De Bevelanders	NED	199702082		30.03	1:02.54
10. Laura Compagner	Dedemsvaart-AC	NED	199804602		29.81	1:02.65
11. Richenne Zeebregts	Nuene	NED	199801818		29.05	1:02.88
12. Bibi Stokvis	Het Y	NED	199900892		29.95	1:03.03
13. Elianne Huitema	Steenwijk 1934	NED	199700258		30.68	1:03.80
14. Lianne Molkenboer	EZC	NED	199602034		30.37	1:04.14
15. Nilce Mendes Barbosa	Feijenoord Albion Zwemclub	NED	199800214		30.41	1:04.63
16. Myrna Gorter	Neptunia'24	NED	199503158		31.14	1:04.89
17. Anoeska van de Kraats	DWK	NED	199701284		31.00	1:04.98
18. Amber van de Kraats	VZC	NED	199900236		31.37	1:06.19
19. Jet Kleine	MSV-Zeemacht	NED	199903384		31.72	1:06.25
20. Linde Haverkate	ZPC De Hof	NED	199900244		31.45	1:06.27
21. Moniek Heemsker	ZVL-1886	NED	199601964		32.09	1:06.29
22. Lotte Rolink	Zwemclub Polaris	NED	199504880		32.55	1:09.24
23. Lianne Roescher	ZPC De Hof	NED	199900248		32.33	1:09.49

Masters 25+

1. Saskia De Klerk	Schwimm Club Flös	SUI	108387		28.00	57.68
2. Mabel Suli	WVZ	NED	199307964		29.46	1:00.37
3. Elmi Roelofsen	ZVV	NED	199008198		28.72	1:00.74
4. Lotte Coenen	The Hague Swimming (SG)	NED	199301518		28.95	1:01.13
5. Denise Boereboom	ZPV Barracuda	NED	199202144		29.53	1:01.15
6. Merel van der Kieft	EZC	NED	199200920		29.05	1:01.35
7. Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED	199203374		29.66	1:02.10
8. Linda van der Voort	ZVL-1886	NED	199207784		30.37	1:02.86
9. Tessa Mosch	MSV-Zeemacht	NED	199102172		30.05	1:03.38
10. Danica Koedoot	De Schotejil	NED	199301034		30.49	1:03.77
11. Joanne van Essen	UZSC	NED	199303506		30.22	1:04.12
12. Melissa Zwaan	DAW	NED	199103666		30.43	1:04.31
13. Mandy Verbakel	ZPC Woerden	NED	199003908		30.89	1:04.58
14. Eva Kattouw	De Ward	NED	199407168		30.13	1:04.63
15. Isabelle Massar	WVZ	NED	199102034		30.75	1:04.69
16. Cindy Franken-Hendriks	EZPC	NED	199207672		31.53	1:05.94
17. Rebecca Evers	ZOB'66	NED	199207916		31.62	1:06.04
18. Danila van den Hoogenband	Nuene	NED	199001558		32.18	1:06.12
19. Nikki Hoogeboom	De IJsel	NED	199301196		31.01	1:06.22
20. Ilse Blankvoort	Steenwijk 1934	NED	199204458		33.09	1:09.34
21. Esther Kwebeman	HZ&PC Heerenveen	NED	199106374		33.29	1:10.04
22. Marlous de Jong	Zwemlust-den Hommel	NED	199001782		32.89	1:10.61
23. Charine de Ruiter	Steenwijk 1934	NED	199403668		33.78	1:11.00
24. Lonke Oenema	Steenwijk 1934	NED	199102314		34.22	1:12.38

Programmanr. 13, Dames, 100m vrije slag, Masters 25+

rang naam	vereniging			tijd	PARA	50m	100m
AFGEM Marloes van der Beek	ZVV	NED	199401364				

Masters 30+

1. Marije Jansen	ZPC AMERSFOORT	NED	198504088	1:01.43		29.39	1:01.43
2. Evy Witlox	DWT	NED	198804946	1:02.21		29.75	1:02.21
3. Sabine Lina	ZPC Woerden	NED	198902680	1:03.45		30.55	1:03.45
4. Charlotte Groeneveld	Steenwijk 1934	NED	198701404	1:04.47		30.64	1:04.47
5. Monique Remst	AZC	NED	198706236	1:05.68		31.65	1:05.68
6. Sandra Zwaanswijk	DAW	NED	198503934	1:06.09		31.11	1:06.09
7. Josine van Dorsselaer	Zwemclub Koewacht	NED	198801040	1:08.06		32.72	1:08.06
8. Suzan Blankestijn	ZVL-1886	NED	198900350	1:08.51		32.43	1:08.51
9. Joan Fonteine	Zwemclub Koewacht	NED	198805148	1:10.54		33.94	1:10.54
10. Mariska Zaal	AZC	NED	198806916	1:11.14		33.70	1:11.14

Masters 35+

1. Delia Badoux	WVZ	NED	198000042	1:00.20		29.02	1:00.20
<i>Kampioenschaps Record</i>							
2. Anke Lambooj	De Vliet (SG)	NED	198001182	1:02.02		29.26	1:02.02
3. Nadya Putter	ZVVS	NED	198301630	1:05.57		31.42	1:05.57
4. Laura Badoux	DAW	NED	198200038	1:05.96		31.24	1:05.96
5. Miranda Pijnenburg	De Treffers	NED	198301216	1:06.66		32.17	1:06.66
6. Renee de Kok	PSV	NED	198403350	1:07.62		32.63	1:07.62
7. Mia Gobert	BZK	BEL	21196/80	1:18.81		37.39	1:18.81

Masters 40+

1. Meritxell Gonfaus Brunet	CN Aquamasters	ESP		1:03.30		30.42	1:03.30
2. Marty Krans-de Weerd	ZCNF'34	NED	197500604	1:04.12		30.48	1:04.12
3. Katinka van Dongen-Lodder	ZZ&PC De Devel	NED	197700190	1:05.58		32.08	1:05.58
4. Chantal Verhoeff	Old Dutch	NED	197900912	1:06.13		31.24	1:06.13
5. Petra Guijt	Aqua-Novio'94	NED	197600978	1:06.99		32.73	1:06.99
6. Jessica Klaassen	Zwemclub Koewacht	NED	197901536	1:07.14		31.85	1:07.14
7. Heleen Spelde-Fransens	THOR	NED	197901358	1:07.73		32.24	1:07.73
8. Natasja Forat	ZPC De Zeeuwse Kust	NED	197701186	1:10.12		33.82	1:10.12
9. Martine de Haart	Patrick-De Roersoppers (SG)	NED	197901492	1:10.77		33.68	1:10.77
10. Ingeborg Speelman Hamelink	Zwemclub Koewacht	NED	197601028	1:11.19		34.37	1:11.19
11. Esther Vergeest	De Rog	NED	197700012	1:11.65		34.41	1:11.65
12. Marian Nederlof	De Geul	NED	197600950	1:12.51		34.82	1:12.51
13. Margriet Leeffers	Deltasteur	NED	197800448	1:16.37		35.83	1:16.37

Masters 45+

1. Edith Janssen-Koolen	TRB-RES	NED	197300898	1:04.44		30.67	1:04.44
2. Yvette Ratering	De Ward	NED	197200990	1:04.66		30.98	1:04.66
3. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	1:05.35		31.23	1:05.35
4. Annette de Visser	Oceanus	NED	197100602	1:05.58		31.51	1:05.58
5. Wendy Brugman	De Rog	NED	197300952	1:06.04		31.08	1:06.04
6. Valerie Rolland	CNSW	BEL	004276/71	1:08.12		32.86	1:08.12
7. Trudy Ketting	PSV	NED	197000268	1:08.83		32.69	1:08.83
8. Jacqueline de Ruiter-Wijnolst	WIDEX GZC DONK	NED	197400446	1:09.55		33.07	1:09.55
9. Inken Wemheuer	DWT	NED	197101016	1:10.69		33.96	1:10.69
10. Eline Overeem	Zwemlust-den Hommel	NED	197101048	1:12.16		34.01	1:12.16
11. Henriëtte Manting	GZVW	NED	197100246	1:14.65		35.28	1:14.65
12. Evelien Naatje	WS Twente	NED	197200838	1:16.64		37.31	1:16.64
13. Karin Leverink	WS Twente	NED	197200972	1:20.41		37.53	1:20.41
14. Inge Lolkema-Soeters	Steenwijk 1934	NED	197300934	1:22.20		38.95	1:22.20

Programmanr. 13, Dames, 100m vrije slag

Masters 50+

1. Lesley Cordial	Neptunus	NED	196700684	1:04.53	31.26	1:04.53
2. Saskia Phaff	PSV	NED	196600242	1:06.58	31.03	1:06.58
3. Marjo Goelema-Koek	De Biesboschzwemmers	NED	196900192	1:06.63	32.60	1:06.63
4. Jacqueline Tuin	DAW	NED	196600690	1:09.68	33.14	1:09.68
5. Ariene Knoester	Aqua-Novio'94	NED	196700716	1:09.78	33.43	1:09.78
6. Marijke Campfens	De Geul	NED	196900960	1:12.94	34.99	1:12.94
7. Arianne Hamakers	De Rog	NED	196700714	1:13.64	35.53	1:13.64
8. Marion Broekhuis	WS Twente	NED	196800060	1:14.82	35.86	1:14.82
9. Sandra Hoofs-Buil	The Hague Swimming (SG)	NED	196600678	1:16.55	36.91	1:16.55
10. Ina van der Molen	WS Twente	NED	196900938	1:18.56	36.85	1:18.56
11. Hettie Schakel	DWK	NED	196900974	1:19.64 *	37.38	1:19.64
12. Sandra Daamen-Posma	AZC	NED	196800854	1:19.85	37.13	1:19.85

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED	196300518	1:06.93	32.47	1:06.93
2. Tatiana Tikhomirova	Fitness House	RUS		1:08.25	32.76	1:08.25
<i>Russian Masters Record</i>						
3. Netty Burik-Geijzen	Feijenoord Albion Zwemclub	NED	196300048	1:08.62	33.27	1:08.62
4. Svetlana Islamgaleeva	Spartak Voronezh	RUS	038013	1:12.65	35.34	1:12.65
5. Olga Kedrova	Poseydon	RUS	37010	1:14.28	34.65	1:14.28
6. Marijke Kraak-Beckers	WS Twente	NED	196000240	1:14.93	35.82	1:14.93
7. Christine Buist	De Duinkickers	NED	196400608	1:24.03	39.29	1:24.03
8. Alice de Haan	WIDEX GZC DONK	NED	196400590	1:25.55	40.39	1:25.55

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	1:07.41	32.55	1:07.41
2. Marijke van Hoek	ZPC De Zeeuwse Kust	NED	195800050	1:14.43	36.24	1:14.43

Masters 65+

1. Conny Boer-Buys	ZVVS	NED	195000006	1:13.21	35.10	1:13.21
2. Christien Nieuwenhuis	SWOL 1894	NED	195100022	1:14.65	35.05	1:14.65

Masters 70+

1. Corrie Verhoeven	PSV	NED	194600026	1:22.94	40.17	1:22.94
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Masters 80+

1. Lottie Geurts	PSV	NED	193500006	1:36.54	48.40	1:36.54
2. Marie Smits	Old Dutch	NED	193800004	1:50.19	50.73	1:50.19

Masters 90+

1. Marianne Maandonks	PSV	NED	192600004	3:06.83 *	1:18.71	3:06.83
<i>Nederlands Masters Record, 50m*</i>						

Programmanr. 14
25-01-2019 - 15:25

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
Masters 20+								
1. Jelle Nap	VZC	NED 199502875	2:12.60		28.19	1:04.44	1:42.03	2:12.60
2. Robin van Beek	ZVL-1886	NED 199704023	2:15.16		28.90	1:04.10	1:43.65	2:15.16
3. Nick Sijmons	De Amstel	NED 199500491	2:16.05		27.59	1:04.53	1:44.38	2:16.05
4. Bryan Chen	KSN (SG)	NED 199803201	2:17.55		28.03	1:05.21	1:44.48	2:17.55
5. Dave Jansen	WVZ	NED 199805299	2:17.79		30.24	1:04.60	1:45.80	2:17.79
6. Nordin Termoshuizen	WVZ	NED 199605401	2:20.19		30.10	1:06.03	1:49.54	2:20.19
7. Jarco van Ommen	Octopus	NED 199802153	2:21.17		30.16	1:07.17	1:47.57	2:21.17
8. L. van der Klooster	ZPB H&L Productions	NED 199801361	2:23.34		30.87	1:07.74	1:50.07	2:23.34
Masters 25+								
1. Kevin Eltink	DWK	NED 199100589	2:08.56		28.02	1:01.61	1:38.91	2:08.56
2. Tim Bunnik	Triton	NED 199000505	2:17.41		29.55	1:04.66	1:45.94	2:17.41
3. Pieter Pijnenburg	De Warande	NED 199305227	2:23.37		31.27	1:10.46	1:49.66	2:23.37
4. Kenneth Caster	Feijenoord Albion Zwemclub	NED 199100375	2:27.50		31.08	1:09.94	1:51.52	2:27.50
5. Patrick Creemers	RZ	NED 199000579	2:27.59		32.16	1:12.76	1:54.36	2:27.59
6. Martino Valentijn	DIO	NED 199403913	2:28.78		32.42	1:15.66	1:55.50	2:28.78
7. Maik Steenkamp	Montferland	NED 199103847	2:30.48		32.33	1:11.50	1:54.50	2:30.48
8. Rens Post	WVZ	NED 199101827	2:31.04		31.95	1:12.00	1:56.59	2:31.04
Masters 30+								
1. Bart Drechsel	Feijenoord Albion Zwemclub	NED 198604135	2:20.52		29.58	1:06.29	1:47.55	2:20.52
2. Sander van Elburg	PSV	NED 198800937	2:25.65		30.26	1:08.15	1:52.09	2:25.65
3. Roel van der Kruijs	De Gelenberg	NED 198501491	2:26.43		32.17	1:11.33	1:53.02	2:26.43
4. Patrick de Jonge	Deltasteur	NED 198906635	2:49.38		31.77	1:13.73	2:07.63	2:49.38
Masters 35+								
1. Kristiaan Lenos	ZVL-1886	NED 198301331	2:18.75		29.29	1:05.10	1:46.05	2:18.75
2. Thommy Nickel	ZPC Woerden	NED 198401627	2:22.45		31.38	1:08.77	1:49.42	2:22.45
3. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:22.89		29.99	1:07.79	1:49.19	2:22.89
4. Robert Dekker	Dedemsvaart-AC	NED 198400443	2:23.04		30.00	1:07.28	1:50.11	2:23.04
5. Rick de Greef	Budel	NED 198400749	2:23.12		30.77	1:08.47	1:50.33	2:23.12
6. James Carr	Tynemouth ASC	GBR 1230413	2:25.58		29.81	1:07.26	1:50.33	2:25.58
7. Heijmen van Vliet	Wiekslag	NED 198001637	2:25.64		30.32	1:07.75	1:51.32	2:25.64
8. Marcel Reefhuis	WS Twente	NED 198101381	2:26.64		31.31	1:08.97	1:52.46	2:26.64
9. Arjan Prins	Dedemsvaart-AC	NED 198201383	2:26.70		30.26	1:07.56	1:52.92	2:26.70
10. Erik Drewes	De Biesboschzwemmers	NED 198400543	2:28.55		31.13	1:10.79	1:53.32	2:28.55
11. Arjan van Swam	De Gelenberg	NED 198402199	2:29.28		31.29	1:09.75	1:53.27	2:29.28
12. Dirk Smit	Tiamat	NED 198101559	2:32.33		32.63	1:12.36	1:56.37	2:32.33
13. Michel Wigbers	DWT	NED 198001743	2:39.33		33.84	1:15.45	2:02.14	2:39.33
Masters 40+								
1. Vincent Versteeg	Zwemlust-den Hommel	NED 197701003	2:22.23		31.50	1:10.74	1:49.88	2:22.23
2. Mark Hensen	ZPV Barracuda	NED 197900497	2:22.27		29.69	1:06.70	1:48.54	2:22.27
3. Dennis Brouwers	HZPC	NED 197800167	2:23.31		33.02	1:07.29	1:49.97	2:23.31
4. Freddie Geerlings	Zwemsport Parkstad (SG)	NED 197900379	2:29.08		31.38	1:11.41	1:54.10	2:29.08
5. Mark van der Schrier	AZC	NED 197800951	2:31.04		32.85	1:10.29	1:55.43	2:31.04
6. Kees Bakker	Gay Swim Amsterdam	NED 197501055	2:32.71		33.62	1:13.82	1:59.11	2:32.71

Programmanr. 14, Heren, 200m wisselslag

Masters 45+

1. Marcel van Winssen	De Gelenberg	NED 197101477	2:21.18	30.19	1:06.69	1:47.55	2:21.18
2. Antwan van Engen	De Ward	NED 197101577	2:21.78	29.84	1:07.08	1:48.43	2:21.78
3. Vedeastas Seffleris	Kauno Takas	LTU	2:27.98	29.47	1:08.55	1:54.17	2:27.98
4. Tomas Zemaitis	Klaipeda SC	LTU	2:32.66	31.71	1:11.13	1:56.58	2:32.66
5. Richard Rickson	Zwemsport Parkstad (SG)	NED 197000841	2:34.35	32.46	1:13.16	1:57.94	2:34.35
6. Michael van Bekkum	SWOL 1894	NED 197200051	2:36.71 *	33.41	1:15.52	1:59.32	2:36.71
7. Korstiaan de Boer	Steenwijk 1934	NED 197101629	2:48.51	34.96	1:17.58	2:08.45	2:48.51
DIS Joeri Stoffels	AZC	NED 197300851					

RH - Het eindpunt niet in rugligging aangeraakt.

Masters 50+

1. Jan-Willem van den Berg	WVZ	NED 196801575	2:29.30	32.53	1:09.77	1:54.01	2:29.30
2. Geert Wijn	De Gelenberg	NED 196701101	2:29.67	33.03	1:13.84	1:57.88	2:29.67
3. Glen Le Clercq	De Rog	NED 196800177	2:32.02	32.21	1:12.41	1:56.10	2:32.02
4. René Beetsma	HZ&PC Heerenveen	NED 196900069	2:32.08	32.03	1:11.11	1:56.58	2:32.08
5. Harold Matla	PSV	NED 196800591	2:35.95	34.95	1:17.11	2:00.55	2:35.95
6. Frank van Nobelen	Sassenheim	NED 196900753	2:36.58	33.31	1:13.14	2:00.78	2:36.58
7. Sander van den Berg	WS Twente	NED 196801357	2:49.83	35.03	1:19.42	2:08.16	2:49.83

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	2:25.93	31.08	1:09.47	1:50.46	2:25.93
2. Arnold de Rover	AZ&PC De Futen	NED 196400645	2:33.95	33.33	1:12.99	1:58.71	2:33.95
3. Kees-Jan van Overbeeke	WWV Winterswijk	NED 196200489	2:34.42	33.09	1:13.51	1:59.34	2:34.42
4. Fred Ketting	PSV	NED 196000289	2:34.88	32.86	1:14.29	2:00.24	2:34.88
5. Hans Vloedgraven	Old Dutch	NED 196400917	2:41.42	33.43	1:15.36	2:03.73	2:41.42
6. Ronald Grove	Triton	NED 196100161	2:43.37	35.31	1:19.63	2:06.27	2:43.37
7. Ron Phaff	PSV	NED 196200495	2:48.14	35.27	1:20.12	2:07.88	2:48.14
8. Ronald van Ginneken	Old Dutch	NED 196100827	2:57.14	40.29	1:26.35	2:18.53	2:57.14
9. Jan Smalheer	SCOM	NED 196400701	3:06.86	40.99	1:28.26	2:22.73	3:06.86

Masters 60+

1. Hugo Bregman	Feijenoord Albion Zwemclub	NED 195800069	2:26.43	30.76	1:08.95	1:52.12	2:26.43
<i>Europees Masters Record</i>							
2. Sergey Ilyayev	Sprut	RUS	2:53.66	38.10	1:22.51	2:11.61	2:53.66
3. Wim de Lange	AZC	NED 195800533	2:58.28	38.21	1:27.13	2:17.86	2:58.28
4. Paul Bunnik	Triton	NED 195600413	2:58.41	36.50	1:24.60	2:16.44	2:58.41
5. Wim Witjes	Aqua-Novio'94	NED 195800483	3:09.94	40.88	1:30.70	2:27.68	3:09.94

Masters 65+

1. Vladimir Getman	Poseydon	RUS 023004	2:57.84	35.71	1:25.51	2:14.63	2:57.84
<i>Russian Masters Record</i>							
2. Pierre Monnet	Entente Sportive Nanterre 1	FRA 2609667	3:20.01	40.60	1:33.45	2:33.34	3:20.01

Masters 70+

1. Theo Schouten	WWV Winterswijk	NED 194600161	3:59.92	44.19	1:51.08	3:09.63	3:59.92
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Masters 75+

1. Rob Hanou	PSV	NED 194300109	3:33.03	48.88	1:45.94	2:46.31	3:33.03
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Programmanr. 15
25-01-2019 - 15:53

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
Masters 20+								
1. Maaïke van Veen	Dedemsvaart-AC	NED 199700292	2:23.91		31.18	1:07.39	1:49.29	2:23.91
2. Nicole Bennis	WVZ	NED 199600470	2:26.28		31.39	1:10.33	1:52.00	2:26.28
3. Madelon Dijkstra	ZPCH	NED 199703510	2:27.61		32.31	1:12.04	1:54.04	2:27.61
4. Denise Boonstra	DAW	NED 199902662	2:33.60		32.20	1:10.68	1:57.28	2:33.60
5. Fiona Meuffels	RZ	NED 199504366	2:34.52		34.71	1:15.92	1:59.60	2:34.52
6. Marijke Drent	Nova	NED 199906232	2:36.03		33.34	1:14.43	2:00.48	2:36.03
7. Djamilia Gerner	SWOL 1894	NED 199905606	2:40.28		34.08	1:16.30	2:00.42	2:40.28
Masters 25+								
1. Inge Arts	Merlet	NED 199203076	2:21.39		30.47	1:06.03	1:48.11	2:21.39
<i>Nederlands Masters Record</i>								
2. Yvon Versteeg	De Veene	NED 199201864	2:26.08		31.66	1:11.14	1:52.52	2:26.08
3. Maaïke de Boer	De Duinkickers	NED 199000362	2:35.27		34.95	1:14.53	1:59.01	2:35.27
4. Merel van der Kieft	EZC	NED 199200920	2:36.14		31.83	1:10.80	1:58.59	2:36.14
5. Chantal van der Horst	De Meer	NED 199400616	2:40.39		35.00	1:19.46	2:02.07	2:40.39
6. D. van den Hoogenband	Nuenen	NED 199001558	2:46.78		34.97	1:18.80	2:09.55	2:46.78
7. Nikki Hoogeboom	De IJssel	NED 199301196	2:46.91		34.64	1:16.66	2:07.36	2:46.91
8. Clara Van Roeyen	GBZ	BEL 20082/90	2:48.32		37.00	1:19.42	2:09.75	2:48.32
9. Cindy Franken-Hendriks	EZPC	NED 199207672	2:48.37		34.31	1:19.49	2:09.58	2:48.37
10. Irmgard van Weeghel	ZPC Hatto Heim	NED 199204834	3:00.25		39.80	1:26.23	2:19.20	3:00.25
11. Kelly Bockting	Montferland	NED 199104050	3:01.33		38.43	1:26.43	2:18.69	3:01.33
Masters 30+								
1. Viktória Felföldi	IronSwimTeam	HUN	2:26.45		31.83	1:09.88	1:52.31	2:26.45
<i>Kampioenschaps Record, Hungarian Masters Record</i>								
2. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	2:37.35		34.56	1:13.64	2:00.09	2:37.35
3. Eloise Cilia	ZVL-1886	NED 198806960	2:41.50		33.62	1:13.01	2:00.52	2:41.50
4. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	2:44.64		35.97	1:18.55	2:06.01	2:44.64
5. Suzan Blankestijn	ZVL-1886	NED 198900350	2:46.05		36.94	1:20.87	2:06.81	2:46.05
6. Monique Pronk	WVZ	NED 198803528	2:47.75		35.65	1:20.28	2:07.62	2:47.75
7. Siska Post	DIO	NED 198805562	2:50.62		37.08	1:23.93	2:11.97	2:50.62
8. Monique Remst	AZC	NED 198706236	2:50.75		35.61	1:21.02	2:11.92	2:50.75
Masters 35+								
1. Kika Meijers	SWOL 1894	NED 198000736	2:46.96		35.49	1:21.07	2:08.27	2:46.96
2. Sylvia Reijers	De Gelenberg	NED 198201360	2:47.71		35.26	1:17.97	2:07.82	2:47.71
NG.ZA Maike Grösch	Zehlendorfer TSV v.1888	GER 066680						
Masters 40+								
1. Mirjan den Drijver	Feijenoord Albion Zwemclub	NED 197500884	2:51.26		34.97	1:19.44	2:11.20	2:51.26
2. Jolanda van Gendt	PSV	NED 197800266	2:51.71		37.49	1:23.30	2:11.37	2:51.71
3. Natalia Lesovaia	Spartak Voronezh	RUS 149628	2:58.08 *		33.52	1:18.04	2:14.72	2:58.08
4. Natasja Forat	ZPC De Zeeuwse Kust	NED 197701186	3:00.77		39.97	1:25.97	2:21.21	3:00.77
5. Fabiola Bosman	Deltasteur	NED 197701148	3:05.79		41.18	1:29.85	2:24.75	3:05.79
Masters 45+								
1. Evelien van Klarbergen	HZ&PC Heerenveen	NED 197200964	2:37.05		33.90	1:14.24	2:00.80	2:37.05
<i>Kampioenschaps Record</i>								
2. Gudule van der Meer	PSV	NED 197200396	2:38.97		34.31	1:15.22	2:03.06	2:38.97
3. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	2:44.01		35.40	1:20.21	2:06.38	2:44.01
4. Yvette Ratering	De Ward	NED 197200990	2:47.42		35.78	1:19.85	2:08.73	2:47.42
5. Jeanne Petit	PSV	NED 197001020	2:50.42		34.39	1:22.73	2:10.90	2:50.42

Programmanr. 15, Dames, 200m wisselslag, Masters 45+

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
6. Kathy Van Lindt	CNSW	BEL 007949/71	2:52.51		37.15	1:26.40	2:15.89	2:52.51
7. Annette de Visser	Oceanus	NED 197100602	2:53.65		40.92	1:26.93	2:16.60	2:53.65
8. Irina Beresneva	Poseydon	RUS 37114	2:54.11		38.14	1:23.91	2:12.39	2:54.11
9. Miranda Straetemans	ZIGNEA	NED 197400514	3:04.05		37.17	1:29.10	2:17.89	3:04.05
10. Bianca Hertogh - Buijsse	Scheldestroom	NED 197400910	3:09.01		37.91	1:26.83	2:23.20	3:09.01
DIS Nadège van Meeteren	De Meer	NED 197400736						

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Masters 50+

1. Heidi den Boer	LinK	NED 196900864	2:48.50		36.20	1:18.84	2:08.55	2:48.50
2. Tatiana Prokofyeva	Dynamo	RUS 023013	2:53.10		39.31	1:26.93	2:10.88	2:53.10
3. Iris van Aurich	DWK	NED 196900866	2:53.50		38.50	1:22.27	2:12.70	2:53.50
4. Caroline Schreuder	Triton	NED 196700550	3:03.36		40.52	1:26.33	2:21.20	3:03.36
5. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	3:08.52		40.77	1:28.88	2:26.02	3:08.52
6. Irna van der Molen	WS Twente	NED 196900938	3:16.65 *		43.75	1:36.47	2:32.34	3:16.65
7. K. van Nassau-van den Het	Old Dutch	NED 196600188	3:18.91		43.65	1:37.81	2:32.95	3:18.91
8. Linda Goderie	Rotterdam Swimming (SG)	NED 196900976	3:21.59		44.84	1:37.19	2:35.84	3:21.59
9. Hetty Smalheer	SCOM	NED 196700352	3:29.33		49.33	1:42.79	2:42.12	3:29.33
NG Miranda Keijl	ZIGNEA	NED 196500588						

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED 196300518	2:46.25		36.25	1:19.26	2:09.07	2:46.25
2. Petra Tossings	DAW	NED 196100376	3:05.87		39.56	1:30.05	2:23.56	3:05.87
Margriet Post-Goedemoed	De Otters Het Gooi	NED 196400632	3:05.87 *		39.78	1:26.27	2:22.62	3:05.87
4. Annemarie Vuist	SWOL 1894	NED 196300282	3:06.42		42.48	1:31.54	2:23.42	3:06.42

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	NED 195600048	3:00.33		38.30	1:25.51	2:20.37	3:00.33
2. Patty Verhagen	PSV	NED 195900146	3:16.67		42.68	1:33.62	2:33.79	3:16.67
3. Hannie Poletiek	TriVia	NED 195900278	3:28.63		47.34	1:42.24	2:41.21	3:28.63

Masters 65+

1. Christien Nieuwenhuis	SWOL 1894	NED 195100022	3:17.80		39.63	1:34.91	2:33.48	3:17.80
2. Carla Hensen	PSV	NED 195300062	3:46.73		48.74	1:44.69	2:54.78	3:46.73

Programmanr. 16
25-01-2019 - 16:26

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging		tijd	PARA
80+, Dames				
1.	Dedemsvaart-AC 1	Dedemsvaart-AC	9:07.37	
	<i>Nederlands Masters Record</i>	NED		
	Stéphanie Dekker-Bergsma	92	31.55	1:07.09
	Laura Compagner	98	32.30	1:08.28
	Maaïke van Veen	97	30.80	1:04.70
	Marïje Dankelman	97	30.41	1:03.87
			1:43.82	2:19.74
			1:45.17	2:22.08
			1:39.46	2:13.58
			1:37.93	2:11.97
2.	MSV-Zeemacht 1	MSV-Zeemacht	9:23.29	
	Tessa Mosch	91	32.25	1:09.68
	Jet Kleine	99	32.69	1:08.87
	Suzanne Mosch	94	31.80	1:07.88
	Anouk van der Kruk	99	30.77	1:05.83
			1:47.39	2:24.31
			1:45.84	2:22.82
			1:44.28	2:21.30
			1:39.90	2:14.86
3.	Steenwijk 1934 1	Steenwijk 1934	10:12.93	
	Elianne Huitema	97	31.24	1:06.63
	Maranka Huitema	95	38.78	1:23.17
	Charine de Ruiter	94	35.55	1:15.51
	Nanda de Vries	92	31.27	1:06.61
			1:42.88	2:18.57
			2:09.56	2:55.74
			1:58.49	2:40.67
			1:42.46	2:17.95

Programmanr. 16, 4 x 200m vrije slag

80+, Heren

1. De Kempvis 1	De Kempvis	NED	9:33.02			
Joris Bezemer	99	28.25	1:00.41	1:33.35	2:06.40	2:06.40
Kien Vuong	95	37.67	1:22.77	2:13.08	3:04.78	3:04.78
Floyd van Duyvenbode	96	28.02	1:00.05	1:33.84	2:07.97	2:07.97
Dennis Doove	92	29.00	1:02.37	1:38.72	2:13.87	2:13.87

80+, Gemengd

1. DWK 1	DWK	NED	8:39.37			
Celine Schoenmaker	98	30.54	1:04.41	1:40.35	2:16.99	2:16.99
Ruben Koek	97	28.11	1:00.66	1:34.16	2:06.72	2:06.72
Anoeska van de Kraats	97	31.21	1:06.87	1:43.73	2:20.56	2:20.56
Kevin Eltink	91	25.59	55.24	1:25.23	1:55.10	1:55.10

100+, Dames

1. Steenwijk 1934 2	Steenwijk 1934	NED	10:04.93			
Lonneke Oenema	91	35.27	1:15.54	1:58.47	2:40.95	2:40.95
Getrude Corporaal	92	33.59	1:10.94	1:50.03	2:28.86	2:28.86
Ilse Blankvoort	92	33.93	1:12.48	1:52.28	2:32.67	2:32.67
Charlotte Groeneveld	87	31.87	1:08.45	1:45.73	2:22.45	2:22.45
2. ZPB H&L Productions 1	ZPB H&L Productions	NED	10:53.13			
Clementine van Bruxvoort	77	42.05	1:30.07	2:19.76	3:08.61	3:08.61
Brigid van Uffelen	98	36.41	1:19.09	2:03.13	2:45.45	2:45.45
Linda van Klei-Janssen	88	34.92	1:12.36	1:51.38	2:29.97	2:29.97
Aylin van Uffelen	96	33.10	1:10.67	1:50.79	2:29.10	2:29.10

100+, Heren

1. VZC 1	VZC	NED	8:21.54			
Jelle Nap	95	27.52	57.87	1:28.42	1:59.61	1:59.61
Joeri Scheidt	91	28.15	59.11	1:30.89	2:02.38	2:02.38
Arie van der Vlist	98	30.12	1:04.41	1:38.81	2:12.83	2:12.83
Olaf Achterberg	90	28.08	1:00.24	1:33.60	2:06.72	2:06.72
2. Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub	NED	8:55.24			
Ayrton Mooldijk	99	30.12	1:03.85	1:38.24	2:11.42	2:11.42
Kenneth Caster	91	29.54	1:02.79	1:37.46	2:12.61	2:12.61
Bjorn van Vliet	96	29.14	1:01.60	1:36.66	2:11.47	2:11.47
Guido Moret	85	29.28	1:02.96	1:40.97	2:19.74	2:19.74

100+, Gemengd

1. Zwemvereniging Hoogland 1 <i>Nederlands Masters Record</i>	Zwemvereniging Hoogland	NED	8:40.12			
Jamilla van Veen	96	28.81	1:00.70	1:34.61	2:08.86	2:08.86
Yuri van Omme	85	27.31	58.84	1:32.75	2:07.89	2:07.89
Anne-Irene Ducheine	95	32.49	1:08.64	1:46.57	2:24.08	2:24.08
Bas Dries	95	26.75	56.29	1:27.31	1:59.29	1:59.29
2. ZPC De Hof 1	ZPC De Hof	NED	8:49.37			
Pieter Pickhardt	83	29.03	1:00.62	1:33.33	2:05.58	2:05.58
Linde Haverkate	99	32.73	1:08.35	1:44.39	2:19.56	2:19.56
Jorden Theijink	94	26.78	57.94	1:31.08	2:04.38	2:04.38
Lianne Roescher	99	31.20	1:06.77	1:43.26	2:19.85	2:19.85
3. ZVL-1886 1	ZVL-1886	NED	9:05.95			
Linda van der Voort	92	31.76	1:07.70	1:45.31	2:21.35	2:21.35
Dion de Mooij	97	27.95	1:00.72	1:36.28	2:12.90	2:12.90
Eloise Cilia	88	33.20	1:10.74	1:51.40	2:31.59	2:31.59
Robin van Beek	97	26.28	56.49	1:28.26	2:00.11	2:00.11
4. De Grunte 1	De Grunte	NED	9:10.07			
Frank Meier	88	29.84	1:03.91	1:39.06	2:14.13	2:14.13
Chantal Meyerink	91	34.07	1:12.07	1:50.71	2:26.95	2:26.95
Josien Odink	89	32.11	1:09.20	1:48.73	2:28.89	2:28.89
Jelle Dekker	99	26.42	56.76	1:28.03	2:00.10	2:00.10
5. ESCA Zwemmen 1	ESCA Zwemmen	NED	9:27.26			
Arjen Koop	79	33.36	1:10.31	1:47.07	2:25.75	2:25.75
Moniek van Langevelde	98	31.95	1:07.30	1:43.80	2:19.25	2:19.25
Cheyenne Verburgt	99	34.10	1:13.05	1:53.89	2:33.17	2:33.17
Sander de Vrugt	89	28.47	1:00.68	1:34.41	2:09.09	2:09.09

Programmanr. 16, 4 x 200m vrije slag

120+, Dames

1.	ZPC Woerden 1	ZPC Woerden	NED				9:39.26
	Ilse van den Wijngaard	89	32.86	1:09.59	1:48.00	2:25.05	2:25.05
	Marjan Remmits	63	33.92	1:11.79	1:50.39	2:28.77	2:28.77
	Sabine Lina	89	31.08	1:06.40	1:44.31	2:24.30	2:24.30
	Mandy Verbakel	90	32.03	1:08.28	1:45.02	2:21.14	2:21.14
2.	Zwemclub Koewacht 1	Zwemclub Koewacht	NED				10:07.60
	Joan Fontaine	88	34.99	1:14.62	1:56.97	2:39.21	2:39.21
	Jessica Klaassen	79	33.21	1:10.13	1:48.73	2:26.71	2:26.71
	Ingeborg Speelman Hamelink	76	35.52	1:14.99	1:56.47	2:37.70	2:37.70
	Josine van Dorsselaer	88	32.53	1:09.21	1:47.05	2:23.98	2:23.98
3.	Zwemlust-den Hommel 1	Zwemlust-den Hommel	NED				10:14.76
	Liesbeth van Mill	87	35.57	1:14.72	1:55.01	2:34.79	2:34.79
	Eline Overeem	71	34.60	1:14.60	1:58.30	2:40.03	2:40.03
	Lisenka Komet-van den Akker	69	35.61	1:16.19	1:57.45	2:37.72	2:37.72
	Marjon Pol	91	32.17	1:08.26	1:45.39	2:22.22	2:22.22
4.	WVZ 1	WVZ	NED				10:21.83
	Tessa Verheijdt	89	36.28	1:17.44	1:59.29	2:40.03	2:40.03
	Petra Versteegen	77	35.93	1:19.27	2:04.67	2:47.81	2:47.81
	Monique Pronk	88	33.71	1:11.82	1:51.95	2:32.24	2:32.24
	Isabelle Massar	91	31.14	1:06.68	1:44.17	2:21.75	2:21.75

120+, Heren

1.	DAW 1	DAW	NED				8:22.95
	Lars van der Velden	98	27.75	59.05	1:31.61	2:03.98	2:03.98
	Alex Damen	75	29.77	1:03.00	1:37.24	2:11.37	2:11.37
	Pieter van Gemeren	69	29.00	1:01.10	1:34.71	2:08.52	2:08.52
	Felix Geenen	95	25.81	56.34	1:28.70	1:59.08	1:59.08
2.	Dedemsvaart-AC 2	Dedemsvaart-AC	NED				8:34.50
	Robert Dekker	84	29.12	1:01.59	1:34.80	2:08.23	2:08.23
	Arjan Prins	82	28.31	1:00.79	1:35.43	2:10.74	2:10.74
	Jesper Kloek	90	28.44	1:00.66	1:34.13	2:07.87	2:07.87
	Peter de Boer	92	27.93	1:00.55	1:34.79	2:07.66	2:07.66
3.	WVZ 2	WVZ	NED				8:43.72
	Rens Post	91	29.74	1:03.14	1:38.03	2:13.82	2:13.82
	Jan-Willem van den Berg	68	29.36	1:03.73	1:40.00	2:15.74	2:15.74
	Dave Jansen	98	28.30	1:00.94	1:34.86	2:07.76	2:07.76
	Jordy van Oel	98	28.24	1:00.21	1:34.12	2:06.40	2:06.40
4.	Steenwijk 1934 3	Steenwijk 1934	NED				9:45.37
	Patrick Wobben	93	34.61	1:15.53	2:01.61	2:47.65	2:47.65
	Dick Huisman	75	34.76	1:13.83	1:55.74	2:38.16	2:38.16
	Rick Driezen	86	31.21	1:04.76	1:39.70	2:14.51	2:14.51
	Lauren Vis	82	28.24	1:00.01	1:32.59	2:05.05	2:05.05
5.	DWK 2	DWK	NED				9:55.22
	Martijn de Jong	71	34.27	1:15.16	1:58.54	2:41.19	2:41.19
	Gerco Schakel	69	34.27	1:14.13	1:56.39	2:36.92	2:36.92
	Lars Jacobsen	97	30.56	1:06.33	1:44.44	2:19.79	2:19.79
	Robin Eltink	94	30.02	1:05.11	1:41.62	2:17.32	2:17.32
6.	Deltasteur 1	Deltasteur	NED				10:48.78
	Alistair Critchell	71	34.56	1:14.15	1:56.78	2:44.35	2:44.35
	Pieter Bardelmeijer	72	37.03	1:20.15	2:08.75	2:59.28	2:59.28
	Tom de Lange	93	34.25	1:12.24	1:52.76	2:34.59	2:34.59
	Patrick de Jonge	89	31.85	1:08.77	1:49.84	2:30.56	2:30.56

120+, Gemengd

1.	Feijenoord Albion Zwemclub 3	Feijenoord Albion Zwemclub	NED				8:49.88
	Fenna de Groot	97	30.39	1:04.37	1:39.54	2:14.81	2:14.81
	Bart Drechsel	86	28.12	59.75	1:32.25	2:05.45	2:05.45
	Roos van Esch	82	33.34	1:10.78	1:49.24	2:26.38	2:26.38
	Nol van Thull	80	27.25	59.31	1:32.58	2:03.24	2:03.24
2.	De Ward 1	De Ward	NED				9:11.82
	Eva Kattouw	94	32.09	1:08.65	1:48.19	2:28.29	2:28.29
	Niels Versteeg	95	27.99	59.61	1:32.75	2:05.20	2:05.20
	Yvette Ratering	72	33.95	1:11.76	1:50.46	2:28.88	2:28.88
	Antwan van Engen	71	29.62	1:01.83	1:35.54	2:09.45	2:09.45

Programmanr. 16, Gemengd, 4 x 200m vrije slag, 120+

rang	vereniging					tijd	PARA
3.	RZ		NED			10:05.51	
	Gino Martijn	79	33.69	1:12.08	1:51.92	2:32.13	2:32.13
	Patrick Creemers	90	28.31	1:00.84	1:34.86	2:09.02	2:09.02
	Claudia Creemers	92	39.11	1:25.40	2:16.11	3:06.55	3:06.55
	Fiona Meuffels	95	31.43	1:07.38	1:43.57	2:17.81	2:17.81
4.	Montferland 1		NED			10:23.94	
	Ferdinand Teitink	70	34.81	1:15.35	2:01.25	2:50.78	2:50.78
	Angela Giezen	83	34.04	1:12.93	1:53.55	2:33.58	2:33.58
	Kelly Bocking	91	37.09	1:18.22	2:01.29	2:45.13	2:45.13
	Maik Steenkamp	91	30.10	1:05.06	1:40.06	2:14.45	2:14.45

160+, Dames

1.	De Geul 1		NED			13:02.68	
	Eline Molle	94	37.85	1:20.59	2:04.70	2:47.88	2:47.88
	Roselinda van der Vlugt	67	46.55	1:39.39	2:35.50	3:27.50	3:27.50
	Geerdien Meerwaldt	52	57.75	2:02.38	3:09.02	4:17.21	4:17.21
	Nanda van Heteren	89	34.41	1:12.95	1:52.19	2:30.09	2:30.09

160+, Heren

1.	HZ&PC Heerenveen 1		NED			8:32.06	
	Casper Hut	78	28.13	58.70	1:29.74	1:59.41	1:59.41
	René Beetsma	69	31.29	1:06.17	1:42.81	2:19.11	2:19.11
	Marten de Groot	58	30.46	1:04.60	1:39.12	2:13.16	2:13.16
	Dennis Bos	92	26.19	56.79	1:28.66	2:00.38	2:00.38
2.	De Gelenberg 1		NED			8:45.42	
	Geert Wijn	67	30.01	1:03.74	1:36.59	2:08.28	2:08.28
	John Cobussen	75	30.26	1:03.38	1:38.05	2:12.65	2:12.65
	Roel van der Kruijs	85	30.49	1:03.99	1:38.68	2:12.48	2:12.48
	Marcel van Winssen	71	29.80	1:03.27	1:37.88	2:12.01	2:12.01
3.	ZPC AMERSFOORT 1		NED			8:50.20	
	Rob van Vliet	84	29.37	1:02.67	1:37.50	2:11.34	2:11.34
	Ron Korzelius	65	31.86	1:07.29	1:42.80	2:17.94	2:17.94
	Edwin v. Norden	63	30.84	1:04.94	1:39.29	2:13.08	2:13.08
	Martijn Giezen	85	28.35	1:01.12	1:34.76	2:07.84	2:07.84
4.	ZVL-1886 2		NED			9:15.27	
	Otto Jansen	65	31.14	1:06.28	1:43.55	2:19.66	2:19.66
	Ingmar Kooman	79	34.06	1:13.09	1:52.92	2:30.88	2:30.88
	Hans Bouwmeester	67	31.36	1:06.92	1:44.57	2:22.88	2:22.88
	Kristiaan Lenos	83	26.50	57.26	1:29.94	2:01.85	2:01.85
5.	Sassenheim 1		NED			9:15.79	
	Rene de Bruin	71	31.02	1:05.53	1:42.28	2:19.33	2:19.33
	Arjan Buijsse	79	32.13	1:07.38	1:43.17	2:17.99	2:17.99
	Frank van Nobelen	69	31.06	1:06.01	1:42.26	2:18.36	2:18.36
	Robert Langeveld	71	31.12	1:05.37	1:42.82	2:20.11	2:20.11
6.	SWOL 1894 2		NED			10:04.53	
	Michael van Bekkum	72	33.33	1:10.60	1:49.08	2:25.50	2:25.50
	Kasper van den Berghe	73	34.40	1:11.91	1:49.56	2:27.55	2:27.55
	Arjan Aalbers	75	33.30	1:11.95	1:52.83	2:34.81	2:34.81
	Peter Lommert	79	33.41	1:12.08	1:54.16	2:36.67	2:36.67
7.	Budel 1		NED			10:22.51	
	Rick de Greef	84	28.14	1:00.94	1:35.50	2:10.39	2:10.39
	Edward van Nijmweegen	70	35.87	1:18.78	2:04.41	2:55.43	2:55.43
	Dyon de Greef	82	34.45	1:14.45	1:57.04	2:36.81	2:36.81
	Jos Zentjens	57	35.09	1:13.70	1:56.23	2:39.88	2:39.88

Programmanr. 16, 4 x 200m vrije slag

160+, Gemengd

1.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)	NED				9:57.82	
	Pascalle Janssen	73	36.37	1:17.57	2:00.18	2:41.98	2:41.98	
	Martine de Haart	79	35.17	1:15.05	1:55.76	2:35.27	2:35.27	
	Jeroen Meuleners	78	30.83	1:06.17	1:42.98	2:18.84	2:18.84	
	Arno Schrauwen	65	32.04	1:08.29	1:45.24	2:21.73	2:21.73	
2.	CNSW 1	CNSW	BEL				9:59.84	
	Bruno Nahon	70	34.09	1:10.62	1:48.37	2:25.93	2:25.93	
	Nicolas Slegers	84	33.43	1:11.60	1:52.49	2:31.05	2:31.05	
	Valerie Rolland	71	36.04	1:15.59	1:55.77	2:34.83	2:34.83	
	Kathy Van Lindt	71	34.62	1:12.56	1:50.83	2:28.03	2:28.03	
3.	Feijenoord Albion Zwemclub 4	Feijenoord Albion Zwemclub	NED				10:21.94	
	Pieter Broek	77	31.71	1:07.33	1:43.33	2:18.81	2:18.81	
	Caroline Kruger	68	40.32	1:26.11	2:15.67	3:08.18	3:08.18	
	Nilce Mendes Barbosa	98	32.25	1:09.79	1:49.33	2:27.41	2:27.41	
	Fred Dijkshoorn	65	32.91	1:10.68	1:50.36	2:27.54	2:27.54	

200+, Dames

1.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub	NED				10:32.34	
	Tineke Janssen	64	36.04	1:16.95	1:59.61	2:40.46	2:40.46	
	Petra Schoon	69	36.05	1:17.20	1:59.80	2:43.30	2:43.30	
	Netty Burik-Geijzen	63	34.26	1:13.23	1:53.31	2:32.75	2:32.75	
	Mirjan den Drijver	75	34.87	1:14.58	1:55.85	2:35.83	2:35.83	
2.	De Geul 2	De Geul	NED				11:34.48	
	Erica Muller	64	41.17	1:29.05	2:19.86	3:12.29	3:12.29	
	Susanne Prins-Molenwijk	66	38.92	1:22.32	2:06.80	2:51.28	2:51.28	
	Marian Nederlof	76	38.69	1:20.84	2:04.13	2:47.31	2:47.31	
	Marijke Campfens	69	37.94	1:19.19	2:02.58	2:43.60	2:43.60	
3.	SWOL 1894 1	SWOL 1894	NED				11:46.26	
	Annet Kootstra	71	42.50	1:29.81	2:17.42	3:05.02	3:05.02	
	Marjan Spoelstra	60	40.37	1:25.97	2:13.81	3:01.67	3:01.67	
	Babette Rens	78	37.82	1:19.82	2:04.63	2:49.63	2:49.63	
	Annemarie Vuijst	63	38.87	1:21.66	2:06.05	2:49.94	2:49.94	
4.	DWK 3	DWK	NED				11:55.01	
	Hettie Schakel	69	40.18	1:25.09	2:12.48	2:58.90	2:58.90	
	Greta Wyma-Teitsma	71	41.83	1:29.41	2:19.50	3:08.15	3:08.15	
	Jennie Resink-lindeboom	60	42.67	1:30.62	2:20.02	3:07.21	3:07.21	
	Iris van Aurich	69	34.15	1:15.31	1:59.06	2:40.75	2:40.75	

200+, Heren

1.	De Rog 1	De Rog	NED				10:16.84	
	Frank Van Engelen	67	37.91	1:21.40	2:08.06	2:55.76	2:55.76	
	Wijnand Vergeest	68	33.87	1:12.74	1:53.62	2:32.58	2:32.58	
	Roy Le Clercq	64	33.37	1:11.91	1:53.16	2:34.57	2:34.57	
	Glen Le Clercq	68	30.03	1:04.20	1:38.78	2:13.93	2:13.93	
NG	Steenwijk 1934 4	Steenwijk 1934	NED					

200+, Gemengd

1.	Poseydon 1	Poseydon	RUS				9:44.65	
	<i>Russian Masters Record</i>							
	Irina Merzlikina	72	31.65	1:06.90	1:44.81	2:23.65	2:23.65	
	Olga Kedrova	60	36.31	1:18.14	2:01.82	2:45.63	2:45.63	
	Sergey Kozlov	63	32.28	1:08.46	1:45.73	2:20.56	2:20.56	
	Vasilii Efremov	76	30.71	1:04.64	1:40.22	2:14.81	2:14.81	
2.	De Rog 2	De Rog	NED				9:54.80	
	Wendy Brugman	73	33.36	1:11.91	1:52.47	2:34.08	2:34.08	
	Esther Vergeest	77	35.74	1:15.28	1:56.51	2:37.41	2:37.41	
	Erik Kamphuis	60	34.68	1:13.40	1:52.00	2:28.03	2:28.03	
	Peter Bensen	63	31.23	1:06.35	1:40.95	2:15.28	2:15.28	
3.	WS Twente 1	WS Twente	NED				10:06.97	
	Hans Westerhof	62	34.73	1:11.43	1:48.58	2:25.20	2:25.20	
	Marijke Kraak-Beckers	60	36.97	1:18.96	2:02.33	2:45.35	2:45.35	
	Marion Broekhuis	68	38.13	1:20.44	2:04.34	2:47.89	2:47.89	
	Marcel Reefhuis	81	29.48	1:01.64	1:35.18	2:08.53	2:08.53	

Programmanr. 16, Gemengd, 4 x 200m vrije slag, 200+

rang	vereniging				tijd	PARA
4.	Spartak Voronezh 1	Spartak Voronezh	RUS		10:08.77	
	Yurii Perin	63	31.90	1:07.81	1:42.88	2:16.32
	Svetlana Islamgaleeva	64	38.26	1:20.24	2:03.48	2:43.38
	Vladimir Semenov	68	35.32	1:14.37	1:54.03	2:34.14
	Natalia Lesovaia	78	33.00	1:12.61	1:55.59	2:34.93
5.	Triton 1	Triton	NED		10:30.51	
	Margriet Grove-Lingeman	62	35.88	1:16.69	1:58.86	2:40.90
	Paul Bunnik	56	34.13	1:14.00	1:56.91	2:39.55
	Ronald Grove	61	32.39	1:10.01	1:49.08	2:26.54
	Caroline Schreuder	67	35.67	1:16.79	2:00.26	2:43.52
6.	Old Dutch 2	Old Dutch	NED		10:31.40	
	Phil Trethewie	65	33.16	1:08.96	1:46.20	2:21.96
	Adriaan Kop	61	35.89	1:16.40	1:59.61	2:40.24
	Karin van Nassau-van den Heuvel	66	40.98	1:26.98	2:13.74	2:59.57
	Chantal Verhoeff	79	34.56	1:12.74	1:51.31	2:29.63
7.	ZPC De Zeeuwse Kust 1	ZPC De Zeeuwse Kust	NED		10:47.81	
	Eelco van Gemert	72	31.76	1:06.48	1:42.08	2:18.20
	Marijke van Hoek	58	39.35	1:24.23	2:09.79	2:54.06
	André Schutte	60	39.04	1:22.79	2:07.77	2:52.26
	Natasja Forat	77	37.55	1:19.39	2:02.51	2:43.29
8.	AZC 1	AZC	NED		11:24.19	
	Esther Boerdam-Delfos	87	38.40	1:20.88	2:05.41	2:48.58
	Geza Kaltenecker	42	43.51	1:35.39	2:29.55	3:21.41
	Sandra Daamen-Posma	68	39.32	1:24.94	2:12.53	3:00.81
	Mark van der Schrier	78	30.81	1:04.71	1:39.34	2:13.39
9.	De Spatters 1	De Spatters	NED		11:28.45	
	Roelof Broekman	68	38.01	1:21.42	2:07.83	2:54.09
	Alma Knecht-Bessembinders	76	37.11	1:19.02	2:03.47	2:47.26
	Roelien Speelman-Tigelaar	66	37.68	1:20.79	2:07.17	2:55.22
	René Speelman	66	37.91	1:20.70	2:06.71	2:51.88
10.	Steenwijk 1934 5	Steenwijk 1934	NED		11:51.61	
	Inge Lolkema-Soeters	73	41.18	1:27.25	2:15.90	3:04.04
	Hans van Scheepen	62	43.27	1:32.81	2:26.24	3:28.67
	Korstaan de Boer	71	33.25	1:12.69	1:55.90	2:37.53
	Wilna Heijman	64	36.85	1:17.37	1:59.57	2:41.37

240+, Heren

1.	WWV Winterswijk 1	WWV Winterswijk	NED		11:21.68	
	Ruud Ruiters	53	38.42	1:21.55	2:06.69	2:47.87
	Theo Schouten	46	45.69	1:38.33	2:31.29	3:22.03
	Laurens Klein Breteler	54	38.69	1:23.74	2:09.49	2:52.15
	Kees-Jan van Overbeeke	62	32.82	1:08.87	1:44.43	2:19.63

240+, Gemengd

1.	PSV 2	PSV	NED		11:25.00	
	Rob Hanou	43	41.37	1:30.85	2:22.89	3:11.52
	Carla Hensen	53	44.82	1:35.83	2:28.35	3:18.64
	Jeanne Petit	70	35.53	1:13.89	1:53.65	2:32.96
	Harold Matla	68	32.24	1:08.73	1:46.11	2:21.88
2.	Old Dutch 1	Old Dutch	NED		15:18.35	
	Karien Musters	58	49.82	1:46.59	2:49.90	4:00.45
	Marie Smits	38	52.91	1:55.01	2:58.99	4:00.38
	Nico Baay	42	54.25	1:56.54	2:59.94	3:59.27
	Marcel Creemers	64	41.30	1:29.46	2:22.66	3:18.25

280+, Dames

1.	PSV 1	PSV	NED		12:06.47	
	<i>Wereld Masters Record</i>					
	Ineke Weekers	53	37.54	1:18.46	1:59.34	2:40.17
	Lottie Geurts	35	49.43	1:44.16	2:44.92	3:39.93
	Corrie Verhoeven	46	40.50	1:27.47	2:16.27	3:03.75
	Patty Verhagen	59	38.74	1:19.93	2:01.62	2:42.62

4 - ONMK 2019 kb sessie 4

26-01-2019 - 9:00

Programmanr. 17
26-01-2019 - 9:00

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	tijd	PARA
Masters 20+				
1.	Madelon Dijkstra <i>Nederlands Masters Record</i>	ZPCH	NED 199703510	9:03.79
	50m: 30.72 30.72	250m: 2:44.58 33.85	450m: 5:01.53 34.59	650m: 7:20.56 35.01
	100m: 1:03.66 32.94	300m: 3:18.29 33.71	500m: 5:36.62 35.09	700m: 7:55.60 35.04
	150m: 1:37.07 33.41	350m: 3:52.48 34.19	550m: 6:11.16 34.54	750m: 8:30.48 34.88
	200m: 2:10.73 33.66	400m: 4:26.94 34.46	600m: 6:45.55 34.39	800m: 9:03.79 33.31
2.	Brenda Zwarthoed	DAW	NED 199604938	9:29.90
	50m: 32.48 32.48	250m: 2:54.55 35.78	450m: 5:19.69 36.20	650m: 7:44.35 36.22
	100m: 1:07.55 35.07	300m: 3:30.45 35.90	500m: 5:56.17 36.48	700m: 8:20.76 36.41
	150m: 1:43.11 35.56	350m: 4:06.79 36.34	550m: 6:32.09 35.92	750m: 8:56.55 35.79
	200m: 2:18.77 35.66	400m: 4:43.49 36.70	600m: 7:08.13 36.04	800m: 9:29.90 33.35
3.	Hilde Dekker	ReVeLie Swim Team	NED 199901926	9:39.25
	50m: 31.72 31.72	250m: 2:56.40 36.12	450m: 5:22.77 36.55	650m: 7:50.67 37.29
	100m: 1:07.65 35.93	300m: 3:32.92 36.52	500m: 5:59.59 36.82	700m: 8:27.85 37.18
	150m: 1:43.92 36.27	350m: 4:09.37 36.45	550m: 6:36.31 36.72	750m: 9:05.09 37.24
	200m: 2:20.28 36.36	400m: 4:46.22 36.85	600m: 7:13.38 37.07	800m: 9:39.25 34.16
4.	Elianne Huitema	Steenwijk 1934	NED 199700258	9:47.88
	50m: 32.12 32.12	250m: 2:57.60 36.98	450m: 5:26.81 37.43	650m: 7:56.79 37.55
	100m: 1:07.79 35.67	300m: 3:34.85 37.25	500m: 6:04.28 37.47	700m: 8:34.64 37.85
	150m: 1:44.00 36.21	350m: 4:11.91 37.06	550m: 6:41.87 37.59	750m: 9:12.19 37.55
	200m: 2:20.62 36.62	400m: 4:49.38 37.47	600m: 7:19.24 37.37	800m: 9:47.88 35.69
5.	Melissa van der Geld	De Warande	NED 199506250	9:53.32
	50m: 33.53 33.53	250m: 2:57.94 36.56	450m: 5:27.55 38.02	650m: 8:00.85 38.49
	100m: 1:08.66 35.13	300m: 3:34.59 36.65	500m: 6:05.66 38.11	700m: 8:38.89 38.04
	150m: 1:44.72 36.06	350m: 4:11.90 37.31	550m: 6:43.65 37.99	750m: 9:16.46 37.57
	200m: 2:21.38 36.66	400m: 4:49.53 37.63	600m: 7:22.36 38.71	800m: 9:53.32 36.86
6.	Fiona Meuffels	RZ	NED 199504366	10:02.30
	50m: 33.94 33.94	250m: 3:03.57 38.17	450m: 5:36.56 38.05	650m: 8:10.63 38.59
	100m: 1:10.92 36.98	300m: 3:41.53 37.96	500m: 6:15.27 38.71	700m: 8:49.13 38.50
	150m: 1:47.99 37.07	350m: 4:19.62 38.09	550m: 6:53.96 38.69	750m: 9:26.96 37.83
	200m: 2:25.40 37.41	400m: 4:58.51 38.89	600m: 7:32.04 38.08	800m: 10:02.30 35.34
7.	Marijke Drent	Nova	NED 199906232	10:07.53
	50m: 34.10 34.10	250m: 3:07.64 38.84	450m: 5:42.73 38.88	650m: 8:16.93 38.69
	100m: 1:11.59 37.49	300m: 3:46.56 38.92	500m: 6:21.30 38.57	700m: 8:55.42 38.49
	150m: 1:49.86 38.27	350m: 4:25.04 38.48	550m: 6:59.71 38.41	750m: 9:33.34 37.92
	200m: 2:28.80 38.94	400m: 5:03.85 38.81	600m: 7:38.24 38.53	800m: 10:07.53 34.19
8.	Chantal Beijer	DWT	NED 199700884	10:08.15
	50m: 34.03 34.03	250m: 3:08.01 38.87	450m: 5:42.47 39.00	650m: 8:17.36 39.27
	100m: 1:11.48 37.45	300m: 3:46.88 38.87	500m: 6:21.15 38.68	700m: 8:55.96 38.60
	150m: 1:50.17 38.69	350m: 4:25.10 38.22	550m: 6:59.57 38.42	750m: 9:33.45 37.49
	200m: 2:29.14 38.97	400m: 5:03.47 38.37	600m: 7:38.09 38.52	800m: 10:08.15 34.70
Masters 25+				
1.	Maaïke Vooren	DAW	NED 199103324	9:29.92
	50m: 33.27 33.27	250m: 2:56.32 36.01	450m: 5:19.61 35.74	650m: 7:43.94 36.37
	100m: 1:08.56 35.29	300m: 3:32.16 35.84	500m: 5:55.57 35.96	700m: 8:20.63 36.69
	150m: 1:44.39 35.83	350m: 4:07.97 35.81	550m: 6:31.53 35.96	750m: 8:56.53 35.90
	200m: 2:20.31 35.92	400m: 4:43.87 35.90	600m: 7:07.57 36.04	800m: 9:29.92 33.39
2.	Nanda de Vries	Steenwijk 1934	NED 199204328	10:14.66
	50m: 32.87 32.87	250m: 3:06.04 38.18	450m: 5:40.89 39.09	650m: 8:18.61 39.48
	100m: 1:10.10 37.23	300m: 3:44.48 38.44	500m: 6:20.24 39.35	700m: 8:57.94 39.33
	150m: 1:49.27 39.17	350m: 4:23.07 38.59	550m: 6:59.73 39.49	750m: 9:37.06 39.12
	200m: 2:27.86 38.59	400m: 5:01.80 38.73	600m: 7:39.13 39.40	800m: 10:14.66 37.60
3.	Melissa Zwaan	DAW	NED 199103666	10:18.04
	50m: 32.71 32.71	250m: 3:03.63 38.28	450m: 5:39.30 39.32	650m: 8:18.79 40.08
	100m: 1:09.39 36.68	300m: 3:41.94 38.31	500m: 6:18.84 39.54	700m: 8:59.21 40.42
	150m: 1:47.33 37.94	350m: 4:21.00 39.06	550m: 6:58.49 39.65	750m: 9:39.42 40.21
	200m: 2:25.35 38.02	400m: 4:59.98 38.98	600m: 7:38.71 40.22	800m: 10:18.04 38.62

Programmanr. 17, Dames, 800m vrije slag, Masters 30+

rang	naam	vereniging					tijd	PARA
4.	Linda van Klei-Janssen	ZPB H&L Productions	NED	198802088	10:51.48			
	50m: 36.70	36.70	250m: 3:19.09	41.51	450m: 6:06.04	42.04	650m: 8:53.32	42.07
	100m: 1:15.63	38.93	300m: 4:00.69	41.60	500m: 6:47.43	41.39	700m: 9:34.19	40.87
	150m: 1:56.28	40.65	350m: 4:42.43	41.74	550m: 7:29.52	42.09	750m: 10:14.90	40.71
	200m: 2:37.58	41.30	400m: 5:24.00	41.57	600m: 8:11.25	41.73	800m: 10:51.48	36.58
5.	Suzan Blankestijn	ZVL-1886	NED	198900350	10:54.00			
	50m: 36.02	36.02	250m: 3:18.78	40.91	450m: 6:04.50	41.37	650m: 8:50.07	41.75
	100m: 1:15.74	39.72	300m: 4:00.27	41.49	500m: 6:45.98	41.48	700m: 9:31.72	41.65
	150m: 1:56.99	41.25	350m: 4:41.51	41.24	550m: 7:27.41	41.43	750m: 10:13.17	41.45
	200m: 2:37.87	40.88	400m: 5:23.13	41.62	600m: 8:08.32	40.91	800m: 10:54.00	40.83
6.	Liesbeth van Mill	Zwemlust-den Hommel	NED	198702786	11:19.69			
	50m: 37.39	37.39	250m: 3:25.97	42.32	450m: 6:15.15	42.37	650m: 9:08.84	43.97
	100m: 1:19.10	41.71	300m: 4:08.31	42.34	500m: 6:58.16	43.01	700m: 9:52.99	44.15
	150m: 2:01.30	42.20	350m: 4:50.49	42.18	550m: 7:41.23	43.07	750m: 10:36.99	44.00
	200m: 2:43.65	42.35	400m: 5:32.78	42.29	600m: 8:24.87	43.64	800m: 11:19.69	42.70

Masters 35+

1.	Ramona Linting	LinK	NED	198301274	10:41.01			
	50m: 35.04	35.04	250m: 3:14.51	40.04	450m: 5:56.14	40.72	650m: 8:39.37	41.02
	100m: 1:14.05	39.01	300m: 3:54.95	40.44	500m: 6:36.94	40.80	700m: 9:20.22	40.85
	150m: 1:54.20	40.15	350m: 4:35.21	40.26	550m: 7:17.69	40.75	750m: 10:00.98	40.76
	200m: 2:34.47	40.27	400m: 5:15.42	40.21	600m: 7:58.35	40.66	800m: 10:41.01	40.03
2.	Kika Meijers	SWOL 1894	NED	198000736	11:18.29			
	50m: 36.20	36.20	250m: 3:24.28	43.50	450m: 6:16.96	43.48	650m: 9:10.59	43.31
	100m: 1:16.40	40.20	300m: 4:07.32	43.04	500m: 7:00.41	43.45	700m: 9:53.79	43.20
	150m: 1:58.16	41.76	350m: 4:50.37	43.05	550m: 7:43.79	43.38	750m: 10:37.66	43.87
	200m: 2:40.78	42.62	400m: 5:33.48	43.11	600m: 8:27.28	43.49	800m: 11:18.29	40.63
3.	Linda Hoogendam	WVZ	NED	198300892	11:24.20			
	50m: 36.24	36.24	250m: 3:25.51	42.96	450m: 6:20.13	43.45	650m: 9:16.07	44.24
	100m: 1:18.03	41.79	300m: 4:09.25	43.74	500m: 7:03.89	43.76	700m: 10:00.43	44.36
	150m: 2:00.07	42.04	350m: 4:52.70	43.45	550m: 7:47.63	43.74	750m: 10:42.89	42.46
	200m: 2:42.55	42.48	400m: 5:36.68	43.98	600m: 8:31.83	44.20	800m: 11:24.20	41.31
4.	Paulien Schokker	WS Twente	NED	198302876	11:30.06			
	50m: 36.65	36.65	250m: 3:29.78	44.11	450m: 6:24.78	44.30	650m: 9:21.23	44.03
	100m: 1:18.46	41.81	300m: 4:12.78	43.00	500m: 7:09.05	44.27	700m: 10:04.78	43.55
	150m: 2:01.85	43.39	350m: 4:56.55	43.77	550m: 7:53.58	44.53	750m: 10:48.07	43.29
	200m: 2:45.67	43.82	400m: 5:40.48	43.93	600m: 8:37.20	43.62	800m: 11:30.06	41.99
5.	Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	11:31.29			
	50m: 37.54	37.54	250m: 3:28.67	43.80	450m: 6:24.93	43.68	650m: 9:20.66	44.24
	100m: 1:18.78	41.24	300m: 4:13.18	44.51	500m: 7:08.60	43.67	700m: 10:04.58	43.92
	150m: 2:01.28	42.50	350m: 4:57.24	44.06	550m: 7:52.45	43.85	750m: 10:49.02	44.44
	200m: 2:44.87	43.59	400m: 5:41.25	44.01	600m: 8:36.42	43.97	800m: 11:31.29	42.27

Masters 40+

1.	Liselotte Joling	PSV	NED	197500268	9:55.81			
	50m: 34.29	34.29	250m: 3:01.65	36.97	450m: 5:32.12	37.55	650m: 8:03.75	38.06
	100m: 1:11.09	36.80	300m: 3:39.18	37.53	500m: 6:09.59	37.47	700m: 8:41.62	37.87
	150m: 1:47.76	36.67	350m: 4:16.92	37.74	550m: 6:47.85	38.26	750m: 9:19.31	37.69
	200m: 2:24.68	36.92	400m: 4:54.57	37.65	600m: 7:25.69	37.84	800m: 9:55.81	36.50
2.	Petra Guijt	Aqua-Novio'94	NED	197600978	11:14.18			
	50m: 36.51	36.51	250m: 3:24.33	42.98	450m: 6:15.59	43.10	650m: 9:08.32	43.15
	100m: 1:17.41	40.90	300m: 4:06.81	42.48	500m: 6:58.76	43.17	700m: 9:51.17	42.85
	150m: 1:59.25	41.84	350m: 4:49.44	42.63	550m: 7:41.88	43.12	750m: 10:33.57	42.40
	200m: 2:41.35	42.10	400m: 5:32.49	43.05	600m: 8:25.17	43.29	800m: 11:14.18	40.61
3.	Karin van Dijk	THOR	NED	197601066	11:29.94			
	50m: 36.95	36.95	250m: 3:27.29	43.20	450m: 6:21.83	43.92	650m: 9:19.36	44.90
	100m: 1:18.39	41.44	300m: 4:10.64	43.35	500m: 7:05.70	43.87	700m: 10:04.19	44.83
	150m: 2:01.05	42.66	350m: 4:54.14	43.50	550m: 7:49.61	43.91	750m: 10:48.44	44.25
	200m: 2:44.09	43.04	400m: 5:37.91	43.77	600m: 8:34.46	44.85	800m: 11:29.94	41.50

Programmanr. 17, Dames, 800m vrije slag

Masters 45+

1. Grith Sigsgaard	De Aalscholver	NED	197200772	10:07.97		
50m: 33.30	250m: 3:03.90	38.20	450m: 5:36.96	38.32	650m: 8:12.47	39.13
100m: 1:10.24	300m: 3:41.99	38.09	500m: 6:15.50	38.54	700m: 8:51.49	39.02
150m: 1:47.79	350m: 4:20.36	38.37	550m: 6:54.09	38.59	750m: 9:30.26	38.77
200m: 2:25.70	400m: 4:58.64	38.28	600m: 7:33.34	39.25	800m: 10:07.97	37.71
2. Karin Stein	ZVVS	NED	197100554	10:24.37		
50m: 35.61	250m: 3:10.85	38.95	450m: 5:47.43	39.25	650m: 8:26.43	39.93
100m: 1:14.05	300m: 3:49.66	38.81	500m: 6:26.95	39.52	700m: 9:06.36	39.93
150m: 1:52.84	350m: 4:28.89	39.23	550m: 7:06.70	39.75	750m: 9:46.07	39.71
200m: 2:31.90	400m: 5:08.18	39.29	600m: 7:46.50	39.80	800m: 10:24.37	38.30
3. Kathy Van Lindt	CNSW	BEL	007949/71	10:38.85		
50m: 35.73	250m: 3:15.14	40.33	450m: 5:56.84	40.67	650m: 8:39.17	40.33
100m: 1:14.46	300m: 3:55.32	40.18	500m: 6:37.50	40.66	700m: 9:19.54	40.37
150m: 1:54.28	350m: 4:35.44	40.12	550m: 7:18.22	40.72	750m: 10:00.17	40.63
200m: 2:34.81	400m: 5:16.17	40.73	600m: 7:58.84	40.62	800m: 10:38.85	38.68
4. Annette de Visser	Oceanus	NED	197100602	10:47.32		
50m: 34.85	250m: 3:15.89	41.18	450m: 6:00.75	41.18	650m: 8:45.23	41.08
100m: 1:13.58	300m: 3:56.98	41.09	500m: 6:41.69	40.94	700m: 9:26.80	41.57
150m: 1:53.89	350m: 4:38.27	41.29	550m: 7:22.80	41.11	750m: 10:07.32	40.52
200m: 2:34.71	400m: 5:19.57	41.30	600m: 8:04.15	41.35	800m: 10:47.32	40.00
5. Inken Wemheuer	DWT	NED	197101016	11:37.96		
50m: 38.05	250m: 3:33.32	44.37	450m: 6:31.12	44.09	650m: 9:28.19	43.95
100m: 1:20.38	300m: 4:17.91	44.59	500m: 7:15.46	44.34	700m: 10:12.27	44.08
150m: 2:04.59	350m: 5:02.20	44.29	550m: 8:00.05	44.59	750m: 10:56.29	44.02
200m: 2:48.95	400m: 5:47.03	44.83	600m: 8:44.24	44.19	800m: 11:37.96	41.67
6. Pascale Janssen	Patrick-De Roersoppers (SG)	NED	197300852	11:56.18		
50m: 38.96	250m: 3:37.92	45.91	450m: 6:40.84	45.22	650m: 9:43.12	45.34
100m: 1:22.57	300m: 4:23.43	45.51	500m: 7:26.15	45.31	700m: 10:29.12	46.00
150m: 2:06.81	350m: 5:09.50	46.07	550m: 8:11.91	45.76	750m: 11:14.56	45.44
200m: 2:52.01	400m: 5:55.62	46.12	600m: 8:57.78	45.87	800m: 11:56.18	41.62
7. Natacha Van Hoof	ShaRk	BEL	20260/73	12:52.24		
50m: 44.15	250m: 3:56.64	48.65	450m: 7:10.91	48.76	650m: 10:28.11	48.97
100m: 1:31.54	300m: 4:44.48	47.84	500m: 8:00.33	49.42	700m: 11:17.40	49.29
150m: 2:20.02	350m: 5:33.25	48.77	550m: 8:49.37	49.04	750m: 12:05.99	48.59
200m: 3:07.99	400m: 6:22.15	48.90	600m: 9:39.14	49.77	800m: 12:52.24	46.25

Masters 50+

1. Claudia Thielemann	SG Bayer	GER	333958	9:55.35		
50m: 33.87	250m: 3:04.14	37.72	450m: 5:35.05	37.37	650m: 8:04.34	38.05
100m: 1:11.00	300m: 3:42.20	38.06	500m: 6:11.84	36.79	700m: 8:41.78	37.44
150m: 1:48.76	350m: 4:20.03	37.83	550m: 6:48.95	37.11	750m: 9:18.92	37.14
200m: 2:26.42	400m: 4:57.68	37.65	600m: 7:26.29	37.34	800m: 9:55.35	36.43
2. Silvia Ferdin	City of Cambridge SC	GBR	180377	10:19.54		
50m: 34.64	250m: 3:09.48	39.36	450m: 5:46.62	39.18	650m: 8:23.97	39.31
100m: 1:12.44	300m: 3:48.56	39.08	500m: 6:26.17	39.55	700m: 9:02.92	38.95
150m: 1:51.11	350m: 4:28.17	39.61	550m: 7:05.69	39.52	750m: 9:41.97	39.05
200m: 2:30.12	400m: 5:07.44	39.27	600m: 7:44.66	38.97	800m: 10:19.54	37.57
3. Heidi den Boer	Link	NED	196900864	10:50.97		
50m: 33.79	250m: 3:10.93	40.21	450m: 5:55.41	41.35	650m: 8:44.19	43.01
100m: 1:11.63	300m: 3:51.56	40.63	500m: 6:36.97	41.56	700m: 9:26.79	42.60
150m: 1:50.70	350m: 4:32.68	41.12	550m: 7:18.70	41.73	750m: 10:08.86	42.07
200m: 2:30.72	400m: 5:14.06	41.38	600m: 8:01.18	42.48	800m: 10:50.97	42.11
4. Laura Staal	Oceanus	NED	196700358	11:41.00		
50m: 37.83	250m: 3:28.80	43.36	450m: 6:25.86	44.74	650m: 9:27.32	45.29
100m: 1:19.71	300m: 4:12.92	44.12	500m: 7:11.12	45.26	700m: 10:12.39	45.07
150m: 2:02.28	350m: 4:56.74	43.82	550m: 7:56.30	45.18	750m: 10:57.48	45.09
200m: 2:45.44	400m: 5:41.12	44.38	600m: 8:42.03	45.73	800m: 11:41.00	43.52
5. Marion Broekhuis	WS Twente	NED	196800060	12:07.42		
50m: 40.18	250m: 3:43.59	46.67	450m: 6:49.48	46.25	650m: 9:53.80	45.67
100m: 1:24.65	300m: 4:30.59	47.00	500m: 7:35.97	46.49	700m: 10:39.40	45.60
150m: 2:10.55	350m: 5:16.98	46.39	550m: 8:22.01	46.04	750m: 11:24.29	44.89
200m: 2:56.92	400m: 6:03.23	46.25	600m: 9:08.13	46.12	800m: 12:07.42	43.13

Masters 55+

Programmanr. 17, Dames, 800m vrije slag, Masters 55+

rang	naam	vereniging			NED		tijd		PARA
1.	Wilna Heijman <i>Nederlands Masters Record</i>	Steenwijk 1934			NED	196400506	11:00.20		
	50m: 37.62	37.62	250m: 3:22.59	41.85	450m: 6:11.21	42.14	650m: 8:58.48	41.51	
	100m: 1:18.10	40.48	300m: 4:04.54	41.95	500m: 6:53.03	41.82	700m: 9:39.69	41.21	
	150m: 1:59.07	40.97	350m: 4:46.77	42.23	550m: 7:35.19	42.16	750m: 10:20.92	41.23	
	200m: 2:40.74	41.67	400m: 5:29.07	42.30	600m: 8:16.97	41.78	800m: 11:00.20	39.28	
2.	Petra Tossings	DAW			NED	196100376	11:55.45		
	50m: 38.73	38.73	250m: 3:36.88	45.39	450m: 6:38.39	45.96	650m: 9:40.63	45.74	
	100m: 1:22.61	43.88	300m: 4:21.94	45.06	500m: 7:23.82	45.43	700m: 10:26.35	45.72	
	150m: 2:06.98	44.37	350m: 5:07.05	45.11	550m: 8:09.82	46.00	750m: 11:12.34	45.99	
	200m: 2:51.49	44.51	400m: 5:52.43	45.38	600m: 8:54.89	45.07	800m: 11:55.45	43.11	
3.	Marjan Spoelstra	SWOL 1894			NED	196000236	13:17.17		
	50m: 44.37	44.37	250m: 4:05.31	50.47	450m: 7:28.53	50.53	650m: 10:50.54	50.08	
	100m: 1:33.27	48.90	300m: 4:55.73	50.42	500m: 8:19.81	51.28	700m: 11:40.71	50.17	
	150m: 2:24.31	51.04	350m: 5:47.13	51.40	550m: 9:10.00	50.19	750m: 12:29.44	48.73	
	200m: 3:14.84	50.53	400m: 6:38.00	50.87	600m: 10:00.46	50.46	800m: 13:17.17	47.73	

Masters 60+

1.	Patty Verhagen	PSV			NED	195900146	11:48.94		
	50m: 41.34	41.34	250m: 3:36.45	44.38	450m: 6:34.66	44.63	650m: 9:34.63	44.86	
	100m: 1:24.63	43.29	300m: 4:21.21	44.76	500m: 7:19.98	45.32	700m: 10:19.67	45.04	
	150m: 2:08.02	43.39	350m: 5:05.42	44.21	550m: 8:05.17	45.19	750m: 11:04.77	45.10	
	200m: 2:52.07	44.05	400m: 5:50.03	44.61	600m: 8:49.77	44.60	800m: 11:48.94	44.17	
2.	Marian de Jong	Middelsé-Skelp (SG)			NED	195900052	12:43.98		
	50m: 42.01	42.01	250m: 3:52.85	47.79	450m: 7:06.12	48.36	650m: 10:20.97	49.38	
	100m: 1:28.35	46.34	300m: 4:41.17	48.32	500m: 7:54.55	48.43	700m: 11:09.92	48.95	
	150m: 2:16.89	48.54	350m: 5:29.46	48.29	550m: 8:42.84	48.29	750m: 11:58.06	48.14	
	200m: 3:05.06	48.17	400m: 6:17.76	48.30	600m: 9:31.59	48.75	800m: 12:43.98	45.92	

Masters 65+

1.	Ineke Weekers	PSV			NED	195300050	11:36.94		
	50m: 39.62	39.62	250m: 3:31.77	43.92	450m: 6:27.02	44.15	650m: 9:24.19	44.43	
	100m: 1:21.82	42.20	300m: 4:15.47	43.70	500m: 7:11.19	44.17	700m: 10:09.19	45.00	
	150m: 2:04.58	42.76	350m: 4:59.36	43.89	550m: 7:55.38	44.19	750m: 10:53.79	44.60	
	200m: 2:47.85	43.27	400m: 5:42.87	43.51	600m: 8:39.76	44.38	800m: 11:36.94	43.15	
2.	Conny Boer-Buys	ZVVS			NED	195000006	12:20.30		
	50m: 39.32	39.32	250m: 3:44.85	47.78	450m: 6:53.59	46.49	650m: 10:03.72	47.51	
	100m: 1:23.63	44.31	300m: 4:32.36	47.51	500m: 7:41.07	47.48	700m: 10:51.20	47.48	
	150m: 2:09.35	45.72	350m: 5:19.73	47.37	550m: 8:28.41	47.34	750m: 11:37.48	46.28	
	200m: 2:57.07	47.72	400m: 6:07.10	47.37	600m: 9:16.21	47.80	800m: 12:20.30	42.82	
3.	Gonnie Bak	PSV			NED	195100064	15:40.67		
	50m: 49.52	49.52	250m: 4:45.70	59.65	450m: 8:44.15	1:00.01	650m: 12:44.25	59.31	
	100m: 1:48.27	58.75	300m: 5:44.83	59.13	500m: 9:44.37	1:00.22	700m: 13:45.12	1:00.87	
	150m: 2:46.81	58.54	350m: 6:44.71	59.88	550m: 10:44.21	59.84	750m: 14:44.19	59.07	
	200m: 3:46.05	59.24	400m: 7:44.14	59.43	600m: 11:44.94	1:00.73	800m: 15:40.67	56.48	

Masters 80+

1.	Marie Smits	Old Dutch			NED	193800004	18:00.41 *		
	50m: 55.65	55.65	250m: 5:25.91	1:08.59	450m: 9:58.90	1:07.41	650m: 14:36.26	1:07.81	
	100m: 2:02.22	1:06.57	300m: 6:34.18	1:08.27	500m: 11:08.39	1:09.49	700m: 15:44.64	1:08.38	
	150m: 3:10.02	1:07.80	350m: 7:42.40	1:08.22	550m: 12:18.56	1:10.17	750m: 16:53.30	1:08.66	
	200m: 4:17.32	1:07.30	400m: 8:51.49	1:09.09	600m: 13:28.45	1:09.89	800m: 18:00.41	1:07.11	

Programmanr. 18
26-01-2019 - 10:27

Heren, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	tijd	PARA
Masters 20+				
1.	Joris Bezemer	De Kempvis	4:47.52	
	50m: 28.51	28.51	150m: 1:39.55	37.37
	100m: 1:02.18	33.67	200m: 2:16.67	37.12
			250m: 2:58.87	42.20
			300m: 3:41.60	42.73
			350m: 4:14.96	33.36
			400m: 4:47.52	32.56
2.	Robin van Beek	ZVL-1886	4:50.78	
	50m: 30.04	30.04	150m: 1:44.00	38.91
	100m: 1:05.09	35.05	200m: 2:21.03	37.03
			250m: 3:02.76	41.73
			300m: 3:45.99	43.23
			350m: 4:19.42	33.43
			400m: 4:50.78	31.36
3.	Dave Jansen	WVZ	4:51.13	
	50m: 30.53	30.53	150m: 1:43.64	37.00
	100m: 1:06.64	36.11	200m: 2:19.85	36.21
			250m: 3:02.25	42.40
			300m: 3:44.38	42.13
			350m: 4:19.54	35.16
			400m: 4:51.13	31.59
4.	Nick Sijmons	De Amstel	4:52.13	
	50m: 29.77	29.77	150m: 1:43.66	38.26
	100m: 1:05.40	35.63	200m: 2:22.04	38.38
			250m: 3:04.23	42.19
			300m: 3:45.90	41.67
			350m: 4:20.33	34.43
			400m: 4:52.13	31.80
5.	Martijn Velders	TZC-Vahalis	4:52.97	
	50m: 30.56	30.56	150m: 1:47.74	40.11
	100m: 1:07.63	37.07	200m: 2:27.35	39.61
			250m: 3:05.38	38.03
			300m: 3:44.47	39.09
			350m: 4:19.01	34.54
			400m: 4:52.97	33.96
6.	Nordin Termoshuizen	WVZ	4:58.83	
	50m: 30.54	30.54	150m: 1:43.96	37.78
	100m: 1:06.18	35.64	200m: 2:20.86	36.90
			250m: 3:06.80	45.94
			300m: 3:53.62	46.82
			350m: 4:25.97	32.35
			400m: 4:58.83	32.86
7.	Jeffrey Camphens	DWT	5:00.52	
	50m: 31.24	31.24	150m: 1:49.52	41.14
	100m: 1:08.38	37.14	200m: 2:29.35	39.83
			250m: 3:11.01	41.66
			300m: 3:53.23	42.22
			350m: 4:27.71	34.48
			400m: 5:00.52	32.81
8.	Patrick Wyrdean	Feijenoord Albion Zwemclub	5:31.34	
	50m: 32.48	32.48	150m: 1:53.03	42.53
	100m: 1:10.50	38.02	200m: 2:34.74	41.71
			250m: 3:21.67	46.93
			300m: 4:10.22	48.55
			350m: 4:51.05	40.83
			400m: 5:31.34	40.29
Masters 25+				
1.	Emiel van Beusekom	ZPV Barracuda	4:49.53	
	50m: 29.21	29.21	150m: 1:42.19	37.97
	100m: 1:04.22	35.01	200m: 2:19.67	37.48
			250m: 3:00.61	40.94
			300m: 3:43.11	42.50
			350m: 4:17.12	34.01
			400m: 4:49.53	32.41
2.	Tim Bunnik	Triton	4:55.10	
	50m: 30.76	30.76	150m: 1:42.86	36.42
	100m: 1:06.44	35.68	200m: 2:20.70	37.84
			250m: 3:02.95	42.25
			300m: 3:47.14	44.19
			350m: 4:21.33	34.19
			400m: 4:55.10	33.77
3.	Pieter Pijnenburg	De Warande	5:02.81	
	50m: 32.12	32.12	150m: 1:51.37	41.15
	100m: 1:10.22	38.10	200m: 2:31.59	40.22
			250m: 3:11.62	40.03
			300m: 3:52.45	40.83
			350m: 4:28.37	35.92
			400m: 5:02.81	34.44
4.	Roderick van Doeselaar	Scheldestroom	5:10.16	
	50m: 30.62	30.62	150m: 1:50.51	40.96
	100m: 1:09.55	38.93	200m: 2:29.61	39.10
			250m: 3:12.01	42.40
			300m: 3:56.48	44.47
			350m: 4:34.20	37.72
			400m: 5:10.16	35.96
5.	Patrick Creemers	RZ	5:16.89	
	50m: 36.23	36.23	150m: 2:02.43	41.91
	100m: 1:20.52	44.29	200m: 2:42.73	40.30
			250m: 3:26.18	43.45
			300m: 4:09.58	43.40
			350m: 4:44.43	34.85
			400m: 5:16.89	32.46
6.	Maik Steenkamp	Montferland	5:22.21	
	50m: 33.07	33.07	150m: 1:55.11	42.03
	100m: 1:13.08	40.01	200m: 2:37.63	42.52
			250m: 3:22.60	44.97
			300m: 4:08.31	45.71
			350m: 4:46.40	38.09
			400m: 5:22.21	35.81
7.	Martino Valentijn	DIO	5:26.46	
	50m: 33.87	33.87	150m: 2:00.83	45.30
	100m: 1:15.53	41.66	200m: 2:45.17	44.34
			250m: 3:28.08	42.91
			300m: 4:11.92	43.84
			350m: 4:50.30	38.38
			400m: 5:26.46	36.16
Masters 30+				
1.	Roel van der Kruijs	De Gelenberg	5:16.10	
	50m: 32.97	32.97	150m: 1:52.77	41.88
	100m: 1:10.89	37.92	200m: 2:35.00	42.23
			250m: 3:20.07	45.07
			300m: 4:05.60	45.53
			350m: 4:41.19	35.59
			400m: 5:16.10	34.91
2.	Sander van Elburg	PSV	5:16.31	
	50m: 31.17	31.17	150m: 1:49.39	41.27
	100m: 1:08.12	36.95	200m: 2:30.82	41.43
			250m: 3:18.89	48.07
			300m: 4:07.18	48.29
			350m: 4:42.82	35.64
			400m: 5:16.31	33.49
3.	Niels Albrechts	De Schotejil	5:34.43	
	50m: 36.04	36.04	150m: 2:01.47	42.76
	100m: 1:18.71	42.67	200m: 2:42.12	40.65
			250m: 3:34.69	52.57
			300m: 4:27.25	52.56
			350m: 5:01.88	34.63
			400m: 5:34.43	32.55

Programmanr. 18, Heren, 400m wisselslag

Masters 35+

1.	Kristiaan Lenos	ZVL-1886	NED	198301331	5:04.48	
	50m: 30.57	30.57	150m: 1:46.97	39.68	250m: 3:09.46	43.07
	100m: 1:07.29	36.72	200m: 2:26.39	39.42	300m: 3:53.43	43.97
					350m: 4:29.38	35.95
					400m: 5:04.48	35.10
2.	Rick de Greef	Budel	NED	198400749	5:10.54	
	50m: 32.43	32.43	150m: 1:51.31	40.44	250m: 3:15.52	43.43
	100m: 1:10.87	38.44	200m: 2:32.09	40.78	300m: 3:59.57	44.05
					350m: 4:35.13	35.56
					400m: 5:10.54	35.41
3.	Rob van Vliet	ZPC AMERSFOORT	NED	198402459	5:10.66	
	50m: 31.28	31.28	150m: 1:52.17	42.54	250m: 3:15.97	42.20
	100m: 1:09.63	38.35	200m: 2:33.77	41.60	300m: 3:59.81	43.84
					350m: 4:36.62	36.81
					400m: 5:10.66	34.04
4.	Thommy Nickel	ZPC Woerden	NED	198401627	5:11.49	
	50m: 34.26	34.26	150m: 1:52.87	39.22	250m: 3:16.63	44.55
	100m: 1:13.65	39.39	200m: 2:32.08	39.21	300m: 4:01.74	45.11
					350m: 4:37.76	36.02
					400m: 5:11.49	33.73
5.	Frank v.d. Voordt	De Schotejil	NED	198302259	5:11.70	
	50m: 32.31	32.31	150m: 1:51.30	41.20	250m: 3:16.25	45.08
	100m: 1:10.10	37.79	200m: 2:31.17	39.87	300m: 4:01.40	45.15
					350m: 4:37.47	36.07
					400m: 5:11.70	34.23
6.	Marcel Reefhuis	WS Twente	NED	198101381	5:20.74	
	50m: 32.93	32.93	150m: 1:54.31	41.97	250m: 3:21.39	45.05
	100m: 1:12.34	39.41	200m: 2:36.34	42.03	300m: 4:07.59	46.20
					350m: 4:45.02	37.43
					400m: 5:20.74	35.72
7.	Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	5:34.88	
	50m: 35.52	35.52	150m: 2:02.67	44.54	250m: 3:32.29	46.89
	100m: 1:18.13	42.61	200m: 2:45.40	42.73	300m: 4:20.53	48.24
					350m: 4:58.57	38.04
					400m: 5:34.88	36.31
8.	Peter van de Bor	DWT	NED	198402897	5:51.64	
	50m: 35.69	35.69	150m: 2:07.36	45.95	250m: 3:41.44	48.65
	100m: 1:21.41	45.72	200m: 2:52.79	45.43	300m: 4:31.65	50.21
					350m: 5:13.12	41.47
					400m: 5:51.64	38.52
9.	Dyon de Greef	Budel	NED	198202385	6:00.90	
	50m: 39.44	39.44	150m: 2:13.48	45.90	250m: 3:47.76	49.58
	100m: 1:27.58	48.14	200m: 2:58.18	44.70	300m: 4:36.70	48.94
					350m: 5:19.99	43.29
					400m: 6:00.90	40.91

Masters 40+

1.	Dennis Brouwers	HZPC	NED	197800167	5:03.99	
	50m: 34.28	34.28	150m: 1:51.41	36.11	250m: 3:10.18	43.63
	100m: 1:15.30	41.02	200m: 2:26.55	35.14	300m: 3:54.59	44.41
					350m: 4:29.79	35.20
					400m: 5:03.99	34.20
2.	Mark Hensen	ZPV Barracuda	NED	197900497	5:08.99	
	50m: 30.40	30.40	150m: 1:47.58	40.84	250m: 3:12.31	44.44
	100m: 1:06.74	36.34	200m: 2:27.87	40.29	300m: 3:57.78	45.47
					350m: 4:33.85	36.07
					400m: 5:08.99	35.14
3.	Vincent Versteeg	Zwemlust-den Hommel	NED	197701003	5:09.93	
	50m: 32.73	32.73	150m: 1:53.38	41.14	250m: 3:16.70	41.94
	100m: 1:12.24	39.51	200m: 2:34.76	41.38	300m: 4:00.14	43.44
					350m: 4:35.83	35.69
					400m: 5:09.93	34.10
4.	Freddie Geerlings	Zwemsport Parkstad (SG)	NED	197900379	5:25.15	
	50m: 36.03	36.03	150m: 2:00.79	43.30	250m: 3:26.97	42.86
	100m: 1:17.49	41.46	200m: 2:44.11	43.32	300m: 4:11.72	44.75
					350m: 4:49.27	37.55
					400m: 5:25.15	35.88
5.	Erwin Zuidervelt	AZ&PC De Futen	NED	197501015	5:53.86	
	50m: 37.35	37.35	150m: 2:07.85	45.59	250m: 3:45.23	52.11
	100m: 1:22.26	44.91	200m: 2:53.12	45.27	300m: 4:38.40	53.17
					350m: 5:17.60	39.20
					400m: 5:53.86	36.26

Masters 45+

1.	Vedestas Seferlis	Kauno Takas	LTU		5:15.03	
	50m: 31.74	31.74	150m: 1:50.86	42.63	250m: 3:19.25	46.46
	100m: 1:08.23	36.49	200m: 2:32.79	41.93	300m: 4:05.70	46.45
					350m: 4:41.85	36.15
					400m: 5:15.03	33.18
2.	Richard Rickens	Zwemsport Parkstad (SG)	NED	197000841	5:26.78	
	50m: 33.19	33.19	150m: 1:55.73	43.47	250m: 3:25.18	46.50
	100m: 1:12.26	39.07	200m: 2:38.68	42.95	300m: 4:12.32	47.14
					350m: 4:50.37	38.05
					400m: 5:26.78	36.41
3.	Bruno Nahon	CNSW	BEL	000390/70	5:51.86	
	50m: 36.66	36.66	150m: 2:08.72	45.69	250m: 3:43.04	50.44
	100m: 1:23.03	46.37	200m: 2:52.60	43.88	300m: 4:35.28	52.24
					350m: 5:14.44	39.16
					400m: 5:51.86	37.42
4.	Kasper van den Berghe	SWOL 1894	NED	197301125	5:56.67	
	50m: 37.06	37.06	150m: 2:07.22	45.91	250m: 3:45.00	52.67
	100m: 1:21.31	44.25	200m: 2:52.33	45.11	300m: 4:36.73	51.73
					350m: 5:16.78	40.05
					400m: 5:56.67	39.89
5.	Korstiaan de Boer	Steenwijk 1934	NED	197101629	5:59.04	
	50m: 35.95	35.95	150m: 2:05.26	46.03	250m: 3:40.73	50.36
	100m: 1:19.23	43.28	200m: 2:50.37	45.11	300m: 4:32.84	52.11
					350m: 5:16.08	43.24
					400m: 5:59.04	42.96

Programmanr. 18, Heren, 400m wisselslag, Masters 45+

rang	naam	vereniging	NED	197101477	tijd	PARA
DIS	Marcel van Winssen	De Gelenberg	NED	197101477		
<i>Na schoolslag keerpunt volgt geen schoolslag benen na vlinderkick</i>						

Masters 50+

1.	René Beetsma	HZ&PC Heerenveen	NED	196900069	5:27.16	
	50m: 33.63	33.63	150m: 1:55.16	41.58	250m: 3:24.22	46.46
	100m: 1:13.58	39.95	200m: 2:37.76	42.60	300m: 4:12.49	48.27
					350m: 4:58.58	38.09
					400m: 5:27.16	36.58
2.	Jan-Willem van den Berg	WVZ	NED	196801575	5:47.00	
	50m: 35.27	35.27	150m: 2:00.67	43.08	250m: 3:33.19	49.47
	100m: 1:17.59	42.32	200m: 2:43.72	43.05	300m: 4:23.21	50.02
					350m: 5:04.48	41.27
					400m: 5:47.00	42.52

Masters 55+

1.	Arnold de Rover	AZ&PC De Futen	NED	196400645	5:34.74	
	50m: 35.52	35.52	150m: 2:00.63	43.87	250m: 3:31.10	47.57
	100m: 1:16.76	41.24	200m: 2:43.53	42.90	300m: 4:20.27	49.17
					350m: 4:58.65	38.38
					400m: 5:34.74	36.09
2.	Ronald Grove	Triton	NED	196100161	5:48.77	
	50m: 36.16	36.16	150m: 2:07.74	47.12	250m: 3:42.78	48.95
	100m: 1:20.62	44.46	200m: 2:53.83	46.09	300m: 4:32.44	49.66
					350m: 5:11.55	39.11
					400m: 5:48.77	37.22
3.	Wiljam Nijenhuis	De IJsel	NED	196400547	5:49.20	
	50m: 35.80	35.80	150m: 2:04.87	46.98	250m: 3:42.31	51.16
	100m: 1:17.89	42.09	200m: 2:51.15	46.28	300m: 4:33.30	50.99
					350m: 5:13.60	40.30
					400m: 5:49.20	35.60
4.	Hans Vloedgraven	Old Dutch	NED	196400917	5:50.26	
	50m: 35.75	35.75	150m: 2:03.07	46.04	250m: 3:37.58	50.34
	100m: 1:17.03	41.28	200m: 2:47.24	44.17	300m: 4:30.66	53.08
					350m: 5:11.07	40.41
					400m: 5:50.26	39.19
5.	Jan Smalheer	SCOM	NED	196400701	6:45.49	
	50m: 45.29	45.29	150m: 2:28.00	53.08	250m: 4:17.12	57.92
	100m: 1:34.92	49.63	200m: 3:19.20	51.20	300m: 5:15.95	58.83
					350m: 6:00.69	44.74
					400m: 6:45.49	44.80

Masters 60+

1.	Paul Bunnik	Triton	NED	195600413	6:28.18	
	50m: 38.00	38.00	150m: 2:19.22	52.58	250m: 4:04.20	53.66
	100m: 1:26.64	48.64	200m: 3:10.54	51.32	300m: 4:59.65	55.45
					350m: 5:43.88	44.23
					400m: 6:28.18	44.30
2.	Wim Witjes	Aqua-Novio'94	NED	195800483	6:44.08	
	50m: 43.47	43.47	150m: 2:28.87	53.28	250m: 4:17.20	57.11
	100m: 1:35.59	52.12	200m: 3:20.09	51.22	300m: 5:15.25	58.05
					350m: 6:00.30	45.05
					400m: 6:44.08	43.78

Masters 75+

1.	Rob Hanou	PSV	NED	194300109	7:21.23	
	50m: 49.64	49.64	150m: 2:47.43	58.19	250m: 4:46.68	1:00.46
	100m: 1:49.24	59.60	200m: 3:46.22	58.79	300m: 5:47.64	1:00.96
					350m: 6:35.38	47.74
					400m: 7:21.23	45.85

Programmanr. 19
26-01-2019 - 11:09

4 x 100m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	NED	tijd	PARA
80+, Dames					
1.	De Warande 1	De Warande	NED	4:09.41	
	Amy van Lier	96 28.98	59.84	Désirée Emmen	92 30.57
	Claudia den Ottelander	95 30.99	1:05.25	Melissa van der Geld	95 28.55
					1:04.31
					1:00.01
2.	MSV-Zeemacht 1	MSV-Zeemacht	NED	4:14.74	
	Anouk van der Kruk	99 29.98	1:02.98	Jet Kleine	99 31.42
	Suzanne Mosch	94 29.62	1:03.71	Tessa Mosch	91 29.84
					1:04.65
					1:03.40

Programmanr. 19, 4 x 100m vrije slag

80+, Heren

1. De Kempvis 1	De Kempvis	NED	4:10.83	
Joris Bezemer	99 26.54 56.73	Bryan Gijzen	99 28.79	1:02.41
Kien Vuong	95 34.35 1:15.74	Erik Wegman	92 26.73	55.95

80+, Gemengd

1. KSN (SG) 1 <i>Nederlands Masters Record</i>	KSN (SG)	NED	3:44.58	
Ingmar Hartman	98 24.87 51.57	Saranda Hofstra	97 27.52	58.01
Gauke Eilander	98 25.47 53.08	Linda Boxma	85 29.38	1:01.92
2. DWK 1	DWK	NED	3:53.20	
Celine Schoenmaker	98 29.63 1:01.18	Ruben Koek	97 26.55	56.43
Anoeska van de Kraats	97 30.04 1:03.73	Kevin Eltink	91 24.37	51.86
3. Nova 1	Nova	NED	3:59.44	
Dennis Wildeboer	98 25.84 55.43	Marijke Drent	99 30.28	1:03.73
Janine de Groot	95 30.33 1:04.29	Stefan Kwant	92 25.69	55.99
4. De Veene 1	De Veene	NED	4:00.27	
Diederick Schothans	97 26.51 55.21	Yvon Versteeg	92 28.38	59.56
Susan de Vries	97 31.80 1:07.63	Gideon Teeuw	98 27.10	57.87
5. Noord Veluwe 1	Noord Veluwe	NED	4:12.97	
Rianne van Rijssen	97 30.61 1:04.77	Frank Versprille	99 28.19	1:00.02
Mike van de Streek	95 28.43 1:00.40	Stephanie van Diepen	95 32.30	1:07.78
6. Zwemclub Polaris 1	Zwemclub Polaris	NED	4:14.37	
Lotte Rolink	95 32.93 1:09.89	Marnix van het Hof	98 27.03	58.52
Rebecca Dassen	99 32.53 1:08.29	Frank Scheltens	99 27.18	57.67
7. Feijenoord Albion Zwemclub 5	Feijenoord Albion Zwemclub	NED	4:17.85	
Bjorn van Vliet	96 28.79 59.80	Anouk van der Lans	98 32.98	1:09.45
Ayrton Mooldijk	99 27.69 59.34	Jacoline van den Beukel	91 32.10	1:09.26

100+, Dames

1. DAW 2	DAW	NED	4:11.42	
Denise Boonstra	99 29.58 1:02.03	Melissa Zwaan	91 30.45	1:04.21
Sandra Zwaanswijk	85 30.98 1:05.47	Brenda Zwarthoed	96 28.40	59.71
2. ESCA Zwemmen 2	ESCA Zwemmen	NED	4:24.54	
Kiona Peters	89 31.62 1:05.15	Cheyenne Verburgt	99 31.87	1:07.21
Ijla Janssen	81 32.80 1:09.88	Moniek van Langevelde	98 29.85	1:02.30
3. Steenwijk 1934 1	Steenwijk 1934	NED	4:34.49	
Getrude Corporaal	92 31.83 1:06.47	Ilse Blankvoort	92 33.63	1:10.78
Charine de Ruiter	94 34.84 1:13.51	Elianne Huitema	97 30.21	1:03.73
4. ZVL-1886 2	ZVL-1886	NED	4:44.21	
Marieke Ipema	94 34.96 1:12.79	Moniek Heemskerk	96 31.56	1:05.92
Tessa Kerkvliet	92 35.01 1:14.72	Suzan Blankestijn	89 32.88	1:10.78
5. De Wellerobben 1	De Wellerobben	NED	4:47.39	
Daphne de Jong	93 34.49 1:14.73	Karin van Dijk	86 32.55	1:09.20
Winnie de Vries	96 36.76 1:18.55	Arianne Jonkman	98 30.32	1:04.91

100+, Heren

1. Feijenoord Albion Zwemclub 2 <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	3:31.31	
Romero Hennep	93 25.57 54.47	Nol van Thull	80 25.54	53.55
Timo Dinkelberg	93 25.34 53.39	Ensgar Kotterink	94 23.75	49.90
2. ESCA Zwemmen 1	ESCA Zwemmen	NED	3:42.00	
Mike Schel	94 27.00 57.49	Tim de Vrugt	93 26.81	57.10
Sander de Vrugt	89 25.85 54.98	Peter Rothengatter	97 25.04	52.43
3. Feijenoord Albion Zwemclub 3	Feijenoord Albion Zwemclub	NED	3:51.27	
Ronald Koeckhoven	81 27.11 58.51	Nick Boekestijn	99 28.23	1:00.10
Patrick Wyrdeeman	97 28.21 1:00.57	Pascal Nuijten	97 24.36	52.09
4. TRB-RES 1	TRB-RES	NED	3:59.21	
Rik Bakker	91 30.58 1:03.21	Ruben Schellekens	97 27.54	58.25
Robin Hermans	94 28.58 1:00.65	Bart Kiesewetter	91 27.40	57.10

Programmanr. 19, Heren, 4 x 100m vrije slag, 100+

rang	vereniging	tijd	PARA
5.	DWT 2	4:05.30	
	Peter van de Bor	98 31.34	1:04.25
	Michel Wigbers	99 26.99	56.51

100+, Gemengd

1.	ZPV Barracuda	3:53.99	
	Melissa van der Heijden	94 26.70	54.69
	Denise Boereboom	87 26.98	56.37
2.	WVZ 3	3:56.33	
	Nordin Termoshuizen	96 26.99	56.29
	Isabelle Massar	91 29.87	1:03.90
3.	Zwemvereniging Hoogland 1	3:58.37	
	Jamilla van Veen	96 28.07	59.27
	Renske Eilers	88 32.76	1:09.15
4.	DWT 1	4:00.14	
	Evy Witlox	88 29.47	1:02.34
	Chantal Beijer	97 30.84	1:04.33
5.	WVZ 4	4:06.19	
	Vincent Lapouge	88 27.61	57.63
	Manon van Strien	94 29.06	1:02.22
6.	Feijenoord Albion Zwemclub 6	4:08.92	
	Jordi van der Weel	96 25.76	55.30
	Kenneth Caster	91 28.19	59.98
7.	De Schotejil 1	4:12.49	
	Whitley Rens	90 34.70	1:12.00
	Niels Albrechts	88 28.65	59.57
8.	Steenwijk 1934 3	4:27.83	
	Jacyntha Plat	90 31.04	1:05.81
	Patrick Wobben	93 32.81	1:11.27

120+, Dames

1.	ZPC Woerden 1	4:21.37	
	Ilse van den Wijngaard	89 31.03	1:05.77
	Marjan Remmits	63 31.95	1:06.54
2.	Zwemclub Koewacht 1	4:36.69	
	Ingeborg Speelman Hamelink	76 34.34	1:11.08
	Josine van Dorsselaer	88 32.67	1:08.43
3.	De Meer 1	4:37.25	
	Eline van Gemert	95 31.61	1:06.54
	Lindsey Hol	90 33.06	1:10.58
4.	WVZ 1	4:38.23	
	Yvonne Gerritsen	80 32.19	1:08.87
	Tessa Verheijdt	89 34.47	1:12.05
5.	RZC 1	4:40.78	
	Malou Heidekamp	89 35.52	1:14.18
	Marieke van Dodeweerd	86 34.30	1:10.71
6.	Zwemlust-den Hommel 1	4:41.37	
	Marjon Pol	91 32.24	1:06.52
	Marlous de Jong	90 32.36	1:09.07
7.	De Rog 1 *100m	5:14.36	
	Esther Wouters	73 37.95	1:27.02
	Esther Vergeest	77 34.31	1:11.45

Programmanr. 19, 4 x 100m vrije slag

120+, Heren

1. Dedemsvaart-AC 1	Dedemsvaart-AC	NED	3:40.40
Jesper Kloek	90 26.76 56.18	Arjan Prins	82 27.16 56.97
Robert Dekker	84 26.01 54.72	Sepp Kalter	97 25.06 52.53
2. DAW 1	DAW	NED	3:45.07
Wouter Zijlstra	82 28.35 1:00.43	Lars van der Velden	98 25.56 54.94
Alex Damen	75 27.63 57.80	Felix Geenen	95 24.25 51.90
3. ZVL-1886 1	ZVL-1886	NED	3:46.43
Kristiaan Lenos	83 26.67 55.45	Dion de Mooij	97 25.75 55.86
Otto Jansen	65 28.50 1:01.22	Robin van Beek	97 25.51 53.90
4. Merlet 1	Merlet	NED	3:54.49
Mark Effing	86 29.16 1:01.21	Jelte Schuurmans	91 27.21 57.37
Joppe Schuurmans	89 28.56 59.19	Bas Berndes	89 27.11 56.72

120+, Gemengd

1. SwimGym 1 <i>Nederlands Masters Record</i>	SwimGym	NED	3:45.25
Tessa Brouwer	91 28.69 58.85	Andrea Kneppers	93 27.51 57.47
Aleksey Bayevsky	78 26.98 57.15	Sébas van Lith	90 24.72 51.78
2. DIO 1	DIO	NED	3:56.66
Arjan van der Plaats	86 25.76 53.70	Susanne v.d. Linden	88 31.60 1:06.48
Jan van Opstal	86 25.99 56.20	Jolanda Post	90 28.92 1:00.28
3. Steenwijk 1934 4	Steenwijk 1934	NED	3:56.90
Lauren Vis	82 25.61 54.33	Rick Driezen	86 26.40 56.40
Nanda de Vries	92 30.19 1:03.00	Charlotte Groeneveld	87 29.48 1:03.17
4. Feijenoord Albion Zwemclub 7	Feijenoord Albion Zwemclub	NED	3:56.99
Fenna de Groot	97 29.42 1:01.52	Hugo Bregman	58 28.42 59.26
Marjie Dinkelberg	97 29.40 1:01.10	Bart Drechsel	86 26.15 55.11
5. ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED	4:04.51
Martijn Giezen	85 27.43 57.63	Marjje Jansen	85 28.17 59.73
Marjje van Manen	86 31.96 1:07.03	Martijn Bartels	96 29.42 1:00.12
6. De Ward 1	De Ward	NED	4:04.69
Niels Versteeg	95 26.99 56.34	Yvette Ratering	72 31.91 1:06.05
Eva Kattouw	94 30.21 1:05.07	Antwan van Engen	71 27.32 57.23
7. De Duck 1	De Duck	NED	4:12.71
Erik Saan	65 31.52 1:06.57	Judith Kleinjan	98 31.91 1:08.33
Céline Verhoef	96 31.26 1:05.51	Jesper Oranje	92 25.02 52.30
8. DWK 2	DWK	NED	4:12.75
Lars Jacobsen	97 30.55 1:04.06	Robin Eltink	94 27.88 59.06
Iris van Aurich	69 32.98 1:11.11	Pauline Gouwens	84 27.73 58.52
9. De Rijn 1	De Rijn	NED	4:15.00
Johan Krakou	91 27.06 57.95	Gaby Zittersteijn	97 29.18 1:02.21
Marte Stoorvogel	95 31.96 1:06.89	Eric Langhorst	62 32.81 1:07.95
10. AZC 2	AZC	NED	4:16.64
Auke de Lange	86 31.42 1:06.45	Monique Remst	87 31.63 1:07.15
Stefan Oostendorp	90 29.45 1:02.05	Bart Amsing	82 28.77 1:00.99
11. TRB-RES 2	TRB-RES	NED	4:16.91
Walter Stielstra	77 28.48 1:00.82	Edith Janssen-Koolen	73 30.20 1:04.26
Carina Spronk	97 32.53 1:07.95	Guido Robertz	82 30.02 1:03.88
12. AZ&PC De Futen 1	AZ&PC De Futen	NED	4:24.48
Joanne Groeneveldt	91 34.53 1:13.37	Erwin Zuidervelt	75 28.94 1:00.67
Natalia Braams	91 32.86 1:09.95	Arnold de Rover	64 29.40 1:00.49
13. RZ 1	RZ	NED	4:27.63
Fiona Meuffels	95 30.82 1:03.64	Claudia Creemers	92 37.93 1:22.22
Gino Martijn	79 29.86 1:03.59	Patrick Creemers	90 27.46 58.18
14. Deltasteur 1	Deltasteur	NED	4:27.84
Gea van der Schaaf	79 33.73 1:12.50	Sigrit Aarten	93 32.00 1:07.07
Patrick de Jonge	89 29.73 1:03.53	Tom de Lange	93 30.85 1:04.74
15. Montferland 1	Montferland	NED	4:37.44
Kelly Bocking	91 34.17 1:12.12	Ferdinand Teitink	70 34.53 1:13.15
Maik Steenkamp	91 30.23 1:02.75	Angela Giezen	83 34.04 1:09.42

Programmanr. 19, 4 x 100m vrije slag

160+, Dames

1. De Duinkickers 2	De Duinkickers	NED	5:05.50	
Maaïke de Boer	90 30.70 1:05.46	Christine Buist	64 39.45 1:24.30	
Inge Roskam	78 36.06 1:18.16	Saskia op den Velde	79 36.05 1:17.58	
2. HZ&PC Heerenveen 2	HZ&PC Heerenveen	NED	5:17.31	
Peggi Hurenkamp	69 36.38 1:15.11	Jannie Vennik	76 36.25 1:15.51	
Ineke Meijer	52 46.04 1:37.75	Esther Kwebeman	91 32.65 1:08.94	
3. Budel 1	Budel	NED	5:31.18	
Miriam Stevens	69 39.83 1:25.13	Sylvia Avitabile	67 43.89 1:31.69	
Carola Hompes	88 38.22 1:19.96	Elly Scheepers	91 36.06 1:14.40	

160+, Heren

1. De Gelsenberg 1	De Gelsenberg	NED	3:53.49	
Jeroen Jacobs	75 27.46 59.03	Geert Wijn	67 26.67 56.84	
John Cobussen	75 28.35 59.76	Marcel van Winssen	71 27.39 57.86	
2. WVZ 2	WVZ	NED	3:58.16	
Simon van Ravesteijn	80 28.12 59.88	Markus van Rest	77 29.39 1:01.40	
Arthur van Strien	63 29.38 1:01.15	Ivo Roozeboom	77 26.75 55.73	
3. De Gelsenberg 2	De Gelsenberg	NED	3:59.34	
Arjan van Swam	84 26.96 57.58	Erik Lamers	75 28.52 1:00.02	
Harold Brouwer	72 29.31 1:02.82	Roel van der Kruis	85 28.22 58.92	
4. PSV 5	PSV	NED	4:16.31	
Frederik Tamminga	87 29.86 1:03.01	Harold Matla	68 30.33 1:03.53	
Tom Bandsma	77 31.09 1:07.05	Erik Drost	79 30.19 1:02.72	
5. Zwemvereniging Hoogland 2	Zwemvereniging Hoogland	NED	4:18.29	
Rutger Stam	81 28.73 1:02.16	Pieter-Sjoerd de Wijn	65 32.63 1:10.25	
Paul de Boer	68 30.76 1:07.76	Dick Kampman	88 27.70 58.12	
6. SWOL 1894 2	SWOL 1894	NED	4:21.35	
Arjan Aalbers	75 30.96 1:07.13	Johan Wezenberg	76 29.42 1:03.31	
Han Boone	77 31.16 1:06.00	Peter ter Horst	72 30.64 1:04.91	
7. Budel 2	Budel	NED	4:23.83	
Wiljo Mackus	71 31.01 1:06.20	Dyon de Greef	82 32.31 1:09.33	
Ivo Verdonshot	75 33.24 1:11.63	Rick de Greef	84 26.48 56.67	
NG De Duinkickers 1	De Duinkickers	NED		

160+, Gemengd

1. HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	3:58.63	
<i>Nederlands Masters Record</i>				
Casper Hut	78 24.91 52.54	Evelien van Klaarbergen	72 30.52 1:03.97	
Daniëlle de Boer	94 29.61 1:02.00	Marten de Groot	58 28.65 1:00.12	
2. De Gelsenberg 3	De Gelsenberg	NED	4:28.82	
Rob Janssen	70 30.54 1:06.46	Ron van der Meer	60 30.88 1:06.60	
Sylvia Reijers	82 32.77 1:09.59	Sanne Domensino	99 31.47 1:06.17	
3. CNSW 1	CNSW	BEL	4:39.58	
Bruno Nahon	70 32.90 1:09.08	Valerie Rolland	71 32.94 1:10.18	
Nicolas Slegers	84 32.84 1:09.33	Kathy Van Lindt	71 34.21 1:10.99	

200+, Dames

1. PSV 2	PSV	NED	4:32.90	
Esther van Lohuizen	59 34.33 1:11.44	Saskia Phaff	66 32.48 1:09.52	
Liselotte Joling	75 31.79 1:05.82	Gudule van der Meer	72 31.32 1:06.12	
2. Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub	NED	4:42.07	
Tineke Janssen	64 34.35 1:11.28	Netty Burik-Geijsen	63 32.62 1:08.13	
Petra Schoon	69 35.30 1:13.61	Mirjan den Drijver	75 33.10 1:09.05	
3. WS Twente 2	WS Twente	NED	5:12.54	
Jeannette Ruesink	63 37.23 1:18.73	Evelien Naatje	72 36.37 1:15.06	
Ima van der Molen	69 37.32 1:19.48	Karin Leverink	72 36.71 1:19.27	
4. DWK 4	DWK	NED	5:23.63	
Hettie Schakel	69 37.64 1:18.24	Jennie Resink-lindeboom	60 41.27 1:25.15	
Greta Wyma-Teitsma	71 40.04 1:26.20	Ellen van Wingerden-Dijkhuizen	69 35.29 1:14.04	

Programmanr. 19, Dames, 4 x 100m vrije slag, 200+

rang	vereniging			tijd	PARA
5.	SWOL 1894 1			5:25.79	
	Annet Kootstra	71	40.79	1:24.85	Babette Rens 78 36.69 1:17.47
	Marjan Spoelstra	60	39.82	1:23.67	Annemarie Vuist 63 38.62 1:19.80
6.	ESCA Zwemmen 3			6:11.28	
	Yoka de Vegt-van Dijk	62	43.20	1:28.36	Ria Peters-Veurman 58 48.32 1:39.53
	Cora Smulders	66	44.12	1:33.36	Marion Kolkman-Pluim 60 43.11 1:30.03

200+, Heren

1.	Feijenoord Albion Zwemclub 4	Feijenoord Albion Zwemclub			4:07.76	
	Pieter Broek	77	27.88	59.00	Stefan Oostdijk 73 27.62 59.00	
	Fred Dijkshoorn	65	30.76	1:04.71	Mark Nuijten 60 31.18 1:05.05	
2.	RZC 2	RZC			4:19.70	
	Geert van Duinhoven	64	31.73	1:07.00	Bert de Weerd 67 28.68 1:01.71	
	Chretien Mali	68	30.57	1:05.52	Mark Oostendorp 69 30.34 1:05.47	
3.	DWK 3	DWK			4:23.59	
	Gerco Schakel	69	33.66	1:09.43	Michel van Wingerden 67 29.12 1:02.22	
	Martijn de Jong	71	31.93	1:08.46	Edwin van Houten 65 30.09 1:03.48	
4.	Budel 3	Budel			4:51.31	
	Joost van Eerdt	69	35.66	1:15.33	Ruud Kennis 65 33.77 1:11.52	
	Edward van Nijmweegen	70	34.80	1:14.69	Jos Zentjens 57 33.16 1:09.77	
5.	Steenwijk 1934 2	Steenwijk 1934			4:54.79	
	Casper Dollekamp	63	32.36	1:08.53	Huyb Stegeman 67 31.82 1:06.34	
	Hans van Scheepen	62	38.33	1:29.91	Dick Huisman 75 33.62 1:10.01	

200+, Gemengd

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT			4:12.31	
	Jeroen Zelsmann	77	26.69	57.64	Lidia v. Bon-Rosenbrand 70 31.03 1:05.43	
	Atie Pijtak-Radersma	56	32.17	1:07.64	Ron Korzelius 65 28.82 1:01.60	
2.	Poseydon 1 <i>Russian Masters Record</i>	Poseydon			4:14.60	
	Sergey Kozlov	63	28.64	59.59	Olga Kedrova 60 34.32 1:14.27	
	Irina Merzlikina	72	30.94	1:05.32	Vasili Efremov 76 26.68 55.42	
3.	De Rog 2	De Rog			4:17.24	
	Peter Bernsen	63	27.89	58.33	Erik Kamphuis 60 31.38 1:04.56	
	Chantal Winters	76	32.93	1:08.52	Wendy Brugman 73 31.53 1:05.83	
4.	De Rog 3	De Rog			4:32.24	
	Glen Le Clercq	68	27.07	57.06	Ariane Hamakers 67 33.70 1:12.72	
	Sandra Peeters-Wiermans	74	32.92	1:09.50	Frank Van Engelen 67 34.05 1:12.96	
5.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)			4:40.13	
	Pascalie Janssen	73	34.11	1:13.06	Charles Bos 53 34.12 1:11.81	
	Martine de Haart	79	33.46	1:09.88	Arno Schrauwen 65 30.81 1:05.38	
6.	Old Dutch 1	Old Dutch			4:42.90	
	Adriaan Kop	61	33.12	1:09.71	Karin van Nassau-van den Heuvel 66 40.55 1:23.64	
	Phil Trethewie	65	29.65	1:02.09	Chantal Verhoeff 79 31.11 1:07.46	
7.	De Rog 4	De Rog			4:53.02	
	Wijnand Vergeest	68	32.25	1:07.39	Roy Le Clercq 64 32.25 1:09.67	
	Ageeth Westenbrink	67	39.46	1:21.87	Regine Beckers-Stribos 70 34.63 1:14.09	
8.	Steenwijk 1934 5	Steenwijk 1934			4:56.92	
	Guido Keutgen	68	30.92	1:04.92	Korstaan de Boer 71 35.83 1:14.37	
	Inge Lolkema-Soeters	73	38.17	1:20.64	Wilna Heijman 64 36.77 1:16.99	
9.	AZC 1	AZC			5:12.16	
	Esther Boerdam-Delfos	87	36.21	1:14.50	Wim de Lange 58 33.95 1:11.96	
	Geza Kaltenecker	42	40.11	1:26.71	Inge van Gasteren 72 37.52 1:18.99	

240+, Heren

1.	WWV Winterswijk 1	WWV Winterswijk			5:07.92	
	Theo Schouten	46	40.73	1:24.98	Laurens Klein Breteler 54 38.73 1:22.42	
	Ruud Ruiters	53	37.11	1:16.89	Kees-Jan van Overbeeke 62 30.70 1:03.63	

Programmanr. 19, 4 x 100m vrije slag

240+, Gemengd

1. PSV 3 <i>Nederlands Masters Record</i>	PSV	NED	4:39.43
Jeanne Petit	70	32.41	1:07.85
Patty Krupiarz	54	39.15	1:24.30
Brend Brevé	52	31.67	1:07.00
Fred Ketting	60	28.31	1:00.28
2. WS Twente 1	WS Twente	NED	4:58.99
Hans Westerhof	62	30.81	1:02.91
Marijke Kraak-Beckers	60	35.58	1:15.05
Frans van Enst	40	40.68	1:25.03
Marion Broekhuis	68	36.19	1:16.00
3. Old Dutch 2	Old Dutch	NED	6:12.11
Karien Musters	58	50.74	1:48.06
Marie Smits	38	50.06	1:50.70
Marcel Creemers	64	38.56	1:24.29
Hans Vloedgraven	64	33.49	1:09.06

280+, Dames

1. PSV 1 <i>Wereld Masters Record</i>	PSV	NED	5:29.60
Ineke Weekers	53	36.94	1:16.51
Lottie Geurts	35	47.14	1:35.15
Corrie Verhoeven	46	38.38	1:21.88
Patty Verhagen	59	36.77	1:16.06

280+, Gemengd

1. PSV 4	PSV	NED	6:01.15
Gonnie Bak	51	46.47	1:38.13
Carla Hensen	53	44.17	1:33.96
Rob Hanou	43	40.22	1:25.44
Jan Nuijten	49	39.23	1:23.62

5 - ONMK 2019 kb sessie 5

26-01-2019 - 12:57

Programmanr. 21

Dames, 200m schoolslag

Masters Open

26-01-2019 - 12:57

Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
Masters 20+								
1. Fenna de Groot	Feijenoord Albion Zwemclub	NED 199701796	2:46.94		37.63	1:20.14	2:03.43	2:46.94
2. Manon Kloosterman	De Bevelanders	NED 199702082	2:48.60		37.58	1:20.36	2:04.30	2:48.60
3. Anne Noom	Het Y	NED 199800062	2:49.41		38.06	1:21.19	2:05.32	2:49.41
4. Anouk van der Kruk	MSV-Zeemacht	NED 199903778	2:49.54		37.59	1:19.92	2:03.71	2:49.54
5. Annick van der Kraats	Kimbria	NED 199800808	2:50.47		39.02	1:21.58	2:05.30	2:50.47
6. Chantal Beijer	DWT	NED 199700884	2:52.07		38.31	1:21.85	2:07.23	2:52.07
7. Marte Stoorvogel	De Rijn	NED 199501408	2:52.11		39.42	1:23.67	2:08.33	2:52.11
8. Bibi Stokvis	Het Y	NED 199900892	2:54.07		38.09	1:22.13	2:07.49	2:54.07
9. Eline van Gemert	De Meer	NED 199505458	2:55.39		39.55	1:23.93	2:09.36	2:55.39
10. Masha Odijk	GoSwim	NED 199904922	2:59.09		41.05	1:26.43	2:12.88	2:59.09
11. Brighid van Uffelen	ZPB H&L Productions	NED 199800310	3:14.47		42.59	1:29.93	2:20.59	3:14.47
Masters 25+								
1. Yvon Versteeg	De Veene	NED 199201864	2:42.29		36.08	1:18.45	2:00.77	2:42.29
2. Chantal van der Horst	De Meer	NED 199400616	2:44.37		37.91	1:19.88	2:02.24	2:44.37
3. Laura van den Berg	SWOL 1894	NED 199100206	2:48.54		38.42	1:21.87	2:05.18	2:48.54
4. Jacyntha Plat	Steenwijk 1934	NED 199002956	2:52.88		38.39	1:22.06	2:07.15	2:52.88
5. Maaikje de Boer	De Duinkickers	NED 199000362	2:54.46		39.57	1:24.49	2:09.29	2:54.46
6. Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	2:54.95		38.50	1:22.91	2:08.59	2:54.95
7. Manon van Strien	WVZ	NED 199400770	2:55.43		38.61	1:22.94	2:09.09	2:55.43
8. Karin Verbeek	Nautilus	NED 199201848	2:56.51		40.12	1:25.59	2:11.60	2:56.51
9. Naomi Stacia	De Golfbreker	NED 199201668	3:01.58		40.65	1:26.12	2:14.03	3:01.58
10. Martje Godschalk	De IJsel	NED 199001186	3:02.44		41.61	1:28.05	2:15.55	3:02.44
11. Daphne de Jong	De Wellerobben	NED 199302388	3:09.23		41.11	1:28.60	2:18.55	3:09.23
12. Esther Kwebeman	HZ&PC Heerenveen	NED 199106374	3:26.30		45.05	1:36.39	2:31.24	3:26.30

Programmanr. 21, Dames, 200m schoolslag

Masters 30+

1. Karin van Dijk	De Wellerobben	NED 198600850	2:56.72	39.24	1:23.76	2:09.53	2:56.72
2. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	3:00.09	41.40	1:27.42	2:13.56	3:00.09
3. Monique Pronk	WVZ	NED 198803528	3:00.51	39.98	1:24.93	2:11.69	3:00.51
4. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	3:01.53	41.01	1:26.25	2:13.37	3:01.53
5. Linda Boxma	KSN (SG)	NED 198500416	3:02.26	39.34	1:24.87	2:12.86	3:02.26
6. Linda van Klei-Janssen	ZPB H&L Productions	NED 198802088	3:04.62	42.23	1:28.90	2:16.49	3:04.62
7. Esther van Maastrigt	Montferland	NED 198802836	3:06.15	42.09	1:29.25	2:17.85	3:06.15
8. Margriet aan het Rot	PSV	NED 198603088	3:19.36	44.41	1:34.14	2:26.32	3:19.36
DIS Suzan Blankestijn	ZVL-1886	NED 198900350					

SS - Met handen over elkaar keer- of eindpunt aangetikt.

Masters 35+

1. Laura Badoux	DAW	NED 198200038	2:52.48	38.63	1:22.69	2:07.72	2:52.48
2. Kika Meijers	SWOL 1894	NED 198000736	2:56.58	39.52	1:24.09	2:10.79	2:56.58
3. Angela Giezen	Montferland	NED 198302796	3:08.93	42.73	1:30.74	2:19.31	3:08.93
4. Ilja Janssen	ESCA Zwemmen	NED 198102234	3:14.34 *	42.69	1:32.51	2:22.92	3:14.34
5. Mia Gobert	BZK	BEL 21196/80	3:37.67	47.02	1:40.81	2:37.99	3:37.67

Masters 40+

1. Elena Mekhteleva	Poseydon	RUS 102636	2:58.14	40.53	1:25.23	2:11.17	2:58.14
2. Liselotte Joling	PSV	NED 197500268	3:00.35	40.99	1:27.16	2:13.86	3:00.35
3. I. Speelman Hamelink	Zwemclub Koewacht	NED 197601028	3:18.56	45.99	1:36.10	2:27.53	3:18.56
4. Inge Roskam	De Duinkickers	NED 197801296	3:24.90	43.03	1:34.67	2:30.07	3:24.90

Masters 45+

1. Irina Merzlikina	Poseydon	RUS 12029	2:50.81	38.70	1:22.17	2:06.38	2:50.81
<i>Kampioenschaps Record, Russian Masters Record</i>							
2. Trudy Ketting	PSV	NED 197000268	2:55.01	39.05	1:24.56	2:10.31	2:55.01
3. Karin Stein	ZVVS	NED 197100554	3:00.97	42.09	1:28.34	2:14.96	3:00.97
4. Nadège van Meeteren	De Meer	NED 197400736	3:05.75	42.76	1:30.19	2:18.38	3:05.75
5. Irina Beresneva	Poseydon	RUS 37114	3:07.13	42.85	1:30.60	2:19.20	3:07.13
6. Pascalie Janssen	Patrick-De Roersoppers (SG)	NED 197300852	3:21.66	45.92	1:37.56	2:29.95	3:21.66
7. Bianca Hertogh - Buijsse	Scheldestroom	NED 197400910	3:25.62	44.68	1:35.67	2:30.71	3:25.62
8. Ursula Spoelstra-de Groot	WS Twente	NED 197200952	3:35.00	46.48	1:40.57	2:37.34	3:35.00
9. Greta Wyma-Teitsma	DWK	NED 197100696	3:43.40	51.04	1:48.14	2:46.01	3:43.40

Masters 50+

1. Tatiana Prokofyeva	Dynamo	RUS 023013	2:54.04	39.53	1:23.54	2:08.10	2:54.04
<i>Kampioenschaps Record, Russian Masters Record</i>							
2. Annette Wijnja-Visser	De Biesboschzwemmers	NED 196700528	3:01.40	41.08	1:27.22	2:14.05	3:01.40
3. Silvia Ferdin	City of Cambridge SC	GBR 180377	3:09.92	43.83	1:32.53	2:21.76	3:09.92
4. Iris van Aurich	DWK	NED 196900866	3:14.76	43.80	1:32.03	2:23.92	3:14.76
5. Helena Mels	ZVVS	NED 196901036	3:19.95	43.87	1:33.89	2:27.28	3:19.95
6. Machteld Stilting	ZPC AMERSFOORT	NED 196600716	3:33.17	49.14	1:42.54	2:38.10	3:33.17

Masters 55+

1. Tatiana Tikhomirova	Fitness House	RUS	3:09.26	41.87	1:28.64	2:18.88	3:09.26
<i>Kampioenschaps Record</i>							
2. Annemarie Vuist	SWOL 1894	NED 196300282	3:22.41	47.60	1:39.07	2:31.28	3:22.41
3. Petra Tossings	DAW	NED 196100376	3:24.22	46.95	1:38.36	2:31.37	3:24.22
4. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED 196200420	3:34.85	48.57	1:43.79	2:39.91	3:34.85
5. Wilna Heijman	Steenwijk 1934	NED 196400506	3:37.28	50.38	1:46.31	2:43.08	3:37.28
6. Petra Ros	ZCNF'34	NED 196100398	4:00.94 *	54.98	1:56.27	3:00.03	4:00.94
7. Lia Bijkerk	WIDEX GZC DONK	NED 196000014	4:06.31	54.41	1:58.61	3:04.32	4:06.31

Programmanr. 21, Dames, 200m schoolslag

Masters 60+

1. Anje Manuputty	PSV	NED 195700176	3:55.14	53.91	1:55.15	2:56.34	3:55.14
2. W. Schoenmaker-ter Veer	DWK	NED 195900254	4:10.42	55.29	1:58.39	3:04.46	4:10.42

Masters 65+

1. Ineke Weekers	PSV	NED 195300050	3:23.23	47.42	1:39.50	2:31.61	3:23.23
<i>Nederlands Masters Record</i>							
2. Tineke van Diggelen	ZPCH	NED 195200048	4:12.88	57.67	2:01.53	3:07.38	4:12.88
3. Elly Maassen	Hellas-Glana	NED 195000044	4:22.68 *	57.97	2:04.11	3:13.23	4:22.68
4. Antoinette Gilding-Tussaud	WS Twente	NED 195000038	4:26.48	1:03.57	2:10.67	3:19.21	4:26.48

Masters 70+

1. Bea Swijnenberg	SWOL 1894	NED 194900010	3:46.78	50.83	1:47.23	2:47.07	3:46.78
<i>Nederlands Masters Record</i>							
2. A. Verhoeven - Steggerda	De Duinkickers	NED 194600024	4:23.33	1:00.00	2:05.99	3:14.68	4:23.33
3. Loekie van Huissteden	ZPC AMERSFOORT	NED 194500002	4:43.18	1:05.64	2:17.82	3:30.83	4:43.18

Programmanr. 22
26-01-2019 - 13:33

Heren, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
Masters 20+								
1. Jelle Nap	VZC	NED 199502875	2:26.33		33.61	1:10.98	1:48.56	2:26.33
2. David Kievit	De Schotejil	NED 199900325	2:31.67		34.26	1:12.73	1:52.04	2:31.67
3. Richard van der Horst	De Meer	NED 199700179	2:32.46		34.07	1:11.94	1:51.54	2:32.46
4. Jeffrey Camphens	DWT	NED 199503113	2:36.01		34.88	1:15.50	1:56.94	2:36.01
5. L. van der Klooster	ZPB H&L Productions	NED 199801361	2:37.71		35.04	1:14.60	1:56.00	2:37.71
6. Martijn Houweling	ZPV Barracuda	NED 199600893	2:39.44		34.94	1:14.97	1:56.05	2:39.44
7. Gideon Teeuw	De Veene	NED 199801237	2:40.01		35.75	1:17.24	1:59.40	2:40.01
Masters 25+								
1. Timo Dinkelberg	Feijenoord Albion Zwemclub	NED 199300773	2:32.46		32.71	1:11.13	1:51.50	2:32.46
2. Pieter Pijnenburg	De Warande	NED 199305227	2:33.45		34.49	1:13.83	1:53.99	2:33.45
3. Martino Valentijn	DIO	NED 199403913	2:35.95		35.56	1:16.22	1:56.90	2:35.95
4. Kenneth Caster	Feijenoord Albion Zwemclub	NED 199100375	2:40.14		34.93	1:15.43	1:57.40	2:40.14
5. Patrick Creemers	RZ	NED 199000579	2:40.43		35.94	1:17.73	1:59.21	2:40.43
6. Maik Steenkamp	Montferland	NED 199103847	2:44.70		37.12	1:20.13	2:02.43	2:44.70
7. Tom de Lange	Deltasteur	NED 199300303	2:53.49		37.36	1:20.38	2:06.61	2:53.49
DIS Romero Hennepe	Feijenoord Albion Zwemclub	NED 199304929						
<i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i>								
Masters 30+								
1. Tim van den Berg	Rotterdam Swimming (SG)	NED 198500157	2:29.16		33.08	1:11.16	1:50.46	2:29.16
2. Yuri van Omme	Zwemvereniging Hoogland	NED 198501887	2:29.33		33.26	1:10.39	1:49.38	2:29.33
3. Stefan van der Grift	SWOL 1894	NED 198701121	2:41.87		35.44	1:16.63	1:58.62	2:41.87
4. Roel van der Kruijs	De Gelenberg	NED 198501491	2:47.38		37.78	1:20.50	2:04.38	2:47.38
5. Sander van Elburg	PSV	NED 198800937	2:55.03		39.41	1:23.35	2:08.73	2:55.03
6. Wouter van 't Klooster	ZPC AMERSFOORT	NED 198806159	3:00.57		38.08	1:23.34	2:11.06	3:00.57
DIS Evgenii Kiselev	Lada	RUS 7071						
<i>SS - Met handen over elkaar keer- of eindpunt aangetikt.</i>								

Programmanr. 22, Heren, 200m schoolslag

Masters 35+

1. Pieter Pickhardt	ZPC De Hof	NED 198301657	2:34.75	35.03	1:14.47	1:54.22	2:34.75
2. Kristiaan Lenos	ZVL-1886	NED 198301331	2:36.49	33.84	1:13.03	1:54.48	2:36.49
3. Jim Geestman	Rotterdam Swimming (SG)	NED 198300699	2:41.58	35.01	1:15.66	1:58.66	2:41.58
4. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:41.82	35.70	1:16.74	1:59.13	2:41.82
5. Thommy Nickel	ZPC Woerden	NED 198401627	2:42.82	36.98	1:17.81	2:00.10	2:42.82
6. Paul Oudendijk	DAW	NED 198101287	2:46.13	38.06	1:20.66	2:04.08	2:46.13
7. Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	2:48.65	37.74	1:19.99	2:04.05	2:48.65
8. Frank v.d. Voordt	De Schotejil	NED 198302259	2:48.82	38.87	1:21.43	2:05.11	2:48.82
9. Gijs van de Sande	DIO	NED 198403329	2:57.96	38.49	1:23.02	2:10.60	2:57.96
10. Sebastiaan Baars	WS Twente	NED 198300053	3:02.50	40.18	1:26.02	2:13.91	3:02.50

Masters 40+

1. Victor Barnar	GoSwim	NED 197801805	2:36.75	35.29	1:15.04	1:56.14	2:36.75
2. Vincent Versteeg	Zwemlust-den Hommel	NED 197701003	2:37.52	34.77	1:15.11	1:56.53	2:37.52
3. Walter Stielstra	TRB-RES	NED 197701651	2:43.41	35.80	1:17.11	2:00.69	2:43.41
4. Freddie Geerlings	Zwemsport Parkstad (SG)	NED 197900379	2:44.94	36.91	1:18.03	2:01.32	2:44.94
5. Kees Bakker	Gay Swim Amsterdam	NED 197501055	2:45.92	36.88	1:18.78	2:01.91	2:45.92

Masters 45+

1. Marcel van Winssen	De Gelenberg	NED 197101477	2:37.61	35.19	1:15.29	1:56.17	2:37.61
2. Michael van Bekkum	SWOL 1894	NED 197200051	2:48.85	37.89	1:20.66	2:04.45	2:48.85
3. Rob Janssen	De Gelenberg	NED 197001467	2:53.88	38.65	1:22.50	2:08.67	2:53.88
4. Chang Bom	The Hague Swimming (SG)	NED 197201483	3:04.62	40.75	1:27.20	2:15.71	3:04.62
5. Korstiaan de Boer	Steenwijk 1934	NED 197101629	3:19.58	42.31	1:30.42	2:23.71	3:19.58

Masters 50+

1. Harold Matla	PSV	NED 196800591	2:43.33	36.95	1:19.30	2:02.37	2:43.33
2. Jan-Willem van den Berg	WVZ	NED 196801575	2:46.61	36.85	1:19.12	2:02.47	2:46.61
3. René Beetsma	HZ&PC Heerenveen	NED 196900069	2:50.70	37.70	1:20.47	2:06.19	2:50.70
4. Arno Schrauwen	Patrick-De Roersoppers (SG)	NED 196501355	2:54.26	40.54	1:25.41	2:10.43	2:54.26
5. Hans Schoenmakers	DAW	NED 196900863	2:54.56	38.85	1:23.93	2:10.34	2:54.56
6. Joop Weenink	WS Twente	NED 196801535	2:57.79	40.38	1:25.67	2:11.85	2:57.79
7. Nico Swart	De Biesboschzwemmers	NED 196801475	3:03.28	40.13	1:27.65	2:16.66	3:03.28
8. Vladimir Semenov	Spartak Voronezh	RUS 102393	3:03.68	41.36	1:26.72	2:14.07	3:03.68

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED 196300563	2:40.09	35.25	1:15.01	1:57.08	2:40.09
2. Ron Phaff	PSV	NED 196200495	2:55.11	39.22	1:23.36	2:09.11	2:55.11
3. Gert Sikkema	Zwemclub Urk 1978	NED 196300687	2:55.65	38.73	1:22.70	2:08.45	2:55.65
4. Theo Bakker	TriVia	NED 196401231	2:59.07	40.29	1:27.25	2:13.45	2:59.07
5. Ronald Grove	Triton	NED 196100161	2:59.19	39.45	1:25.24	2:13.10	2:59.19
6. Rob Hemesath	PSV	NED 196100189	3:20.39	43.35	1:33.26	2:27.17	3:20.39
7. Jack Barends	WS Twente	NED 196201011	3:21.75	46.19	1:37.81	2:29.86	3:21.75

Masters 60+

1. Sigitas Katkevicius	Dzukijos vandenis	LTU	2:55.03	38.92	1:22.94	2:08.95	2:55.03
<i>Kampioenschaps Record, Lithianian Masters Record</i>							
2. Sergey Ilyaev	Sprut	RUS	3:00.89	43.42	1:29.77	2:15.96	3:00.89
3. Wim de Lange	AZC	NED 195800533	3:11.90	41.67	1:30.21	2:20.86	3:11.90
4. Paul Bunnik	Triton	NED 195600413	3:15.74	42.93	1:33.35	2:26.42	3:15.74
5. Christian Schoenaers	CNSW	BEL 007131/59	3:23.71	46.74	1:37.93	2:30.85	3:23.71
6. Alfred van der Kraats	Dedemsvaart-AC	NED 195600513	3:27.26	46.14	1:38.40	2:32.81	3:27.26
7. Marius Ros	ZCNF34	NED 195900779	3:32.35	47.96	1:43.40	2:38.89	3:32.35
8. Pier van der Sluis	FZC'54-De Vikings (SG)	NED 195900757	3:34.17	47.45	1:41.35	2:38.01	3:34.17

Programmanr. 22, Heren, 200m schoolslag

Masters 65+

1. Laurens Klein Breteler	WWV Winterswijk	NED 195400109	3:30.77	44.22	1:38.36	2:35.35	3:30.77
DIS Vladimir Getman	Poseydon	RUS 023004					

SK - Het keer- en/of eindpunt niet gelijktijdig met twee handen aangetikt.

Masters 70+

1. Valerii Feoktistov	PCWKS	RUS	3:34.73	47.22	1:40.63	2:37.33	3:34.73
2. Mans Buis	SWOL 1894	NED 194700133	4:10.92	57.18	2:00.88	3:06.15	4:10.92

Masters 75+

1. Rob Hanou	PSV	NED 194300109	3:35.39	48.07	1:44.22	2:41.38	3:35.39
2. Nico Baay	Old Dutch	NED 194200053	3:56.40	52.27	1:52.71	2:54.64	3:56.40

Masters 80+

1. Frederik Hendrik De Bruijn	CN Aquamasters	ESP	3:51.30	53.04	1:52.22	2:53.17	3:51.30
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Kampioenschaps Record, Spanish Masters Record

Programmanr. 23
26-01-2019 - 14:06

Dames, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	PARA
Masters 20+						
1.	Saranda Hofstra	KSN (SG)	NED	199700526	28.14	
	<i>Nederlands Masters Record</i>					
2.	Karin Groen	Nova	NED	199502440	29.09	
3.	Lianne Molkenboer	EZC	NED	199602034	29.72	
4.	Marije Dinkelberg	Feijenoord Albion Zwemclub	NED	199703192	29.86	
5.	Tamara Grove	De Dolfijn	NED	199601266	29.88	
6.	Melissa van der Heijden	ZPV Barracuda	NED	199605226	30.05	
7.	Laura Compagner	Dedemsvaart-AC	NED	199804602	30.90	
8.	Myrna Gorter	Neptunia'24	NED	199503158	31.30	
9.	Denise Boonstra	DAW	NED	199902662	31.33	
10.	Nilce Mendes Barbosa	Feijenoord Albion Zwemclub	NED	199800214	31.45	
11.	Anouque Berghuis	ZPV Barracuda	NED	199606132	31.56	
12.	Gaby Zittersteijn	De Rijn	NED	199700104	31.63	
13.	Romy Verhagen	De Amstel	NED	199904110	31.65	
14.	Linde Haverkate	ZPC De Hof	NED	199900244	31.73	
15.	Djamilla Gerner	SWOL 1894	NED	199905606	32.10	
16.	Iris van der Moolen	De Amstel	NED	199902052	32.12	
17.	Susan de Vries	De Veene	NED	199700390	32.56	
18.	Jet Kleine	MSV-Zeemacht	NED	199903384	32.62	
19.	Amber van de Kraats	VZC	NED	199900236	32.80	
20.	Anoeska van de Kraats	DWK	NED	199701284	32.89	
21.	Diana van Halm Braam	WVZ	NED	199800788	33.14	
22.	Anne-Irene Ducheine	Zwemvereniging Hoogland	NED	199506824	33.50	
23.	Carina Spronk	TRB-RES	NED	199702382	33.78	

Masters 25+

1.	Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED	199203374	29.85
2.	Denise Boereboom	ZPV Barracuda	NED	199202144	29.91
3.	Jolanda Post	DIO	NED	199004848	30.04
4.	Elmi Roelofsen	ZVV	NED	199008198	30.39
5.	Cindy Franken-Hendriks	EZPC	NED	199207672	31.02
6.	Lisa Klatten	WVZ	NED	199203628	31.43
7.	Marjon Pol	Zwemlust-den Hommel	NED	199102502	31.64
8.	Joanne van Essen	UZSC	NED	199303506	31.68

Programmanr. 23, Dames, 50m vlinderslag, Masters 25+

rang	naam	vereniging			tijd	PARA
9.	Vera Kraijer	SWOL 1894	NED	199206688	31.73	
10.	Suzanne Mosch	MSV-Zeemacht	NED	199400548	31.77	
11.	Rebecca Evers	ZOB'66	NED	199207916	31.84	
12.	Linda van der Voort	ZVL-1886	NED	199207784	32.02	
13.	Karin Verbeek	Nautilus	NED	199201848	32.05	
14.	Vera van den Oord	Nautilus	NED	199405432	32.40	
15.	Nikki Hoozeboom	De IJsel	NED	199301196	32.51	
16.	Manon van Geersdaele	De Schelde	NED	199206908	33.25	
17.	Eva Kattouw	De Ward	NED	199407168	34.40	
18.	Marieke Ipema	ZVL-1886	NED	199401290	35.18	
19.	Lindsey Hol	De Meer	NED	199008088	35.29	
20.	Jacoline van den Beukel	Feijenoord Albion Zwemclub	NED	199100238	35.63	

Masters 30+

1.	Marije Jansen	ZPC AMERSFOORT	NED	198504088	30.35	
2.	Viktória Felföldi	IronSwimTeam	HUN		30.49	
3.	Charlotte Groeneveld	Steenwijk 1934	NED	198701404	30.98	
4.	Eloise Cilia	ZVL-1886	NED	198806960	31.51	
5.	Christa Stam	Rotterdam Swimming (SG)	NED	198806790	31.92	
6.	Natalie van der Hoeven	ZVVS	NED	198901786	32.76	
7.	Elles van Leeuwen	PSV	NED	198602240	32.95	
8.	Sandra Zwaanswijk	DAW	NED	198503934	33.23	
9.	Josine van Dorsselaer	Zwemclub Koewacht	NED	198801040	33.24	
10.	Monique Remst	AZC	NED	198706236	33.51	
11.	Auke de Lange	AZC	NED	198602226	33.56	
12.	Miriam Visserman	SWOL 1894	NED	198704364	33.98	
13.	Nienke van Stipriaan	PSV	NED	198703970	34.08	
14.	Esther van Maastrigt	Montferland	NED	198802836	35.12	

Masters 35+

1.	Pauline Gouwens <i>Nederlands Masters Record</i>	DWK	NED	198400790	28.69	
2.	Delia Badoux	WVZ	NED	198000042	30.26	
3.	Maike Grösch	Zehlendorfer TSV v.1888	GER	066680	31.32	
4.	Laura Badoux	DAW	NED	198200038	32.17	
5.	Roos van Esch	Feijenoord Albion Zwemclub	NED	198200468	33.47	
6.	Sylvia Reijers	De Gelenberg	NED	198201360	33.62	
7.	Elke Blox	Tiamat	NED	198200154	33.72	
8.	Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	33.87	
9.	Kika Meijers	SWOL 1894	NED	198000736	34.21	
10.	Renee de Kok	PSV	NED	198403350	35.28	

Masters 40+

1.	Katinka van Dongen-Lodder	ZZ&PC De Devel	NED	197700190	31.17	
2.	Meritxell Gonfaus Brunet	CN Aquamasters	ESP		31.64	
3.	Chantal Verhoeff	Old Dutch	NED	197900912	32.27	
4.	Elena Mekhteleva	Poseydon	RUS	102636	32.88	
5.	Mirjan den Drijver	Feijenoord Albion Zwemclub	NED	197500884	33.07	
6.	Marty Krans-de Weerd	ZCNF'34	NED	197500604	34.07	
7.	Anuschka Glazema-Boelema	Stadskanaal	NED	197701166	35.99	
8.	Esther Vergeest	De Rog	NED	197700012	36.09	
9.	Fabiola Bosman	Deltasteur	NED	197701148	37.74	
DIS	Marian Nederlof	De Geul	NED	197600950		

AA - Gestart voor het startsignaal (en wel gezwommen).

Programmanr. 23, Dames, 50m vlinderslag

Masters 45+

1.	Gudule van der Meer	PSV	NED	197200396	30.97
2.	Evelien van Klaarbergen	HZ&PC Heerenveen	NED	197200964	31.38
3.	Jeanne Petit	PSV	NED	197001020	31.88
4.	Sandra Peeters-Wiermans	De Rog	NED	197401032	33.10
5.	Yvette Ratering	De Ward	NED	197200990	33.60
6.	Inna Kun	KVSP Lipetsk	RUS	021029	35.44
7.	Henriëtte Manting	GZVW	NED	197100246	36.65
8.	Regine Beckers-Stribos	De Rog	NED	197000492	37.02
9.	Eline Overeem	Zwemlust-den Hommel	NED	197101048	37.96
10.	Evelien Naatje	WS Twente	NED	197200838	39.60
11.	Inge van Gasteren	AZC	NED	197201014	40.17
12.	Karin Leverink	WS Twente	NED	197200972	40.87

Masters 50+

1.	Lesley Cordial	Neptunus	NED	196700684	31.37
	<i>Nederlands Masters Record</i>				
2.	Saskia Phaff	PSV	NED	196600242	33.33
3.	Marjo Goelema-Koek	De Biesboschzwemmers	NED	196900192	33.63
4.	Arianne Hamakers	De Rog	NED	196700714	35.27
5.	Jacqueline Tuin	DAW	NED	196600690	35.33
6.	Sandra Hoofs-Buil	The Hague Swimming (SG)	NED	196600678	36.03
7.	Caroline Schreuder	Triton	NED	196700550	36.24
8.	Danielle van Veen	ZPC Woerden	NED	196901048	36.60
9.	Marijke Campfens	De Geul	NED	196900960	37.18
10.	Rita van der Horst	RZC	NED	196900260	37.40
11.	Peggi Hurenkamp	HZ&PC Heerenveen	NED	196900922	37.65

Masters 55+

1.	Wilma van Velsen	Montferland	NED	196400444	34.50
2.	Netty Burik-Geijzen	Feijenoord Albion Zwemclub	NED	196300048	35.22
3.	Marijke Kraak-Beckers	WS Twente	NED	196000240	37.43

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	36.06
2.	Marian de Jong	Middelsé-Skelp (SG)	NED	195900052	40.87
3.	Hannie Poletiek	TriVia	NED	195900278	43.17

Masters 65+

1.	Christien Nieuwenhuis	SWOL 1894	NED	195100022	37.82
2.	Carla Hensen	PSV	NED	195300062	47.49
3.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	58.95
4.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	1:11.32

Masters 75+

1.	Leny Kamp	Aquapoldro	NED	194400008	1:24.55
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Masters 80+

1.	Marie Smits	Old Dutch	NED	193800004	1:05.61
	<i>Nederlands Masters Record</i>				

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Heren, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging		tijd	PARA
Masters 20+					
1.	Gauke Eilander	KSN (SG)	NED 199800603	25.48	
2.	Melvin Prins	Wiekslag	NED 199500201	25.60	
3.	Casper Muselaers	Octopus	NED 199600399	25.90	
4.	Nick Sijmons	De Amstel	NED 199500491	26.33	
5.	Jelle Dekker	De Grunte	NED 199901621	26.40	
6.	Felix Geenen	DAW	NED 199501085	26.55	
7.	Ingmar Hartman	KSN (SG)	NED 199801013	26.62	
8.	Robin van Beek	ZVL-1886	NED 199704023	26.84	
9.	Floyd van Duyvenbode	De Kempvis	NED 199600357	26.89	
10.	Jarick Stoop	De Rijn	NED 199604181	26.92	
11.	Dave Jansen	WVZ	NED 199805299	26.93	
12.	Jordi van der Weel	Feijenoord Albion Zwemclub	NED 199600359	27.16	
13.	Teun Strijbosch	Merlet	NED 199603041	27.53	
14.	Niels Versteeg	De Ward	NED 199502697	27.92	
15.	Diederick Schothans	De Veene	NED 199703185	27.93	
16.	Dion de Mooij	ZVL-1886	NED 199701803	28.01	
17.	Jordy van Oel	WVZ	NED 199802003	28.06	
18.	Erik Bult	DAW	NED 199902153	28.07	
19.	Dieder Schuurmans	Merlet	NED 199500447	28.13	
20.	Arie van der Vlist	VZC	NED 199804945	28.16	
21.	Hans Stoffers	Triton Putten	NED 199604027	28.38	
22.	Sam Beer	Rotterdam Swimming (SG)	NED 199605521	29.18	
23.	Ben Muller	De Geul	NED 199801281	29.28	
24.	Martijn Kornet	Zwemlust-den Hommel	NED 199700231	29.51	
25.	Mike van de Streek	Noord Veluwe	NED 199500577	29.56	
26.	Patrick Wyrdean	Feijenoord Albion Zwemclub	NED 199702475	30.13	
Masters 25+					
1.	Jesper Oranje <i>Nederlands Masters Record</i>	De Duck	NED 199200997	24.92	
2.	Roy Smeenge	TriVia	NED 199305557	25.29	
3.	Dennis Bos	HZ&PC Heerenveen	NED 199201965	26.47	
4.	Roderick van Doeselaar	Scheldestroom	NED 199200261	26.61	
5.	Timo Dinkelberg	Feijenoord Albion Zwemclub	NED 199300773	26.71	
6.	Jorden Theijink	ZPC De Hof	NED 199400323	27.50	
7.	Jesper Kloek	Dedemsvaart-AC	NED 199001585	28.31	
8.	Hiras Ferrandino	DWT	NED 199306527	28.48	
9.	Stefan Kwant	Nova	NED 199200781	28.90	
10.	Dennis Doove	De Kempvis	NED 199202413	29.27	
11.	Rens Post	WVZ	NED 199101827	29.40	
12.	Robin Eltink	DWK	NED 199406147	29.49	
13.	Jelte Schuurmans	Merlet	NED 199104841	29.92	
14.	Robin van Beusekom	ZPV Barracuda	NED 199205841	31.74	
Masters 30+					
1.	Arjan van der Plaats	DIO	NED 198602403	25.84	
2.	Ivan Kovalev	Troyka	RUS 102052	26.50	
3.	Bart Drechsel	Feijenoord Albion Zwemclub	NED 198604135	27.20	
4.	Rick Driezen	Steenwijk 1934	NED 198600713	27.67	
5.	Guido Moret	Feijenoord Albion Zwemclub	NED 198501793	28.53	
6.	Hans van Wijk	BZ&PC	NED 198903605	28.69	
7.	Bas Berndes	Merlet	NED 198900217	28.71	
8.	Jan van Opstal	DIO	NED 198602291	28.73	
9.	Sander de Vrugt	ESCA Zwemmen	NED 198903499	28.77	
10.	Vernon Steenkamp	SwimGym	NED 198604787	29.21	
11.	Klaas van Beek	ZV Haerlem	NED 198805941	29.24	
12.	Joppe Schuurmans	Merlet	NED 198905447	29.64	
13.	Robert Braad	Steenwijk 1934	NED 198600407	29.79	

Programmanr. 24, Heren, 50m vlinderslag, Masters 30+

rang	naam	vereniging			tijd	PARA
14.	Mark Effing	Merlet	NED	198600761	30.50	
15.	Ronald Vullings	Merlet	NED	198703655	31.19	
16.	Peter Schelvis	LinK	NED	198906671	31.69	

Masters 35+

1.	Lauren Vis	Steenwijk 1934	NED	198201883	27.10
2.	James Carr	Tynemouth ASC	GBR	1230413	27.72
3.	Ronald Koeckhoven	Feijenoord Albion Zwemclub	NED	198102017	28.59
4.	Gerwin Vonk	De Spatters	NED	198201907	29.01
5.	Peter van de Bor	DWT	NED	198402897	29.19
6.	Wouter Zijlstra	DAW	NED	198202077	29.31
7.	Sigitas Tachtarovas	Klaipeda SC	LTU		29.61
8.	Simon van Ravesteijn	WVZ	NED	198002263	30.18
9.	Dirk Smit	Tiamat	NED	198101559	30.51
10.	Rutger Stam	Zwemvereniging Hoogland	NED	198102463	31.83
11.	Michel Wigbers	DWT	NED	198001743	32.05

Masters 40+

1.	Casper Hut	HZ&PC Heerenveen	NED	197800471	26.29
2.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	26.36
3.	Evgeny Ryzhov	Sprut	RUS		27.89
4.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551	28.75
5.	László Jüllich	ZPCH	NED	197801893	28.77
6.	Alex Damen	DAW	NED	197501371	29.31
7.	Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	29.42
8.	Markus van Rest	WVZ	NED	197701197	29.47
9.	Aleksey Bayevsky	SwimGym	NED	197801923	29.57
10.	Walter Stielstra	TRB-RES	NED	197701651	30.05
11.	John Cobussen	De Gelenberg	NED	197501323	31.45
12.	Han Boone	SWOL 1894	NED	197701319	31.87
13.	Erik Drost	PSV	NED	197901491	31.90
14.	Jeroen Meuleners	Patrick-De Roersoppers (SG)	NED	197800703	32.05
15.	Ingmar Kooman	ZVL-1886	NED	197901517	33.05
16.	Michael Go	AZC	NED	197501397	33.39
17.	Johan Wezenberg	SWOL 1894	NED	197601023	33.94
NG.ZA	Ilya Ivanushkin	Arsenal	RUS		

Masters 45+

1.	Frédéric Tonus <i>Kampioenschaps Record</i>	Liège Natation	BEL	003911/73	26.08
2.	Antwan van Engen	De Ward	NED	197101577	27.45
3.	Joeri Stoffels	AZC	NED	197300851	29.49
4.	Richard Rickson	Zwemsport Parkstad (SG)	NED	197000841	29.71
5.	Aleksei Tanaev	Lada	RUS	102368	29.93
6.	Peter ter Horst	SWOL 1894	NED	197201261	30.56
7.	Heiner Stevens	ZIGNEA	NED	197201299	30.75
8.	Ramon de Bondt	ZPB H&L Productions	NED	197300105	31.31
9.	Aidas Pelesinas	Klaipeda SC	LTU		31.60
10.	Harold Brouwer	De Gelenberg	NED	197201569	33.06
11.	Erik Veltman	Stadskanaal	NED	197200941	33.16
12.	Gillis Biesheuvel	SwimGym	NED	197201659	33.36

Masters 50+

1.	Chester Marsman	ZPC AMERSFOORT	NED	196900671	28.31
2.	Dariusz Andrzejczak	SG Erkelenz-Hückelhoven	GER	326924	28.99
3.	Eduard Ivanov	PCWKS	RUS		29.06
4.	Pieter van Gemeren	DAW	NED	196901779	29.25
5.	Geert Wijn	De Gelenberg	NED	196701101	29.58
6.	Phil Trethewie	Old Dutch	NED	196501315	31.65
7.	Bastiaan Wanders	U.E. Horta	ESP	IR21DOF26	32.37

Programmanr. 24, Heren, 50m vlinderslag, Masters 50+

rang	naam	vereniging		tijd	PARA
8.	Erik Saan	De Duck	NED 196500769	32.40	
9.	Chretien Mali	RZC	NED 196800581	32.93	
10.	Fred Heemstra	DAW	NED 196500357	33.43	
11.	Mark Oostendorp	RZC	NED 196901841	33.45	
12.	Bert de Weerd	RZC	NED 196701283	33.59	
13.	Gerco Schakel	DWK	NED 196900849	33.67	
14.	Henri Michels	De Amstel	NED 196501587	35.60	
15.	Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED 196501027	36.03	

Masters 55+

1.	Iurii Nazarenko	Lada	RUS 7047	29.13	
2.	Peter Bernsen	De Rog	NED 196301119	29.25	
3.	Wiljam Nijenhuis	De IJsel	NED 196400547	29.95	
4.	Fred Ketting	PSV	NED 196000289	30.15	
5.	Kees-Jan van Overbeeke	WWV Winterswijk	NED 196200489	30.18	
6.	Sergey Kozlov	Poseydon	RUS 037099	30.24	
7.	Hans Vloedgraven	Old Dutch	NED 196400917	31.56	
8.	Hans Westerhof	WS Twente	NED 196200743	31.61	
9.	Geert van Duinhoven	RZC	NED 196401263	32.18	
10.	Paul Wijnja	De Biesboschzwemmers	NED 196301403	33.04	
11.	Robert de Brauwer	De Duinkickers	NED 196401383	33.11	
12.	Wilbert Barten	Nautilus	NED 196401373	33.92	

Masters 60+

1.	Hugo Bregman	Feijenoord Albion Zwemclub	NED 195800069	27.82	
<i>Europees Masters Record</i>					
2.	Walter Rolloos	ZPV Barracuda	NED 195900387	35.38	
3.	Jaap de Boer	De Duinkickers	NED 195800691	37.48	
AFGEM	Nartano Glijn	UZSC	NED 195500449		

Masters 65+

1.	Brend Brevé	PSV	NED 195200265	32.27	
2.	Fred Zanting	TriVia	NED 195400323	34.49	
3.	Pierre Monnet	Entente Sportive Nanterre 1	FRA 2609667	37.48	
4.	Ruud Ruiters	WWV Winterswijk	NED 195300169	38.07	
5.	Laurens Klein Breteler	WWV Winterswijk	NED 195400109	39.70	
6.	Charles Bos	Patrick-De Roersoppers (SG)	NED 195300019	40.01	

Masters 70+

1.	Theo Schouten	WWV Winterswijk	NED 194600161	39.15	
DIS	Willem Putter	ZVVS	NED 194500135		
<i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i>					

Programmanr. 25
26-01-2019 - 14:44

Dames, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m
Masters 20+						
1.	Maaikje van Veen	Dedemsvaart-AC	NED 199700292	1:07.35	30.79	1:07.35
2.	Marije Dinkelberg	Feijenoord Albion Zwemclub	NED 199703192	1:09.47	32.13	1:09.47
3.	Celine Schoenmaker	DWK	NED 199801976	1:09.84	31.59	1:09.84
4.	Fenna de Groot	Feijenoord Albion Zwemclub	NED 199701796	1:10.28	32.99	1:10.28
5.	Djamilla Gerner	SWOL 1894	NED 199905606	1:11.01	32.47	1:11.01
6.	Annick van der Kraats	Kimbria	NED 199800808	1:11.30	33.10	1:11.30
7.	Manon Kloosterman	De Bevelanders	NED 199702082	1:11.87	33.68	1:11.87

Programmanr. 25, Dames, 100m wisselslag, Masters 20+

rang naam	vereniging		tijd	PARA	50m	100m
8. Lianne Molkenboer	EZC	NED 199602034	1:12.23		31.98	1:12.23
9. Fiona Meuffels	RZ	NED 199504366	1:13.24		35.07	1:13.24
10. Eline van Gemert	De Meer	NED 199505458	1:13.83		35.45	1:13.83
11. Janine de Groot	Nova	NED 199500092	1:13.90		33.61	1:13.90
12. Moniek van Langevelde	ESCA Zwemmen	NED 199803160	1:13.94		33.30	1:13.94
13. Lianne Roescher	ZPC De Hof	NED 199900248	1:14.05		33.21	1:14.05
14. Amber van de Kraats	VZC	NED 199900236	1:14.56		34.78	1:14.56
15. Marte Stoorvogel	De Rijn	NED 199501408	1:14.61		35.78	1:14.61
16. Diana van Halm Braam	WVZ	NED 199800788	1:15.40		34.34	1:15.40

Masters 25+

1. Saskia De Klerk <i>Kampioenschaps Record</i>	Schwimm Club Flös	SUI 108387	1:05.17		30.58	1:05.17
2. Mabel Suli	WVZ	NED 199307964	1:06.75		30.65	1:06.75
3. Yvon Versteeg	De Veene	NED 199201864	1:07.75		31.39	1:07.75
4. Merel van der Kieft	EZC	NED 199200920	1:09.55		31.42	1:09.55
5. Wendan Poelstra	TriVia	NED 199102496	1:10.26		31.27	1:10.26
6. Jacyntha Plat	Steenwijk 1934	NED 199002956	1:11.88		33.07	1:11.88
7. Isabelle Massar	WVZ	NED 199102034	1:12.26		33.55	1:12.26
8. Heleen Arends	TriVia	NED 199404416	1:13.24		33.48	1:13.24
9. Linda van der Voort	ZVL-1886	NED 199207784	1:13.41		35.18	1:13.41
10. Nanda de Vries	Steenwijk 1934	NED 199204328	1:13.45		33.59	1:13.45
11. Vera van den Oord	Nautilus	NED 199405432	1:13.55		34.55	1:13.55
12. Joanne van Essen	UZSC	NED 199303506	1:14.54		34.14	1:14.54
13. Nikki Hoogeboom	De IJsel	NED 199301196	1:14.81		34.34	1:14.81
14. Tessa Mosch	MSV-Zeemacht	NED 199102172	1:14.86		33.89	1:14.86
15. Lisa Klatten	WVZ	NED 199203628	1:15.99		34.65	1:15.99
16. Clara Van Roeyen	GBZ	BEL 20082/90	1:16.24		35.13	1:16.24
17. Rebecca Evers	ZOB'66	NED 199207916	1:16.34		35.54	1:16.34
18. Getrude Corporaal	Steenwijk 1934	NED 199200380	1:16.55		35.46	1:16.55
19. Ramona Noordermeer	ZVVS	NED 199401746	1:16.96		36.29	1:16.96
20. Eva Kattouw	De Ward	NED 199407168	1:17.09		34.87	1:17.09
21. Natalia Braams	AZ&PC De Futen	NED 199106184	1:18.95		36.91	1:18.95
22. Marieke Ipema	ZVL-1886	NED 199401290	1:20.62		37.57	1:20.62
23. Gerdi Thiele	Zwemclub Polaris	NED 199401190	1:21.08		37.55	1:21.08
24. Kelly Bocking	Montferland	NED 199104050	1:23.01		39.26	1:23.01
25. Lonneke Oenema	Steenwijk 1934	NED 199102314	1:23.02		37.94	1:23.02
26. Whitley Rens	De Schotegil	NED 199007520	1:24.31		37.88	1:24.31
27. Eline Schoenmaker	Zwemlust-den Hommel	NED 199003322	1:27.01		39.21	1:27.01
NG Joëlle Vaes	DIO	NED 199007576				

Masters 30+

1. Marije Jansen	ZPC AMERSFOORT	NED 198504088	1:10.65		31.57	1:10.65
2. Sabine Lina	ZPC Woerden	NED 198902680	1:13.13		32.88	1:13.13
3. Natalie van der Hoeven	ZVVS	NED 198901786	1:13.70		34.51	1:13.70
4. Monique Pronk	WVZ	NED 198803528	1:16.13		36.15	1:16.13
5. Auke de Lange	AZC	NED 198602226	1:16.33		36.54	1:16.33
6. Nienke van Stipriaan	PSV	NED 198703970	1:17.10		35.04	1:17.10
7. Monique Remst	AZC	NED 198706236	1:17.36		36.72	1:17.36
8. Suzan Blankestijn	ZVL-1886	NED 198900350	1:17.81		36.92	1:17.81
9. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	1:18.15		36.08	1:18.15
10. Renske Eilers	Zwemvereniging Hoogland	NED 198806072	1:18.17		35.60	1:18.17
11. Marieke van Dodeweerd	RZC	NED 198600896	1:18.43		35.99	1:18.43
12. Miriam Visserman	SWOL 1894	NED 198704364	1:21.38		37.50	1:21.38
13. Diana Hemstede-Lammers	De Veene	NED 198902572	1:21.99		37.11	1:21.99
14. Tessa Verheijdt	WVZ	NED 198904290	1:22.09		38.86	1:22.09
15. Anna Boef	TriVia	NED 198806288	1:23.16		37.09	1:23.16

Programmanr. 25, Dames, 100m wisselslag

Masters 35+

1. Delia Badoux	WVZ	NED	198000042	1:09.37	31.77	1:09.37
2. Anke Lambooj	De Vliet (SG)	NED	198001182	1:13.76	34.59	1:13.76
3. Nadya Putter	ZVVS	NED	198301630	1:14.96	34.55	1:14.96
Caroline van Tiggelen	Scheldestroom	NED	198301970	1:14.96	34.51	1:14.96
5. Mariëlle Janssen	RZC	NED	198200760	1:15.56	35.13	1:15.56

Masters 40+

1. Monique Boets	Stadskanaal	NED	197600230	1:14.51	34.31	1:14.51
2. Jessica Klaassen	Zwemclub Koewacht	NED	197901536	1:17.02	35.63	1:17.02
3. Natalia Lesovaia	Spartak Voronezh	RUS	149628	1:17.83	34.61	1:17.83
4. Heleen Spelde-Fransens	THOR	NED	197901358	1:19.12	37.25	1:19.12
5. Jolanda van Gendt	PSV	NED	197800266	1:20.03	36.79	1:20.03
6. Petra Verstegen	WVZ	NED	197700906	1:20.58	36.82	1:20.58
7. Anuschka Glazema-Boelema	Stadskanaal	NED	197701166	1:22.93	38.50	1:22.93
8. Fabiola Bosman	Deltasteur	NED	197701148	1:23.59	39.06	1:23.59
9. Babette Rens	SWOL 1894	NED	197801200	1:26.39	40.79	1:26.39

Masters 45+

1. Gudule van der Meer	PSV	NED	197200396	1:12.40	32.87	1:12.40
2. Edith Janssen-Koolen	TRB-RES	NED	197300898	1:14.11	34.04	1:14.11
3. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	1:14.23	35.04	1:14.23
4. Irina Beresneva	Poseydon	RUS	37114	1:18.73	37.38	1:18.73
5. Annette de Visser	Oceanus	NED	197100602	1:18.85	38.78	1:18.85
6. Nadège van Meeteren	De Meer	NED	197400736	1:22.14	38.77	1:22.14
7. Eline Overeem	Zwemlust-den Hommel	NED	197101048	1:23.76	39.34	1:23.76
8. Henriëtte Manting	GZVW	NED	197100246	1:24.05	38.48	1:24.05

Masters 50+

1. Marjo Goelema-Koek	De Biesboschzwemmers	NED	196900192	1:16.75	36.52	1:16.75
2. Tatiana Prokofyeva	Dynamo	RUS	023013	1:18.26	38.82	1:18.26
3. Jacqueline Tuin	DAW	NED	196600690	1:18.28	36.76	1:18.28
4. Laura Staal	Oceanus	NED	196700358	1:21.16	38.26	1:21.16
5. Sandra Hoofs-Buil	The Hague Swimming (SG)	NED	196600678	1:25.72	40.26	1:25.72
6. K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	1:30.81	43.29	1:30.81
7. Hettie Schakel	DWK	NED	196900974	1:31.11	42.84	1:31.11
8. Miriam Stevens	Budel	NED	196900988	1:35.85	43.95	1:35.85
9. Hetty Smalheer	SCOM	NED	196700352	1:36.66	44.92	1:36.66
DIS Linda Goderie	Rotterdam Swimming (SG)	NED	196900976			

SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED	196300518	1:15.58	35.96	1:15.58
<i>Nederlands Masters Record</i>						
2. Tatiana Tikhomirova	Fitness House	RUS		1:18.87	37.19	1:18.87
<i>Russian Masters Record</i>						
3. Margriet Post-Goedemoed	De Otters Het Gooi	NED	196400632	1:24.29	38.90	1:24.29
4. Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	1:24.61	39.25	1:24.61
5. Marijke Kraak-Beckers	WS Twente	NED	196000240	1:25.97	41.12	1:25.97
6. Agnes van Doesburg	PSV	NED	196000264	1:30.39	43.68	1:30.39
7. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	1:32.55	45.45	1:32.55
8. Wilma Lammers-Wigman	Montferland	NED	196400614	1:35.41	41.55	1:35.41

Masters 60+

1. Nataliia Isupova	PCWKS	RUS	MC	1:26.14	38.84	1:26.14
2. Hannie Poletiek	TriVia	NED	195900278	1:33.87	45.29	1:33.87

Programmanr. 25, Dames, 100m wisselslag

Masters 65+

1. Christien Nieuwenhuis	SWOL 1894	NED	195100022	1:28.26	41.08	1:28.26
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Masters 70+

1. Corrie Verhoeven	PSV	NED	194600026	1:34.09	45.38	1:34.09
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Masters 80+

1. Marie Smits <i>Kampioenschaps Record</i>	Old Dutch	NED	193800004	2:21.31	1:08.14	2:21.31
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Programmanr. 26
26-01-2019 - 15:11

Heren, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging			tijd	PARA	50m	100m
Masters 20+							
1. Bas Dries	Zwemvereniging Hoogland	NED	199505177	59.89		27.46	59.89
2. Pascal Nuijten	Feijenoord Albion Zwemclub	NED	199701353	1:00.17		27.56	1:00.17
3. Sepp Kalter	Dedemsvaart-AC	NED	199704327	1:00.52		27.61	1:00.52
4. Jelle Nap	VZC	NED	199502875	1:01.25		28.77	1:01.25
5. Linqendo van der Klooster	ZPB H&L Productions	NED	199801361	1:02.48		28.95	1:02.48
6. Jarco van Ommen	Octopus	NED	199802153	1:02.92		28.54	1:02.92
7. Floyd van Duyvenbode	De Kempvis	NED	199600357	1:03.59		28.33	1:03.59
8. Ruben Koek	DWK	NED	199701187	1:03.78		29.80	1:03.78
9. Dieder Schuurmans	Merlet	NED	199500447	1:04.71		30.62	1:04.71
10. Nordin Termoshuizen	WVZ	NED	199605401	1:04.93		29.60	1:04.93
11. Max Muller	De Geul	NED	199800347	1:05.40		29.14	1:05.40
12. Marnix van het Hof	Zwemclub Polaris	NED	199803663	1:07.07		30.78	1:07.07
13. Jarick Stoop	De Rijn	NED	199604181	1:07.38		29.86	1:07.38
14. Ben Muller	De Geul	NED	199801281	1:07.46		31.22	1:07.46

Masters 25+

1. Ensger Kotterink <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	199403391	55.41		25.57	55.41
2. Roy Smeenge	TriVia	NED	199305557	58.15		27.11	58.15
3. Dennis Bos	HZ&PC Heerenveen	NED	199201965	59.85		27.38	59.85
4. Jordy Zuidhoek	De Columbiaan	NED	199201569	1:00.80		28.06	1:00.80
5. Romero Hennep	Feijenoord Albion Zwemclub	NED	199304929	1:01.27		28.72	1:01.27
6. Mathijs van der Logt	DIO	NED	199105561	1:01.56		28.01	1:01.56
7. Emiel van Beusekom	ZPV Barracuda	NED	199403951	1:02.37		28.95	1:02.37
8. Roderick van Doeselaar	Scheldestroom	NED	199200261	1:02.81		28.02	1:02.81
9. Hiras Ferrandino	DWT	NED	199306527	1:03.56		31.19	1:03.56
10. Joeri Scheidt	VZC	NED	199102011	1:03.81		29.78	1:03.81
11. Tim Bunnik	Triton	NED	199000505	1:04.18		29.57	1:04.18
12. Erik Wegman	De Kempvis	NED	199201465	1:05.38		30.54	1:05.38
13. Bart van der Zwaan	BZ&PC	NED	199005149	1:06.73		30.42	1:06.73
14. Kenneth Caster	Feijenoord Albion Zwemclub	NED	199100375	1:07.69		32.15	1:07.69
15. Tim de Vrugt	ESCA Zwemmen	NED	199306719	1:07.93		31.85	1:07.93
16. Jelte Schuurmans	Merlet	NED	199104841	1:08.61		30.38	1:08.61

Programmanr. 26, Heren, 100m wisselslag

Masters 30+

1. Aleksandr Kadukhin	Lada	RUS	102235	59.35	27.39	59.35
2. Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	1:01.90	28.51	1:01.90
3. Yuri van Ommen	Zwemvereniging Hoogland	NED	198501887	1:02.73	29.67	1:02.73
4. Erik Verholt	Noord Veluwe	NED	198803543	1:03.68	29.45	1:03.68
5. Martijn Giezen	ZPC AMERSFOORT	NED	198500813	1:04.29	28.92	1:04.29
6. Roderik Meijers	ZOB'66	NED	198602063	1:04.31	29.43	1:04.31
7. Sander de Vrugt	ESCA Zwemmen	NED	198903499	1:04.44	29.75	1:04.44
8. Alex Vermeulen	WZK Zwemmen	NED	198905811	1:05.10	29.71	1:05.10
9. Hans van Wijk	BZ&PC	NED	198903605	1:05.12	30.75	1:05.12
10. Vincent Bakker	ZPC AMERSFOORT	NED	198600107	1:06.00	30.81	1:06.00
11. Guido Moret	Feijenoord Albion Zwemclub	NED	198501793	1:06.38	31.59	1:06.38
12. Bas Berndes	Merlet	NED	198900217	1:07.38	31.93	1:07.38
13. Tim van den Berg	Rotterdam Swimming (SG)	NED	198500157	1:07.86	31.98	1:07.86
14. Vincent Lapouge	WVZ	NED	198806237	1:08.77	31.75	1:08.77
15. Joppe Schuurmans	Merlet	NED	198905447	1:11.03	31.63	1:11.03
16. Patrick de Jonge	Deltasteur	NED	198906635	1:12.67	31.39	1:12.67
17. Peter Schelvis	LinK	NED	198906671	1:13.52	33.44	1:13.52

Masters 35+

1. Lauren Vis	Steenwijk 1934	NED	198201883	1:01.86	28.50	1:01.86
2. Rick de Greef	Budel	NED	198400749	1:03.01	29.48	1:03.01
3. Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513	1:03.93	29.25	1:03.93
4. Robert Dekker	Dedemsvaart-AC	NED	198400443	1:03.95	28.87	1:03.95
5. James Carr	Tynemouth ASC	GBR	1230413	1:05.22	30.29	1:05.22
6. Arjan van Swam	De Gelenberg	NED	198402199	1:05.91	30.78	1:05.91
7. Rob van Vliet	ZPC AMERSFOORT	NED	198402459	1:05.98	30.40	1:05.98
8. Ronald Koeckhoven	Feijenoord Albion Zwemclub	NED	198102017	1:06.36	30.66	1:06.36
9. Erik Drewes	De Biesboschzwemmers	NED	198400543	1:07.98	31.49	1:07.98
10. Gerwin Vonk	De Spatters	NED	198201907	1:08.09	30.20	1:08.09
11. Wouter Zijlstra	DAW	NED	198202077	1:08.16	32.06	1:08.16
12. Michel Wigbers	DWT	NED	198001743	1:12.82	34.37	1:12.82
13. Dyon de Greef	Budel	NED	198202385	1:19.70	37.31	1:19.70

Masters 40+

1. Casper Hut	HZ&PC Heerenveen	NED	197800471	1:00.26	27.62	1:00.26
<i>Nederlands Masters Record</i>						
2. Erwin Buist	ZPC AMERSFOORT	NED	197800183	1:00.57	27.70	1:00.57
3. Ruud Holswilder	ZPCH	NED	197800435	1:03.61	29.00	1:03.61
4. Mathieu Gregoire	ENLN	BEL	008335/75	1:04.42	29.01	1:04.42
5. László Jüllich	ZPCH	NED	197801893	1:04.75	29.91	1:04.75
6. Vincent Versteeg	Zwemlust-den Hommel	NED	197701003	1:07.15	31.72	1:07.15
7. Aleksey Bayevsky	SwimGym	NED	197801923	1:07.28	32.47	1:07.28
8. Jim Fanggiday	ZPC Woerden	NED	197902071	1:09.65	32.03	1:09.65
9. Arjan Aalbers	SWOL 1894	NED	197500001	1:17.73	35.52	1:17.73
10. Gino Martijn	RZ	NED	197901865	1:18.13	36.71	1:18.13
Peter Lommert	SWOL 1894	NED	197900787	1:18.13	34.40	1:18.13

Masters 45+

1. Marcel van Winssen	De Gelenberg	NED	197101477	1:04.49	30.07	1:04.49
2. Richard Ricksen	Zwemsport Parkstad (SG)	NED	197000841	1:06.43	31.59	1:06.43
3. Tomas Zemaitis	Klaipeda SC	LTU		1:09.59	31.67	1:09.59
4. Michael van Bekkum	SWOL 1894	NED	197200051	1:10.65	33.49	1:10.65
5. Ingmar de Gelder	ZOB'66	NED	197000333	1:14.44	35.18	1:14.44
6. Peter ter Horst	SWOL 1894	NED	197201261	1:15.13	35.05	1:15.13
7. Martin Berkhout	ZVL-1886	NED	197101123	1:15.99	35.51	1:15.99
8. Korstiaan de Boer	Steenwijk 1934	NED	197101629	1:16.03	35.02	1:16.03
9. Wiljo Mackus	Budel	NED	197101557	1:16.21	35.17	1:16.21
10. Harold Brouwer	De Gelenberg	NED	197201569	1:16.32	36.62	1:16.32

Programmanr. 26, Heren, 100m wisselslag

Masters 50+

1. Glen Le Clercq	De Rog	NED	196800177	1:06.14	31.35	1:06.14
2. Darius Andrzejczak	SG Erkelenz-Hückelhoven	GER	326924	1:06.50	30.93	1:06.50
3. Arjan Bellaart	Het Y	NED	196900079	1:08.17	31.47	1:08.17
4. Harold Matla	PSV	NED	196800591	1:10.44	34.40	1:10.44
5. Dmitry Trubin	Brigantina	RUS	4079	1:10.68	31.59	1:10.68
6. Ron Korzelius	ZPC AMERSFOORT	NED	196500513	1:11.95	33.33	1:11.95
7. Matthijs van den Adel	De Otters Het Gooi	NED	196501637	1:12.74	33.47	1:12.74
8. Guido Keutgen	Steenwijk 1934	NED	196801551	1:13.51	32.39	1:13.51
9. Edwin van Houten	DWK	NED	196501625	1:14.17	33.55	1:14.17
10. Mark Oostendorp	RZC	NED	196901841	1:15.67	36.20	1:15.67
11. Chretien Mali	RZC	NED	196800581	1:16.46	35.67	1:16.46
12. Erik Wetsteijn	SWOL 1894	NED	196501019	1:17.05	34.34	1:17.05
13. Fred Heemstra	DAW	NED	196500357	1:17.07	35.49	1:17.07
14. Sander van den Berg	WS Twente	NED	196801357	1:17.38	36.00	1:17.38
Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED	196501539	1:17.38	36.02	1:17.38
16. Vadim Ezhkov	Pregel	RUS	10020	1:17.45	36.51	1:17.45
17. Marcel van Lochem	The Hague Swimming (SG)	NED	196500581	1:18.00	36.66	1:18.00
18. Joop Weenink	WS Twente	NED	196801535	1:19.14	38.72	1:19.14
19. Hans Schoenmakers	DAW	NED	196900863	1:19.31	39.56	1:19.31

Masters 55+

1. Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	1:09.19	32.28	1:09.19
2. Arnold de Rover	AZ&PC De Futen	NED	196400645	1:09.92	32.85	1:09.92
3. Geert van Duinhoven	RZC	NED	196401263	1:13.99	35.32	1:13.99
Theo Bakker	TriVia	NED	196401231	1:13.99	36.66	1:13.99
5. Ronald Grove	Triton	NED	196100161	1:14.18	35.54	1:14.18
6. Ron Phaff	PSV	NED	196200495	1:15.73	35.65	1:15.73
7. Robert de Brauwer	De Duinkickers	NED	196401383	1:15.83	34.97	1:15.83
8. Richard Tiemstra	De Biesboschzwemmers	NED	196301397	1:18.81	36.50	1:18.81
9. Ron van der Meer	De Gelenberg	NED	196000975	1:19.70	37.57	1:19.70
10. Wilbert Barten	Nautilus	NED	196401373	1:21.40	39.01	1:21.40
11. Jan Smalheer	SCOM	NED	196400701	1:22.26	38.43	1:22.26
12. Rob Hemesath	PSV	NED	196100189	1:24.20	39.96	1:24.20
13. John Dam	ZIGNEA	NED	196000915	1:27.30	40.39	1:27.30
14. André Schutte	ZPC De Zeeuwse Kust	NED	196000521	1:27.95	41.48	1:27.95
15. Pierre de Groot	WIDEX GZC DONK	NED	196401431	1:28.18	43.24	1:28.18
DIS Iurii Nazarenko	Lada	RUS	7047			

RF - Bij het loslaten van de wand na het keerpunt de rugligging niet aangenomen.

Masters 60+

1. Paul Bunnik	Triton	NED	195600413	1:18.52	37.25	1:18.52
2. Walter Rolloos	ZPV Barracuda	NED	195900387	1:21.08	38.33	1:21.08
3. Bart van Doesburg	PSV	NED	195600463	1:25.08	39.66	1:25.08
4. Christian Schoenaers	CNSW	BEL	007131/59	1:30.91	44.52	1:30.91
AFGEM Nartano Glijn	UZSC	NED	195500449			

Masters 65+

1. Vladimir Getman	Poseydon	RUS	023004	1:18.93	39.43	1:18.93
2. Boris Bogatov	Lada	RUS	7033	1:25.30	39.41	1:25.30
3. Pierre Monnet	Entente Sportive Nanterre 1	FRA	2609667	1:28.88	41.52	1:28.88

Masters 70+

1. Theo Schouten	WWV Winterswijk	NED	194600161	1:39.69 *	46.04	1:39.69
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Programmanr. 26, Heren, 100m wisselslag

Masters 75+

1. Rob Hanou	PSV	NED	194300109	1:33.60	46.04	1:33.60
2. Frans van Enst	WS Twente	NED	194000011	1:37.11	44.22	1:37.11
3. Geza Kaltenecker	AZC	NED	194200065	1:45.61	51.48	1:45.61

Programmanr. 27
26-01-2019 - 15:40

Dames, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
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Masters 20+

1. Tamara Grove	De Dolfijn	NED	199601266		2:05.03	28.97	1:00.75	1:32.73	2:05.03
<i>Nederlands Masters Record</i>									
2. Jamilla van Veen	Zwemvereniging Hoogland	NED	199603192		2:09.12	29.48	1:02.57	1:35.85	2:09.12
3. Brenda Zwarthoed	DAW	NED	199604938		2:09.92	29.37	1:02.18	1:35.89	2:09.92
4. Hilde Dekker	ReVeLie Swim Team	NED	199901926		2:12.87	30.35	1:04.92	1:40.08	2:12.87
5. Elianne Huitema	Steenwijk 1934	NED	199700258		2:16.27	31.12	1:05.50	1:41.40	2:16.27
6. Bibi Stokvis	Het Y	NED	199900892		2:17.02	30.65	1:05.13	1:41.33	2:17.02
7. Marijke Drent	Nova	NED	199906232		2:17.76	32.15	1:07.35	1:43.16	2:17.76
8. Anouk van der Kruk	MSV-Zeemacht	NED	199903778		2:21.45	31.92	1:07.71	1:44.45	2:21.45
9. Laura Compagner	Dedemsvaart-AC	NED	199804602		2:22.34	31.44	1:06.62	1:44.37	2:22.34
10. Lieke van Essen	SWOL 1894	NED	199502814		2:22.45	32.35	1:07.96	1:44.93	2:22.45
11. Moniek Heemskerck	ZVL-1886	NED	199601964		2:24.09	33.20	1:09.64	1:47.26	2:24.09
12. Céline Verhoef	De Duck	NED	199604476		2:27.67	33.07	1:09.63	1:47.77	2:27.67
13. Carina Spronk	TRB-RES	NED	199702382		2:27.82	33.61	1:11.22	1:50.38	2:27.82
14. Anne-Irene Ducheine	Zwemvereniging Hoogland	NED	199506824		2:28.37	33.18	1:10.33	1:49.11	2:28.37
15. Lenneke Bagijn	De Duck	NED	199604992		2:29.13	33.60	1:10.68	1:49.49	2:29.13
16. Judith Kleinjan	De Duck	NED	199802710		2:30.83	34.90	1:14.02	1:52.55	2:30.83

Masters 25+

1. Inge Arts	Merlet	NED	199203076		2:07.87	29.86	1:02.97	1:35.28	2:07.87
2. Maaike Vooren	DAW	NED	199103324		2:11.03	30.63	1:03.63	1:37.35	2:11.03
3. Saskia De Klerk	Schwimm Club Flös	SUI	108387		2:14.09	30.48	1:04.76	1:40.72	2:14.09
4. Lotte Coenen	The Hague Swimming (SG)	NED	199301518		2:16.47	29.64	1:02.95	1:38.77	2:16.47
5. Melissa Zwaan	DAW	NED	199103666		2:19.63	31.06	1:06.11	1:42.11	2:19.63
6. Wendy de Bruin	ZOB'66	NED	199206320		2:20.29	30.78	1:04.93	1:41.67	2:20.29
7. Danica Koedoot	De Schotejil	NED	199301034		2:22.08	32.43	1:08.63	1:45.29	2:22.08
8. Mandy Verbakel	ZPC Woerden	NED	199003908		2:22.18	31.75	1:07.56	1:45.27	2:22.18
9. Chantal van der Horst	De Meer	NED	199400616		2:24.40	33.36	1:09.88	1:47.45	2:24.40
10. Martje Godschalk	De IJsel	NED	199001186		2:24.92	33.19	1:09.55	1:46.96	2:24.92
11. Cindy Franken-Hendriks	EZPC	NED	199207672		2:26.57	32.68	1:09.54	1:47.85	2:26.57
12. Joanne Groeneveldt	AZ&PC De Futen	NED	199105998		2:30.54	33.17	1:11.88	1:51.91	2:30.54
13. Jacqueline van den Beukel	Feijenoord Albion Zwemclub	NED	199100238		2:32.71	34.49	1:13.38	1:53.45	2:32.71
14. Ilse Blankvoort	Steenwijk 1934	NED	199204458		2:32.98	34.26	1:12.44	1:52.21	2:32.98
15. Irmgard van Weeghel	ZPC Hatto Heim	NED	199204834		2:33.58	34.28	1:12.74	1:53.08	2:33.58
16. Kimberley van Buren	De Duck	NED	199304136		2:34.29	34.71	1:13.22	1:53.44	2:34.29
17. Marjan Rikken	ZVV	NED	199206114		2:36.23	35.31	1:14.49	1:55.33	2:36.23
18. Charine de Ruiter	Steenwijk 1934	NED	199403668		2:36.25	34.29	1:13.28	1:54.59	2:36.25
19. Naomi Stacia	De Golfbreker	NED	199201668		2:37.54	34.42	1:13.91	1:56.24	2:37.54

Masters 30+

1. Viktória Felföldi	IronSwimTeam	HUN			2:12.44	30.83	1:04.39	1:38.41	2:12.44
<i>Hungarian Masters Record</i>									
2. Lianne Andeweg	Zuiderzeewimmers	NED	198800092		2:16.99	31.66	1:06.35	1:41.86	2:16.99
3. Josine van Dorsselaer	Zwemclub Koewacht	NED	198801040		2:23.58	33.25	1:09.48	1:46.81	2:23.58
4. Kiona Peters	ESCA Zwemmen	NED	198903272		2:24.71	33.24	1:10.30	1:48.30	2:24.71
5. Sandra Zwaanswijk	DAW	NED	198503934		2:29.10	33.49	1:11.04	1:50.28	2:29.10
6. Esther Boerdam-Delfos	AZC	NED	198705256		2:35.56	35.65	1:15.22	1:55.94	2:35.56

Programmanr. 27, Dames, 200m vrije slag

Masters 35+

1. Maïke Grösch	Zehlendorfer TSV v.1888	GER 066680	2:11.54	30.62	1:04.18	1:38.58	2:11.54
<i>Kampioenschaps Record</i>							
2. Anke Lambooj	De Vliet (SG)	NED 198001182	2:17.76	30.89	1:04.99	1:41.14	2:17.76
3. Linda Hoogendam	WVZ	NED 198300892	2:41.65	35.58	1:17.14	2:00.68	2:41.65
4. Mia Gobert	BZK	BEL 21196/80	2:58.46	38.08	1:21.22	2:08.74	2:58.46

Masters 40+

1. Meritxell Gonfaus Brunet	CN Aquamasters	ESP	2:19.14	32.07	1:07.49	1:43.76	2:19.14
2. Liselotte Joling	PSV	NED 197500268	2:19.87	33.16	1:09.08	1:44.95	2:19.87
3. Melanie Kuiper	ZIGNEA	NED 197600350	2:23.34	33.51	1:09.70	1:46.86	2:23.34
4. Chantal Verhoeff	Old Dutch	NED 197900912	2:27.41	33.38	1:10.36	1:48.18	2:27.41
5. Petra Guijt	Aqua-Novio'94	NED 197600978	2:28.80	34.37	1:11.66	1:50.27	2:28.80
6. Martine de Haart	Patrick-De Roersoppers (SG)	NED 197901492	2:33.74	35.51	1:14.62	1:54.76	2:33.74
7. Natalia Lesovaia	Spartak Voronezh	RUS 149628	2:34.40	34.18	1:12.99	1:54.66	2:34.40
8. Karin van Dijk	THOR	NED 197601066	2:37.74	35.52	1:15.78	1:57.68	2:37.74
9. Esther Vergeest	De Rog	NED 197700012	2:38.38	36.11	1:16.12	1:57.87	2:38.38
10. I. Speelman Hamelink	Zwemclub Koewacht	NED 197601028	2:38.95	36.30	1:16.35	1:57.69	2:38.95
11. Jannie Vennik	HZ&PC Heerenveen	NED 197601006	2:40.19	37.87	1:18.93	2:00.79	2:40.19
12. Marian Nederlof	De Geul	NED 197600950	2:45.35	37.64	1:19.76	2:02.69	2:45.35

Masters 45+

1. Annette de Visser	Oceanus	NED 197100602	2:25.72	32.50	1:08.66	1:46.99	2:25.72
2. Yvette Ratering	De Ward	NED 197200990	2:26.80	33.22	1:10.22	1:48.55	2:26.80
3. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	2:26.97	33.29	1:10.02	1:48.26	2:26.97
4. Jeanne Petit	PSV	NED 197001020	2:31.43	33.88	1:12.21	1:51.69	2:31.43
5. Valerie Rolland	CNSW	BEL 004276/71	2:33.29	34.79	1:13.70	1:53.08	2:33.29
6. Wendy Brugman	De Rog	NED 197300952	2:34.63	33.21	1:11.69	1:53.13	2:34.63
7. J. de Ruyter-Wijnolst	WIDEX GZC DONK	NED 197400446	2:36.62	34.91	1:14.69	1:56.24	2:36.62
8. Inge Lolkema-Soeters	Steenwijk 1934	NED 197300934	2:59.77	39.95	1:25.28	2:13.07	2:59.77

Masters 50+

1. Heidi den Boer	LinK	NED 196900864	2:22.80	32.56	1:08.02	1:45.14	2:22.80
2. Silvia Ferdin	City of Cambridge SC	GBR 180377	2:25.62	33.70	1:10.35	1:48.09	2:25.62
3. Saskia Phaff	PSV	NED 196600242	2:29.89	33.62	1:12.21	1:51.01	2:29.89
4. Rita van der Horst	RZC	NED 196900260	2:37.49	34.86	1:14.70	1:55.75	2:37.49
5. Marijke Campfens	De Geul	NED 196900960	2:41.08	37.28	1:18.43	2:00.59	2:41.08
6. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	2:44.32	37.52	1:19.05	2:01.60	2:44.32
7. Marion Broekhuis	WS Twente	NED 196800060	2:45.10	37.60	1:18.94	2:02.01	2:45.10
8. Irna van der Molen	WS Twente	NED 196900938	2:52.56 *	37.45	1:20.85	2:07.34	2:52.56
9. Sandra Daamen-Posma	AZC	NED 196800854	3:00.22	39.38	1:25.81	2:13.83	3:00.22
10. Hetty Smalheer	SCOM	NED 196700352	3:06.62	43.65	1:31.04	2:19.78	3:06.62
11. Ageeth Westenbrink	De Rog	NED 196700712	3:07.33	41.81	1:28.16	2:18.45	3:07.33

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED 196300518	2:28.37	34.93	1:11.92	1:50.23	2:28.37
2. Wilna Heijman	Steenwijk 1934	NED 196400506	2:36.50	36.56	1:16.38	1:56.67	2:36.50
3. Olga Kedrova	Poseydon	RUS 37010	2:42.63	37.36	1:18.90	2:01.36	2:42.63
4. Svetlana Islamgaleeva	Spartak Voronezh	RUS 038013	2:42.72	37.78	1:19.80	2:02.77	2:42.72
5. Petra Tossings	DAW	NED 196100376	2:43.13	37.49	1:18.90	2:01.72	2:43.13
6. Jennie Resink-lindeboom	DWK	NED 196000142	3:05.73	43.44	1:30.70	2:19.91	3:05.73
7. Erica Muller	De Geul	NED 196400412	3:07.62	42.57	1:30.73	2:19.86	3:07.62

Masters 60+

1. Atie Pijtak-Radersma	ZPC AMERSFOORT	NED 195600048	2:33.08	35.27	1:13.91	1:53.48	2:33.08
2. Esther van Lohuizen	PSV	NED 195900300	2:37.34	36.10	1:16.77	1:58.22	2:37.34

Programmanr. 27, Dames, 200m vrije slag

Masters 65+

1. Conny Boer-Buys	ZVVS	NED 195000006	2:47.36	37.41	1:19.00	2:02.90	2:47.36
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Masters 70+

1. Corrie Verhoeven	PSV	NED 194600026	3:04.61	41.18	1:28.10	2:17.77	3:04.61
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Masters 80+

1. Lottie Geurts	PSV	NED 193500006	3:42.54	50.74	1:48.01	2:46.04	3:42.54
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Programmanr. 28
26-01-2019 - 16:17

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
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Masters 20+

1. Ingmar Hartman	KSN (SG)	NED 199801013	1:55.40		27.20	56.99	1:26.78	1:55.40
<i>Kampioenschaps Record</i>								
2. Sepp Kalter	Dedemsvaart-AC	NED 199704327	1:58.51		26.99	56.70	1:27.55	1:58.51
3. Robin van Beek	ZVL-1886	NED 199704023	1:58.73		27.75	58.03	1:28.69	1:58.73
4. Joris Bezemer	De Kempvis	NED 199900527	1:58.99		27.00	57.16	1:27.83	1:58.99
5. Felix Geenen	DAW	NED 199501085	1:59.46		26.40	56.85	1:28.03	1:59.46
6. Nick Sijmons	De Amstel	NED 199500491	2:01.25		27.66	58.80	1:30.60	2:01.25
7. Teun Strijbosch	Merlet	NED 199603041	2:01.28		27.40	57.59	1:29.03	2:01.28
8. Lars Schoffemeer	ZPB H&L Productions	NED 199501907	2:01.42		27.51	57.95	1:29.26	2:01.42
9. Dennis Wildeboer	Nova	NED 199800571	2:02.50		27.70	58.38	1:30.03	2:02.50
10. Niels Versteeg	De Ward	NED 199502697	2:03.85		28.48	59.70	1:31.97	2:03.85
Nordin Termoshuizen	WVZ	NED 199605401	2:03.85		28.75	1:00.19	1:32.35	2:03.85
12. Jeroen Louwinger	De Rijn	NED 199900583	2:06.05		27.96	59.46	1:32.82	2:06.05
13. Jeffrey Camphens	DWT	NED 199503113	2:06.69		29.12	1:01.89	1:34.43	2:06.69
14. Lars van der Velden	DAW	NED 199800175	2:07.91		27.69	59.42	1:33.51	2:07.91
15. Martijn Kornet	Zwemlust-den Hommel	NED 199700231	2:09.51		29.91	1:03.24	1:36.82	2:09.51
16. Arie van der Vlist	VZC	NED 199804945	2:10.96		30.36	1:03.97	1:37.81	2:10.96
17. Zyco van Esveld	DWT	NED 199903843	2:12.58		30.40	1:03.21	1:37.34	2:12.58
18. Richard van der Horst	De Meer	NED 199700179	2:12.63		29.89	1:02.70	1:37.44	2:12.63
19. Patrick Wyrdeman	Feijenoord Albion Zwemclub	NED 199702475	2:17.16		31.05	1:05.07	1:40.53	2:17.16
20. Martijn Bartels	ZPC AMERSFOORT	NED 199603493	2:19.10		31.93	1:06.42	1:42.05	2:19.10

Masters 25+

1. Kevin Eltink	DWK	NED 199100589	1:56.89		27.06	57.39	1:28.17	1:56.89
2. Olaf Achterberg	VZC	NED 199000011	1:59.68		27.03	57.00	1:28.18	1:59.68
3. Joeri Scheidt	VZC	NED 199102011	2:01.07		28.29	59.03	1:30.54	2:01.07
4. Emiel van Beusekom	ZPV Barracuda	NED 199403951	2:03.35		27.91	58.94	1:30.96	2:03.35
5. Tim Bunnik	Triton	NED 199000505	2:03.53		27.59	58.53	1:31.07	2:03.53
6. Jordan Theijink	ZPC De Hof	NED 199400323	2:06.42		28.18	1:00.20	1:33.25	2:06.42
7. Mike Schel	ESCA Zwemmen	NED 199403279	2:06.47		29.40	1:01.77	1:34.20	2:06.47
8. Patrick Creemers	RZ	NED 199000579	2:10.07		30.11	1:03.61	1:36.83	2:10.07
9. Pieter Pijnenburg	De Warande	NED 199305227	2:11.59		29.69	1:03.16	1:38.38	2:11.59
10. Rens Post	WVZ	NED 199101827	2:12.17		29.59	1:02.53	1:37.39	2:12.17
11. Martino Valentijn	DIO	NED 199403913	2:12.90		30.27	1:03.70	1:38.55	2:12.90
12. Stefan Kwant	Nova	NED 199200781	2:14.18		29.75	1:02.62	1:37.61	2:14.18
13. Stefan Oostendorp	AZC	NED 199005615	2:18.83		31.65	1:06.59	1:42.80	2:18.83

Programmanr. 28, Heren, 200m vrije slag

Masters 30+

1. Alex Schelvis	LinK	NED 198702927	1:58.22	27.42	57.30	1:27.46	1:58.22
2. Ivan Kovalev	Troyka	RUS 102052	1:58.36	26.83	57.18	1:27.86	1:58.36
3. Klaas van Beek	ZV Haerlem	NED 198805941	2:01.82	27.66	57.83	1:29.35	2:01.82
4. Bart Drechsel	Feijenoord Albion Zwemclub	NED 198604135	2:05.63	28.77	1:00.13	1:32.40	2:05.63
5. Sander van Elburg	PSV	NED 198800937	2:05.70	28.61	1:00.63	1:33.64	2:05.70
6. Roel van der Kruijs	De Gelenberg	NED 198501491	2:12.21	30.69	1:04.02	1:38.58	2:12.21
7. Rick Driezen	Steenwijk 1934	NED 198600713	2:16.38	31.29	1:05.04	1:39.84	2:16.38
8. Melano Winter	AZ&PC De Futen	NED 198703847	2:22.39	32.49	1:08.20	1:45.59	2:22.39

Masters 35+

1. Erik Schröder	TriVia	NED 198402025	2:01.43	28.20	58.84	1:30.22	2:01.43
2. Federico Cappello	Entente Sportive Nanterre 2	FRA 2749459	2:02.89	27.97	58.62	1:30.49	2:02.89
3. Kristiaan Lenos	ZVL-1886	NED 198301331	2:03.24	27.33	57.62	1:30.13	2:03.24
4. Pieter Pickhardt	ZPC De Hof	NED 198301657	2:07.63	29.92	1:02.39	1:35.32	2:07.63
5. Jim Geestman	Rotterdam Swimming (SG)	NED 198300699	2:07.69	29.12	1:00.86	1:34.35	2:07.69
6. Arjan Prins	Dedemsvaart-AC	NED 198201383	2:08.47	29.33	1:01.58	1:35.87	2:08.47
7. Marcel Reefhuis	WS Twente	NED 198101381	2:08.83	29.94	1:02.85	1:36.48	2:08.83
8. Sander Zoer	Dedemsvaart-AC	NED 198302447	2:10.70	29.19	1:01.74	1:35.38	2:10.70
9. Rick de Greef	Budel	NED 198400749	2:10.76	28.85	1:02.21	1:36.79	2:10.76
10. Erik Drewes	De Biesboschzwemmers	NED 198400543	2:10.79	29.85	1:03.33	1:37.00	2:10.79
11. Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	2:17.74	32.15	1:07.24	1:42.33	2:17.74
12. Peter van de Bor	DWT	NED 198402897	2:20.22	31.12	1:06.87	1:44.28	2:20.22
13. Guido Robertz	TRB-RES	NED 198201439	2:24.75	32.16	1:08.84	1:47.37	2:24.75
14. Rutger Stam	Zwemvereniging Hoogland	NED 198102463	2:25.27	31.94	1:08.10	1:46.65	2:25.27
15. Edward van Dootingh	ZV 44	NED 198403341	2:27.05	33.32	1:09.83	1:48.45	2:27.05
16. Martin van Vaardegem	GoSwim	NED 198201767	2:29.67	33.72	1:11.23	1:50.70	2:29.67
17. Sebastiaan Baars	WS Twente	NED 198300053	2:30.34	33.73	1:11.24	1:50.81	2:30.34

Masters 40+

1. Ivo Roozeboom	WVZ	NED 197700801	2:04.37	28.08	1:00.80	1:33.16	2:04.37
2. Gérald Durez	ENLN	BEL 00697376	2:05.60	29.39	1:01.15	1:33.69	2:05.60
3. Dennis Brouwers	HZPC	NED 197800167	2:07.76	30.34	1:03.21	1:35.52	2:07.76
Mark Hensen	ZPV Barracuda	NED 197900497	2:07.76	28.63	1:00.90	1:34.16	2:07.76
5. Victor Barnar	GoSwim	NED 197801805	2:10.77	30.29	1:02.93	1:36.53	2:10.77
6. Alex Damen	DAW	NED 197501371	2:10.89	30.54	1:04.00	1:37.98	2:10.89
7. Freddie Geerlings	Zwemsport Parkstad (SG)	NED 197900379	2:12.03	30.37	1:03.90	1:38.49	2:12.03
8. John Cobussen	De Gelenberg	NED 197501323	2:13.39	30.21	1:03.77	1:38.55	2:13.39
9. Ingmar Kooman	ZVL-1886	NED 197901517	2:30.74	34.36	1:13.27	1:52.90	2:30.74
NG.ZA Ilya Ivanushkin	Arsenal	RUS					

Masters 45+

1. Frédéric Tonus	Liège Natation	BEL 00391173	1:58.08	27.77	57.42	1:28.64	1:58.08
<i>Kampioenschaps Record, Belgisch Masters Record</i>							
2. Antwan van Engen	De Ward	NED 197101577	2:07.38	29.63	1:01.49	1:34.58	2:07.38
3. Joeri Stoffels	AZC	NED 197300851	2:10.81	30.51	1:04.76	1:38.62	2:10.81
4. Peter van Grootheest	ZV 44	NED 197000375	2:20.18	31.87	1:06.79	1:43.42	2:20.18
5. Heiner Stevens	ZIGNEA	NED 197201299	2:24.85	31.96	1:07.35	1:45.10	2:24.85
6. Martin Berkhout	ZVL-1886	NED 197101123	2:28.00	32.02	1:09.95	1:49.60	2:28.00
7. Arturas Klimas	Klaipeda SC	LTU	2:28.69	33.09	1:09.87	1:49.75	2:28.69
8. Wouter van der Stelt	De Biesboschzwemmers	NED 197200889	2:29.29	33.72	1:11.47	1:50.61	2:29.29

Masters 50+

1. Geert Wijn	De Gelenberg	NED 196701101	2:06.00	29.20	1:01.60	1:34.07	2:06.00
2. Glen Le Clercq	De Rog	NED 196800177	2:06.70	30.39	1:03.97	1:34.08	2:06.70
3. Pieter van Gemeren	DAW	NED 196901779	2:07.41	30.09	1:02.50	1:34.97	2:07.41
4. Vladimir Gusev	Troyka	RUS 3113	2:08.03	29.97	1:01.86	1:34.36	2:08.03
5. Bob de Vries	The Hague Swimming (SG)	NED 196601101	2:08.64	28.58	1:01.35	1:34.65	2:08.64
6. John Hardeman	De Fuut	NED 196601615	2:12.67	30.33	1:04.10	1:38.59	2:12.67

Programmanr. 28, Heren, 200m vrije slag, Masters 50+

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
7. Frank van Nobelen	Sassenheim	NED 196900753	2:16.00		31.72	1:06.59	1:41.73	2:16.00
8. Phil Trethewie	Old Dutch	NED 196501315	2:18.60		33.47	1:09.41	1:45.25	2:18.60
9. Henri Michels	De Amstel	NED 196501587	2:19.95		32.41	1:07.70	1:44.41	2:19.95
10. Hans Bouwmeester	ZVL-1886	NED 196700127	2:20.31		31.56	1:06.68	1:43.51	2:20.31
11. Otto Jansen	ZVL-1886	NED 196501403	2:21.28		31.67	1:07.23	1:44.38	2:21.28
12. Bert de Weerd	RZC	NED 196701283	2:24.13		31.98	1:08.36	1:46.47	2:24.13
13. Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED 196501539	2:25.46		32.61	1:09.41	1:48.12	2:25.46
14. Wijnand Vergeest	De Rog	NED 196800949	2:29.82		33.67	1:11.32	1:51.43	2:29.82
15. Vadim Ezhkov	Pregel	RUS 10020	2:30.68		34.08	1:12.39	1:51.67	2:30.68
16. Erik Saan	De Duck	NED 196500769	2:33.82		33.38	1:12.56	1:53.01	2:33.82
17. Marcel van Lochem	The Hague Swimming (SG)	NED 196500581	2:34.93		34.78	1:14.84	1:56.40	2:34.93
18. Willem Jan Ribberink	WIDEX GZC DONK	NED 196501327	2:35.36		33.07	1:11.13	1:52.53	2:35.36
19. Eric Dumas	Patrick-De Roersoppers (SG)	NED 196901397	2:40.46		33.96	1:13.55	1:56.44	2:40.46
20. Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED 196501027	2:51.38		37.93	1:21.54	2:06.97	2:51.38

Masters 55+

1. Johan Remmits	ZPC Woerden	NED 196201159	2:12.80		30.93	1:04.85	1:39.13	2:12.80
2. Gert Sikkema	Zwemclub Urk 1978	NED 196300687	2:19.13		32.54	1:08.05	1:43.75	2:19.13
3. Wiljam Nijenhuis	De IJssel	NED 196400547	2:19.54		31.38	1:06.65	1:44.03	2:19.54
4. Paul Wijnja	De Biesboschzwemmers	NED 196301403	2:26.32		32.62	1:09.81	1:48.22	2:26.32
5. Roy Le Clercq	De Rog	NED 196401041	2:32.87		34.99	1:13.58	1:53.12	2:32.87
6. John Dam	ZIGNEA	NED 196000915	2:40.92		36.09	1:16.33	1:59.67	2:40.92
7. Jan Smalheer	SCOM	NED 196400701	2:41.13		36.84	1:17.31	1:59.43	2:41.13
8. Adriaan Kop	Old Dutch	NED 196101135	2:41.78		34.36	1:15.31	1:59.53	2:41.78
9. Richard Tiemstra	De Biesboschzwemmers	NED 196301397	2:42.55		35.53	1:16.30	1:59.63	2:42.55
NG.ZA Karol Lacko	SK Aquatics Nitra	SVK SVK16793						
NG Eric Langhorst	De Rijn	NED 196200389						

Masters 60+

1. Marten de Groot	HZ&PC Heerenveen	NED 195800149	2:13.82		30.23	1:04.29	1:39.61	2:13.82
2. Dirk Zeterberg	Zehlendorfer TSV v.1888	GER 101339	2:21.92		34.07	1:10.23	1:46.81	2:21.92
3. Klaus Kalinke	SG Gladbeck/Recklinghausen	GER 72636	2:28.13		34.61	1:13.15	1:52.28	2:28.13
4. Nikolay Morgunov	MKMP Moscow	RUS 8063	2:28.63		34.69	1:12.04	1:50.38	2:28.63
5. Jos Zentjens	Budel	NED 195700569	2:38.69		34.72	1:14.13	1:56.58	2:38.69

Masters 65+

1. Fred Zanting	TriVia	NED 195400323	2:45.97		36.96	1:19.04	2:03.13	2:45.97
2. Ruud Ruiter	WWV Winterswijk	NED 195300169	2:46.81		37.24	1:20.15	2:04.60	2:46.81

Masters 70+

1. Wout Hemmes	De Plons	NED 194800059	2:49.37		38.85	1:21.47	2:06.23	2:49.37
2. Willem Putter	ZVVS	NED 194500135	2:57.53		39.71	1:24.96	2:11.40	2:57.53

Masters 75+

1. Geza Kaltenecker	AZC	NED 194200065	3:23.46		44.05	1:37.20	2:31.65	3:23.46
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Masters 80+

1. Frederik Hendrik De Bruijn <i>Kampioenschaps Record</i>	CN Aquamasters	ESP	3:03.26		43.17	1:29.57	2:16.81	3:03.26
2. Nic Geers	Z&PC De Gouwe	NED 193800007	3:38.32		52.31	1:51.66	2:48.27	3:38.32
3. Gregor Pompen	Aqua-Novio'94	NED 193700021	3:50.91		51.50	1:47.64	2:47.54	3:50.91

Programmanr. 29
26-01-2019 - 17:02

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m
Masters 20+						
1. Jamilla van Veen	Zwemvereniging Hoogland	NED 199603192	1:05.23		31.39	1:05.23
2. Celine Schoenmaker	DWK	NED 199801976	1:07.17		32.88	1:07.17
3. Maaïke van Veen	Dedemsvaart-AC	NED 199700292	1:07.18		32.77	1:07.18
4. Hilde Dekker	ReVeLie Swim Team	NED 199901926	1:08.48		33.53	1:08.48
5. Anouque Berghuis	ZPV Barracuda	NED 199606132	1:09.31		33.74	1:09.31
6. Gaby Zittersteijn	De Rijn	NED 199700104	1:09.98		33.81	1:09.98
7. Melissa van der Geld	De Warande	NED 199506250	1:10.12		33.76	1:10.12
8. Denise Boonstra	DAW	NED 199902662	1:10.85		34.24	1:10.85
Melissa van der Heijden	ZPV Barracuda	NED 199605226	1:10.85		34.68	1:10.85
10. Chantal Beijer	DWT	NED 199700884	1:10.86		34.37	1:10.86
11. Marle Sewüster	KSN (SG)	NED 199804104	1:11.11		33.61	1:11.11
12. Romy Verhagen	De Amstel	NED 199904110	1:12.58		35.86	1:12.58
13. Fiona Meuffels	RZ	NED 199504366	1:12.71		36.01	1:12.71
14. Lianne Roescher	ZPC De Hof	NED 199900248	1:13.28		34.80	1:13.28
15. Janine de Groot	Nova	NED 199500092	1:14.19		35.58	1:14.19
16. Nilce Mendes Barbosa	Feijenoord Albion Zwemclub	NED 199800214	1:14.27		35.63	1:14.27
DIS Saranda Hofstra	KSN (SG)	NED 199700526				

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 25+

1. Mabel Suli	WVZ	NED 199307964	1:06.04		32.90	1:06.04
2. Denise Boereboom	ZPV Barracuda	NED 199202144	1:08.52		33.65	1:08.52
3. Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	1:08.76		33.19	1:08.76
4. Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED 199203374	1:09.17		33.56	1:09.17
5. Suzanne Mosch	MSV-Zeemacht	NED 199400548	1:09.19		33.79	1:09.19
6. Elmi Roelofsen	ZVV	NED 199008198	1:09.34		32.94	1:09.34
7. Désirée Emmen	De Warande	NED 199204862	1:09.61		33.62	1:09.61
8. Manon van Strien	WVZ	NED 199400770	1:10.23		33.93	1:10.23
9. Merel van der Kieft	EZC	NED 199200920	1:11.07		34.26	1:11.07
10. Marjon Pol	Zwemlust-den Hommel	NED 199102502	1:11.74		35.21	1:11.74
11. Wendan Poelstra	TriVia	NED 199102496	1:12.01		34.29	1:12.01
12. Heleen Arends	TriVia	NED 199404416	1:12.40		35.18	1:12.40
13. Lotte Coenen	The Hague Swimming (SG)	NED 199301518	1:12.44		35.21	1:12.44
14. Nanda de Vries	Steenwijk 1934	NED 199204328	1:13.62		35.57	1:13.62
15. Iris Pijtak	ZPC AMERSFOORT	NED 199300602	1:13.66		35.76	1:13.66
16. Maike Korthout	TRB-RES	NED 199406034	1:13.87		36.19	1:13.87
17. Clara Van Roeyen	GBZ	BEL 20082/90	1:15.20		36.53	1:15.20
18. Danica Koedoot	De Schotejil	NED 199301034	1:16.64		37.83	1:16.64
19. Getrude Corporaal	Steenwijk 1934	NED 199200380	1:16.70		37.44	1:16.70
20. Esther Kwebeman	HZ&PC Heerenveen	NED 199106374	1:17.82		37.99	1:17.82
21. Ramona Noordermeer	ZVVS	NED 199401746	1:19.62		39.36	1:19.62
22. Gerdi Thiele	Zwemclub Polaris	NED 199401190	1:21.68		39.65	1:21.68
DIS Lindsey Hol	De Meer	NED 199008088				

RD - Rugligging verlaten en stuwbewegingen met armen en/of benen gemaakt zonder het keerpunt in te zetten.

AFGEM Vera Kraijer	SWOL 1894	NED 199206688				
NG Joëlle Vaes	DIO	NED 199007576				

Masters 30+

1. Evy Witlox	DWT	NED 198804946	1:06.30		32.10	1:06.30
<i>Nederlands Masters Record</i>						
2. Eloise Cilia	ZVL-1886	NED 198806960	1:08.74		32.99	1:08.74
3. Ilse van den Wijngaard	ZPC Woerden	NED 198904736	1:12.08		35.16	1:12.08
4. Charlotte Groeneveld	Steenwijk 1934	NED 198701404	1:12.51		34.65	1:12.51
5. Linda Boxma	KSN (SG)	NED 198500416	1:12.90		35.29	1:12.90
6. Sabine Lina	ZPC Woerden	NED 198902680	1:13.05		35.04	1:13.05
7. Marije van Manen	ZPC AMERSFOORT	NED 198602386	1:15.61		36.51	1:15.61

Programmanr. 29, Dames, 100m rugslag, Masters 30+

rang naam	vereniging			tijd	PARA	50m	100m
8. Jolanda Cnossen	Neptunia'24	NED	198600712	1:16.10		36.86	1:16.10
9. Renske Eilers	Zwemvereniging Hoogland	NED	198806072	1:17.84		38.79	1:17.84
10. Lisette Prins	WVZ	NED	198803522	1:19.14		37.77	1:19.14
11. Marieke van Dodeweerd	RZC	NED	198600896	1:19.37		38.30	1:19.37
12. Anna Boef	TriVia	NED	198806288	1:20.22		38.76	1:20.22

Masters 35+

1. Hanneke Heymen	Montferland	NED	198400968	1:13.96		36.07	1:13.96
2. Roos van Esch	Feijenoord Albion Zwemclub	NED	198200468	1:14.52		37.33	1:14.52
3. Nadya Putter	ZVVS	NED	198301630	1:15.35		36.15	1:15.35
4. Angela Giezen	Montferland	NED	198302796	1:15.79		37.67	1:15.79
5. Elke Blox	Tiamat	NED	198200154	1:16.62		37.16	1:16.62
6. Caroline van Tiggelen	Scheldestroom	NED	198301970	1:16.65		36.59	1:16.65
7. Sylvia Reijers	De Gelenberg	NED	198201360	1:17.39		37.56	1:17.39
8. IJla Janssen	ESCA Zwemmen	NED	198102234	1:19.88		38.23	1:19.88
9. Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	1:21.49		38.81	1:21.49

Masters 40+

1. Monique Boets	Stadskanaal	NED	197600230	1:15.06		35.94	1:15.06
2. Melanie Kuiper	ZIGNEA	NED	197600350	1:16.91		37.52	1:16.91
3. Mirjan den Drijver	Feijenoord Albion Zwemclub	NED	197500884	1:17.03		37.96	1:17.03
4. Jessica Klaassen	Zwemclub Koewacht	NED	197901536	1:20.20		38.86	1:20.20
5. Jolanda van Gendt	PSV	NED	197800266	1:20.51		39.22	1:20.51
6. Heleen Spelde-Fransens	THOR	NED	197901358	1:21.55		38.95	1:21.55

Masters 45+

1. Evelien van Klarbergen	HZ&PC Heerenveen	NED	197200964	1:13.05		35.63	1:13.05
2. Edith Janssen-Koolen	TRB-RES	NED	197300898	1:13.86		35.94	1:13.86
3. Chiho Shoji	CNSW	BEL	006146/70	1:17.56		38.40	1:17.56
4. Valerie Rolland	CNSW	BEL	004276/71	1:19.83		38.69	1:19.83
5. Sandra Peeters-Wiermans	De Rog	NED	197401032	1:21.05		39.20	1:21.05
6. Bianca Hertogh - Buijsse	Scheldestroom	NED	197400910	1:26.30		41.70	1:26.30

Masters 50+

1. Heidi den Boer	LinK	NED	196900864	1:17.72		38.06	1:17.72
2. Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	1:20.03		38.52	1:20.03
3. Laura Staal	Oceanus	NED	196700358	1:22.69		40.31	1:22.69
4. Caroline Schreuder	Triton	NED	196700550	1:24.79		40.74	1:24.79

Masters 55+

1. Judith Cromjogh	De Zwoer	NED	196400054	1:17.02		37.64	1:17.02
<i>Nederlands Masters Record</i>							
2. Margriet Grove-Lingeman	Triton	NED	196200080	1:21.63		39.54	1:21.63
3. Feikje Wittermans	WIDEX GZC DONK	NED	196400408	1:21.88		39.95	1:21.88
4. Tineke Janssen	Feijenoord Albion Zwemclub	NED	196400630	1:21.95		40.52	1:21.95
5. Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	1:24.87		41.36	1:24.87
6. Margriet Post-Goedemoed	De Otters Het Gooi	NED	196400632	1:25.14		41.56	1:25.14
7. Jeannette Ruesink	WS Twente	NED	196300212	1:26.98		42.52	1:26.98
8. Wilma Lammers-Wigman	Montferland	NED	196400614	1:30.51		44.57	1:30.51
9. Annemarie Vuist	SWOL 1894	NED	196300282	1:31.26		45.15	1:31.26
10. Jennie Resink-lindeboom	DWK	NED	196000142	1:39.03		48.81	1:39.03
11. Christine Buist	De Duinkickers	NED	196400608	1:39.89		48.36	1:39.89

Programmanr. 29, Dames, 100m rugslag

Masters 60+

1. Ada de Voogd	ZVVS	NED	195900280	1:32.49	45.81	1:32.49
2. Monica Bakker	Steenwijk 1934	NED	195600082	1:37.32	48.53	1:37.32

Masters 65+

1. Patty Krupiarz	PSV	NED	195400074	1:35.52	45.76	1:35.52
2. Carla Hensen	PSV	NED	195300062	1:38.44	49.06	1:38.44
3. Antoinette Gilding-Tussaud	WS Twente	NED	195000038	1:48.00	53.59	1:48.00
NG Conny Boer-Buys	ZVVS	NED	195000006			

Programmanr. 30
26-01-2019 - 17:26

Heren, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging			tijd	PARA	50m	100m
Masters 20+							
1. Jelle Dekker	De Grunte	NED	199901621	57.78		27.81	57.78
2. Melvin Prins	Wiekslag	NED	199500201	58.33		27.96	58.33
3. Casper Muselaers	Octopus	NED	199600399	59.80		29.13	59.80
4. Dave Jansen	WVZ	NED	199805299	1:00.46		29.42	1:00.46
5. Pascal Nuijten	Feijenoord Albion Zwemclub	NED	199701353	1:01.53		30.25	1:01.53
6. Gauke Eilander	KSN (SG)	NED	199800603	1:01.97		30.35	1:01.97
7. Dennis Wildeboer	Nova	NED	199800571	1:02.78		30.56	1:02.78
8. Jarco van Ommen	Octopus	NED	199802153	1:03.60		30.82	1:03.60
9. Dion de Mooij	ZVL-1886	NED	199701803	1:04.76		31.14	1:04.76
10. David Kievit	De Schotelij	NED	199900325	1:05.40		32.17	1:05.40
11. Jordy van Oel	WVZ	NED	199802003	1:06.33		31.79	1:06.33
12. Max Muller	De Geul	NED	199800347	1:06.98		31.75	1:06.98
13. Gideon Teeuw	De Veene	NED	199801237	1:08.12		32.78	1:08.12

Masters 25+

1. Jesper Oranje	De Duck	NED	199200997	59.50		29.48	59.50
2. Mathijs van der Logt	DIO	NED	199105561	1:00.29		29.26	1:00.29
3. Olaf Achterberg	VZC	NED	199000011	1:03.70		31.11	1:03.70
4. Jesper Kloek	Dedemsvaart-AC	NED	199001585	1:06.82		32.32	1:06.82
5. Johan Krakou	De Rijn	NED	199101311	1:06.89		31.93	1:06.89
6. Bart van der Zwaan	BZ&PC	NED	199005149	1:07.03		32.42	1:07.03

Masters 30+

1. Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	1:01.16		30.05	1:01.16
<i>Kampioenschaps Record</i>							
2. Alex Schelvis	LinK	NED	198702927	1:01.70		29.87	1:01.70
3. Martijn Giezen	ZPC AMERSFOORT	NED	198500813	1:02.47		30.38	1:02.47
4. Alex Vermeulen	WZK Zwemmen	NED	198905811	1:04.58		31.58	1:04.58
5. Robert Braad	Steenwijk 1934	NED	198600407	1:05.29		31.60	1:05.29
6. Bram Romkes	Dedemsvaart-AC	NED	198602595	1:08.21		32.93	1:08.21
7. Vincent Lapouge	WVZ	NED	198806237	1:10.35		34.82	1:10.35
8. Patrick de Jonge	Deltasteur	NED	198906635	1:14.42		35.67	1:14.42

Masters 35+

1. Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513	1:03.05		30.81	1:03.05
2. Robert Dekker	Dedemsvaart-AC	NED	198400443	1:04.46		31.31	1:04.46
3. Thommy Nickel	ZPC Woerden	NED	198401627	1:06.36		32.92	1:06.36
4. Arjan Prins	Dedemsvaart-AC	NED	198201383	1:06.68		32.47	1:06.68
5. Paul Oudendijk	DAW	NED	198101287	1:06.78		32.75	1:06.78
6. Arjan van Swam	De Gelenberg	NED	198402199	1:07.35		32.61	1:07.35
7. Marcel Reefhuis	WS Twente	NED	198101381	1:07.54		32.93	1:07.54

Programmanr. 30, Heren, 100m rugslag, Masters 35+

rang naam	vereniging			tijd	PARA	50m	100m
8. Dirk Smit	Tiamat	NED	198101559	1:08.77		34.00	1:08.77
9. Simon van Ravesteijn	WVZ	NED	198002263	1:10.58		33.86	1:10.58
10. Sigitas Tachtarovas	Klaipeda SC	LTU		1:11.54		33.76	1:11.54

Masters 40+

1. Ruud Holswilder	ZPCH	NED	197800435	1:03.60		30.77	1:03.60
2. Dennis Brouwers	HZPC	NED	197800167	1:03.62		31.29	1:03.62
3. Ivo Roozeboom	WVZ	NED	197700801	1:03.64		31.46	1:03.64
4. Mathieu Gregoire	ENLN	BEL	008335/75	1:06.24		31.95	1:06.24
5. Mark Hensen	ZPV Barracuda	NED	197900497	1:07.70		32.44	1:07.70
6. Kees Bakker	Gay Swim Amsterdam	NED	197501055	1:09.83		34.07	1:09.83
7. Markus van Rest	WVZ	NED	197701197	1:10.04		34.24	1:10.04
8. Jeroen Meuleners	Patrick-De Roersoppers (SG)	NED	197800703	1:10.71		34.04	1:10.71
9. Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	1:12.61		35.10	1:12.61
10. Erik Drost	PSV	NED	197901491	1:14.83		36.92	1:14.83

Masters 45+

1. Ramon de Bondt	ZPB H&L Productions	NED	197300105	1:11.22		34.74	1:11.22
2. Tomas Zemaitis	Klaipeda SC	LTU		1:12.51		35.26	1:12.51
3. Gillis Biesheuvel	SwimGym	NED	197201659	1:13.76		36.97	1:13.76
4. Bruno Nahon	CNSW	BEL	000390/70	1:16.58		36.90	1:16.58

Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED	196900671	1:06.83		32.17	1:06.83
2. Jan-Willem van den Berg	WVZ	NED	196801575	1:07.48		32.52	1:07.48
3. Guido Keutgen	Steenwijk 1934	NED	196801551	1:07.86		32.42	1:07.86
4. Arjan Bellaart	Het Y	NED	196900079	1:08.09		33.27	1:08.09
5. René Beetsma	HZ&PC Heerenveen	NED	196900069	1:09.99		33.97	1:09.99
6. Edwin van Houten	DWK	NED	196501625	1:10.88		35.39	1:10.88
7. Nico Swart	De Biesboschzwemmers	NED	196801475	1:13.70		35.68	1:13.70
8. Ron Korzelius	ZPC AMERSFOORT	NED	196500513	1:15.24		36.60	1:15.24
9. Erik Wetsteijn	SWOL 1894	NED	196501019	1:19.94		39.46	1:19.94
10. Gerco Schakel	DWK	NED	196900849	1:22.15		40.36	1:22.15

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	1:05.21		32.13	1:05.21
2. Peter Bernsen	De Rog	NED	196301119	1:08.01		33.46	1:08.01
3. Yurii Perin	Spartak Voronezh	RUS	03044	1:08.58		33.01	1:08.58
4. Johan Remmits	ZPC Woerden	NED	196201159	1:10.47		34.91	1:10.47
5. Arthur van Strien	WVZ	NED	196301401	1:12.09		34.56	1:12.09
6. Fred Ketting	PSV	NED	196000289	1:13.18		35.94	1:13.18
7. Erik Kamphuis	De Rog	NED	196001035	1:14.07		37.06	1:14.07
8. Hans Vloedgraven	Old Dutch	NED	196400917	1:14.94		36.85	1:14.94
9. Arlandas Antanas Juodeska	Kauno Takas	LTU		1:15.87		36.45	1:15.87
10. Casper Dollekamp	Steenwijk 1934	NED	196301341	1:17.89		37.92	1:17.89
11. Jack Barends	WS Twente	NED	196201011	1:28.08		43.37	1:28.08
12. André Schutte	ZPC De Zeeuwse Kust	NED	196000521	1:31.86		45.03	1:31.86
NG Eric Langhorst	De Rijn	NED	196200389				

Masters 60+

1. Hugo Bregman <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	195800069	1:10.33		34.21	1:10.33
2. Evertjan Masurel	PSV	NED	195600495	1:20.50		38.93	1:20.50
3. Wim de Lange	AZC	NED	195800533	1:23.56		41.26	1:23.56

Programmanr. 30, Heren, 100m rugslag

Masters 65+

1. Brend Brevé	PSV	NED	195200265	1:17.73	38.30	1:17.73
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Masters 70+

1. Mans Buis	SWOL 1894	NED	194700133	1:47.32	53.81	1:47.32
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Masters 75+

1. Frans van Enst	WS Twente	NED	194000011	1:33.51	45.48	1:33.51
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Programmanr. 31
26-01-2019 - 17:49

4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging			tijd		PARA
80+, Dames						
1.	MSV-Zeemacht 1	MSV-Zeemacht	NED	2:09.47		
	Suzanne Mosch	94	32.76	99	32.14	
	Anouk van der Kruk	99	36.59	91	27.98	
2.	De Duck 1 *50m	De Duck	NED	2:22.45		
	Judith Kleinjan	98	37.86	96	34.28	
	Leontine Groeneveldt	93	38.85	93	31.46	
3.	Steenwijk 1934 1	Steenwijk 1934	NED	2:30.74		
	Maranka Huitema	95	43.66	97	33.30	
	Tara Keijzer	91	41.61	94	32.17	
80+, Heren						
1.	De Kempvis 1	De Kempvis	NED	1:55.18		
	Dennis Doove	92	30.69	96	27.07	
	Joris Bezemer	99	31.97	92	25.45	
80+, Gemengd						
1.	KSN (SG) 1	KSN (SG)	NED	1:53.22		
	<i>NMR Startzwemster 50m rugslag</i>					
	Saranda Hofstra	97	29.27	98	25.67	
	Gauke Eilander	98	29.65	98	28.63	
2.	DWK 1	DWK	NED	1:55.04		
	Celine Schoenmaker	98	31.16	91	25.50	
	Ruben Koek	97	29.72	97	28.66	
3.	De Rijn 1	De Rijn	NED	2:00.13		
	Gaby Zittersteijn	97	32.17	96	25.83	
	Marte Stoorvogel	95	36.10	99	26.03	
4.	Nova 1	Nova	NED	2:00.29		
	Janine de Groot	95	33.98	95	28.94	
	Dennis Wildeboer	98	32.51	92	24.86	
5.	Zwemclub Polaris 2	Zwemclub Polaris	NED	2:08.47		
	Rebecca Dassen	99	36.12	95	33.60	
	Marnix van het Hof	98	33.36	99	25.39	
6.	ZPB H&L Productions 1	ZPB H&L Productions	NED	2:08.68		
	Brighid van Uffelen	98	38.63	95	27.07	
	Linquendo van der Klooster	98	32.24	88	30.74	
7.	Feijenoord Albion Zwemclub 5	Feijenoord Albion Zwemclub	NED	2:08.91		
	Anouk van der Lans	98	36.63	97	29.93	
	Pascal Nuijten	97	31.01	91	31.34	
8.	De Veene 1	De Veene	NED	2:09.17		
	Diana Hemstede-Lammers	89	37.43	97	33.14	
	Gideon Teeuw	98	33.27	97	25.33	

Programmanr. 31, Gemengd, 4 x 50m wisselslag, 80+

rang	vereniging			tijd	PARA		
9.	ZPV Barracuda		NED	2:09.83			
		Anouque Berghuis	96	32.69	Robin van Beusekom	92	31.61
		Martijn Houweling	96	34.30	Esmée Rolloos	98	31.23
10.	SWOL 1894		NED	2:15.92			
		Lisa van Riel	98	36.30	Thom van Essen	99	34.17
		Lieke van Essen	95	39.76	Emiel van Essen	97	25.69
11.	De Wellerobben		NED	2:25.70			
		Ingmar de Jong	88	42.12	Arianne Jonkman	98	32.66
		Winnie de Vries	96	43.01	Pascal de Jong	97	27.91

100+, Dames

1.	DAW		NED	2:09.66			
		Denise Boonstra	99	33.27	Brenda Zwarthoed	96	30.44
		Maaïke Vooren	91	36.81	Sandra Zwaanswijk	85	29.14
2.	ESCA Zwemmen		NED	2:12.52			
		Moniek van Langevelde	98	32.52	Cheyenne Verburgt	99	32.77
		Ijla Janssen	81	38.67	Kiona Peters	89	28.56
3.	EZC		NED	2:14.29			
		Evelien Terpstra	90	34.61	Lianne Molkenboer	96	29.16
		Wendy Knigge	89	42.79	Merel van der Kieft	92	27.73
4.	ZPC Woerden		NED	2:14.97			
		Sabine Lina	89	34.26	Cynthia van Veen	96	33.95
		Ilse van den Wijngaard	89	38.08	Mandy Verbakel	90	28.68
5.	Zwemlust-den Hommel		NED	2:21.13			
		Eline Schoenmaker	90	38.38	Marjon Pol	91	31.73
		Liesbeth van Mill	87	39.84	Marlous de Jong	90	31.18
6.	ZVL-1886		NED	2:24.11			
		Tessa Kerkvliet	92	39.94	Moniek Heemskerk	96	34.38
		Suzan Blankestijn	89	38.57	Marieke Ipema	94	31.22
7.	Zwemvereniging Hoogland 3		NED	2:25.98			
		Nicole van Zuilen	95	37.13	Renske Eilers	88	33.61
		Sabine Duijst	87	42.58	Yvette Meijer	97	32.66

100+, Heren

1.	VZC		NED	1:52.40			
		Olaf Achterberg	90	28.39	Arie van der Vlist	98	27.77
		Jelle Nap	95	31.28	Joeri Scheidt	91	24.96
2.	ESCA Zwemmen		NED	1:53.43			
		Mike Schel	94	30.01	Peter Rothengatter	97	26.20
		Sander de Vrugt	89	31.69	Tim de Vrugt	93	25.53
3.	Merlet		NED	1:55.11			
		Dieder Schuurmans	95	29.31	Bas Berndes	89	28.24
		Teun Strijbosch	96	31.18	Ronald Vullings	87	26.38
4.	Feijenoord Albion Zwemclub		NED	2:02.57			
		Ronald Koeckhoven	81	31.65	Nick Boekestijn	99	30.59
		Guido Moret	85	32.66	Bjorn van Vliet	96	27.67
5.	TRB-RES		NED	2:03.05			
		Rik Bakker	91	34.53	Ruben Schellekens	97	27.66
		Robin Hermans	94	34.80	Bart Kiesewetter	91	26.06
6.	Merlet		NED	2:06.36			
		Joppe Schuurmans	89	30.90	Mark Effing	86	30.01
		Rens Mahler	92	39.68	Jelte Schuurmans	91	25.77
7.	De Duinkickers		NED	2:10.45			
		Jeffrey Roest	97	31.31	Sven van Zanten	90	30.73
		Connor Elemans	91	39.67	Ruben de Boer	93	28.74

Programmanr. 31, 4 x 50m wisselslag

100+, Gemengd

1.	Zwemvereniging Hoogland 2 Anne-Irene Ducheine Yuri van Omme	Zwemvereniging Hoogland 95 85	33.14 30.88	NED Jamilla van Veen Bas Dries	1:57.20 96 95	30.06 23.12
2.	Dedemsvaart-AC 1 Sepp Kalter Maaïke van Veen	Dedemsvaart-AC 97 97	29.56 34.18	NED Stéphanie Dekker-Bergsma Jesper Kloek	1:58.25 92 90	29.64 24.87
3.	TriVia 1 Heleen Arends Roy Smeenge	TriVia 94 93	33.50 29.24	NED Wendan Poelstra Erik Schröder	1:59.33 91 84	30.43 26.16
4.	ZVL-1886 1 Eloise Cilia Kristiaan Lenos	ZVL-1886 88 83	31.97 31.83	NED Linda van der Voort Robin van Beek	1:59.42 92 97	31.36 24.26
5.	WVZ 4 Dave Jansen Manon van Strien	WVZ 98 94	27.79 36.09	NED Nordin Termoshuizen Delia Badoux	1:59.66 96 80	28.71 27.07
6.	ZPV Barracuda 1 Denise Boereboom Emiel van Beusekom	ZPV Barracuda 92 94	31.75 32.00	NED Melissa van der Heijden Pascal van Haren	2:00.15 96 87	30.58 25.82
7.	DIO 1 Jolanda Post Martino Valentijn	DIO 90 94	33.59 32.29	NED Arjan van der Plaats Susanne v.d. Linden	2:01.25 86 88	25.95 29.42
8.	ZPC De Hof 1 Lianne Roescher Pieter Pickhardt	ZPC De Hof 99 83	33.60 32.48	NED Linde Haverkate Jorden Theijink	2:02.00 99 94	30.74 25.18
9.	De Amstel 1 Romy Verhagen Nick Sijmons	De Amstel 99 95	34.01 30.83	NED Iris van der Moolen Henri Michels	2:04.98 99 65	31.49 28.65
10.	Noord Veluwe 1 Julia Koopman Erik Verholt	Noord Veluwe 96 88	39.14 29.95	NED Stephanie van Diepen Mike van de Streek	2:09.81 95 95	33.76 26.96
11.	De Schotejil 1 Whitley Rens David Kievit	De Schotejil 90 99	39.17 32.29	NED Frank v.d. Voordt Danica Koedoot	2:10.92 83 93	30.06 29.40
12.	Steenwijk 1934 4 Robert Braad Patrick Wobben	Steenwijk 1934 86 93	30.80 38.54	NED Nanda de Vries Getrude Corporaal	2:12.38 92 92	31.81 31.23
AFGEM	GoSwim 1	GoSwim		NED		

120+, Dames

1.	PSV 5 Liselotte Joling Renee de Kok	PSV 75 84	36.26 38.15	NED Elles van Leeuwen Nienke van Stipriaan	2:17.04 86 87	33.07 29.56
2.	WVZ 1 Lisette Prins Monique Pronk	WVZ 88 88	38.15 38.25	NED Sabine Koudijs Yvonne Gerritsen	2:20.30 95 80	33.61 30.29
3.	AZC 2 Samantha Go Mariska Zaal	AZC 84 88	42.94 39.50	NED Monique Remst Auke de Lange	2:25.60 87 86	33.33 29.83
4.	Zwemclub Koewacht 1 Ingeborg Speelman Hamelink Jessica Klaassen	Zwemclub Koewacht 76 79	39.99 41.49	NED Josine van Dorsseleer Joan Fontaine	2:26.62 88 88	33.05 32.09
5.	Montferland 1 Wilma Lammers-Wigman Esther van Maastricht	Montferland 64 88	42.01 37.88	NED Kelly Bocking Angela Giezen	2:29.90 91 83	38.28 31.73
6.	Steenwijk 1934 2 Leonie Scholten Lonneke Oenema	Steenwijk 1934 79 91	39.89 44.65	NED Ilse Blankvoort Inge Lolkema-Soeters	2:37.77 92 73	37.59 35.64
7.	Budel 1 Elly Scheepers Karin Smolders	Budel 91 76	39.50 42.88	NED Carola Hompes Bregje Kauffmann	2:38.31 88 86	40.96 34.97

Programmanr. 31, 4 x 50m wisselslag

120+, Heren

1.	Feijenoord Albion Zwemclub 3	Feijenoord Albion Zwemclub	NED	1:46.28	
	<i>Nederlands Masters Record, Startzwemmer NMR 50m rugslag</i>				
	Ensgar Kotterink	94	25.69	Bart Drechsel	86
	Romero Hennep	93	29.24	Nol van Thull	80
					27.07
					24.28
2.	DAW 2	DAW	NED	1:55.27	
	Paul Oudendijk	81	31.06	Erik Bult	99
	Felix Geenen	95	30.33	Alex Damen	75
					27.16
					26.72
3.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	NED	1:55.45	
	Martijn Giezen	85	29.00	Rob van Vliet	84
	Vincent Bakker	86	30.46	Martijn Bartels	96
					28.64
					27.35
4.	DWT 1	DWT	NED	1:55.82	
	Jeffrey Camphens	95	30.47	Peter van de Bor	84
	Hiras Ferrandino	93	29.84	Michel Wigbers	80
					28.12
					27.39
5.	Rotterdam Swimming (SG) 2	Rotterdam Swimming (SG)	NED	1:55.98	
	Martijn Dolk	89	29.03	Jim Geestman	83
	Tim van den Berg	85	31.99	Sam Beer	96
					28.83
					26.13
6.	WVZ 3	WVZ	NED	1:57.38	
	Ivo Roozeboom	77	29.97	Rens Post	91
	Simon van Ravesteijn	80	31.13	Vincent Lapouge	88
					29.76
					26.52
7.	Dedemsvaart-AC 2	Dedemsvaart-AC	NED	1:57.75	
	Bram Romkes	86	31.37	Arjan Prins	82
	Robert Dekker	84	32.81	Sander Zoer	83
					28.22
					25.35
8.	AZC 3	AZC	NED	2:09.05	
	Auke Sijperda	99	34.56	Bart Amsing	82
	Stefan Oostendorp	90	36.16	Joeri Stoffels	73
					32.64
					25.69
DIS	ZOB'66 1	ZOB'66	NED		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>				
	Harmen Reemst, Roderik Meijers, Ian van Mullem, Ingmar de Gelder				
NG	ZVL-1886 2	ZVL-1886	NED		

120+, Gemengd

1.	SwimGym 1	SwimGym	NED	1:53.87	
	<i>Nederlands Masters Record</i>				
	Tessa Brouwer	91	31.45	Andrea Kneppers	93
	Aleksey Bayevsky	78	31.58	Sébas van Lith	90
					27.73
					23.11
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED	1:57.76	
	Daniëlle de Boer	94	32.40	Casper Hut	78
	Dennis Bos	92	29.81	Evelien van Klaarbergen	72
					26.34
					29.21
3.	Steenwijk 1934 5	Steenwijk 1934	NED	1:59.87	
	Charlotte Groeneveld	87	32.51	Rick Driezen	86
	Jacyntha Plat	90	35.64	Lauren Vis	82
					27.19
					24.53
4.	Feijenoord Albion Zwemclub 6	Feijenoord Albion Zwemclub	NED	2:00.27	
	Nilce Mendes Barbosa	98	33.24	Hugo Bregman	58
	Fenna de Groot	97	34.79	Jordi van der Weel	96
					27.76
					24.48
5.	WVZ 5	WVZ	NED	2:04.54	
	Jordy van Oel	98	30.59	Lisa Klatten	92
	Jan-Willem van den Berg	68	33.81	Isabelle Massar	91
					31.14
					29.00
6.	SWOL 1894 4	SWOL 1894	NED	2:06.34	
	Vera Kraijer	92	33.24	Laura van den Berg	91
	Sander Brat	85	35.96	Gerjan Geerligs	83
					29.41
					27.73
7.	De Ward 1	De Ward	NED	2:07.93	
	Eva Kattouw	94	34.61	Antwan van Engen	71
	Yvette Ratering	72	39.72	Niels Versteeg	95
					27.71
					25.89
8.	DWK 2	DWK	NED	2:08.86	
	Lars Jacobsen	97	34.52	Pauline Gouwens	84
	Iris van Aurich	69	39.82	Robin Eltink	94
					28.81
					25.71
9.	De Gelenberg 3	De Gelenberg	NED	2:10.22	
	Arjan van Swam	84	31.17	Sylvia Reijers	82
	Rob Janssen	70	35.36	Sanne Domensino	99
					33.91
					29.78

Programmanr. 31, Gemengd, 4 x 50m wisselslag, 120+

rang	vereniging			tijd	PARA		
10.	Feijenoord Albion Zwemclub 7	Roos van Esch	82	34.52	Ayrton Mooldijk	99	29.57
		Kenneth Caster	91	32.56	Caroline Kruger	68	35.62
11.	Deltasteur 1	Gea van der Schaaf	79	36.09	Patrick de Jonge	89	30.99
		Tom de Lange	93	34.08	Fabiola Bosman	77	32.89
12.	WS Twente 1	Paulien Schokker	83	37.88	Marcel Reefhuis	81	30.48
		Laurens Spoelstra	99	34.93	Evelien Naatje	72	32.45
13.	AZ&PC De Futen 1	Erwin Zuidervelt	75	35.34	Melano Winter	87	30.62
		Natalia Braams	91	40.82	Joanne Groeneveldt	91	31.74
14.	RZ 1	Gino Martijn	79	35.70	Fiona Meuffels	95	35.21
		Patrick Creemers	90	32.58	Claudia Creemers	92	36.22
15.	Deltasteur 2	Margriet Leeffers	78	42.60	Nienke Fuite	95	37.32
		Bob Potkamp	94	36.91	Pieter Bardelmeijer	72	31.16
16.	DWT 2	Abdelrahman Mohamed	98	36.12	Zyco van Esveld	99	29.38
		Ada Dreyer	49	57.40	Anouschka Molhoek	91	40.68
DIS	Nautilus 1	Nautilus			NED		

RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.
Aron Heerkens, Vera van den Oord, Wilbert Barten, Evelien Breman-Alers

160+, Dames

1.	DAW 3	Petra Tossings	61	43.11	Melissa Zwaan	91	33.00
		Laura Badoux	82	35.02	Jacqueline Tuin	66	30.74
2.	ZVVS 1	Ada de Voogd	59	42.25	Ramona Noordermeer	94	34.82
		Helena Mels	69	40.87	Natalie van der Hoeven	89	28.68
3.	ZPC AMERSFOORT 2	Marije van Manen	86	35.35	Marije Jansen	85	30.48
		Iris Pijtak	93	37.42	Loekie van Huissteden	45	47.85
4.	WVZ 2	Petra Versteegen	77	38.72	Linda Hoogendam	83	37.65
		Yvette Kilian	66	44.13	Tessa Verheijdt	89	32.02
5.	De Rog 1	Esther Wouters	73	47.60	Chantal Winters	76	36.89
		Regine Beckers-Stribos	70	40.12	Sandra Van der Helm	78	33.98
6.	AZC 4	Monique Munnik	62	43.15	Esther Boerdam-Delfos	87	36.31
		Inge van Gasteren	72	45.19	Katrina Boutwell	72	35.55

160+, Heren

1.	De Gelenberg 1	John Cobussen	75	32.14	Jeroen Jacobs	75	28.60
		Marcel van Winssen	71	32.24	Geert Wijn	67	26.30
2.	ZPC AMERSFOORT 3	Ron Korzelius	65	35.24	Chester Marsman	69	28.64
		Wouter van 't Klooster	88	35.24	Jeroen Zelsmann	77	24.17
3.	Klaipeda SC 1	Tomas Zemaitis	70	32.83	Arturas Klimas	70	31.91
		Aidas Pelesinas	72	34.65	Sigitas Tachtarovas	81	27.24
4.	DAW 1	Fred Heemstra	65	35.28	Wouter Zijlstra	82	29.18
		Hans Schoenmakers	69	36.52	Pieter van Gemenen	69	26.27
5.	SWOL 1894 1	Peter Lommert	79	35.34	Peter ter Horst	72	31.59
		Stefan van der Grift	87	33.28	Michael van Bekkum	72	27.25

Programmanr. 31, Heren, 4 x 50m wisselslag, 160+

rang	vereniging			tijd	PARA
6.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED	2:09.99	
	Erik Smink	73	35.34	81	32.05
	Paul de Boer	68	36.70	88	25.90
7.	Budel 3	Budel	NED	2:12.25	
	Dyon de Greef	82	36.54	84	27.84
	Ivo Verdonschot	75	38.45	71	29.42
8.	De Gelenberg 2	De Gelenberg	NED	2:14.04	
	Roel van der Kruijs	85	33.61	72	32.84
	Ron van der Meer	60	40.26	75	27.33
9.	SWOL 1894 2	SWOL 1894	NED	2:20.18	
	<i>*50m, 100m</i>				
	Erik Wetsteijn	65	35.41	77	31.55
	Willem Jannink	65	40.68	71	32.54
10.	CNSW 1	CNSW	BEL	2:28.47	
	Ramon Alsina Munoz	69	42.09	70	32.92
	Christian Schoenaers	59	41.82	84	31.64

160+, Gemengd

1.	TRB-RES 2	TRB-RES	NED	2:07.40	
	Edith Janssen-Koolen	73	34.21	94	31.57
	Walter Stielstra	77	32.41	72	29.21
2.	Montferland 2	Montferland	NED	2:13.98	
	Hanneke Heymen	84	35.44	64	34.75
	Maik Steenkamp	91	32.49	70	31.30
3.	Zwemlust-den Hommel 2	Zwemlust-den Hommel	NED	2:14.66	
	Eline Overeem	71	39.97	97	29.90
	Vincent Versteeg	77	31.73	69	33.06
4.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	NED	2:16.84 *	
	<i>*50m, 100m</i>				
	Lotte Coenen	93	34.15	66	37.08
	Chang Bom	72	35.47	65	30.14
5.	RZC 1	RZC	NED	2:17.26	
	Geert van Duinhoven	64	36.22	82	32.68
	Bert de Weerd	67	36.59	69	31.77
6.	De Biesboschzwemmers 2	De Biesboschzwemmers	NED	2:18.35	
	Sabrina Boekhout	81	36.38	84	29.59
	Françoise Duran	69	42.52	72	29.86
7.	ZVVS 2	ZVVS	NED	2:21.94	
	Jeroen Hoeksels	74	43.58	83	33.87
	Karin Stein	71	37.80	80	26.69
8.	PSV 7	PSV	NED	2:23.63	
	Patty Krupiarz	54	42.23	87	31.05
	Tom Bandsma	77	37.48	78	32.87
9.	RZC 2	RZC	NED	2:23.82	
	Malou Heidekamp	89	40.67	68	33.61
	Marieke van Dodeweerd	86	40.24	69	29.30

200+, Dames

1.	PSV 2	PSV	NED	2:13.08	
	<i>Europees Masters Record</i>				
	Gudule van der Meer	72	33.47	70	31.72
	Trudy Ketting	70	35.76	59	32.13
2.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub	NED	2:27.53	
	Mirjan den Drijver	75	35.74	69	36.62
	Tineke Janssen	64	44.05	63	31.12
3.	WS Twente 4	WS Twente	NED	2:36.22	
	Jeannette Ruesink	63	40.85	60	37.27
	Ursula Spoelstra-de Groot	72	43.66	68	34.44
4.	De Geul 1	De Geul	NED	2:43.14	
	Roselinda van der Vlugt	67	45.19	69	37.01
	Erica Muller	64	49.33	76	31.61

Programmanr. 31, Dames, 4 x 50m wisselslag, 200+

rang	vereniging			tijd	PARA
5.	DWK 4	NED		2:49.61	
	Jennie Resink-lindeboom	60	46.48	Ellen van Wingerden-Dijkhuizen	69 39.37
	Greta Wyma-Teitsma	71	48.85	Hettie Schakel	69 34.91
6.	De Duinkickers 2	NED		2:50.15	
	Christine Buist	64	43.64	Inge Roskam	78 37.80
	Annet Verhoeven - Steggerda	46	52.78	Saskia op den Velde	79 35.93
7.	Budel 2	NED		2:56.95	
	Jolanda Knippenberg	66	45.27	Miriam Stevens	69 49.38
	Sylvia Avitabile	67	49.08	Judith van der Heijden	70 33.22
8.	ESCA Zwemmen 3	NED		3:02.36	
	Cora Smulders	66	50.83	Yoka de Vegt-van Dijk	62 42.45
	Marion Kolkman-Pluim	60	46.87	Ria Peters-Veurman	58 42.21

200+, Heren

1.	Lada 1	RUS		2:03.67 *	
	<i>*50m, 100m</i>				
	Aleksandr Kadukhin	85	28.88	Aleksei Tanaev	73 29.65
	Iurii Nazarenko	62	33.04	Boris Bogatov	54 32.10
2.	Feijenoord Albion Zwemclub 4	NED		2:04.63	
	Mark Nuijten	60	34.05	Pieter Broek	77 29.43
	Stefan Oostdijk	73	32.47	Fred Dijkshoorn	65 28.68
3.	Steenwijk 1934 3	NED		2:09.63	
	Guido Keutgen	68	30.76	Korstiaan de Boer	71 32.91
	Huyb Stegeman	67	35.37	Casper Dollekamp	63 30.59
4.	DWK 3	NED		2:10.26	
	Edwin van Houten	65	33.00	Gerco Schakel	69 32.24
	Michel van Wingerden	67	34.87	Martijn de Jong	71 30.15
5.	Patrick-De Roersoppers (SG) 1	NED		2:16.14	
	Jeroen Meuleners	78	32.71	Charles Bos	53 36.35
	Arno Schrauwen	65	35.70	Eric Dumas	69 31.38
6.	De Duinkickers 1	NED		2:22.57	
	Robert de Brauwier	64	37.12	Richard Hill	66 33.73
	Robin Roskam	78	39.36	Bas Roorda	58 32.36
7.	Budel 4	NED		2:31.44	
	Jos Zentjens	57	43.08	Edward van Nijmweegen	70 38.23
	Joost van Eerd	69	39.03	Ruud Kennis	65 31.10
DIS	De Rog 2	NED			
	<i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i>				
	Sjoerd Van de Berg	54	49.57	Wijnand Vergeest	68
	Hans Van de Berg	65	42.03	Frank Van Engelen	67

200+, Gemengd

1.	ZPC AMERSFOORT 4	NED		2:05.42	
	<i>Nederlands Masters Record</i>				
	Lidia v. Bon-Rosenbrand	70	36.22	Erwin Buist	78 26.01
	Edwin v. Norden	63	32.44	Atie Pijtak-Radersma	56 30.75
2.	De Rog 3	NED		2:08.20	
	Peter Bernsen	63	30.79	Sandra Peeters-Wiermans	74 33.59
	Glen Le Clercq	68	33.32	Arianne Hamakers	67 30.50
3.	ZPC Woerden 2	NED		2:10.57	
	Johan Remmits	62	32.25	Marjan Remmits	63 32.70
	Jim Fanggiday	79	32.81	Danielle van Veen	69 32.81
4.	De Biesboschzwemmers 1	NED		2:14.93	
	Nico Swart	68	34.16	Paul Wijnja	63 33.57
	Marjo Goelema-Koek	69	35.89	Annette Wijnja-Visser	67 31.31
5.	De Rog 4	NED		2:18.72	
	Erik Kamphuis	60	33.61	Esther Vergeest	77 35.75
	Wendy Brugman	73	38.04	Roy Le Clercq	64 31.32
6.	Triton 1	NED		2:21.05	
	Caroline Schreuder	67	38.16	Margriet Grove-Lingeman	62 36.04
	Paul Bunnik	56	37.63	Ronald Grove	61 29.22

Programmanr. 31, Gemengd, 4 x 50m wisselslag, 200+

rang	vereniging			tijd	PARA
7.	Old Dutch		NED	2:22.16	
		Hans Vloedgraven 64	Chantal Verhoeff 79		32.51
		Karin van Nassau-van den Heuvel 66	Phil Trethewie 65		28.21
8.	HZ&PC Heerenveen 2		NED	2:23.53	
		Jannie Vennik 76	Peggi Hurenkamp 69		38.01
		René Beetsma 69	Marten de Groot 58		27.43
9.	TriVia 2		NED	2:23.60	
		Anna Boef 88	Fred Zanting 54		34.40
		Theo Bakker 64	Hannie Poletiek 59		36.31
10.	PSV 6		NED	2:26.67	
		Ron Phaff 62	Saskia Phaff 66		34.13
		Agnes van Doesburg 60	Bart van Doesburg 56		32.58
11.	WS Twente 3		NED	2:36.60	
		Antoinette Gilding-Tussaud 50	Sander van den Berg 68		33.95
		Sebastian Baars 83	Irina van der Molen 69		34.68
12.	WIDEX GZC DONK 1		NED	2:46.98	
		Lia Bijkerk 60	Nathasja Konijn 71		41.13
		Peter Coffeng 57	Pierre de Groot 64		32.15
DIS	Poseydon 1	Poseydon	RUS		
	<i>RF - Bij het loslaten van de wand na het keerpunt de rugligging niet aangenomen.</i>				
	Vasili Efremov, Sergey Kozlov, Irina Merzlikina, Olga Kedrova				

240+, Dames

1.	PSV 8		NED	3:21.10	
		Ineke Brouwers 52	Carla Hensen 53		47.38
		Anje Manuputty 57	Gonnie Bak 51		43.78

240+, Heren

1.	PSV 3		NED	2:07.37		
		<i>Nederlands Masters Record</i>				
		Brend Brevé 52	Fred Ketting 60		29.82	
	Harold Matla 68	Evertjan Masurel 56		30.66		
2.	WWV Winterswijk 1		NED	2:28.02		
		Ruud Ruitter 53	Kees-Jan van Overbeeke 62		30.83	
		Laurens Klein Breteler 54	Theo Schouten 46		36.54	
DIS	WS Twente 2	WS Twente	NED			
	<i>RC - Rugligging verlaten tijdens de race zonder het keerpunt in te zetten.</i>					
	Frans van Enst, Joop Weenink, Hans Westerhof, Jack Barends					

240+, Gemengd

1.	PCWKS 1		RUS	2:27.11		
		<i>Kampioenschaps Record</i>				
		Natalia Isupova 58	Eduard Ivanov 69		29.18	
	Valerii Feoktistov 45	Marina Penzina 57		36.03		
2.	Steenwijk 1934 6		NED	2:43.28		
		Monica Bakker 56	Wilna Heijman 64		37.88	
		Hans van Scheepen 62	Sierd Tilma 53		35.90	
3.	SWOL 1894 5		NED	2:46.49		
		Mans Buis 47	Kasper van den Berghe 73		33.06	
		Bea Swijnenberg 49	Christien Nieuwenhuis 51		34.27	
4.	AZC 1		NED	2:51.90		
		Wim de Lange 58	Sandra Daamen-Posma 68		43.28	
		Wii Ponsoien-van Mil 61	Geza Kaltenecker 42		37.74	

Programmanr. 31, 4 x 50m wisselslag

280+, Dames

1. PSV 1	PSV	NED	2:48.97
<i>Europees Masters Record</i>			
Corrie Verhoeven	46	45.32	Patty Verhagen
Ineke Weekers	53	43.95	Lottie Geurts
			59
			35
			38.10
			41.60

6 - ONMK 2019 kb sessie 6

27-01-2019 - 9:00

Programmanr. 32
27-01-2019 - 9:00

Heren, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging						tijd	PARA
Masters 20+									
1.	Robin van Beek	ZVL-1886	NED	199704023				8:57.96	
	50m: 30.01	30.01	250m: 2:43.23	33.79	450m: 4:58.17	33.88	650m: 7:15.02	34.66	
	100m: 1:02.47	32.46	300m: 3:16.70	33.47	500m: 5:32.22	34.05	700m: 7:50.06	35.04	
	150m: 1:35.61	33.14	350m: 3:50.34	33.64	550m: 6:06.27	34.05	750m: 8:24.70	34.64	
	200m: 2:09.44	33.83	400m: 4:24.29	33.95	600m: 6:40.36	34.09	800m: 8:57.96	33.26	
2.	Nordin Termoshuizen	WVZ	NED	199605401				9:14.99	
	50m: 30.62	30.62	250m: 2:47.73	35.06	450m: 5:09.07	35.49	650m: 7:31.64	35.81	
	100m: 1:03.87	33.25	300m: 3:22.85	35.12	500m: 5:44.73	35.66	700m: 8:07.66	36.02	
	150m: 1:38.18	34.31	350m: 3:58.09	35.24	550m: 6:20.35	35.62	750m: 8:42.83	35.17	
	200m: 2:12.67	34.49	400m: 4:33.58	35.49	600m: 6:55.83	35.48	800m: 9:14.99	32.16	
3.	Jeffrey Camphens	DWT	NED	199503113				9:24.91	
	50m: 31.74	31.74	250m: 2:54.66	35.82	450m: 5:17.78	35.38	650m: 7:40.85	35.28	
	100m: 1:07.24	35.50	300m: 3:30.54	35.88	500m: 5:53.69	35.91	700m: 8:15.76	34.91	
	150m: 1:43.12	35.88	350m: 4:06.50	35.96	550m: 6:29.83	36.14	750m: 8:51.05	35.29	
	200m: 2:18.84	35.72	400m: 4:42.40	35.90	600m: 7:05.57	35.74	800m: 9:24.91	33.86	
4.	David Kievit	De Schotejil	NED	199900325				9:38.44	
	50m: 31.15	31.15	250m: 2:55.15	36.59	450m: 5:23.59	37.10	650m: 7:52.32	36.56	
	100m: 1:06.15	35.00	300m: 3:32.36	37.21	500m: 6:00.93	37.34	700m: 8:29.20	36.88	
	150m: 1:42.39	36.24	350m: 4:09.36	37.00	550m: 6:38.33	37.40	750m: 9:04.92	35.72	
	200m: 2:18.56	36.17	400m: 4:46.49	37.13	600m: 7:15.76	37.43	800m: 9:38.44	33.52	
5.	Nick Boekestijn	Feijenoord Albion Zwemclub	NED	199900291				10:11.54	
	50m: 33.27	33.27	250m: 3:05.72	38.04	450m: 5:42.72	39.35	650m: 8:18.75	38.40	
	100m: 1:10.91	37.64	300m: 3:44.66	38.94	500m: 6:22.01	39.29	700m: 8:57.92	39.17	
	150m: 1:49.05	38.14	350m: 4:24.03	39.37	550m: 7:01.70	39.69	750m: 9:36.31	38.39	
	200m: 2:27.68	38.63	400m: 5:03.37	39.34	600m: 7:40.35	38.65	800m: 10:11.54	35.23	
Masters 25+									
1.	Emiel van Beusekom	ZPV Barracuda	NED	199403951				9:05.06	
	50m: 28.98	28.98	250m: 2:44.00	34.30	450m: 5:03.26	34.48	650m: 7:22.70	34.51	
	100m: 1:01.64	32.66	300m: 3:18.78	34.78	500m: 5:38.40	35.14	700m: 7:57.68	34.98	
	150m: 1:35.62	33.98	350m: 3:53.64	34.86	550m: 6:13.21	34.81	750m: 8:32.58	34.90	
	200m: 2:09.70	34.08	400m: 4:28.78	35.14	600m: 6:48.19	34.98	800m: 9:05.06	32.48	
2.	Tim Bunnik	Triton	NED	199000505				9:19.52	
	50m: 30.75	30.75	250m: 2:51.85	35.57	450m: 5:14.01	34.37	650m: 7:34.85	35.74	
	100m: 1:05.67	34.92	300m: 3:28.18	36.33	500m: 5:48.92	34.91	700m: 8:09.94	35.09	
	150m: 1:41.11	35.44	350m: 4:03.81	35.63	550m: 6:23.98	35.06	750m: 8:45.25	35.31	
	200m: 2:16.28	35.17	400m: 4:39.64	35.83	600m: 6:59.11	35.13	800m: 9:19.52	34.27	
3.	Pieter Pijnenburg	De Warande	NED	199305227				9:34.15	
	50m: 31.14	31.14	250m: 2:54.63	35.88	450m: 5:18.90	36.37	650m: 7:45.60	36.77	
	100m: 1:06.42	35.28	300m: 3:30.32	35.69	500m: 5:55.64	36.74	700m: 8:22.77	37.17	
	150m: 1:42.64	36.22	350m: 4:06.18	35.86	550m: 6:32.08	36.44	750m: 8:59.87	37.10	
	200m: 2:18.75	36.11	400m: 4:42.53	36.35	600m: 7:08.83	36.75	800m: 9:34.15	34.28	
4.	Maik Steenkamp	Montferland	NED	199103847				9:45.63	
	50m: 32.48	32.48	250m: 2:59.73	36.93	450m: 5:28.11	36.64	650m: 7:57.27	37.15	
	100m: 1:08.72	36.24	300m: 3:37.23	37.50	500m: 6:05.76	37.65	700m: 8:34.38	37.11	
	150m: 1:45.53	36.81	350m: 4:14.29	37.06	550m: 6:42.87	37.11	750m: 9:10.80	36.42	
	200m: 2:22.80	37.27	400m: 4:51.47	37.18	600m: 7:20.12	37.25	800m: 9:45.63	34.83	

Programmanr. 32, Heren, 800m vrije slag, Masters 25+

rang	naam	vereniging					tijd		PARA
5.	Patrick Creemers	RZ	NED 199000579				9:49.03		
	50m: 31.20	31.20	250m: 3:00.05	37.67	450m: 5:29.31	37.08	650m: 7:58.71	37.03	
	100m: 1:07.01	35.81	300m: 3:37.56	37.51	500m: 6:06.47	37.16	700m: 8:35.93	37.22	
	150m: 1:44.57	37.56	350m: 4:14.92	37.36	550m: 6:44.06	37.59	750m: 9:13.04	37.11	
	200m: 2:22.38	37.81	400m: 4:52.23	37.31	600m: 7:21.68	37.62	800m: 9:49.03	35.99	
6.	Kenneth Caster	Feijenoord Albion Zwemclub	NED 199100375				10:06.89		
	50m: 31.79	31.79	250m: 2:58.58	37.20	450m: 5:29.48	38.27	650m: 8:08.32	40.04	
	100m: 1:07.49	35.70	300m: 3:35.80	37.22	500m: 6:08.84	39.36	700m: 8:48.32	40.00	
	150m: 1:43.98	36.49	350m: 4:13.15	37.35	550m: 6:48.58	39.74	750m: 9:28.06	39.74	
	200m: 2:21.38	37.40	400m: 4:51.21	38.06	600m: 7:28.28	39.70	800m: 10:06.89	38.83	

Masters 30+

1.	Klaas van Beek	ZV Haerlem	NED 198805941				9:09.45		
	50m: 30.84	30.84	250m: 2:46.45	34.04	450m: 5:03.93	34.26	650m: 7:24.34	35.11	
	100m: 1:04.54	33.70	300m: 3:20.58	34.13	500m: 5:38.53	34.60	700m: 8:00.41	36.07	
	150m: 1:38.52	33.98	350m: 3:55.11	34.53	550m: 6:13.64	35.11	750m: 8:35.53	35.12	
	200m: 2:12.41	33.89	400m: 4:29.67	34.56	600m: 6:49.23	35.59	800m: 9:09.45	33.92	
2.	Ivan Kovalev	Troyka	RUS 102052				9:20.81		
	50m: 28.66	28.66	250m: 2:44.61	34.54	450m: 5:05.86	35.87	650m: 7:32.04	36.84	
	100m: 1:01.52	32.86	300m: 3:19.42	34.81	500m: 5:41.97	36.11	700m: 8:09.04	37.00	
	150m: 1:35.65	34.13	350m: 3:54.40	34.98	550m: 6:18.59	36.62	750m: 8:45.77	36.73	
	200m: 2:10.07	34.42	400m: 4:29.99	35.59	600m: 6:55.20	36.61	800m: 9:20.81	35.04	
3.	Sander van Elburg	PSV	NED 198800937				9:38.28		
	50m: 31.45	31.45	250m: 2:53.78	36.03	450m: 5:19.89	36.88	650m: 7:49.36	37.27	
	100m: 1:06.29	34.84	300m: 3:30.10	36.32	500m: 5:56.93	37.04	700m: 8:26.85	37.49	
	150m: 1:41.75	35.46	350m: 4:06.34	36.24	550m: 6:34.23	37.30	750m: 9:03.94	37.09	
	200m: 2:17.75	36.00	400m: 4:43.01	36.67	600m: 7:12.09	37.86	800m: 9:38.28	34.34	
4.	Wessel Everloo	De Veene	NED 198906597				S14	9:38.30	762
	50m: 31.36	31.36	250m: 2:54.53	36.23	450m: 5:21.89	36.29	650m: 7:50.13	35.96	
	100m: 1:05.91	34.55	300m: 3:30.48	35.95	500m: 5:58.26	36.37	700m: 8:27.68	37.55	
	150m: 1:42.08	36.17	350m: 4:07.69	37.21	550m: 6:35.86	37.60	750m: 9:04.37	36.69	
	200m: 2:18.30	36.22	400m: 4:45.60	37.91	600m: 7:14.17	38.31	800m: 9:38.30	33.93	
5.	Niels Albrechts	De Schotelijl	NED 198800039				9:42.68		
	50m: 34.06	34.06	250m: 3:01.66	36.63	450m: 5:27.92	36.04	650m: 7:55.04	37.25	
	100m: 1:11.19	37.13	300m: 3:38.43	36.77	500m: 6:04.21	36.29	700m: 8:32.14	37.10	
	150m: 1:48.06	36.87	350m: 4:15.20	36.77	550m: 6:41.50	37.29	750m: 9:08.86	36.72	
	200m: 2:25.03	36.97	400m: 4:51.88	36.68	600m: 7:17.79	36.29	800m: 9:42.68	33.82	
6.	Mark Godwaldt	PSV	NED 198701039				10:25.57		
	50m: 33.43	33.43	250m: 3:05.96	38.95	450m: 5:41.35	39.05	650m: 8:23.32	41.27	
	100m: 1:10.32	36.89	300m: 3:44.89	38.93	500m: 6:21.35	40.00	700m: 9:04.98	41.66	
	150m: 1:48.33	38.01	350m: 4:23.10	38.21	550m: 7:01.46	40.11	750m: 9:46.39	41.41	
	200m: 2:27.01	38.68	400m: 5:02.30	39.20	600m: 7:42.05	40.59	800m: 10:25.57	39.18	

Masters 35+

1.	Erik Schröder	TriVia	NED 198402025				8:48.76		
	<i>Kampioenschaps Record</i>								
	50m: 29.02	29.02	250m: 2:41.82	33.66	450m: 4:56.61	33.49	650m: 7:11.51	33.20	
	100m: 1:01.37	32.35	300m: 3:15.63	33.81	500m: 5:30.37	33.76	700m: 7:44.89	33.38	
	150m: 1:34.69	33.32	350m: 3:49.36	33.73	550m: 6:04.11	33.74	750m: 8:17.89	33.00	
	200m: 2:08.16	33.47	400m: 4:23.12	33.76	600m: 6:38.31	34.20	800m: 8:48.76	30.87	
2.	Federico Cappello	Entente Sportive Nanterre 2	FRA 2749459				9:24.77		
	50m: 31.93	31.93	250m: 2:55.20	36.32	450m: 5:20.60	35.77	650m: 7:42.54	35.34	
	100m: 1:06.67	34.74	300m: 3:31.71	36.51	500m: 5:55.96	35.36	700m: 8:17.49	34.95	
	150m: 1:42.39	35.72	350m: 4:08.09	36.38	550m: 6:32.21	36.25	750m: 8:52.67	35.18	
	200m: 2:18.88	36.49	400m: 4:44.83	36.74	600m: 7:07.20	34.99	800m: 9:24.77	32.10	
3.	Kristiaan Lenos	ZVL-1886	NED 198301331				9:24.98		
	50m: 30.81	30.81	250m: 2:48.20	35.20	450m: 5:10.48	35.74	650m: 7:36.67	36.67	
	100m: 1:04.34	33.53	300m: 3:23.23	35.03	500m: 5:46.55	36.07	700m: 8:13.43	36.76	
	150m: 1:38.71	34.37	350m: 3:58.52	35.29	550m: 6:23.08	36.53	750m: 8:49.85	36.42	
	200m: 2:13.00	34.29	400m: 4:34.74	36.22	600m: 7:00.00	36.92	800m: 9:24.98	35.13	
4.	Marcel Reefhuis	WS Twente	NED 198101381				9:37.85		
	50m: 32.22	32.22	250m: 2:56.61	36.63	450m: 5:23.04	36.85	650m: 7:50.04	36.67	
	100m: 1:07.78	35.56	300m: 3:33.24	36.63	500m: 5:59.81	36.77	700m: 8:26.80	36.76	
	150m: 1:43.91	36.13	350m: 4:09.63	36.39	550m: 6:36.44	36.63	750m: 9:03.83	37.03	
	200m: 2:19.98	36.07	400m: 4:46.19	36.56	600m: 7:13.37	36.93	800m: 9:37.85	34.02	

Programmanr. 32, Heren, 800m vrije slag, Masters 35+

rang	naam	vereniging	tijd	PARA
5.	Frank v.d. Voordt	De Schotejil	9:38.95	
	50m: 33.02	250m: 2:59.91	36.77	650m: 7:52.94
	100m: 1:08.85	300m: 3:37.25	36.37	700m: 8:28.84
	150m: 1:45.17	350m: 4:14.67	36.00	750m: 9:04.46
	200m: 2:22.55	400m: 4:51.65	36.21	800m: 9:38.95
6.	Robert Dekker	Dedemsvaart-AC	10:11.73	
	50m: 33.18	250m: 3:03.53	39.29	650m: 8:16.48
	100m: 1:09.81	300m: 3:41.87	39.33	700m: 8:56.09
	150m: 1:47.61	350m: 4:20.45	39.57	750m: 9:34.68
	200m: 2:25.74	400m: 4:59.47	39.33	800m: 10:11.73
7.	Guido Robertz	TRB-RES	10:31.15	
	50m: 35.13	250m: 3:10.27	40.21	650m: 8:31.74
	100m: 1:13.24	300m: 3:49.73	40.33	700m: 9:12.09
	150m: 1:52.03	350m: 4:29.49	40.77	750m: 9:52.51
	200m: 2:30.95	400m: 5:09.13	40.78	800m: 10:31.15
8.	Rob van Wanrooy	Gay Swim Amsterdam	10:45.59	
	50m: 35.83	250m: 3:16.59	40.57	650m: 8:45.45
	100m: 1:14.86	300m: 3:57.86	40.83	700m: 9:26.84
	150m: 1:54.87	350m: 4:39.03	41.51	750m: 10:07.21
	200m: 2:35.56	400m: 5:19.60	41.51	800m: 10:45.59
9.	Dyon de Greef	Budel	11:43.45	
	50m: 36.73	250m: 3:35.49	45.18	650m: 9:37.78
	100m: 1:19.91	300m: 4:22.27	44.41	700m: 10:21.69
	150m: 2:04.13	350m: 5:08.23	44.77	750m: 11:04.65
	200m: 2:49.80	400m: 5:54.02	44.49	800m: 11:43.45
10.	Rutger Stam	Zwemvereniging Hoogland	11:57.97	
	50m: 39.64	250m: 3:38.09	45.90	650m: 9:48.90
	100m: 1:22.82	300m: 4:23.88	46.56	700m: 10:34.67
	150m: 2:07.62	350m: 5:10.44	46.39	750m: 11:20.86
	200m: 2:52.68	400m: 5:57.03	47.57	800m: 11:57.97

Masters 40+

1.	Ivo Roozeboom	WVZ	9:32.07	
	50m: 31.45	250m: 2:57.85	36.12	650m: 7:47.06
	100m: 1:07.25	300m: 3:34.22	36.31	700m: 8:22.93
	150m: 1:44.28	350m: 4:10.57	36.43	750m: 8:58.08
	200m: 2:21.25	400m: 4:46.97	36.67	800m: 9:32.07
2.	Alex Damen	DAW	9:56.21	
	50m: 34.28	250m: 3:02.79	37.39	650m: 8:04.26
	100m: 1:11.23	300m: 3:40.09	37.74	700m: 8:42.10
	150m: 1:48.43	350m: 4:17.55	37.84	750m: 9:19.94
	200m: 2:25.49	400m: 4:54.96	38.20	800m: 9:56.21
3.	Freddie Geerlings	Zwemsport Parkstad (SG)	10:00.40	
	50m: 34.69	250m: 3:07.29	38.01	650m: 8:10.77
	100m: 1:12.67	300m: 3:45.79	37.75	700m: 8:48.05
	150m: 1:51.19	350m: 4:24.30	37.60	750m: 9:24.77
	200m: 2:29.46	400m: 5:02.27	37.71	800m: 10:00.40
4.	Victor Barnar	GoSwim	10:16.50	
	50m: 34.33	250m: 3:05.24	39.20	650m: 8:20.74
	100m: 1:11.46	300m: 3:43.99	39.65	700m: 9:00.66
	150m: 1:49.56	350m: 4:22.98	39.61	750m: 9:39.44
	200m: 2:27.48	400m: 5:02.05	40.02	800m: 10:16.50
5.	Ingmar Kooman	ZVL-1886	11:05.43	
	50m: 36.34	250m: 3:21.84	42.36	650m: 9:01.88
	100m: 1:16.93	300m: 4:03.97	42.34	700m: 9:44.81
	150m: 1:58.42	350m: 4:46.21	42.72	750m: 10:25.71
	200m: 2:39.90	400m: 5:29.10	42.92	800m: 11:05.43

Masters 45+

1.	Antwan van Engen	De Ward	9:42.01	
	50m: 32.27	250m: 2:55.93	36.38	650m: 7:50.72
	100m: 1:07.39	300m: 3:32.58	36.28	700m: 8:27.83
	150m: 1:43.31	350m: 4:09.47	37.37	750m: 9:05.00
	200m: 2:19.77	400m: 4:46.03	37.52	800m: 9:42.01
2.	Richard Rickens	Zwemsport Parkstad (SG)	10:28.46	
	50m: 34.20	250m: 3:10.86	40.11	650m: 8:31.98
	100m: 1:11.89	300m: 3:51.27	40.70	700m: 9:10.86
	150m: 1:50.52	350m: 4:31.37	39.65	750m: 9:49.74
	200m: 2:30.67	400m: 5:12.03	39.23	800m: 10:28.46

Programmanr. 32, Heren, 800m vrije slag, Masters 45+

rang	naam	vereniging					tijd	PARA
3.	Ingmar de Gelder	ZOB'66	NED 197000333				10:41.29	
	50m: 33.94	33.94	250m: 3:12.11	41.06	450m: 5:56.10	40.58	650m: 8:40.13	41.35
	100m: 1:11.85	37.91	300m: 3:53.24	41.13	500m: 6:36.66	40.56	700m: 9:22.00	41.87
	150m: 1:50.81	38.96	350m: 4:34.49	41.25	550m: 7:17.72	41.06	750m: 10:03.63	41.63
	200m: 2:31.05	40.24	400m: 5:15.52	41.03	600m: 7:58.78	41.06	800m: 10:41.29	37.66
4.	Kasper van den Berghe	SWOL 1894	NED 197301125				10:56.92	
	50m: 36.31	36.31	250m: 3:20.70	41.52	450m: 6:06.08	41.24	650m: 8:53.92	42.02
	100m: 1:16.19	39.88	300m: 4:01.98	41.28	500m: 6:47.99	41.91	700m: 9:36.48	42.56
	150m: 1:57.86	41.67	350m: 4:43.31	41.33	550m: 7:29.81	41.82	750m: 10:18.40	41.92
	200m: 2:39.18	41.32	400m: 5:24.84	41.53	600m: 8:11.90	42.09	800m: 10:56.92	38.52
5.	Chris Kouwenhoven	Steenwijk 1934	NED 197101669				10:57.17	
	50m: 35.94	35.94	250m: 3:20.11	41.33	450m: 6:06.26	41.26	650m: 8:55.42	42.08
	100m: 1:16.12	40.18	300m: 4:01.76	41.65	500m: 6:48.69	42.43	700m: 9:37.86	42.44
	150m: 1:57.31	41.19	350m: 4:43.27	41.51	550m: 7:30.89	42.20	750m: 10:19.61	41.75
	200m: 2:38.78	41.47	400m: 5:25.00	41.73	600m: 8:13.34	42.45	800m: 10:57.17	37.56
6.	Wouter van der Stelt	De Biesboschzwemmers	NED 197200889				11:19.54	
	50m: 37.20	37.20	250m: 3:25.20	43.16	450m: 6:17.31	43.32	650m: 9:10.13	43.12
	100m: 1:17.89	40.69	300m: 4:08.09	42.89	500m: 7:00.67	43.36	700m: 9:53.44	43.31
	150m: 1:59.55	41.66	350m: 4:51.04	42.95	550m: 7:43.81	43.14	750m: 10:36.84	43.40
	200m: 2:42.04	42.49	400m: 5:33.99	42.95	600m: 8:27.01	43.20	800m: 11:19.54	42.70

Masters 50+

1.	Vladimir Gusev	Troyka	RUS 3113				9:26.44	
	50m: 32.58	32.58	250m: 2:53.98	35.99	450m: 5:18.33	36.09	650m: 7:41.14	35.36
	100m: 1:07.33	34.75	300m: 3:29.88	35.90	500m: 5:54.19	35.86	700m: 8:16.63	35.49
	150m: 1:42.67	35.34	350m: 4:06.13	36.25	550m: 6:30.20	36.01	750m: 8:52.17	35.54
	200m: 2:17.99	35.32	400m: 4:42.24	36.11	600m: 7:05.78	35.58	800m: 9:26.44	34.27
2.	Pieter van Gemenen	DAW	NED 196901779				9:31.06	
	50m: 32.02	32.02	250m: 2:55.33	36.44	450m: 5:21.19	36.30	650m: 7:45.51	36.18
	100m: 1:07.10	35.08	300m: 3:32.06	36.73	500m: 5:57.27	36.08	700m: 8:21.52	36.01
	150m: 1:42.85	35.75	350m: 4:08.47	36.41	550m: 6:33.37	36.10	750m: 8:57.21	35.69
	200m: 2:18.89	36.04	400m: 4:44.89	36.42	600m: 7:09.33	35.96	800m: 9:31.06	33.85
3.	Geert Wijn	De Gelenberg	NED 196701101				9:46.80	
	50m: 32.73	32.73	250m: 3:00.63	36.01	450m: 5:28.88	37.14	650m: 7:56.99	36.66
	100m: 1:09.96	37.23	300m: 3:36.87	36.24	500m: 6:05.50	36.62	700m: 8:33.59	36.60
	150m: 1:47.34	37.38	350m: 4:14.18	37.31	550m: 6:42.75	37.25	750m: 9:11.17	37.58
	200m: 2:24.62	37.28	400m: 4:51.74	37.56	600m: 7:20.33	37.58	800m: 9:46.80	35.63
4.	Johan Neevel	ZV 44	NED 196501475				10:22.49	
	50m: 35.15	35.15	250m: 3:09.83	39.18	450m: 5:48.36	39.19	650m: 8:26.73	39.60
	100m: 1:12.93	37.78	300m: 3:49.32	39.49	500m: 6:27.97	39.61	700m: 9:05.83	39.10
	150m: 1:51.73	38.80	350m: 4:29.12	39.80	550m: 7:07.75	39.78	750m: 9:44.95	39.12
	200m: 2:30.65	38.92	400m: 5:09.17	40.05	600m: 7:47.13	39.38	800m: 10:22.49	37.54
5.	Arno Schrauwen	Patrick-De Roersoppers (SG)	NED 196501355				10:42.97	
	50m: 32.92	32.92	250m: 3:14.13	41.65	450m: 5:59.93	40.80	650m: 8:42.79	40.22
	100m: 1:10.97	38.05	300m: 3:56.14	42.01	500m: 6:41.13	41.20	700m: 9:23.26	40.47
	150m: 1:51.15	40.18	350m: 4:37.95	41.81	550m: 7:21.92	40.79	750m: 10:03.39	40.13
	200m: 2:32.48	41.33	400m: 5:19.13	41.18	600m: 8:02.57	40.65	800m: 10:42.97	39.58
6.	Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED 196501539				10:56.34	
	50m: 36.31	36.31	250m: 3:20.78	42.35	450m: 6:10.20	41.94	650m: 8:56.15	41.85
	100m: 1:15.71	39.40	300m: 4:03.15	42.37	500m: 6:51.69	41.49	700m: 9:37.48	41.33
	150m: 1:56.86	41.15	350m: 4:45.67	42.52	550m: 7:33.11	41.42	750m: 10:18.44	40.96
	200m: 2:38.43	41.57	400m: 5:28.26	42.59	600m: 8:14.30	41.19	800m: 10:56.34	37.90
7.	Ramon Alsina Munoz	CNSW	BEL 002552/69				11:35.17	
	50m: 39.67	39.67	250m: 3:31.39	43.29	450m: 6:24.68	43.76	650m: 9:22.40	44.69
	100m: 1:22.09	42.42	300m: 4:14.26	42.87	500m: 7:09.11	44.43	700m: 10:06.82	44.42
	150m: 2:04.99	42.90	350m: 4:57.45	43.19	550m: 7:53.24	44.13	750m: 10:51.26	44.44
	200m: 2:48.10	43.11	400m: 5:40.92	43.47	600m: 8:37.71	44.47	800m: 11:35.17	43.91
8.	Erik Saan	De Duck	NED 196500769				12:02.67	
	50m: 37.98	37.98	250m: 3:40.20	46.76	450m: 6:47.32	45.41	650m: 9:52.74	44.22
	100m: 1:20.97	42.99	300m: 4:27.36	47.16	500m: 7:35.29	47.97	700m: 10:38.20	45.46
	150m: 2:07.13	46.16	350m: 5:15.07	47.71	550m: 8:21.85	46.56	750m: 11:21.41	43.21
	200m: 2:53.44	46.31	400m: 6:01.91	46.84	600m: 9:08.52	46.67	800m: 12:02.67	41.26

Programmanr. 32, Heren, 800m vrije slag

Masters 55+

1. Edwin v. Norden	ZPC AMERSFOORT	NED	196300563	9:47.38			
50m: 33.36	33.36	250m: 3:00.80	37.03	450m: 5:29.61	37.02	650m: 7:58.04	37.23
100m: 1:09.82	36.46	300m: 3:38.17	37.37	500m: 6:06.64	37.03	700m: 8:35.08	37.04
150m: 1:46.65	36.83	350m: 4:15.40	37.23	550m: 6:43.55	36.91	750m: 9:11.62	36.54
200m: 2:23.77	37.12	400m: 4:52.59	37.19	600m: 7:20.81	37.26	800m: 9:47.38	35.76
2. Johan Remmits	ZPC Woerden	NED	196201159	9:51.58			
50m: 33.56	33.56	250m: 3:03.60	37.40	450m: 5:32.49	36.77	650m: 8:00.95	37.02
100m: 1:11.20	37.64	300m: 3:41.24	37.64	500m: 6:09.41	36.92	700m: 8:38.45	37.50
150m: 1:49.06	37.86	350m: 4:18.87	37.63	550m: 6:46.75	37.34	750m: 9:15.42	36.97
200m: 2:26.20	37.14	400m: 4:55.72	36.85	600m: 7:23.93	37.18	800m: 9:51.58	36.16
3. Gustav van den Berg	TriVia	NED	196100991	10:10.65			
50m: 35.40	35.40	250m: 3:10.83	39.22	450m: 5:46.21	38.87	650m: 8:20.99	38.46
100m: 1:13.47	38.07	300m: 3:49.87	39.04	500m: 6:24.68	38.47	700m: 8:59.14	38.15
150m: 1:52.25	38.78	350m: 4:28.76	38.89	550m: 7:03.67	38.99	750m: 9:36.09	36.95
200m: 2:31.61	39.36	400m: 5:07.34	38.58	600m: 7:42.53	38.86	800m: 10:10.65	34.56
4. Henk Kuipers	UZSC	NED	196201207	11:01.34			
50m: 37.35	37.35	250m: 3:22.53	42.02	450m: 6:10.84	42.25	650m: 8:59.33	41.97
100m: 1:17.84	40.49	300m: 4:04.57	42.04	500m: 6:52.80	41.96	700m: 9:41.07	41.74
150m: 1:58.96	41.12	350m: 4:46.46	41.89	550m: 7:35.00	42.20	750m: 10:22.33	41.26
200m: 2:40.51	41.55	400m: 5:28.59	42.13	600m: 8:17.36	42.36	800m: 11:01.34	39.01
5. Roy Le Clercq	De Rog	NED	196401041	11:43.68			
50m: 36.82	36.82	250m: 3:37.52	46.29	450m: 6:40.52	45.64	650m: 9:38.81	44.53
100m: 1:19.26	42.44	300m: 4:23.45	45.93	500m: 7:25.27	44.75	700m: 10:22.36	43.55
150m: 2:04.47	45.21	350m: 5:09.42	45.97	550m: 8:09.64	44.37	750m: 11:04.53	42.17
200m: 2:51.23	46.76	400m: 5:54.88	45.46	600m: 8:54.28	44.64	800m: 11:43.68	39.15
6. Jan Smalheer	SCOM	NED	196400701	11:57.34			
50m: 39.09	39.09	250m: 3:38.05	45.67	450m: 6:40.84	45.72	650m: 9:44.86	45.47
100m: 1:22.32	43.23	300m: 4:23.61	45.56	500m: 7:27.42	46.58	700m: 10:30.35	45.49
150m: 2:07.23	44.91	350m: 5:09.50	45.89	550m: 8:13.52	46.10	750m: 11:14.45	44.10
200m: 2:52.38	45.15	400m: 5:55.12	45.62	600m: 8:59.39	45.87	800m: 11:57.34	42.89
7. John Dam	ZIGNEA	NED	196000915	11:58.31			
50m: 37.00	37.00	250m: 3:35.72	45.95	450m: 6:41.56	47.00	650m: 9:45.79	45.58
100m: 1:18.52	41.52	300m: 4:21.89	46.17	500m: 7:26.87	45.31	700m: 10:31.29	45.50
150m: 2:03.22	44.70	350m: 5:08.32	46.43	550m: 8:13.58	46.71	750m: 11:17.37	46.08
200m: 2:49.77	46.55	400m: 5:54.56	46.24	600m: 9:00.21	46.63	800m: 11:58.31	40.94
8. Casper Dollekamp	Steenwijk 1934	NED	196301341	12:00.07			
50m: 37.99	37.99	250m: 3:32.63	44.16	450m: 6:35.32	46.11	650m: 9:43.50	47.20
100m: 1:20.09	42.10	300m: 4:18.22	45.59	500m: 7:21.35	46.03	700m: 10:31.37	47.87
150m: 2:03.82	43.73	350m: 5:03.34	45.12	550m: 8:08.55	47.20	750m: 11:16.93	45.56
200m: 2:48.47	44.65	400m: 5:49.21	45.87	600m: 8:56.30	47.75	800m: 12:00.07	43.14
9. Adri Pasman	Zuiderzeewimmers	NED	196400573	13:26.83			
50m: 42.69	42.69	250m: 4:02.07	50.70	450m: 7:27.34	51.45	650m: 10:53.51	51.77
100m: 1:30.87	48.18	300m: 4:53.26	51.19	500m: 8:19.03	51.69	700m: 11:44.90	51.39
150m: 2:20.92	50.05	350m: 5:44.62	51.36	550m: 9:10.44	51.41	750m: 12:37.08	52.18
200m: 3:11.37	50.45	400m: 6:35.89	51.27	600m: 10:01.74	51.30	800m: 13:26.83	49.75
NG.ZA Karol Lacko	SK Aquatics Nitra	SVK	SVK16793				

Masters 60+

1. Marten de Groot	HZ&PC Heerenveen	NED	195800149	9:44.41			
<i>Nederlands Masters Record</i>							
50m: 33.93	33.93	250m: 3:01.68	36.98	450m: 5:28.41	36.23	650m: 7:55.51	37.16
100m: 1:11.32	37.39	300m: 3:38.48	36.80	500m: 6:04.50	36.09	700m: 8:32.28	36.77
150m: 1:47.87	36.55	350m: 4:15.46	36.98	550m: 6:41.39	36.89	750m: 9:08.94	36.66
200m: 2:24.70	36.83	400m: 4:52.18	36.72	600m: 7:18.35	36.96	800m: 9:44.41	35.47
2. Otto Zeijpveld	De Berkelduikers	NED	195800497	10:59.27			
50m: 36.96	36.96	250m: 3:25.18	42.39	450m: 6:13.81	41.53	650m: 9:01.08	41.88
100m: 1:18.04	41.08	300m: 4:07.57	42.39	500m: 6:55.56	41.75	700m: 9:42.29	41.21
150m: 2:00.15	42.11	350m: 4:49.86	42.29	550m: 7:37.37	41.81	750m: 10:21.90	39.61
200m: 2:42.79	42.64	400m: 5:32.28	42.42	600m: 8:19.20	41.83	800m: 10:59.27	37.37
3. Klaus Kalinke	SG Gladbeck/Recklinghausen	GER	72636	11:30.22			
50m: 37.00	37.00	250m: 3:23.75	42.36	450m: 6:18.50	45.27	650m: 9:17.82	44.60
100m: 1:17.61	40.61	300m: 4:06.39	42.64	500m: 7:03.45	44.95	700m: 10:03.05	45.23
150m: 1:59.21	41.60	350m: 4:48.81	42.42	550m: 7:48.48	45.03	750m: 10:47.73	44.68
200m: 2:41.39	42.18	400m: 5:33.23	44.42	600m: 8:33.22	44.74	800m: 11:30.22	42.49
4. Marius Ros	ZCNF'34	NED	195900779	11:35.33			
50m: 40.13	40.13	250m: 3:34.40	43.71	450m: 6:30.27	44.29	650m: 9:26.91	44.60
100m: 1:23.74	43.61	300m: 4:18.24	43.84	500m: 7:14.23	43.96	700m: 10:10.46	43.55
150m: 2:07.22	43.48	350m: 5:02.30	44.06	550m: 7:58.36	44.13	750m: 10:53.90	43.44
200m: 2:50.69	43.47	400m: 5:45.98	43.68	600m: 8:42.31	43.95	800m: 11:35.33	41.43

Programmanr. 32, Heren, 800m vrije slag, Masters 60+

rang	naam	vereniging		NED				tijd	PARA
5.	Paul Bunnik	Triton		195600413				12:07.03	
	50m: 37.93	37.93	250m: 3:35.21	44.98	450m: 6:42.26	47.25	650m: 9:51.64	47.72	
	100m: 1:20.40	42.47	300m: 4:21.21	46.00	500m: 7:29.55	47.29	700m: 10:38.07	46.43	
	150m: 2:04.99	44.59	350m: 5:07.23	46.02	550m: 8:16.69	47.14	750m: 11:24.58	46.51	
	200m: 2:50.23	45.24	400m: 5:55.01	47.78	600m: 9:03.92	47.23	800m: 12:07.03	42.45	
6.	Lex Hoogendam	ZZ&PC De Devel		195700541				12:35.62	
	50m: 38.59	38.59	250m: 3:42.96	46.86	450m: 6:57.94	48.82	650m: 10:13.69	49.15	
	100m: 1:22.55	43.96	300m: 4:31.22	48.26	500m: 7:46.54	48.60	700m: 11:01.63	47.94	
	150m: 2:09.18	46.63	350m: 5:19.87	48.65	550m: 8:35.72	49.18	750m: 11:49.49	47.86	
	200m: 2:56.10	46.92	400m: 6:09.12	49.25	600m: 9:24.54	48.82	800m: 12:35.62	46.13	
7.	André Pantekoek	PSV		195800321				15:24.67	
	50m: 43.24	43.24	250m: 4:28.97	58.33	450m: 8:28.29	1:00.52	650m: 12:31.25	1:01.30	
	100m: 1:35.43	52.19	300m: 5:28.23	59.26	500m: 9:29.38	1:01.09	700m: 13:32.97	1:01.72	
	150m: 2:32.90	57.47	350m: 6:27.58	59.35	550m: 10:29.97	1:00.59	750m: 14:31.76	58.79	
	200m: 3:30.64	57.74	400m: 7:27.77	1:00.19	600m: 11:29.95	59.98	800m: 15:24.67	52.91	

Masters 70+

1.	Wout Hemmes	De Plons		194800059				12:42.82	
	50m: 42.43	42.43	250m: 3:56.77	49.16	450m: 7:10.69	48.48	650m: 10:21.42	48.02	
	100m: 1:29.63	47.20	300m: 4:45.38	48.61	500m: 7:57.89	47.20	700m: 11:10.34	48.92	
	150m: 2:18.30	48.67	350m: 5:33.88	48.50	550m: 8:45.37	47.48	750m: 11:57.20	46.86	
	200m: 3:07.61	49.31	400m: 6:22.21	48.33	600m: 9:33.40	48.03	800m: 12:42.82	45.62	
2.	Willem Putter	ZVVS		194500135				13:32.67	
	50m: 43.35	43.35	250m: 4:07.59	51.94	450m: 7:36.40	52.15	650m: 11:04.27	51.91	
	100m: 1:32.51	49.16	300m: 4:59.38	51.79	500m: 8:27.97	51.57	700m: 11:55.73	51.46	
	150m: 2:23.10	50.59	350m: 5:52.83	53.45	550m: 9:20.27	52.30	750m: 12:46.11	50.38	
	200m: 3:15.65	52.55	400m: 6:44.25	51.42	600m: 10:12.36	52.09	800m: 13:32.67	46.56	

Masters 75+

1.	Rob Hanou	PSV		194300109				13:32.38	
	50m: 43.19	43.19	250m: 4:10.61	51.45	450m: 7:37.89	52.30	650m: 11:03.35	51.40	
	100m: 1:33.98	50.79	300m: 5:02.58	51.97	500m: 8:29.07	51.18	700m: 11:54.76	51.41	
	150m: 2:26.32	52.34	350m: 5:54.45	51.87	550m: 9:20.25	51.18	750m: 12:45.71	50.95	
	200m: 3:19.16	52.84	400m: 6:45.59	51.14	600m: 10:11.95	51.70	800m: 13:32.38	46.67	
2.	Frans van Enst	WS Twente		194000011				14:42.64	
	50m: 44.62	44.62	250m: 4:28.36	57.22	450m: 8:17.60	57.34	650m: 12:04.43	56.56	
	100m: 1:37.66	53.04	300m: 5:25.62	57.26	500m: 9:14.89	57.29	700m: 12:59.46	55.03	
	150m: 2:33.82	56.16	350m: 6:22.51	56.89	550m: 10:11.38	56.49	750m: 13:52.54	53.08	
	200m: 3:31.14	57.32	400m: 7:20.26	57.75	600m: 11:07.87	56.49	800m: 14:42.64	50.10	
3.	Geza Kaltenecker	AZC		194200065				15:32.08	
	50m: 47.15	47.15	250m: 4:38.68	58.37	450m: 8:36.25	1:00.50	650m: 12:35.07	1:00.18	
	100m: 1:42.66	55.51	300m: 5:37.75	59.07	500m: 9:35.50	59.25	700m: 13:35.30	1:00.23	
	150m: 2:41.89	59.23	350m: 6:36.74	58.99	550m: 10:35.05	59.55	750m: 14:35.31	1:00.01	
	200m: 3:40.31	58.42	400m: 7:35.75	59.01	600m: 11:34.89	59.84	800m: 15:32.08	56.77	

Masters 80+

1.	Frederik Hendrik De Bruijn	CN Aquamasters		ESP				13:21.42	
	50m: 46.76	46.76	250m: 4:07.03	50.42	450m: 7:29.48	49.69	650m: 10:52.63	50.61	
	100m: 1:35.83	49.07	300m: 4:57.97	50.94	500m: 8:19.91	50.43	700m: 11:42.98	50.35	
	150m: 2:26.06	50.23	350m: 5:48.35	50.38	550m: 9:10.69	50.78	750m: 12:32.92	49.94	
	200m: 3:16.61	50.55	400m: 6:39.79	51.44	600m: 10:02.02	51.33	800m: 13:21.42	48.50	
2.	Gregor Pompen	Aqua-Novio'94		193700021				17:09.40	
	50m: 54.17	54.17	250m: 5:07.25	1:04.23	450m: 9:29.53	1:06.36	650m: 13:54.58	1:06.80	
	100m: 1:54.50	1:00.33	300m: 6:12.01	1:04.76	500m: 10:35.13	1:05.60	700m: 15:01.05	1:06.47	
	150m: 2:58.42	1:03.92	350m: 7:17.44	1:05.43	550m: 11:42.08	1:06.95	750m: 16:06.42	1:05.37	
	200m: 4:03.02	1:04.60	400m: 8:23.17	1:05.73	600m: 12:47.78	1:05.70	800m: 17:09.40	1:02.98	

Programmanr. 33
27-01-2019 - 10:48

Dames, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	tijd	PARA
Masters 20+				
1.	Anne Noom	Het Y	5:07.39	
	50m: 32.26 32.26	150m: 1:49.75 39.83	250m: 3:13.47 43.98	350m: 4:34.17 35.28
	100m: 1:09.92 37.66	200m: 2:29.49 39.74	300m: 3:58.89 46.42	400m: 5:07.39 33.22
2.	Manon van Esch	TRB-RES	5:07.95	
	50m: 31.29 31.29	150m: 1:46.62 38.73	250m: 3:12.82 47.48	350m: 4:34.40 35.14
	100m: 1:07.89 36.60	200m: 2:25.34 38.72	300m: 3:59.26 46.44	400m: 5:07.95 33.55
3.	Nikita van den Ouden	Nuenen	5:11.64	
	50m: 32.13 32.13	150m: 1:50.74 40.07	250m: 3:14.08 44.13	350m: 4:36.41 36.62
	100m: 1:10.67 38.54	200m: 2:29.95 39.21	300m: 3:59.79 45.71	400m: 5:11.64 35.23
4.	Jamilla van Veen	Zwemvereniging Hoogland	5:17.77	
	50m: 32.06 32.06	150m: 1:50.60 39.15	250m: 3:17.78 48.50	350m: 4:43.19 36.15
	100m: 1:11.45 39.39	200m: 2:29.28 38.68	300m: 4:07.04 49.26	400m: 5:17.77 34.58
5.	Chantal Beijer	DWT	5:21.60	
	50m: 33.61 33.61	150m: 1:56.73 41.93	250m: 3:22.51 44.85	350m: 4:46.61 37.50
	100m: 1:14.80 41.19	200m: 2:37.66 40.93	300m: 4:09.11 46.60	400m: 5:21.60 34.99
6.	Floor Weijmans	HZPC	5:29.11	
	50m: 34.85 34.85	150m: 1:54.37 40.79	250m: 3:24.78 49.92	350m: 4:53.22 37.89
	100m: 1:13.58 38.73	200m: 2:34.86 40.49	300m: 4:15.33 50.55	400m: 5:29.11 35.89
7.	Fiona Meuffels	RZ	5:34.00	
	50m: 35.83 35.83	150m: 2:05.24 44.07	250m: 3:33.65 45.61	350m: 4:58.34 37.67
	100m: 1:21.17 45.34	200m: 2:48.04 42.80	300m: 4:20.67 47.02	400m: 5:34.00 35.66
Masters 25+				
1.	Inge Arts <i>Nederlands Masters Record</i>	Merlet	5:05.12	
	50m: 32.22 32.22	150m: 1:48.62 39.78	250m: 3:11.66 43.80	350m: 4:31.15 34.87
	100m: 1:08.84 36.62	200m: 2:27.86 39.24	300m: 3:56.28 44.62	400m: 5:05.12 33.97
2.	Maaïke Vooren	DAW	5:18.36	
	50m: 33.55 33.55	150m: 1:55.81 43.17	250m: 3:23.78 45.26	350m: 4:44.27 35.36
	100m: 1:12.64 39.09	200m: 2:38.52 42.71	300m: 4:08.91 45.13	400m: 5:18.36 34.09
3.	Melissa Zwaan	DAW	5:42.01	
	50m: 35.67 35.67	150m: 2:01.91 44.76	250m: 3:34.88 49.82	350m: 5:04.27 39.02
	100m: 1:17.15 41.48	200m: 2:45.06 43.15	300m: 4:25.25 50.37	400m: 5:42.01 37.74
4.	Wendy de Bruin	ZOB'66	5:44.63	
	50m: 33.89 33.89	150m: 2:01.28 44.95	250m: 3:34.76 49.37	350m: 5:05.08 40.09
	100m: 1:16.33 42.44	200m: 2:45.39 44.11	300m: 4:24.99 50.23	400m: 5:44.63 39.55
Masters 30+				
1.	Viktória Felföldi <i>Hungarian Masters Record</i>	IronSwimTeam	5:11.76	
	50m: 32.45 32.45	150m: 1:50.06 40.39	250m: 3:15.10 45.57	350m: 4:36.66 36.16
	100m: 1:09.67 37.22	200m: 2:29.53 39.47	300m: 4:00.50 45.40	400m: 5:11.76 35.10
2.	Liesbeth van Mill	Zwemlust-den Hommel	5:59.45	
	50m: 38.19 38.19	150m: 2:10.03 46.42	250m: 3:44.78 49.31	350m: 5:17.61 43.15
	100m: 1:23.61 45.42	200m: 2:55.47 45.44	300m: 4:34.46 49.68	400m: 5:59.45 41.84
Masters 35+				
1.	Maike Grösch <i>Kampioenschaps Record</i>	Zehlendorfer TSV v.1888	5:24.44	
	50m: 32.69 32.69	150m: 1:53.32 41.73	250m: 3:23.08 48.91	350m: 4:49.89 37.40
	100m: 1:11.59 38.90	200m: 2:34.17 40.85	300m: 4:12.49 49.41	400m: 5:24.44 34.55

Programmanr. 33, Dames, 400m wisselslag

Masters 40+

1. Liselotte Joling	PSV	NED	197500268	5:35.79
50m: 36.09 36.09	150m: 2:02.01 44.46	250m: 3:31.64 45.91	350m: 4:59.15 39.09	
100m: 1:17.55 41.46	200m: 2:45.73 43.72	300m: 4:20.06 48.42	400m: 5:35.79 36.64	
2. Jolanda van Gendt	PSV	NED	197800266	6:08.29
50m: 39.53 39.53	150m: 2:12.47 46.60	250m: 3:50.57 52.39	350m: 5:25.46 42.38	
100m: 1:25.87 46.34	200m: 2:58.18 45.71	300m: 4:43.08 52.51	400m: 6:08.29 42.83	

Masters 45+

1. Evelien van Klaarbergen <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	NED	197200964	5:34.47
50m: 34.95 34.95	150m: 1:57.31 41.50	250m: 3:28.19 49.35	350m: 4:56.75 38.43	
100m: 1:15.81 40.86	200m: 2:38.84 41.53	300m: 4:18.32 50.13	400m: 5:34.47 37.72	
2. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED	197000054	5:54.86
50m: 36.24 36.24	150m: 2:05.87 48.26	250m: 3:44.77 49.96	350m: 5:15.35 40.06	
100m: 1:17.61 41.37	200m: 2:54.81 48.94	300m: 4:35.29 50.52	400m: 5:54.86 39.51	
3. Nadège van Meeteren	De Meer	NED	197400736	6:29.62
50m: 45.57 45.57	150m: 2:31.28 50.59	250m: 4:12.94 51.41	350m: 5:48.20 44.03	
100m: 1:40.69 55.12	200m: 3:21.53 50.25	300m: 5:04.17 51.23	400m: 6:29.62 41.42	

Masters 50+

1. Silvia Ferdin	City of Cambridge SC	GBR	180377	5:57.49
50m: 36.05 36.05	150m: 2:05.01 47.97	250m: 3:44.25 52.40	350m: 5:17.63 41.40	
100m: 1:17.04 40.99	200m: 2:51.85 46.84	300m: 4:36.23 51.98	400m: 5:57.49 39.86	
2. Heidi den Boer	Link	NED	196900864	6:01.14 *
50m: 36.24 36.24	150m: 2:04.60 45.28	250m: 3:41.37 51.00	350m: 5:18.23 43.13	
100m: 1:19.32 43.08	200m: 2:50.37 45.77	300m: 4:35.10 53.73	400m: 6:01.14 42.91	
3. Laura Staal	Oceanus	NED	196700358	6:21.18
50m: 42.95 42.95	150m: 2:18.99 47.89	250m: 4:00.19 53.61	350m: 5:38.59 43.23	
100m: 1:31.10 48.15	200m: 3:06.58 47.59	300m: 4:55.36 55.17	400m: 6:21.18 42.59	
4. Lisenka Kornet-van den Akker	Zwemlust-den Hommel	NED	196901052	6:28.49
50m: 45.53 45.53	150m: 2:29.31 50.84	250m: 4:13.39 54.86	350m: 5:48.77 40.57	
100m: 1:38.47 52.94	200m: 3:18.53 49.22	300m: 5:08.20 54.81	400m: 6:28.49 39.72	
5. K. van Nassau-van den Heuvel	Old Dutch	NED	196600188	7:03.88
50m: 46.18 46.18	150m: 2:38.40 56.27	250m: 4:29.50 55.85	350m: 6:15.20 49.06	
100m: 1:42.13 55.95	200m: 3:33.65 55.25	300m: 5:26.14 56.64	400m: 7:03.88 48.68	
6. Hetty Smalheer	SCOM	NED	196700352	7:25.08
50m: 53.62 53.62	150m: 2:49.07 55.89	250m: 4:45.53 1:00.03	350m: 6:36.23 48.81	
100m: 1:53.18 59.56	200m: 3:45.50 56.43	300m: 5:47.42 1:01.89	400m: 7:25.08 48.85	

Masters 55+

1. Marjan Remmits	ZPC Woerden	NED	196300518	6:07.19
50m: 36.96 36.96	150m: 2:11.12 49.86	250m: 3:52.08 52.74	350m: 5:26.32 42.18	
100m: 1:21.26 44.30	200m: 2:59.34 48.22	300m: 4:44.14 52.06	400m: 6:07.19 40.87	
2. Tatiana Tikhomirova	Fitness House	RUS		6:16.58
50m: 44.22 44.22	150m: 2:24.00 47.83	250m: 4:03.30 51.20	350m: 5:36.76 42.41	
100m: 1:36.17 51.95	200m: 3:12.10 48.10	300m: 4:54.35 51.05	400m: 6:16.58 39.82	
3. Margriet Grove-Lingeman	Triton	NED	196200080	6:24.11 *
50m: 41.03 41.03	150m: 2:15.93 47.58	250m: 3:59.34 54.39	350m: 5:40.04 44.13	
100m: 1:28.35 47.32	200m: 3:04.95 49.02	300m: 4:55.91 56.57	400m: 6:24.11 44.07	
4. Petra Tossings	DAW	NED	196100376	6:35.66
50m: 42.07 42.07	150m: 2:25.22 52.15	250m: 4:10.65 53.38	350m: 5:52.54 46.49	
100m: 1:33.07 51.00	200m: 3:17.27 52.05	300m: 5:06.05 55.40	400m: 6:35.66 43.12	

Masters 60+

1. Patty Verhagen <i>Nederlands Masters Record</i>	PSV	NED	195900146	6:42.50
50m: 42.51 42.51	150m: 2:28.93 50.72	250m: 4:17.95 59.14	350m: 6:00.15 42.88	
100m: 1:38.21 55.70	200m: 3:18.81 49.88	300m: 5:17.27 59.32	400m: 6:42.50 42.35	

Programmanr. 33, Dames, 400m wisselslag, Masters 60+

rang	naam	vereniging	tijd						PARA
2.	Hannie Poletiek	TriVia	7:27.30						
	50m: 49.01	49.01	150m: 2:47.19	57.95	250m: 4:44.16	59.84	350m: 6:36.22	51.17	
	100m: 1:49.24	1:00.23	200m: 3:44.32	57.13	300m: 5:45.05	1:00.89	400m: 7:27.30	51.08	

Masters 65+

NG.ZA	Carla Hensen	PSV	NED	195300062
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Programmanr. 34
27-01-2019 - 11:21

4 x 100m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	tijd						PARA
80+, Dames									
1.	Dedemsvaart-AC 1	Dedemsvaart-AC	4:41.92						
	Joyce Mennink	96	34.87	1:12.58	NED	Stéphanie Dekker-Bergsma	92	32.26	1:09.20
	Maaïke van Veen	97	35.33	1:15.01		Laura Compagner	98	30.23	1:05.13
2.	Steenwijk 1934 1	Steenwijk 1934	5:31.88						
	Maranka Huijtema	95	43.74	1:29.40	NED	Elianne Huitema	97	33.65	1:15.50
	Getrude Corporaal	92	42.00	1:32.81		Charine de Ruiter	94	34.47	1:14.17

80+, Heren

1.	De Kempvis 1	De Kempvis	4:14.70						
	Dennis Doove	92	31.93	1:06.57	NED	Floyd van Duyvenbode	96	27.95	1:01.25
	Joris Bezemer	99	32.25	1:10.72		Erik Wegman	92	26.69	56.16

80+, Gemengd

1.	KSN (SG) 1	KSN (SG)	4:05.79						
	<i>Nederlands Masters Record, NMR startzwemster 100m rugslag</i>								
	Saranda Hofstra	97	30.63	1:02.93	NED	Ingmar Hartman	98	26.18	57.40
	Gauke Eilander	98	30.32	1:05.24		Anne Speelman	97	28.34	1:00.22
2.	DWK 1	DWK	4:15.84						
	Celine Schoenmaker	98	32.78	1:07.49	NED	Kevin Eltink	91	26.24	56.77
	Ruben Koek	97	30.73	1:07.18		Anoeska van de Kraats	97	30.48	1:04.40
3.	Nova 1	Nova	4:29.98						
	Janine de Groot	95	34.70	1:13.16	NED	Stefan Kwant	92	28.23	1:04.28
	Dennis Wildeboer	98	33.16	1:12.70		Karin Groen	95	28.04	59.84
4.	De Veene 1	De Veene	4:30.05						
	Diederick Schothans	97	31.29	1:05.20	NED	Gideon Teeuw	98	29.40	1:04.71
	Yvon Versteeg	92	34.07	1:12.98		Susan de Vries	97	31.67	1:07.16
5.	Zwemclub Polaris 3	Zwemclub Polaris	4:55.58						
	Gerdi Thiele	94	39.35	1:21.31	NED	Lotte Rolink	95	36.09	1:22.37
	Marnix van het Hof	98	34.05	1:14.26		Frank Scheltens	99	26.94	57.64
6.	Feijenoord Albion Zwemclub 5	Feijenoord Albion Zwemclub	4:56.47						
	Anouk van der Lans	98	38.21	1:20.02	NED	Nick Boekestijn	99	33.11	1:12.69
	Patrick Wyrdean	97	36.13	1:16.80		Jacoline van den Beukel	91	31.03	1:06.96

Programmanr. 34, 4 x 100m wisselslag

100+, Dames

1. WVZ 1	WVZ	NED	4:37.49	
Mabel Suli	93 32.68 1:06.55	Delia Badoux	80 30.60 1:07.66	
Manon van Strien	94 36.85 1:20.07	Isabelle Massar	91 29.71 1:03.21	
2. ZVL-1886 1	ZVL-1886	NED	4:44.82	
Eloise Cilia	88 33.05 1:08.97	Linda van der Voort	92 32.27 1:10.95	
Lonneke Graansma	99 35.60 1:17.45	Moniek Heemskerk	96 32.50 1:07.45	
3. DAW 2	DAW	NED	4:52.88	
Denise Boonstra	99 34.13 1:11.21	Brenda Zwarthoed	96 31.26 1:08.87	
Melissa Zwaan	91 40.40 1:27.13	Sandra Zwaanswijk	85 31.45 1:05.67	
4. ESCA Zwemmen 2	ESCA Zwemmen	NED	4:57.62	
Moniek van Langevelde	98 33.70 1:10.82	Cheyenne Verburgt	99 34.03 1:16.22	
Ijla Janssen	81 39.91 1:26.52	Kiona Peters	89 30.25 1:04.06	
5. SWOL 1894 1	SWOL 1894	NED	4:59.65	
Djamilla Gerner	99 33.94 1:10.45	Lisa van Riel	98 35.22 1:20.12	
Kika Meijers	80 39.06 1:23.57	Lieke van Essen	95 31.12 1:05.51	
6. De Wellerobben 1	De Wellerobben	NED	5:18.45	
Arianne Jonkman	98 37.53 1:19.53	Karin van Dijk	86 35.80 1:20.75	
Daphne de Jong	93 38.38 1:25.13	Winnie de Vries	96 34.42 1:13.04	

100+, Heren

1. Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub	NED	3:50.38	
<i>Nederlands Masters Record, EMR startzwemmer 100m rugslag</i>				
Ensgar Kotterink	94 25.99 54.67	Timo Dinkelberg	93 27.39 59.09	
Romero Hennep	93 29.32 1:03.58	Nol van Thull	80 25.10 53.04	
2. DIO 1	DIO	NED	4:11.41	
Mathijs van der Logt	91 28.89 1:00.39	Jan van Opstal	86 29.38 1:05.85	
Martino Valentijn	94 32.56 1:11.13	Arjan van der Plaats	86 25.77 54.04	
3. Dedemsvaart-AC 2	Dedemsvaart-AC	NED	4:11.43	
Robert Dekker	84 30.98 1:04.10	Sepp Kalter	97 26.00 56.47	
Ingmar Kloek	93 34.79 1:16.81	Peter de Boer	92 26.01 54.05	
4. Merlet 1	Merlet	NED	4:12.70	
Dieder Schuurmans	95 31.97 1:04.49	Bas Berndes	89 30.45 1:04.49	
Teun Strijbosch	96 32.10 1:07.84	Jelte Schuurmans	91 26.59 55.88	
5. WVZ 3	WVZ	NED	4:16.91	
Jordy van Oel	98 31.76 1:05.49	Nordin Termoshuizen	96 29.61 1:04.14	
Simon van Ravesteijn	80 32.01 1:09.01	Vincent Lapouge	88 27.59 58.27	
6. ESCA Zwemmen 1	ESCA Zwemmen	NED	4:17.49	
Tom Driessen	87 30.79 1:04.27	Mike Schel	94 29.11 1:05.03	
Sander de Vrugt	89 32.99 1:11.37	Tim de Vrugt	93 26.68 56.82	
7. ZPC Woerden 1	ZPC Woerden	NED	4:43.07	
Michiel van Vliet	95 35.96 1:16.04	Thommy Nickel	84 30.91 1:06.02	
Niels van Beurden	88 34.68 1:14.21	Maarten van Vliet	99 30.62 1:06.80	
8. De Duinkickers 3	De Duinkickers	NED	4:54.97	
Jeffrey Roest	97 32.87 1:07.61	Sven van Zanten	90 31.42 1:13.63	
Connor Elemans	91 41.73 1:30.54	Ruben de Boer	93 30.19 1:03.19	

100+, Gemengd

1. DWT 1	DWT	NED	4:24.17	
Evy Witlox	88 32.18 1:06.52	Chantal Beijer	97 32.53 1:10.92	
Jeffrey Camphens	95 32.73 1:10.77	Hiras Ferrandino	93 25.75 55.96	
2. ZPV Barracuda 1	ZPV Barracuda	NED	4:28.60	
Denise Boereboom	92 34.14 1:10.66	Emiel van Beusekom	94 28.65 1:02.84	
Melissa van der Heijden	96 36.62 1:18.54	Pascal van Haren	87 26.69 56.56	
3. Noord Veluwe 1	Noord Veluwe	NED	4:47.20	
Julia Koopman	96 41.40 1:27.55	Mike van de Streek	95 30.45 1:07.94	
Erik Verholt	88 29.98 1:06.76	Rianne van Rijssen	97 30.73 1:04.95	
NG ZOB'66 1	ZOB'66	NED		

Programmanr. 34, 4 x 100m wisselslag

120+, Dames

1. ZPC Woerden 2	ZPC Woerden	NED	4:59.45	
Sabine Lina	89 34.37 1:11.92	Marjan Remmits	63 36.06 1:18.61	
Ilse van den Wijngaard	89 38.61 1:23.34	Mandy Verbakel	90 31.45 1:05.58	
2. Zwemclub Koewacht 1	Zwemclub Koewacht	NED	5:09.01	
Jessica Klaassen	79 38.71 1:20.03	Josine van Dorselaer	88 33.66 1:15.21	
Eline Nijskens	88 38.96 1:23.41	Joan Fonteine	88 33.08 1:10.36	
3. De Meer 1	De Meer	NED	5:13.54	
Eline van Gemert	95 37.60 1:16.57	Chantal van der Horst	94 36.44 1:18.93	
Nadège van Meeteren	74 41.13 1:27.34	Lindsey Hol	90 33.21 1:10.70	
4. Zwemlust-den Hommel 1	Zwemlust-den Hommel	NED	5:13.69	
Marjon Pol	91 34.67 1:11.25	Eline Overeem	71 38.18 1:26.09	
Liesbeth van Mill	87 40.45 1:25.90	Marlous de Jong	90 32.89 1:10.45	
5. Montferland 1	Montferland	NED	5:17.11	
Hanneke Heymen	84 36.46 1:14.10	Kelly Bockting	91 39.25 1:28.11	
Esther van Maastrigt	88 39.55 1:25.78	Angela Giezen	83 33.06 1:09.12	
6. WVZ 2	WVZ	NED	5:25.04	
Petra Verstegen	77 40.22 1:23.55	Diana van Halm Braam	98 34.58 1:16.63	
Tessa Verheijdt	89 43.32 1:33.08	Linda Hoogendam	83 34.14 1:11.78	
7. ZPB H&L Productions 1	ZPB H&L Productions	NED	6:01.36	
Clementine van Bruxvoort	77 48.35 1:38.29	Linda van Klei-Janssen	88 36.34 1:18.50	
Brigid van Uffelen	98 43.13 1:31.94	Maaike Heidt	69 43.06 1:32.63	

120+, Heren

1. ZVL-1886 2	ZVL-1886	NED	4:19.55	
Dion de Mooij	97 30.71 1:04.36	Robin van Beek	97 26.92 59.05	
Kristiaan Lenos	83 32.72 1:11.50	Hans Bouwmeester	67 30.36 1:04.64	
2. DAW 1	DAW	NED	4:19.70	
Felix Geenen	95 28.88 1:01.04	Lars van der Velden	98 28.34 1:02.68	
Dennis Kraakman	87 35.35 1:18.39	Alex Damen	75 27.02 57.59	
3. Feijenoord Albion Zwemclub 3	Feijenoord Albion Zwemclub	NED	4:28.29	
Pieter Broek	77 33.45 1:10.01	Ayrton Mooldijk	99 30.51 1:08.69	
Kenneth Caster	91 33.34 1:13.20	Guido Moret	85 26.58 56.39	

120+, Gemengd

1. Feijenoord Albion Zwemclub 6	Feijenoord Albion Zwemclub	NED	4:28.52	
Roos van Esch	82 36.13 1:13.47	Hugo Bregman	58 28.89 1:02.10	
Fenna de Groot	97 35.43 1:17.66	Bart Drechsel	86 26.70 55.29	
2. Steenwijk 1934 5	Steenwijk 1934	NED	4:33.02	
Robert Braad	86 31.31 1:05.15	Charlotte Groeneveld	87 32.26 1:10.29	
Jacyntha Plat	90 36.81 1:19.16	Mike Koelewijn	93 26.57 58.42	
3. TRB-RES 1	TRB-RES	NED	4:40.63	
Manon van Esch	97 33.73 1:08.94	Maike Korthout	94 33.89 1:13.20	
Walter Stielstra	77 34.67 1:14.59	Guido Robertz	82 29.70 1:03.90	
4. De Ward 1	De Ward	NED	4:45.49	
Eva Kattouw	94 36.34 1:17.10	Niels Versteeg	95 28.62 1:03.16	
Yvette Ratering	72 41.17 1:27.56	Antwan van Engen	71 27.36 57.67	
5. De Duck 1	De Duck	NED	4:51.78	
Erik Saan	65 38.08 1:20.97	Jesper Oranje	92 26.02 56.27	
Leontine Groeneveldt	93 40.26 1:27.80	Lenneke Bagijn	96 31.00 1:06.74	
6. WVZ 4	WVZ	NED	4:53.04	
Lisette Prins	88 38.91 1:21.33	Markus van Rest	77 30.18 1:06.56	
Monique Pronk	88 39.65 1:24.91	Rens Post	91 28.21 1:00.24	
7. De Schotejil 1	De Schotejil	NED	5:00.62	
Danica Koedoot	93 37.12 1:16.50	Whitley Rens	90 38.30 1:24.00	
Frank v.d. Voordt	83 37.69 1:19.72	Niels Albrechts	88 29.09 1:00.40	
8. SWOL 1894 2	SWOL 1894	NED	5:03.23	
Miriam Visserman	87 40.27 1:23.30	Han Boone	77 32.98 1:12.22	
Stefan van der Grift	87 33.72 1:13.87	Nienke Nieuwenhuis	81 34.53 1:13.84	
9. RZ 1	RZ	NED	5:11.81	
Patrick Creemers	90 34.79 1:11.93	Claudia Creemers	92 41.53 1:36.76	
Fiona Meuffels	95 37.35 1:19.82	Gino Martijn	79 29.46 1:03.30	

Programmanr. 34, Gemengd, 4 x 100m wisselslag, 120+

rang	vereniging				tijd	PARA
10.	Zwemvereniging Hoogland 1	Zwemvereniging Hoogland	NED		5:13.38	
	Nicole van Zuilen	95	39.17	1:20.69	Rutger Stam	81 34.20 1:17.68
	Yuri van Omme	85	31.81	1:08.11	Inge Kalee	93 41.02 1:26.90
11.	Steenwijk 1934 6	Steenwijk 1934	NED		5:13.65	
	Lonneke Oenema	91	39.07	1:21.64	Nanda de Vries	92 33.41 1:13.22
	Patrick Wobben	93	40.05	1:28.42	Dick Huisman	75 33.49 1:10.37
12.	DWK 2	DWK	NED		5:23.27	
	Greta Wyma-Teitsma	71	48.43	1:39.82	Lars Jacobsen	97 33.05 1:16.13
	Iris van Aurich	69	42.12	1:29.03	Robin Eltink	94 27.56 58.29
13.	DWT 2	DWT	NED		5:44.26	
	Peter van de Bor	84	35.98	1:13.32	Michael Gozeling	92 37.72 1:22.40
	Marije Dirx	82	45.98	1:38.34	Anouschka Molhoek	91 42.47 1:30.20
14.	Budel 2	Budel	NED		5:55.14	
	Elly Scheepers	91	41.13	1:23.78	Dyon de Greef	82 39.56 1:30.39
	Ivo Verdonshot	75	41.19	1:29.12	Miriam Stevens	69 43.24 1:31.85
15.	Zwemclub Koewacht 2 *50m	Zwemclub Koewacht	NED		6:26.41	
	Esmee Vonk	99	53.60	1:52.68	Ingeborg Speelman Hamelink	76 44.65 1:39.63
	Michiel Verschueren	73	47.83	1:42.84	Ingmar de Vries	73 31.05 1:11.26
DIS	De Gellenberg 2	De Gellenberg	NED			
	<i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i>					
	Lizanne Lamens	94	35.65	1:13.74	Sylvia Reijers	82
	Rob Janssen	70			Erik Lamers	75
DIS	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED			
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					
	Marije Jansen, Wouter van 't Klooster, Lidia v. Bon-Rosenbrand, Martijn Bartels					

160+, Dames

1.	Steenwijk 1934 2	Steenwijk 1934	NED		5:54.95	
	Leonie Scholten	79	42.62	1:27.00	Ilse Blankvoort	92 39.17 1:26.86
	Wilna Heijman	64	47.14	1:41.25	Inge Lolkema-Soeters	73 37.99 1:19.84
2.	De Rog 1	De Rog	NED		5:55.68	
	Sandra Van der Helm	78	49.36	1:41.40	Esther Vergeest	77 37.94 1:22.83
	Regine Beckers-Stribos	70	42.15	1:29.50	Ageeth Westenbrink	67 39.89 1:21.95

160+, Heren

1.	ZPC AMERSFOORT 1	ZPC AMERSFOORT	NED		4:08.65	
	Martijn Giezen	85	29.94	1:02.06	Erwin Buist	78 27.22 58.82
	Vincent Bakker	86	31.77	1:09.75	Edwin v. Norden	63 27.49 58.02
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	NED		4:17.78	
	René Beetsma	69	34.22	1:10.90	Casper Hut	78 26.90 58.66
	Dennis Bos	92	31.11	1:06.98	Marten de Groot	58 28.54 1:01.24
3.	De Gellenberg 1	De Gellenberg	NED		4:26.75	
	Arjan van Swam	84	31.70	1:06.50	John Cobussen	75 31.84 1:08.69
	Marcel van Winssen	71	33.91	1:12.49	Geert Wijn	67 28.12 59.07
4.	Steenwijk 1934 3	Steenwijk 1934	NED		4:34.92	
	Casper Dollekamp	63	38.95	1:19.33	Rick Driezen	86 27.89 1:00.98
	Huyb Stegeman	67	36.11	1:19.63	Lauren Vis	82 25.75 54.98
5.	Budel 1	Budel	NED		5:09.40	
	Jos Zentjens	57	43.77	1:28.68	Rick de Greef	84 30.07 1:04.48
	Wijlo Mackus	71	39.82	1:26.06	Rued Kennis	65 33.35 1:10.18
DIS	AZC 3	AZC	NED			
	<i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i>					
	Wim de Lange	58	42.50	1:24.66	Auke Sijperda	99
	Michael Go	75	41.10	1:29.53	Bart Amsing	82

Programmanr. 34, 4 x 100m wisselslag

160+, Gemengd

1.	ZVVS 2	ZVVS	NED	4:50.86		
	Nadya Putter	83 37.38 1:16.84	Paul Brinkman	84 29.24 1:04.23		
	Helena Mels	69 41.87 1:30.20	Bas van de Nouwelant	80 28.12 59.59		
2.	Zwemlust-den Hommel 2	Zwemlust-den Hommel	NED	4:55.44		
	Eline Schoenmaker	90 41.23 1:24.62	Mark Zwart	79 30.69 1:07.15		
	Vincent Versteeg	77 31.80 1:09.78	Lisenka Komet-van den Akker	69 35.15 1:13.89		
3.	AZC 2	AZC	NED	5:36.39		
	Stefan Oostendorp	90 38.13 1:16.59	Monique Remst	87 36.24 1:22.61		
	Mariska Zaal	88 40.83 1:29.95	Geza Kaltenecker	42 40.64 1:27.24		
4.	WS Twente 2	WS Twente	NED	5:44.84		
	Janneke Wynia	90 47.62 1:35.22	Jan Willem Heuten	60 42.64 1:31.88		
	Elly Wynia	59 45.52 1:36.05	Jelte Heuten	86 29.11 1:01.69		
DIS	De Spatters 1	De Spatters	NED			
	<i>SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.</i>					
	Roelien Spielman-Tigelaar	66 48.01 1:41.53	Bob Peters	87		
	René Spielman	66	Elvira Feikens	95		
DIS	Budel 3	Budel	NED			
	<i>EA - Te vroeg overgenomen., 2de zwemmer</i>					
	Carola Hompes	88 44.14 1:34.53	Edward van Nijmweegen	70		
	Joost van Eerd	69	Sylvia Avitabile	67		

200+, Dames

1.	PSV 2	PSV	NED	4:52.48		
	<i>Europees Masters Record, NMR Startzwemster 100m rugslag</i>					
	Gudule van der Meer	72 34.67 1:11.24	Jeanne Petit	70 34.07 1:11.36		
	Trudy Ketting	70 37.80 1:18.59	Esther van Lohuizen	59 34.16 1:11.29		
2.	Feijenoord Albion Zwemclub 1	Feijenoord Albion Zwemclub	NED	5:21.11		
	<i>*100m</i>					
	Tineke Janssen	64 40.13 1:22.41	Petra Schoon	69 38.30 1:23.72		
	Mirjan den Drijver	75 40.65 1:26.39	Netty Burik-Geijssen	63 32.82 1:08.59		
3.	AZC 1	AZC	NED	6:17.85		
	Monique Munnik	62 45.37 1:34.93	Inge van Gasteren	72 39.80 1:29.39		
	Wil Ponsioen-van Mil	61 52.57 1:52.52	Sandra Daamen-Posma	68 37.82 1:21.01		
4.	ESCA Zwemmen 3	ESCA Zwemmen	NED	6:33.26 *		
	Cora Smulders	66 53.02 1:48.86	Yoka de Vegt-van Dijk	62 48.49 1:42.74		
	Marion Kolkman-Pluim	60 50.18 1:45.51	Karin van der Star-Verhoeven	61 34.62 1:16.15		
5.	De Duinkickers 2	De Duinkickers	NED	6:45.35		
	Inge Roskam	78 46.07 1:36.27	Saskia op den Velde	79 48.27 1:44.01		
	Annet Verhoeven - Steggerda	46 57.12 2:02.81	Christine Buist	64 38.92 1:22.26		
6.	Old Dutch 1	Old Dutch	NED	6:53.46		
	Karin van Nassau-van den Heuvel	66 47.68 1:36.51	Chantal Verhoeff	79 34.84 1:16.13		
	Mies Kuipers	58 1:03.99 2:13.63	Karien Musters	58 50.27 1:47.19		

200+, Heren

1.	De Rog 2	De Rog	NED	4:47.91		
	Erik Kamphuis	60 37.88 1:15.75	Peter Bensen	63 32.12 1:08.84		
	Arjan Verheij	71 35.82 1:16.31	Wijnand Vergeest	68 31.58 1:07.01		
2.	Steenwijk 1934 4	Steenwijk 1934	NED	5:08.79		
	Guido Keutgen	68 32.27 1:08.12	Korstiaan de Boer	71 34.49 1:16.07		
	Hans van Scheepen	62 44.90 1:37.28	Chris Kouwenhoven	71 31.73 1:07.32		
3.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)	NED	5:13.74		
	Eric Dumas	69 40.16 1:25.68	Jeroen Meuleners	78 33.68 1:16.97		
	Arno Schrauwen	65 36.37 1:18.10	Charles Bos	53 34.44 1:12.99		
4.	De Duinkickers 1	De Duinkickers	NED	5:29.00		
	Robert de Brauwer	64 37.56 1:21.11	Richard Hill	66 38.31 1:23.46		
	Robin Roskam	78 41.75 1:29.84	Bas Roorda	58 35.68 1:14.59		

Programmanr. 34, 4 x 100m wisselslag

200+, Gemengd

1.	Poseydon 1 <i>Kampioenschaps Record, Russian Masters Record</i>	Poseydon	RUS	4:45.70	
	Vasili Efremov	76 33.05	1:08.20	Irina Merzlikina	72 31.76 1:09.41
	Sergey Kozlov	63 33.78	1:13.34	Olga Kedrova	60 34.89 1:14.75
2.	Spartak Voronezh 1	Spartak Voronezh	RUS	4:57.35	
	Yurii Perin	63 33.21	1:08.43	Natalia Lesovaia	78 33.86 1:15.99
	Vladimir Semenov	68 37.34	1:20.52	Svetlana Islamgaleeva	64 34.25 1:12.41
3.	De Biesboschzwemmers 1	De Biesboschzwemmers	NED	5:01.48	
	Nico Swart	68 35.34	1:13.04	Paul Wijnja	63 34.74 1:17.33
	Marjo Goelema-Koek	69 37.18	1:22.27	Annette Wijnja-Visser	67 31.96 1:08.84
4.	ZPC AMERSFOORT 3	ZPC AMERSFOORT	NED	5:08.43	
	Ron Korzelius	65 36.49	1:15.67	Rob van Vliet	84 29.48 1:05.86
	Machteld Stitting	66 45.81	1:37.10	Atie Pijtak-Radersma	56 33.38 1:09.80
5.	WS Twente 1	WS Twente	NED	5:14.46	
	Jeannette Ruesink	63 43.31	1:28.56	Hans Westerhof	62 33.74 1:13.18
	Marcel Reefhuis	81 36.02	1:17.54	Marion Broekhuis	68 35.39 1:15.18
6.	DAW 3	DAW	NED	5:25.04 *	
	Fred Heemstra	65 39.13	1:20.43	Petra Tossings	61 42.11 1:32.34
	Hans Schoenmakers	69 38.41	1:22.19	Jacqueline Tuin	66 32.64 1:10.08
7.	SWOL 1894 3	SWOL 1894	NED	5:26.64	
	Annemarie Vuisst	63 44.45	1:30.50	Erik Wetsteijn	65 39.40 1:23.53
	Michael van Bekkum	72 35.10	1:15.60	Christien Nieuwenhuis	51 36.66 1:17.01
8.	De Rog 3	De Rog	NED	5:30.50	
	Roy Le Clercq	64 40.46	1:23.94	Sandra Peeters-Wiermans	74 36.45 1:21.88
	Arianne Hamakers	67 42.89	1:32.05	Hans Van de Berg	65 35.55 1:12.63
9.	WIDEX GZC DONK 1	WIDEX GZC DONK	NED	5:36.11	
	Jacqueline de Ruiter-Wijnolst	74 38.74	1:20.59	Nathasja Konijn	71 43.16 1:33.90
	Pierre de Groot	64 43.01	1:32.57	Willem Jan Ribberink	65 32.43 1:09.05

240+, Heren

1.	PSV 3	PSV	NED	4:59.76	
	Brend Brevé	52 37.36	1:16.17	Fred Ketting	60 33.41 1:11.21
	Ron Phaff	62 36.96	1:20.53	Evertjan Masurel	56 33.69 1:11.85
2.	WWV Winterswijk 1	WWV Winterswijk	NED	5:43.55	
	Kees-Jan van Overbeeke	62 35.70	1:13.18	Ruud Ruiter	53 41.87 1:30.85
	Laurens Klein Breteler	54 42.60	1:33.40	Theo Schouten	46 40.93 1:26.12

240+, Gemengd

1.	SWOL 1894 4	SWOL 1894	NED	6:17.56	
	Mans Buis	47 55.10	1:51.92	Kasper van den Berghe	73 36.32 1:19.83
	Bea Swijnenberg	49 47.94	1:43.46	Marjan Spoelstra	60 38.69 1:22.35

280+, Dames

1.	PSV 1 <i>Nederlands Masters Record</i>	PSV	NED	6:39.47	
	Patty Krupiarz	54 46.43	1:38.02	Patty Verhagen	59 44.07 1:35.65
	Corrie Verhoeven	46 49.01	1:44.94	Lottie Geurts	35 49.10 1:40.86

280+, Gemengd

1.	PSV 4 <i>Kampioenschaps Record</i>	PSV	NED	6:51.17	
	Carla Hensen	53 47.80	1:38.43	Rob Hanou	43 50.38 1:50.86
	Gonnie Bak	51 57.22	1:58.74	Jan Nuijten	49 39.69 1:23.14

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27-01-2019 - 13:02

Programmanr. 36
27-01-2019 - 13:02

Heren, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging			tijd	PARA
Masters 20+						
1.	Gauke Eilander	KSN (SG)	NED	199800603	26.81	
2.	Casper Muselaers	Octopus	NED	199600399	28.01	
3.	Vincent Visser	De Golfbreker	NED	199700395	28.36	
4.	Dave Jansen	WVZ	NED	199805299	28.56	
5.	Robin van Beek	ZVL-1886	NED	199704023	29.11	
6.	Jarco van Ommen	Octopus	NED	199802153	29.27	
7.	Wilco Nijenhuis	De Berkelduikers	NED	199802463	29.33	
8.	Erik Bult	DAW	NED	199902153	29.54	
9.	Dion de Mooij	ZVL-1886	NED	199701803	29.56	
10.	Dennis Wildeboer	Nova	NED	199800571	29.73	
11.	Edwin Jager	De Berkelduikers	NED	199901571	29.79	
12.	Jordi van der Weel	Feijenoord Albion Zwemclub	NED	199600359	29.86	
13.	Dieder Schuurmans	Merlet	NED	199500447	29.98	
14.	David Kievit	De Schotejil	NED	199900325	30.17	
15.	Jordy van Oel	WVZ	NED	199802003	30.35	
16.	Felix Geenen	DAW	NED	199501085	30.81	
17.	Teun Strijbosch	Merlet	NED	199603041	31.24	
18.	Jeffrey Camphens	DWT	NED	199503113	31.76	
19.	Marnix van het Hof	Zwemclub Polaris	NED	199803663	31.83	
20.	Martijn Kornet	Zwemlust-den Hommel	NED	199700231	32.59	
21.	Ian van Mullem	ZOB'66	NED	199602545	32.63	
22.	Nick Boekestijn	Feijenoord Albion Zwemclub	NED	199900291	34.04	
23.	Lars Jacobsen	DWK	NED	199705453	34.57	S14
24.	Teun de Pooter	De Schelde	NED	199901715	34.74	
25.	Auke Sijperda	AZC	NED	199905115	34.85	
26.	Michiel van Vliet	ZPC Woerden	NED	199503875	35.17	499

Masters 25+

1.	Jesper Oranje	De Duck	NED	199200997	26.99	
2.	Mathijs van der Logt	DIO	NED	199105561	28.31	
3.	Timo Dinkelberg	Feijenoord Albion Zwemclub	NED	199300773	28.49	
4.	Dennis Bos	HZ&PC Heerenveen	NED	199201965	29.14	
5.	Roderick van Doeselaar	Scheldestroom	NED	199200261	29.40	
6.	Jeroen Custers	De Golfbreker	NED	199106319	29.95	
7.	Jordy Zuidhoek	De Columbiaan	NED	199201569	30.18	
	Jelte Schuurmans	Merlet	NED	199104841	30.18	
9.	Jesper Kloek	Dedemsvaart-AC	NED	199001585	30.38	
10.	Johan Krakou	De Rijn	NED	199101311	31.04	
11.	Erik Wegman	De Kempvis	NED	199201465	31.50	
12.	Robin Eltink	DWK	NED	199406147	32.82	
13.	Sven van Zanten	De Duinkickers	NED	199003405	32.87	
14.	Michael Gozeling	DWT	NED	199206031	35.27	
15.	Stefan Oostendorp	AZC	NED	199005615	35.30	
NG.ZA	Dennis Thomas	Aqua'68	NED	199204301		

Masters 30+

1.	Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	28.90	
2.	Arjan van der Plaats	DIO	NED	198602403	28.98	
3.	Martijn Giezen	ZPC AMERSFOORT	NED	198500813	29.16	
4.	Joppe Schuurmans	Merlet	NED	198905447	30.43	
5.	Robert Braad	Steenwijk 1934	NED	198600407	31.37	
6.	Vincent Lapouge	WVZ	NED	198806237	31.54	
7.	Patrick de Jonge	Deltasteur	NED	198906635	33.24	
8.	Mark Godwaldt	PSV	NED	198701039	33.91	
9.	Peter Schelvis	LinK	NED	198906671	35.04	

Programmanr. 36, Heren, 50m rugslag, Masters 30+

rang	naam	vereniging			tijd	PARA
10.	Harmen Reemst	ZOB'66	NED	198702715	35.28	

Masters 35+

1.	Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513	28.53	
2.	Robert Dekker	Dedemsvaart-AC	NED	198400443	29.87	
3.	Arjan van Swam	De Gelsenberg	NED	198402199	30.50	
4.	Gerwin Vonk	De Spatters	NED	198201907	31.09	
5.	Paul Brinkman	ZVVS	NED	198400309	31.43	
6.	Marcel Reefhuis	WS Twente	NED	198101381	31.69	
7.	Sigitas Tachtarovas	Klaipeda SC	LTU		32.25	
8.	Simon van Ravesteijn	WVZ	NED	198002263	33.58	
9.	Sebastiaan Baars	WS Twente	NED	198300053	36.79	

Masters 40+

1.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	29.40	
2.	John Cobussen	De Gelsenberg	NED	197501323	31.57	
3.	Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	31.70	
4.	Jeroen Meuleners	Patrick-De Roersoppers (SG)	NED	197800703	32.87	
	Markus van Rest	WVZ	NED	197701197	32.87	
6.	Erik Drost	PSV	NED	197901491	35.04	
7.	Gino Martijn	RZ	NED	197901865	35.28	
8.	Peter Lommert	SWOL 1894	NED	197900787	35.34	
9.	Arjan Aalbers	SWOL 1894	NED	197500001	35.77	

Masters 45+

1.	Tomas Zemaitis	Klaipeda SC	LTU		32.09	
2.	Erik Smink	Zwemvereniging Hoogland	NED	197301467	34.83	
3.	Ingmar de Gelder	ZOB'66	NED	197000333	35.27	
4.	Bastiaan Baggerman	De Biesboschzwemmers	NED	197001567	38.78	
5.	Dennis van Markesteijn	TZC-Vahalis	NED	197201333	38.82	
6.	Alex Hagedoorn	Triton Putten	NED	197100319	39.52	
7.	Jeroen Hoeksel	ZVVS	NED	197401533	40.84	
8.	Bert Mars	SWOL 1894	NED	197101559	41.07	

Masters 50+

1.	Guido Keutgen	Steenwijk 1934	NED	196801551	30.59	
2.	Darius Andrzejczak	SG Erkelenz-Hückelhoven	GER	326924	31.58	
3.	Dmitry Trubin	Brigantina	RUS	4079	32.00	
4.	René Beetsma	HZ&PC Heerenveen	NED	196900069	32.69	
5.	Nico Swart	De Biesboschzwemmers	NED	196801475	33.82	
6.	Fred Dijkshoorn	Feijenoord Albion Zwemclub	NED	196501539	34.69	
7.	Erik Saan	De Duck	NED	196500769	36.13	
8.	Fred Heemstra	DAW	NED	196500357	36.32	
9.	Ron Korzelius	ZPC AMERSFOORT	NED	196500513	36.38	
10.	Meindert-Jan Tuinstra	H2Oldambt	NED	196600853	39.17	
11.	Eric Dumas	Patrick-De Roersoppers (SG)	NED	196901397	40.25	
12.	Ramon Alsina Munoz	CNSW	BEL	002552/69	41.75	

Masters 55+

1.	Peter Bernsen	De Rog	NED	196301119	30.50	
2.	Yurii Perin	Spartak Voronezh	RUS	03044	32.02	
3.	Kees-Jan van Overbeeke	WVW Winterswijk	NED	196200489	33.05	
4.	Erik Kamphuis	De Rog	NED	196001035	33.40	
5.	Arlandas Antanas Juodeska	Kauno Takas	LTU		33.47	
6.	Wiljam Nijenhuis	De IJsel	NED	196400547	34.04	
7.	Robert de Brauwer	De Duinkickers	NED	196401383	36.17	
8.	Casper Dollekamp	Steenwijk 1934	NED	196301341	36.79	
9.	Jack Barends	WS Twente	NED	196201011	39.18	
10.	Henk Kuipers	UZSC	NED	196201207	39.97	

Programmanr. 36, Heren, 50m rugslag

Masters 60+

1.	Evertjan Masurel	PSV	NED	195600495	36.64
2.	Wim de Lange	AZC	NED	195800533	37.57
3.	André Pantekoek	PSV	NED	195800321	39.61
4.	Jos Zentjens	Budel	NED	195700569	40.61
5.	Christian Schoenaers	CNSW	BEL	007131/59	48.39

Masters 65+

1.	Brend Brevé	PSV	NED	195200265	34.36
2.	Ruud Ruiter	WWV Winterswijk	NED	195300169	40.72
3.	Ronald Blankenstein	Aqua-Novio'94	NED	195000013	43.80
4.	Sjoerd Van de Berg	De Rog	NED	195400355	48.63

Masters 70+

1.	Theo Schouten	WWV Winterswijk	NED	194600161	45.23
2.	Mans Buis	SWOL 1894	NED	194700133	46.60
3.	Jan Nuijten	PSV	NED	194900175	46.97
4.	Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	1:00.29

Masters 75+

1.	Frans van Enst	WS Twente	NED	194000011	42.70
2.	Nico Baay	Old Dutch	NED	194200053	54.05

Masters 85+

1.	Taco van Blommestein	Aquapoldro	NED	193300007	1:12.48
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Programmanr. 37
27-01-2019 - 13:21

Dames, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging		tijd	PARA
Masters 20+					
1.	Saranda Hofstra	KSN (SG)	NED	199700526	29.33
2.	Maaïke van Veen	Dedemsvaart-AC	NED	199700292	31.05
3.	Celine Schoenmaker	DWK	NED	199801976	31.40
4.	Jamilla van Veen	Zwemvereniging Hoogland	NED	199603192	31.59
5.	Rachel Blok	Het Y	NED	199906076	31.73
6.	Tialda Prins	De Golfbreker	NED	199801310	31.83
7.	Tamara Grove	De Dolfijn	NED	199601266	32.00
8.	Hilde Dekker	ReVeLie Swim Team	NED	199901926	32.03
9.	Melissa van der Geld	De Warande	NED	199506250	32.06
10.	Anne Speelman	KSN (SG)	NED	199706118	33.30
11.	Nilce Mendes Barbosa	Feijenoord Albion Zwemclub	NED	199800214	33.34
	Fiona Meuffels	RZ	NED	199504366	33.34
13.	Romy Verhagen	De Amstel	NED	199904110	33.52
	Joyce Mennink	Dedemsvaart-AC	NED	199601180	33.52
15.	Djamilla Gerner	SWOL 1894	NED	199905606	33.71
16.	Denise Boonstra	DAW	NED	199902662	33.81
17.	Chantal Beijer	DWT	NED	199700884	34.23
18.	Janine de Groot	Nova	NED	199500092	34.46
19.	Eline van Gemert	De Meer	NED	199505458	35.25
20.	Jet Kleine	MSV-Zeemacht	NED	199903384	35.44
21.	Iris Bastiaansen	De Amstel	NED	199902006	35.61
22.	Diana van Halm Braam	WVZ	NED	199800788	35.77
23.	Laura Hagreis	De Golfbreker	NED	199600548	36.13
24.	Rebecca Dassen	Zwemclub Polaris	NED	199905474	36.39
25.	Lotte Rolink	Zwemclub Polaris	NED	199504880	36.41
26.	Mariska Wessels	THOR	NED	199703540	37.00

Programmanr. 37, Dames, 50m rugslag, Masters 20+

rang	naam	vereniging		tijd	PARA
27.	Denise van Zetten	Octopus	NED 199600932	37.24	
28.	Esmée Rolloos	ZPV Barracuda	NED 199800056	37.33	
29.	Judith Kleinjan	De Duck	NED 199802710	37.38	
30.	Cynthia van Veen	ZPC Woerden	NED 199606736	37.81	
31.	Lilianne Sweere	ZC Aquadream	NED 199704376	37.96	
32.	Alien Waaijman	De Golfbreker	NED 199606134	38.25	
33.	Hildy Siroen	Merlet	NED 199502154	38.32	
34.	Kim Hamakers	De Rog	NED 199803214	41.51	
35.	Maranka Huitema	Steenwijk 1934	NED 199500302	42.28	
36.	Elvira Feikens	De Spatters	NED 199506982	44.10	
37.	Mariska Scholts	Rotterdam Swimming (SG)	NED 199606804	52.45	
DIS	Richenne Zeebregts	Nuenen	NED 199801818		
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					
AFGEM	Anouk van der Lans	Feijenoord Albion Zwemclub	NED 199801614		

Masters 25+

1.	Mabel Suli	WVZ	NED 199307964	31.31
2.	Denise Boereboom	ZPV Barracuda	NED 199202144	31.56
3.	Elmi Roelofsen	ZVV	NED 199008198	31.60
4.	Daniëlle de Boer	HZ&PC Heerenveen	NED 199404736	32.23
5.	Manon van Strien	WVZ	NED 199400770	32.29
6.	Suzanne Mosch	MSV-Zeemacht	NED 199400548	32.38
7.	Jacyntha Plat	Steenwijk 1934	NED 199002956	32.79
8.	Désirée Emmen	De Warande	NED 199204862	32.96
9.	Jolanda Post	DIO	NED 199004848	33.39
10.	Vera Kraijer	SWOL 1894	NED 199206688	33.49
11.	Nanda de Vries	Steenwijk 1934	NED 199204328	33.52
12.	Tessa Mosch	MSV-Zeemacht	NED 199102172	34.59
13.	Jacoline van den Beukel	Feijenoord Albion Zwemclub	NED 199100238	35.10
14.	Danica Koedoot	De Schotejil	NED 199301034	35.18
15.	Lizanne Lamens	De Gelenberg	NED 199402844	35.65
16.	Esther Kwebeman	HZ&PC Heerenveen	NED 199106374	36.35
17.	Getrude Corporaal	Steenwijk 1934	NED 199200380	36.60
18.	Ramona Noordermeer	ZVVS	NED 199401746	37.19
19.	Joëlle Vaes	DIO	NED 199007576	38.00
20.	Ragna van Lieshout	ZPC AMERSFOORT	NED 199000182	38.20
21.	Gerdi Thiele	Zwemclub Polaris	NED 199401190	38.33
22.	Lonneke Oenema	Steenwijk 1934	NED 199102314	38.36
23.	Eline Schoenmaker	Zwemlust-den Hommel	NED 199003322	38.47
24.	Whitley Rens	De Schotejil	NED 199007520	39.34
25.	Elly Scheepers	Budel	NED 199102728	39.56
26.	Lindsey Hol	De Meer	NED 199008088	39.77
27.	Elodie Siroen	Merlet	NED 199003414	41.00
28.	Anouschka Molhoek	DWT	NED 199108638	49.08

Masters 30+

1.	Evy Witlox	DWT	NED 198804946	31.00
2.	Eloise Cilia	ZVL-1886	NED 198806960	32.64
3.	Marije Jansen	ZPC AMERSFOORT	NED 198504088	32.74
4.	Charlotte Groeneveld	Steenwijk 1934	NED 198701404	33.26
5.	Monique Jonker	TriVia	NED 198501472	34.25
6.	Natalie van der Hoeven	ZVVS	NED 198901786	34.30
7.	Sabine Lina	ZPC Woerden	NED 198902680	34.34
8.	Kiona Peters	ESCA Zwemmen	NED 198903272	35.20
9.	Jolanda Cnossen	Neptunia'24	NED 198600712	35.73
10.	Elles van Leeuwen	PSV	NED 198602240	35.91
11.	Christa Stam	Rotterdam Swimming (SG)	NED 198806790	36.84
12.	Lisette Prins	WVZ	NED 198803522	37.41
13.	Esther van Maastrigt	Montferland	NED 198802836	37.56
14.	Tessa Verheijdt	WVZ	NED 198904290	39.25
	Merel Siroen	Merlet	NED 198804006	39.25
16.	Judith Kappert	De Reest	NED 198604484	40.14

Programmanr. 37, Dames, 50m rugslag, Masters 30+

rang	naam	vereniging			tijd	PARA
17.	Sabine Duijst	Zwemvereniging Hoogland	NED	198701032	42.21	
18.	Carola Hompes	Budel	NED	198801868	42.95	
19.	Sanne Smouter	Zwemvereniging Hoogland	NED	198907540	42.97	
20.	Lotte Ottink	De Spatters	NED	198906650	46.31	

Masters 35+

1.	Delia Badoux	WVZ	NED	198000042	33.42	
2.	Hanneke Heymen	Montferland	NED	198400968	34.17	
3.	Caroline van Tiggelen	Scheldestroom	NED	198301970	35.22	
4.	Angela Giezen	Montferland	NED	198302796	35.72	
5.	Sylvia Reijers	De Gelenberg	NED	198201360	36.31	
6.	Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	37.00	
7.	Ilja Janssen	ESCA Zwemmen	NED	198102234	37.14	
8.	Samantha Go	AZC	NED	198403552	41.83	
9.	Femke Smits	Rotterdam Swimming (SG)	NED	198403574	46.90	

Masters 40+

1.	Monique Boets	Stadskanaal	NED	197600230	34.33	
2.	Mirjan den Drijver	Feijenoord Albion Zwemclub	NED	197500884	35.46	
3.	Iris de Boer-Oosterhof	De Reest	NED	197701152	36.42	
4.	Lauren Rodriguez	The Hague Swimming (SG)	NED	197801358	36.55	
5.	Jessica Venema	WIDEX GZC DONK	NED	197901526	37.68	
6.	Petra Versteegen	WVZ	NED	197700906	37.75	
7.	Heleen Spelde-Fransens	THOR	NED	197901358	38.03	
8.	Leonie Scholten	Steenwijk 1934	NED	197901560	40.02	
9.	Inge Roskam	De Duinkickers	NED	197801296	42.14	
10.	Sandra Van der Helm	De Rog	NED	197801340	44.71	
11.	Clementine van Bruxvoort	ZPB H&L Productions	NED	197700138	45.89	
12.	Jessica van Velzen	ZV 44	NED	197601122	46.48	

Masters 45+

1.	Evelien van Klaarbergen	HZ&PC Heerenveen	NED	197200964	33.70	
2.	Edith Janssen-Koolen	TRB-RES	NED	197300898	33.97	
3.	Valerie Rolland	CNSW	BEL	004276/71	36.15	
4.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	36.37	
5.	Jacqueline de Ruiters-Wijnolst	WIDEX GZC DONK	NED	197400446	36.69	
6.	Chiho Shoji	CNSW	BEL	006146/70	36.94	
7.	Sandra Peeters-Wiermans	De Rog	NED	197401032	38.60	
8.	Henriëtte Manting	GZVW	NED	197100246	39.24	
9.	Bianca Hertogh - Buijsse	Scheldestroom	NED	197400910	39.47	
10.	Nadège van Meeteren	De Meer	NED	197400736	40.59	
11.	Nathasja Konijn	WIDEX GZC DONK	NED	197100992	41.49	
12.	Karin Leverink	WS Twente	NED	197200972	41.86	
13.	Greta Wyma-Teitsma	DWK	NED	197100696	45.51	
14.	Rinette van der Vliet	SWOL 1894	NED	197300518	46.22	
15.	Linda Kerkmeester	GoSwim	NED	197400980	47.51	
DIS	Elza van Os	Steenwijk 1934	NED	197401068		

RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.

Masters 50+

1.	Lesley Cordial <i>Nederlands Masters Record</i>	Neptunus	NED	196700684	34.49	
2.	Annette Wijnja-Visser	De Biesboschzwemmers	NED	196700528	36.73	
3.	Laura Staal	Oceanus	NED	196700358	38.25	
4.	Danielle van Veen	ZPC Woerden	NED	196901048	38.80	
5.	Annette van Dok	MSV-Zeemacht	NED	196800742	42.12 *	
6.	Linda Goderie	Rotterdam Swimming (SG)	NED	196900976	43.66	
7.	Roselinda van der Vlugt	De Geul	NED	196700710	45.78	
8.	Cora Smulders	ESCA Zwemmen	NED	196600668	49.93	

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Masters 55+

1.	Feikje Wittermans <i>Nederlands Masters Record</i>	WIDEX GZC DONK	NED	196400408	36.65
2.	Jacqueline Rolloos-Bakkers	De Lansingh	NED	196300222	38.96
3.	Wilna Heijman	Steenwijk 1934	NED	196400506	40.43
4.	Karin van der Star-Verhoeven	ESCA Zwemmen	NED	196100382	41.07
5.	Marijke Kraak-Beckers	WS Twente	NED	196000240	41.34
6.	Christine Buist	De Duinkickers	NED	196400608	42.93
7.	Jennie Resink-lindeboom	DWK	NED	196000142	46.13
8.	Alice de Haan	WIDEX GZC DONK	NED	196400590	48.01
9.	Lia Bijkerk	WIDEX GZC DONK	NED	196000014	48.88
10.	Gea Kuiper	ZCNF'34	NED	196100104	52.54

Masters 60+

1.	Atie Pijtak-Radersma <i>Kampioenschaps Record</i>	ZPC AMERSFOORT	NED	195600048	38.77
2.	Natalia Isupova	PCWKS	RUS	MC	40.88
3.	Hannie Poletiek	TriVia	NED	195900278	46.30
4.	Karien Musters	Old Dutch	NED	195800236	1:05.85
DIS	Ada de Voogd	ZVVS	NED	195900280	

AF - De aangegeven afstand niet uitgezwommen.

Masters 65+

1.	Patty Krupiarz <i>Nederlands Masters Record</i>	PSV	NED	195400074	42.08
2.	Conny Boer-Buys	ZVVS	NED	195000006	43.98
3.	Christien Nieuwenhuis	SWOL 1894	NED	195100022	44.40
4.	Antoinette Gilding-Tussaud	WS Twente	NED	195000038	51.48
5.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	55.82
6.	Ineke Brouwers	PSV	NED	195200070	57.51
7.	Nini van Dongen-de Paepe	ZZ&PC De Devel	NED	195100044	1:05.18
8.	Janny van der Weide	Deltasteur	NED	195100066	1:17.06

Masters 70+

1.	Loekie van Huissteden	ZPC AMERSFOORT	NED	194500002	57.12
DIS	Corrie Verhoeven	PSV	NED	194600026	

AA - Gestart voor het startsignaal (en wel gezwommen).

Masters 75+

1.	Leny Kamp	Aquapoldro	NED	194400008	58.79 *
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Masters 80+

1.	Lottie Geurts	PSV	NED	193500006	57.43
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Heren, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
Masters 20+								
1. Sepp Kalter	Dedemsvaart-AC	NED 199704327	2:10.16		28.20	1:01.24	1:35.37	2:10.16
2. Lars Schoffelmeier	ZPB H&L Productions	NED 199501907	2:13.14		29.85	1:04.16	1:38.07	2:13.14
3. Nick Sijmons	De Amstel	NED 199500491	2:14.49		29.66	1:04.72	1:40.93	2:14.49
4. Joris Bezemer	De Kempvis	NED 199900527	2:16.30		29.62	1:04.32	1:40.15	2:16.30
5. Nordin Termoshuizen	WVZ	NED 199605401	2:20.75		30.83	1:06.53	1:43.68	2:20.75
6. Lars van der Velden	DAW	NED 199800175	2:25.12		30.83	1:06.51	1:44.44	2:25.12
7. Richard van der Horst	De Meer	NED 199700179	2:28.66		33.24	1:09.90	1:48.33	2:28.66
8. Jeroen Louwinger	De Rijn	NED 199900583	2:31.76		31.58	1:09.39	1:49.64	2:31.76
9. Hans Stoffers	Triton Putten	NED 199604027	2:36.15		33.65	1:14.30	1:55.16	2:36.15
10. Patrick Wyrdeeman	Feijenoord Albion Zwemclub	NED 199702475	2:51.27		35.81	1:17.51	2:02.54	2:51.27
11. Ids de Klerk	ZPV Barracuda	NED 199803237	2:51.93		34.05	1:16.84	2:03.12	2:51.93
Masters 25+								
1. Timo Dinkelberg	Feijenoord Albion Zwemclub	NED 199300773	2:16.00		29.46	1:03.94	1:40.64	2:16.00
2. Tim Bunnik	Triton	NED 199000505	2:22.84		32.29	1:08.66	1:45.34	2:22.84
3. Emiel van Beusekom	ZPV Barracuda	NED 199403951	2:23.03		30.10	1:05.91	1:43.93	2:23.03
4. Maik Steenkamp	Montferland	NED 199103847	2:27.28		33.28	1:12.03	1:50.05	2:27.28
5. Pieter Pijnenburg	De Warande	NED 199305227	2:28.75		32.14	1:10.52	1:49.61	2:28.75
6. Gijs Manhave	De Schelde	NED 199403199	2:31.97		31.51	1:09.47	1:50.46	2:31.97
7. Rens Post	WVZ	NED 199101827	2:39.30		33.98	1:13.63	1:56.52	2:39.30
NG Kevin Eltink	DWK	NED 199100589						
Masters 30+								
1. Bart Drechsel	Feijenoord Albion Zwemclub	NED 198604135	2:29.12		30.65	1:07.28	1:46.34	2:29.12
2. Roel van der Kruijs	De Gelenberg	NED 198501491	2:34.86		33.16	1:11.65	1:52.27	2:34.86
3. Sander van Elburg	PSV	NED 198800937	2:36.37		33.95	1:14.47	1:55.74	2:36.37
4. Melano Winter	AZ&PC De Futen	NED 198703847	2:50.50 *		35.49	1:17.91	2:04.29	2:50.50
Masters 35+								
1. Pieter Pickhardt	ZPC De Hof	NED 198301657	2:26.36		32.71	1:09.59	1:48.53	2:26.36
2. Thommy Nickel	ZPC Woerden	NED 198401627	2:32.13		33.87	1:12.39	1:52.64	2:32.13
3. Rob van Vliet	ZPC AMERSFOORT	NED 198402459	2:32.79		31.67	1:10.68	1:51.44	2:32.79
4. Frank v.d. Voordt	De Schotejil	NED 198302259	2:37.82		32.60	1:10.84	1:51.65	2:37.82
5. Michel Wigbers	DWT	NED 198001743	2:53.03		37.76	1:22.10	2:07.97	2:53.03
6. Rob van Wanrooy	Gay Swim Amsterdam	NED 198202627	2:54.23		36.49	1:18.27	2:01.87	2:54.23
7. Peter van de Bor	DWT	NED 198402897	2:58.68		35.19	1:21.41	2:12.21	2:58.68
Masters 40+								
1. Kees Bakker	Gay Swim Amsterdam	NED 197501055	2:43.52		36.23	1:17.54	1:59.81	2:43.52
2. Freddie Geerlings	Zwemsport Parkstad (SG)	NED 197900379	2:45.27		35.41	1:18.66	2:02.29	2:45.27
Masters 45+								
1. Frédéric Tonus	Liège Natation	BEL 003911/73	2:13.91		29.88	1:03.88	1:39.34	2:13.91
<i>Kampioenschaps Record, Belgisch Masters Record</i>								
2. Antwan van Engen	De Ward	NED 197101577	2:25.39		31.88	1:08.56	1:46.72	2:25.39
3. Paul van den Heuvel	Arethusa	NED 197000441	2:38.38		35.72	1:16.53	1:57.62	2:38.38
4. Aleksei Tanaev	Lada	RUS 102368	2:49.52		35.70	1:16.87	1:59.90	2:49.52
5. Heiner Stevens	ZIGNEA	NED 197201299	3:00.44		35.77	1:18.76	2:06.88	3:00.44
6. Korstiaan de Boer	Steenwijk 1934	NED 197101629	3:01.43 *		36.33	1:20.41	2:09.18	3:01.43
7. Kasper van den Berghe	SWOL 1894	NED 197301125	3:11.86		39.01	1:25.94	2:17.06	3:11.86

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Masters 50+

1. Chester Marsman	ZPC AMERSFOORT	NED 196900671	2:28.87	31.94	1:09.19	1:47.59	2:28.87
2. John Hardeman	De Fuut	NED 196601615	2:30.80	33.18	1:11.08	1:51.05	2:30.80

Masters 55+

1. Johan Remmits	ZPC Woerden	NED 196201159	2:37.95	34.65	1:14.49	1:56.05	2:37.95
2. Ronald Grove	Triton	NED 196100161	3:03.11	37.15	1:22.96	2:12.58	3:03.11
3. Roy Le Clercq	De Rog	NED 196401041	3:28.70	44.76	1:37.86	2:33.50	3:28.70

Masters 60+

1. Hugo Bregman	Feijenoord Albion Zwemclub	NED 195800069	2:22.61	31.16	1:07.50	1:45.15	2:22.61
2. Paul Bunnik	Triton	NED 195600413	3:22.83	42.48	1:31.36	2:30.47	3:22.83

Masters 65+

1. Pierre Monnet	Entente Sportive Nanterre 1	FRA 2609667	3:27.23	44.98	1:37.76	2:32.17	3:27.23
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Masters 75+

1. Rob Hanou	PSV	NED 194300109	3:57.03	50.81	1:53.07	2:56.00	3:57.03
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Kampioenschaps Record

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Dames, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m	150m	200m
Masters 20+								
1. Manon van Esch	TRB-RES	NED 199702090	2:25.86		31.71	1:08.22	1:46.25	2:25.86
2. Anne Noom	Het Y	NED 199800062	2:25.97		32.45	1:09.73	1:47.62	2:25.97
3. Fenna de Groot	Feijenoord Albion Zwemclub	NED 199701796	2:27.63		31.88	1:08.52	1:47.36	2:27.63
4. Brenda Zwarthoed	DAW	NED 199604938	2:28.48		31.94	1:08.76	1:48.20	2:28.48
5. Floor Weijmans	HZPC	NED 199502522	2:29.95		33.80	1:11.60	1:49.85	2:29.95
6. Moniek Heemskerk	ZVL-1886	NED 199601964	2:47.46		36.06	1:17.89	2:02.43	2:47.46
7. Carina Spronk	TRB-RES	NED 199702382	2:57.02		37.94	1:23.65	2:11.29	2:57.02
8. Marle Sewüster	KSN (SG)	NED 199804104	2:59.55		36.74	1:23.44	2:11.52	2:59.55
9. Lenneke Bagijn	De Duck	NED 199604992	3:07.35		39.79	1:26.29	2:15.86	3:07.35

Masters 25+

1. Inge Arts	Merlet	NED 199203076	2:22.55		32.10	1:08.50	1:45.99	2:22.55
2. Laura van den Berg	SWOL 1894	NED 199100206	2:30.50		33.00	1:11.93	1:51.86	2:30.50
3. Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED 199203374	2:39.05		33.46	1:13.23	1:55.41	2:39.05
4. Melissa Zwaan	DAW	NED 199103666	2:44.21		36.26	1:18.09	2:00.65	2:44.21
5. Linda van der Voort	ZVL-1886	NED 199207784	2:44.38		35.70	1:16.27	1:59.83	2:44.38
6. D. van den Hoogenband	Nuenen	NED 199001558	2:45.84		35.28	1:17.61	2:01.91	2:45.84
7. Manon van Geersdaele	De Schelde	NED 199206908	2:49.22		37.58	1:19.76	2:04.14	2:49.22
8. Chantal van der Horst	De Meer	NED 199400616	2:50.26		37.06	1:20.30	2:04.99	2:50.26
9. Maike Korthout	TRB-RES	NED 199406034	2:52.71		36.03	1:18.83	2:04.80	2:52.71
10. Mandy Verbakel	ZPC Woerden	NED 199003908	3:04.65		37.42	1:24.22	2:15.12	3:04.65
11. Claudia Creemers	RZ	NED 199202864	3:39.26		44.52	1:38.92	2:37.80	3:39.26
DIS Marjon Pol	Zwemlust-den Hommel	NED 199102502						

AF - De aangegeven afstand niet uitgezwommen.

Programmanr. 39, Dames, 200m vlinderslag

Masters 30+

1. Viktória Felföldi	IronSwimTeam	HUN	2:21.85	32.08	1:08.68	1:45.34	2:21.85
<i>Kampioenschaps Record, Hungarian Masters Record</i>							
2. Josine van Dorsselaer	Zwemclub Koewacht	NED 198801040	2:46.48	34.86	1:15.64	1:59.87	2:46.48
3. Liesbeth van Mill	Zwemlust-den Hommel	NED 198702786	3:04.42	39.16	1:26.13	2:15.07	3:04.42
4. Sandra Zwaanswijk	DAW	NED 198503934	3:10.90	40.02	1:29.38	2:20.88	3:10.90

Masters 35+

1. Roos van Esch	Feijenoord Albion Zwemclub	NED 198200468	2:41.09	36.95	1:18.01	1:59.82	2:41.09
2. Ramona Linting	LinK	NED 198301274	2:54.99	38.37	1:21.95	2:08.31	2:54.99
3. Linda Hoogendam	WVZ	NED 198300892	3:17.79	41.74	1:32.24	2:24.88	3:17.79
4. Rianne van Vegchelen	ZV 44	NED 198101530	4:07.40	53.29	1:55.71	3:02.48	4:07.40

Masters 40+

1. Liselotte Joling	PSV	NED 197500268	2:39.08	36.17	1:17.25	1:58.21	2:39.08
2. K. van Dongen-Lodder	ZZ&PC De Devel	NED 197700190	2:39.10	34.23	1:14.40	1:56.59	2:39.10
3. Chantal Verhoeff	Old Dutch	NED 197900912	3:07.59	40.54	1:27.03	2:15.86	3:07.59
4. Babette Rens	SWOL 1894	NED 197801200	3:22.91	43.00	1:31.94	2:26.58	3:22.91
5. Clementine van Bruxvoort	ZPB H&L Productions	NED 197700138	3:46.10	47.10	1:46.00	2:46.45	3:46.10

Masters 45+

1. Lidia v. Bon-Rosenbrand	ZPC AMERSFOORT	NED 197000054	2:51.81	36.46	1:17.78	2:02.07	2:51.81
2. Jeanne Petit	PSV	NED 197001020	2:58.54	38.63	1:21.29	2:08.23	2:58.54
3. Valerie Rolland	CNSW	BEL 004276/71	3:01.41	40.15	1:25.61	2:12.98	3:01.41
4. Sandra Peeters-Wiermans	De Rog	NED 197401032	3:05.82	38.37	1:24.78	2:14.37	3:05.82

Masters 50+

1. Peggi Hurenkamp	HZ&PC Heerenveen	NED 196900922	3:12.61	41.37	1:28.70	2:18.97	3:12.61
2. K. van Nassau-van den Heuvel	Old Dutch	NED 196600188	3:33.22	48.76	1:41.06	2:36.22	3:33.22
3. Iris van Aurich	DWK	NED 196900866	3:36.21	46.34	1:41.26	2:40.10	3:36.21
4. Anita Steijger	WVZ	NED 196500628	3:39.55	46.43	1:42.38	2:40.66	3:39.55
5. Annette van Dok	MSV-Zeemacht	NED 196800742	3:48.03	50.29	1:47.90	2:46.82	3:48.03
NG.ZA L. Kornet-van den Akker	Zwemlust-den Hommel	NED 196901052					

Masters 55+

1. Margriet Grove-Lingeman	Triton	NED 196200080	3:00.94	39.48	1:25.17	2:13.60	3:00.94
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Masters 60+

1. Patty Verhagen	PSV	NED 195900146	3:33.54	43.89	1:39.62	2:36.06	3:33.54
<i>Nederlands Masters Record</i>							
AFGEM Marian de Jong	Middelsé-Skelp (SG)	NED 195900052					

Masters 65+

1. Antoinette Gilding-Tussaud	WS Twente	NED 195000038	4:56.96 *	1:05.45	2:21.48	3:40.75	4:56.96
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Programmanr. 40
27-01-2019 - 14:31

Heren, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging		tijd	PARA
Masters 20+					
1.	Casper Muselaers	Octopus	NED 199600399	23.30	
2.	Ingmar Hartman	KSN (SG)	NED 199801013	23.97	
3.	Gauke Eilander	KSN (SG)	NED 199800603	24.57	
	Sepp Kalter	Dedemsvaart-AC	NED 199704327	24.57	
5.	Jordi van der Weel	Feijenoord Albion Zwemclub	NED 199600359	24.74	
6.	Erik Bult	DAW	NED 199902153	24.88	
7.	Wilco Nijenhuis	De Berkelduikers	NED 199802463	24.97	
8.	Dennis Wildeboer	Nova	NED 199800571	25.17	
	Max-Fernon Troenokarso	Arethusa	NED 199903151	25.17	
10.	Dion de Mooij	ZVL-1886	NED 199701803	25.24	
11.	Lars van der Velden	DAW	NED 199800175	25.28	
12.	Diederick Schothans	De Veene	NED 199703185	25.41	
13.	Robin van Beek	ZVL-1886	NED 199704023	25.51	
14.	Dieder Schuurmans	Merlet	NED 199500447	25.66	
15.	Edwin Jager	De Berkelduikers	NED 199901571	25.79	
16.	Sam Beer	Rotterdam Swimming (SG)	NED 199605521	25.85	
17.	Niels Versteeg	De Ward	NED 199502697	25.92	
	Frank Scheltens	Zwemclub Polaris	NED 199903935	25.92	
19.	Edward Mulder	De Golfbreker	NED 199805821	26.07	
20.	Floyd van Duyvenbode	De Kempvis	NED 199600357	26.22	
21.	Gideon Teeuw	De Veene	NED 199801237	26.36	
22.	Martijn Kornet	Zwemlust-den Hommel	NED 199700231	26.39	
23.	Auke Sijperda	AZC	NED 199905115	26.66	
24.	Mike van de Streek	Noord Veluwe	NED 199500577	27.05	
25.	Laurens Spoelstra	WS Twente	NED 199901273	27.06	
26.	Frank Versprille	Noord Veluwe	NED 199901073	27.11	
27.	Martijn Bartels	ZPC AMERSFOORT	NED 199603493	27.25	
28.	Ayrton Mooldijk	Feijenoord Albion Zwemclub	NED 199901449	27.32	
29.	Ian van Mullem	ZOB'66	NED 199602545	27.58	
30.	Pascal de Jong	De Wellerobben	NED 199700415	27.78	
31.	Nick Boekestijn	Feijenoord Albion Zwemclub	NED 199900291	27.79	
32.	Ids de Klerk	ZPV Barracuda	NED 199803237	28.29	
33.	Patrick Wyrdeman	Feijenoord Albion Zwemclub	NED 199702475	28.66	
34.	Ewoud Vos	De Golfbreker	NED 199901215	28.84	
35.	Teun de Pooter	De Schelde	NED 199901715	28.87	
36.	Lars Jacobsen	DWK	NED 199705453	29.32	S14 482
37.	Michiel van Vliet	ZPC Woerden	NED 199503875	29.40	
38.	Maarten van Vliet	ZPC Woerden	NED 199904117	30.58	
39.	Kien Vuong	De Kempvis	NED 199506173	31.42	

Masters 25+

1.	Ensger Kotterink <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED 199403391	22.69	
2.	Jesper Oranje	De Duck	NED 199200997	24.01	
3.	Romero Hennep	Feijenoord Albion Zwemclub	NED 199304929	24.32	
4.	Peter de Boer	Dedemsvaart-AC	NED 199206199	24.41	
5.	Dennis Bos	HZ&PC Heerenveen	NED 199201965	24.76	
6.	Hiras Ferrandino	DWT	NED 199306527	24.94	
7.	Jeroen Custers	De Golfbreker	NED 199106319	25.00	
8.	Stefan Kwant	Nova	NED 199200781	25.12	
9.	Jorden Theijink	ZPC De Hof	NED 199400323	25.28	
10.	Jesper Kloek	Dedemsvaart-AC	NED 199001585	25.48	
11.	Roderick van Doeselaar	Scheldestroom	NED 199200261	25.63	
12.	Erik Wegman	De Kempvis	NED 199201465	25.74	
13.	Mike Koelewijn	Steenwijk 1934	NED 199303597	25.81	
14.	Dennis Doove	De Kempvis	NED 199202413	26.23	
15.	Jelte Schuurmans	Merlet	NED 199104841	26.24	
	Johan Krakou	De Rijn	NED 199101311	26.24	
17.	Tim Bunnik	Triton	NED 199000505	26.33	

Programmanr. 40, Heren, 50m vrije slag, Masters 25+

rang	naam	vereniging			tijd	PARA
18.	Dennis Thomas	Aqua'68	NED	199204301	27.39	
19.	Tom de Lange	Deltasteur	NED	199300303	27.49	
20.	Joris Admiraal	De Golfbreker	NED	199400187	28.03	
21.	Aron Heerkens	Nautilus	NED	199201751	28.44	
22.	Stefan Oostendorp	AZC	NED	199005615	28.60	
23.	Rinus Poort	De Golfbreker	NED	199205517	28.73	
24.	Robin van Beusekom	ZPV Barracuda	NED	199205841	28.85	
25.	Ingmar Kloek	Dedemsvaart-AC	NED	199305409	28.93	
26.	Mark Legters	De Schelde	NED	199303361	29.63	
27.	Connor Elemans	De Duinkickers	NED	199100581	30.00	
28.	Bob Potkamp	Deltasteur	NED	199403189	30.65	
29.	Patrick Wobben	Steenwijk 1934	NED	199300559	31.07	
30.	Rens Mahler	Merlet	NED	199206411	31.22	
NG	Kevin Eltink	DWK	NED	199100589		

Masters 30+

1.	Aleksandr Kadukhin	Lada	RUS	102235	23.29	
2.	Arjan van der Plaat	DIO	NED	198602403	23.85	
3.	Ivan Kovalev	Troyka	RUS	102052	24.26	
4.	Martijn Dolk	Rotterdam Swimming (SG)	NED	198900737	24.72	
5.	Bart Drechsel	Feijenoord Albion Zwemclub	NED	198604135	24.85	
6.	Roderik Meijers	ZOB'66	NED	198602063	25.54	
7.	Jan van Opstal	DIO	NED	198602291	25.79	
8.	Pascal van Haren	ZPV Barracuda	NED	198704101	25.83	
9.	Vernon Steenkamp	SwimGym	NED	198604787	25.89	
10.	Vincent Bakker	ZPC AMERSFOORT	NED	198600107	26.05	
11.	Bas Berndes	Merlet	NED	198900217	26.24	
12.	Vincent Lapouge	WVZ	NED	198806237	26.43	
13.	Robin Wolbers	De Reest	NED	198503051	26.69	
14.	Erik Verholt	Noord Veluwe	NED	198803543	26.70	
15.	Ronald Vullings	Merlet	NED	198703655	26.87	
16.	Joppe Schuurmans	Merlet	NED	198905447	27.02	
17.	Robert Braad	Steenwijk 1934	NED	198600407	27.49	
18.	Mark Effing	Merlet	NED	198600761	27.64	
19.	Tim van den Berg	Rotterdam Swimming (SG)	NED	198500157	27.75	
20.	Bob Peters	De Spatters	NED	198702565	27.82	
21.	Patrick de Jonge	Deltasteur	NED	198906635	27.96	
22.	Frederik Tamminga	PSV	NED	198703293	28.03	
23.	Rene Knijpstra	Isis	NED	198806181	28.79	
24.	Robin Eggenkamp	De Aalscholver	NED	198700847	30.00	
25.	Peter Schelvis	LinK	NED	198906671	30.22	
26.	Wouter van 't Klooster	ZPC AMERSFOORT	NED	198806159	31.06	
DIS	Jelte Heuten	WS Twente	NED	198601207		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					
NG	Ingmar de Jong	De Wellerobben	NED	198806197		

Masters 35+

1.	Nol van Thull	Feijenoord Albion Zwemclub	NED	198001513	24.53	
2.	Lauren Vis	Steenwijk 1934	NED	198201883	24.87	
3.	Rick de Greef	Budel	NED	198400749	24.92	
4.	Robert Dekker	Dedemsvaart-AC	NED	198400443	25.10	
5.	Jim Geestman	Rotterdam Swimming (SG)	NED	198300699	25.54	
6.	Kristiaan Lenos	ZVL-1886	NED	198301331	25.58	
7.	Paul Brinkman	ZVVS	NED	198400309	25.87	
8.	Arjan van Swam	De Gelenberg	NED	198402199	26.04	
9.	Federico Cappello	Entente Sportive Nanterre 2	FRA	2749459	26.06	
10.	Wouter Zijlstra	DAW	NED	198202077	26.68	
11.	Gerwin Vonk	De Spatters	NED	198201907	26.93	
12.	Bas van de Nouwelant	ZVVS	NED	198001103	26.97	
13.	Sigitas Tachtarovas	Klaipeda SC	LTU		27.01	
14.	Peter van de Bor	DWT	NED	198402897	27.05	
15.	Pieter Pickhardt	ZPC De Hof	NED	198301657	27.31	

Programmanr. 40, Heren, 50m vrije slag, Masters 35+

rang	naam	vereniging			tijd	PARA
16.	Rutger Stam	Zwemvereniging Hoogland	NED	198102463	27.37	
17.	Edward van Dootingh	ZV 44	NED	198403341	29.03	
18.	Dyon de Greef	Budel	NED	198202385	30.69	
19.	Gijs van de Sande	DIO	NED	198403329	31.55	
20.	Nicolas Slegers	CNSW	BEL	005301/84	31.82	
NG.ZA	Matteo Mussino	SwimGym	NED	198002473		

Masters 40+

1.	Casper Hut <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	NED	197800471	23.74	
2.	Jeroen Zelsmann	ZPC AMERSFOORT	NED	197701551	25.17	
3.	Vasili Efremov	Poseydon	RUS	37100	25.20	
4.	Erwin Buist	ZPC AMERSFOORT	NED	197800183	25.21	
5.	Aleksey Bayevsky	SwimGym	NED	197801923	26.06	
6.	Pieter Broek	Feijenoord Albion Zwemclub	NED	197701637	26.52	
7.	Victor Barnar	GoSwim	NED	197801805	26.55	
8.	Mark Zwart	Zwemlust-den Hommel	NED	197901461	26.68	
9.	Walter Stielstra	TRB-RES	NED	197701651	27.20	
10.	Jeroen Meuleners	Patrick-De Roersoppers (SG)	NED	197800703	27.37	
11.	Erik Lamers	De Gelenberg	NED	197500507	27.38	
12.	John Cobussen	De Gelenberg	NED	197501323	27.89	
13.	Mark Subirachs Garay	AN Gramenet	ESP	44018033	28.16	
14.	Gino Martijn	RZ	NED	197901865	28.27	
15.	Erik Drost	PSV	NED	197901491	28.61	
16.	Johan Wezenberg	SWOL 1894	NED	197601023	28.68	
17.	Han Boone	SWOL 1894	NED	197701319	28.86	
18.	Markus van Rest	WVZ	NED	197701197	29.33	
19.	Arjan Aalbers	SWOL 1894	NED	197500001	29.44	
20.	Peter Lommert	SWOL 1894	NED	197900787	29.60	
21.	Tom Bandsma	PSV	NED	197701625	29.98	
22.	Ingmar Kooman	ZVL-1886	NED	197901517	30.29	
23.	Michael Go	AZC	NED	197501397	30.31	
24.	Frank van de Belt	De Reest	NED	197801325	30.33	
25.	Ivo Verdonschot	Budel	NED	197500903	31.49	
26.	Dick Huisman	Steenwijk 1934	NED	197501409	32.48	
27.	Robin Roskam	De Duinkickers	NED	197801831	33.34	

Masters 45+

1.	Frédéric Tonus	Liège Natation	BEL	003911/73	24.67	
2.	Joeri Stoffels	AZC	NED	197300851	25.81	
3.	Marcel van Winssen	De Gelenberg	NED	197101477	25.98	
4.	Richard Rickson	Zwemsport Parkstad (SG)	NED	197000841	26.43	
5.	Aidas Pelesinas	Klaipeda SC	LTU		26.53	
6.	Arjan Verheij	De Rog	NED	197101617	26.69	
7.	Michael van Bekkum	SWOL 1894	NED	197200051	27.72	
8.	Ingmar de Gelder	ZOB'66	NED	197000333	28.67	
9.	Harold Brouwer	De Gelenberg	NED	197201569	28.73	
10.	Heiner Stevens	ZIGNEA	NED	197201299	29.06	
11.	Arturas Klimas	Klaipeda SC	LTU		29.28	
12.	Bas Kremers	TRB-RES	NED	197201611	29.55	
13.	Ingmar de Vries	Zwemclub Koewacht	NED	197301551	29.94	
14.	Chang Bom	The Hague Swimming (SG)	NED	197201483	29.98	
15.	Wiljo Mackus	Budel	NED	197101557	30.29	
16.	Erik Veltman	Stadskanaal	NED	197200941	30.35	
17.	Erik Smink	Zwemvereniging Hoogland	NED	197301467	30.71	
18.	Pieter Bardelmeijer	Deltasteur	NED	197201665	30.99	
19.	Alex Hagedoorn	Triton Putten	NED	197100319	31.30	
20.	Edward van Nijmweegen	Budel	NED	197001635	32.37	
21.	Bastiaan Baggerman	De Biesboschzwemmers	NED	197001567	32.83	
22.	Bert Mars	SWOL 1894	NED	197101559	33.07	
23.	Jeroen Hoeksel	ZVVS	NED	197401533	33.73	
24.	Rob van de Ven	SWNZ (SG)	NED	197101695	33.87	

Programmanr. 40, Heren, 50m vrije slag, Masters 45+

rang	naam	vereniging			tijd	PARA
25.	Michiel Verschueren	Zwemclub Koewacht	NED	197301583	36.74	
26.	Tomasz Zurawski	De Rog	NED	197401495	40.13	

Masters 50+

1.	Eduard Ivanov <i>Russian Masters Record</i>	PCWKS	RUS		25.29	
2.	Dmitry Trubin	Brigantina	RUS	4079	25.41	
3.	Dariusz Andrzejczak	SG Erkelenz-Hückelhoven	GER	326924	26.13	
4.	Bob de Vries	The Hague Swimming (SG)	NED	196601101	26.96	
5.	Vladimir Gusev	Troyka	RUS	3113	27.04	
6.	Bastiaan Wanders	U.E. Horta	ESP	IR21DOF26	28.12	
7.	Guido Keutgen	Steenwijk 1934	NED	196801551	28.16	
8.	Erwin Beringen	GoSwim	NED	196601515	28.79	
9.	Erik Saan	De Duck	NED	196500769	29.00	
10.	Freddy v.d. Veen	ZVVS	NED	196601161	29.09	
11.	Ron Korzelius	ZPC AMERSFOORT	NED	196500513	29.15	
12.	Richard Hill	De Duinkickers	NED	196601651	29.22	
13.	Erik Wetsteijn	SWOL 1894	NED	196501019	29.68	
14.	Wijnand Vergeest	De Rog	NED	196800949	29.91	
15.	Meindert-Jan Tuinstra	H2Oldambt	NED	196600853	30.15	
16.	Vadim Ezhkov	Pregel	RUS	10020	30.49	
17.	Hans Schoenmakers	DAW	NED	196900863	30.78	
18.	Ruud Kennis	Budel	NED	196501555	30.81	
19.	Willem Jan Ribberink	WIDEX GZC DONK	NED	196501327	31.02	
20.	Pieter-Sjoerd de Wijn	Zwemvereniging Hoogland	NED	196501027	31.40	
21.	Hans Van de Berg	De Rog	NED	196501635	31.48	
22.	René Speelman	De Spatters	NED	196601521	31.58	
23.	Joop Weenink	WS Twente	NED	196801535	31.90	
24.	Willem Jannink	SWOL 1894	NED	196500423	31.98	
25.	Frank Van Engelen	De Rog	NED	196701721	32.02	
26.	Joost van Eerd	Budel	NED	196901723	32.62	
27.	Ramon Alsina Munoz	CNSW	BEL	002552/69	33.93	

Masters 55+

1.	Sergey Kozlov <i>Russian Masters Record</i>	Poseydon	RUS	037099	26.02	
2.	Peter Bernsen	De Rog	NED	196301119	26.08	
3.	Fred Ketting	PSV	NED	196000289	27.14	
4.	Yurii Perin	Spartak Voronezh	RUS	03044	27.26	
5.	Wiljam Nijenhuis	De IJssel	NED	196400547	27.33	
6.	Kees-Jan van Overbeeke	WWV Winterswijk	NED	196200489	27.52	
7.	Gert Sikkema	Zwemclub Urk 1978	NED	196300687	27.70	
8.	Hans Westerhof	WS Twente	NED	196200743	27.72	
9.	Theo Bakker	TriVia	NED	196401231	28.00	
10.	Paul Wijnja	De Biesboschwimmers	NED	196301403	28.93	
11.	Clino Vallone	ASD Olbia Nuoto	ITA	854313	29.29	
12.	Robert de Brauwer	De Duinkickers	NED	196401383	29.42	
13.	Ron van der Meer	De Gelenberg	NED	196000975	29.71	
14.	Cees Kersten	De Rog	NED	196401435	30.36	
15.	Henk Kuipers	UZSC	NED	196201207	30.43	
16.	Rob Hemesath	PSV	NED	196100189	30.70	
17.	Wilbert Barten	Nautilus	NED	196401373	31.04	
18.	Pierre de Groot	WIDEX GZC DONK	NED	196401431	32.15	
19.	Jan Willem Heuten	WS Twente	NED	196000883	33.97	
20.	Hans van Scheepen	Steenwijk 1934	NED	196201245	38.30	
21.	Mihai Protiuc	H2Oldambt	NED	196001115	44.80	

Programmanr. 40, Heren, 50m vrije slag

Masters 60+

1.	Marten de Groot	HZ&PC Heerenveen	NED	195800149	27.51
2.	Nikolay Morgunov	MKMP Moscow	RUS	8063	29.30
3.	Evertjan Masurel	PSV	NED	195600495	30.07
4.	Jos Zentjens	Budel	NED	195700569	31.11
5.	Bas Roorda	De Duinkickers	NED	195800743	31.94
6.	Marius Ros	ZCNF'34	NED	195900779	34.34
7.	Peter Coffeng	WIDEX GZC DONK	NED	195700063	34.40
8.	Jos van Sleuwen	Nautilus	NED	195700323	36.13
9.	Kees Karsten	Gay Swim Amsterdam	NED	195800203	37.04

Masters 65+

1.	Brend Brevé	PSV	NED	195200265	29.80
2.	Vladimir Getman	Poseydon	RUS	023004	29.92
3.	Ruud Ruiten	WWV Winterswijk	NED	195300169	30.02
4.	Ronald Blankenstein	Aqua-Novio'94	NED	195000013	36.11
5.	Nikolay Dronov	Troyka	RUS	3037	40.12
6.	Sjoerd Van de Berg	De Rog	NED	195400355	41.09
DIS	Boris Bogatov	Lada	RUS	7033	
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					
DIS	Laurens Klein Breteler	WWV Winterswijk	NED	195400109	
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					

Masters 70+

1.	Theo Schouten	WWV Winterswijk	NED	194600161	33.30
2.	Wout Hemmes	De Plons	NED	194800059	33.84
3.	Willem Putter	ZVVS	NED	194500135	33.86
4.	Jan Nuijten	PSV	NED	194900175	35.63
5.	Nico van Dongen	ZZ&PC De Devel	NED	194800159	43.16
6.	Peter Ouweneel	Rotterdam Swimming (SG)	NED	194500077	49.64

Masters 75+

1.	Frans van Enst	WS Twente	NED	194000011	36.36
2.	Geza Kaltenecker	AZC	NED	194200065	36.85

Masters 80+

1.	Nic Geers	Z&PC De Gouwe	NED	193800007	41.73
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Masters 85+

1.	Taco van Blommestein	Aquapoldro	NED	193300007	1:05.49
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Programmanr. 41
27-01-2019 - 15:08

Dames, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging		tijd	PARA
Masters 20+					
1.	Saranda Hofstra <i>Nederlands Masters Record</i>	KSN (SG)	NED	199700526	26.20
2.	Tamara Grove	De Dolfijn	NED	199601266	26.89
3.	Brenda Zwarthoed	DAW	NED	199604938	27.06
4.	Karin Groen	Nova	NED	199502440	27.19
5.	Richenne Zeebregts	Nueneen	NED	199801818	27.49
6.	Rachel Blok	Het Y	NED	199906076	27.55
7.	Hilde Dekker	ReVeLie Swim Team	NED	199901926	28.19

Programmanr. 41, Dames, 50m vrije slag, Masters 20+

rang	naam	vereniging			tijd	PARA
8.	Laura Compagner	Dedemsvaart-AC	NED	199804602	28.30	
9.	Anouk van der Kruk	MSV-Zeemacht	NED	199903778	28.38	
10.	Melissa van der Heijden	ZPV Barracuda	NED	199605226	28.50	
11.	Manon Kloosterman	De Bevelanders	NED	199702082	28.63	
12.	Denise Boonstra	DAW	NED	199902662	28.70	
13.	Nilce Mendes Barbosa	Feijenoord Albion Zwemclub	NED	199800214	28.84	
14.	Marle Sewüster	KSN (SG)	NED	199804104	28.96	
15.	Celine Schoenmaker	DWK	NED	199801976	29.03	
16.	Ariane Jonkman	De Wellerobben	NED	199801590	29.06	
17.	Bibi Stokvis	Het Y	NED	199900892	29.07	
18.	Iris van der Moolen	De Amstel	NED	199902052	29.21	
19.	Tialda Prins	De Golfbreker	NED	199801310	29.28	
20.	Laura Hagreis	De Golfbreker	NED	199600548	29.50	
21.	Elianne Huitema	Steenwijk 1934	NED	199700258	29.52	
22.	Romy Verhagen	De Amstel	NED	199904110	29.54	
23.	Céline Verhoef	De Duck	NED	199604476	29.56	
24.	Rianne van Rijssen	Noord Veluwe	NED	199702360	29.62	
25.	Janine de Groot	Nova	NED	199500092	29.74	
26.	Lotte Rolink	Zwemclub Polaris	NED	199504880	29.88	
27.	Denise van Zetten	Octopus	NED	199600932	29.96	
28.	Diana van Halm Braam	WVZ	NED	199800788	29.99	
29.	Rebecca Dassen	Zwemclub Polaris	NED	199905474	30.10	
30.	Jet Kleine	MSV-Zeemacht	NED	199903384	30.11	
31.	Lieke van Essen	SWOL 1894	NED	199502814	30.23	
32.	Cheyenne Verburgt	ESCA Zwemmen	NED	199901496	30.25	
33.	Lisa van Riel	SWOL 1894	NED	199805652	30.44	
34.	Joyce Mennink	Dedemsvaart-AC	NED	199601180	30.47	
35.	Moniek Heemskerck	ZVL-1886	NED	199601964	30.67	
36.	Judith Kleinjan	De Duck	NED	199802710	30.76	
37.	Sheila Ten Voorde	ZVV	NED	199904538	31.29	
38.	Lenneke Bagijn	De Duck	NED	199604992	31.36	
39.	Masha Odijk	GoSwim	NED	199904922	31.38	
40.	Esmée Rolloos	ZPV Barracuda	NED	199800056	31.58	
41.	Iris Bastiaansen	De Amstel	NED	199902006	31.70	
42.	Nicole van Zuilen	Zwemvereniging Hoogland	NED	199505428	31.98	
43.	Julia Koopman	Noord Veluwe	NED	199606688	32.27	
44.	Hildy Siroen	Merlet	NED	199502154	32.30	
45.	Mariska Wessels	THOR	NED	199703540	33.06	
46.	Alien Waaijman	De Golfbreker	NED	199606134	33.58	
47.	Kim Hamakers	De Rog	NED	199803214	33.85	
48.	Elvira Feikens	De Spatters	NED	199506982	34.53	
49.	Maranka Huitema	Steenwijk 1934	NED	199500302	37.87	
50.	Esmee Vonk	Zwemclub Koewacht	NED	199905418	41.46	
DIS	Cynthia van Veen	ZPC Woerden	NED	199606736		
<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>						
AFGEM	Anouk van der Lans	Feijenoord Albion Zwemclub	NED	199801614		
NG	Anoeska van de Kraats	DWK	NED	199701284		

Masters 25+

1.	Saskia De Klerk	Schwimm Club Flös	SUI	108387	26.07	
<i>Kampioenschaps Record, Swiss Masters Record</i>						
2.	Yvon Versteeg	De Veene	NED	199201864	27.33	
3.	Elmi Roelofsen	ZVV	NED	199008198	27.34	
4.	Jolanda Post	DIO	NED	199004848	27.39	
5.	Stéphanie Dekker-Bergsma	Dedemsvaart-AC	NED	199203374	28.01	
6.	Denise Boereboom	ZPV Barracuda	NED	199202144	28.10	
7.	Tessa Mosch	MSV-Zeemacht	NED	199102172	28.27	
8.	Eva Kattouw	De Ward	NED	199407168	28.90	
9.	Isabelle Massar	WVZ	NED	199102034	28.93	
10.	Carmen Seesing	Octopus	NED	199406220	29.24	
11.	Suzanne Mosch	MSV-Zeemacht	NED	199400548	29.29	
	Linda van der Voort	ZVL-1886	NED	199207784	29.29	
13.	Mandy Verbakel	ZPC Woerden	NED	199003908	29.35	

Programmanr. 41, Dames, 50m vrije slag, Masters 25+

rang	naam	vereniging		tijd	PARA
14.	Danica Koedoot	De Schotejil	NED 199301034	29.67	
15.	Danila van den Hoogenband	Nuene	NED 199001558	30.17	
16.	Nikki Hoogeboom	De IJsel	NED 199301196	30.32	
17.	Jacoline van den Beukel	Feijenoord Albion Zwemclub	NED 199100238	30.37	
18.	Lizanne Lamens	De Gelenberg	NED 199402844	30.43	
19.	Leontine Groeneveldt	De Duck	NED 199303526	30.58	
20.	Getrude Corporaal	Steenwijk 1934	NED 199200380	30.81	
21.	Marlous de Jong	Zwemlust-den Hommel	NED 199001782	30.99	
22.	Ilse Blankvoort	Steenwijk 1934	NED 199204458	31.66	
23.	Lonneke Oenema	Steenwijk 1934	NED 199102314	31.84	
24.	Manon van Geersdaele	De Schelde	NED 199206908	31.85	
25.	Charine de Ruiters	Steenwijk 1934	NED 199403668	32.15	
	Ragna van Lieshout	ZPC AMERSFOORT	NED 199000182	32.15	
27.	Kelly Bocking	Montferland	NED 199104050	32.20	
28.	Kimberley van Buren	De Duck	NED 199304136	32.61	
29.	Whitley Rens	De Schotejil	NED 199007520	32.82	
30.	Elodie Siroen	Merlet	NED 199003414	32.92	
31.	Marjan Rikken	ZVV	NED 199206114	33.02	
32.	Lindsey Hol	De Meer	NED 199008088	33.65	
33.	Joëlle Vaes	DIO	NED 199007576	33.77	
34.	Tessa Kerkvliet	ZVL-1886	NED 199202428	34.05	
35.	Esmee Hoogeboom	De IJsel	NED 199407534	34.51	
36.	Janneke Wynia	WS Twente	NED 199005500	35.13	
37.	Inge Kalee	Zwemvereniging Hoogland	NED 199305634	37.35	
38.	Riëlle Veraar	Zwemvereniging Hoogland	NED 199307534	38.54	
NG	Rebecca Evers	ZOB'66	NED 199207916		
NG	Tara Keijzer	Steenwijk 1934	NED 199108498		

Masters 30+

1.	Monique Jonker	TriVia	NED 198501472	28.27	
2.	Marije Jansen	ZPC AMERSFOORT	NED 198504088	28.31	
3.	Natalie van der Hoeven	ZVVS	NED 198901786	28.90	
4.	Sabine Lina	ZPC Woerden	NED 198902680	29.05	
5.	Evy Witlox	DWT	NED 198804946	29.19	
6.	Charlotte Groeneveld	Steenwijk 1934	NED 198701404	29.59	
7.	Auke de Lange	AZC	NED 198602226	29.78	
8.	Sandra Zwaanswijk	DAW	NED 198503934	29.83	
9.	Christa Stam	Rotterdam Swimming (SG)	NED 198806790	29.92	
10.	Monique Remst	AZC	NED 198706236	29.93	
11.	Ilse van den Wijngaard	ZPC Woerden	NED 198904736	30.24	
12.	Nienke van Stipriaan	PSV	NED 198703970	30.33	
13.	Siska Post	DIO	NED 198805562	30.42	
14.	Mariska Zaal	AZC	NED 198806916	31.55	
15.	Suzan Blankestijn	ZVL-1886	NED 198900350	31.62	
16.	Marieke van Dodeweerd	RZC	NED 198600896	31.63	
17.	Joan Fonteine	Zwemclub Koewacht	NED 198805148	32.72	
18.	Judith Kappert	De Reest	NED 198604484	33.19	
19.	Sabine Duijst	Zwemvereniging Hoogland	NED 198701032	33.63	
20.	Ingrid Noten	Budel	NED 198504156	33.96	
21.	Carola Hompes	Budel	NED 198801868	34.24	
22.	Sanne Smouter	Zwemvereniging Hoogland	NED 198907540	35.17	
23.	Merel Siroen	Merlet	NED 198804006	35.30	
24.	Lotte Ottink	De Spatters	NED 198906650	37.58 *	

Masters 35+

1.	Delia Badoux <i>Nederlands Masters Record</i>	WVZ	NED 198000042	27.60	
2.	Anke Lambooj	De Vliet (SG)	NED 198001182	27.99	
3.	Renee de Kok	PSV	NED 198403350	30.18	
4.	Kika Meijers	SWOL 1894	NED 198000736	30.46	
5.	Nadya Putter	ZVVS	NED 198301630	30.58	
6.	Roos van Esch	Feijenoord Albion Zwemclub	NED 198200468	31.57	

Programmanr. 41, Dames, 50m vrije slag, Masters 35+

rang	naam	vereniging			tijd	PARA
7.	Sabrina Boekhout	De Biesboschzwemmers	NED	198100120	31.65	
8.	Mia Gobert	BZK	BEL	21196/80	35.27	
9.	Samantha Go	AZC	NED	198403552	35.45	
10.	Petra van Rooijen	De Meer	NED	198102298	36.24	
11.	Femke Smits	Rotterdam Swimming (SG)	NED	198403574	38.43	

Masters 40+

1.	Marty Krans-de Weerd	ZCNF'34	NED	197500604	28.80	
2.	Lauren Rodriguez	The Hague Swimming (SG)	NED	197801358	29.37	
3.	Monique Boets	Stadskanaal	NED	197600230	29.38	
4.	Katinka van Dongen-Lodder	ZZ&PC De Devel	NED	197700190	29.90	
5.	Chantal Verhoeff	Old Dutch	NED	197900912	30.25	
6.	Heleen Spelde-Fransens	THOR	NED	197901358	30.51	
7.	Jessica Klaassen	Zwemclub Koewacht	NED	197901536	30.70	
8.	Martine de Haart	Patrick-De Roersoppers (SG)	NED	197901492	31.83	
9.	Jessica Venema	WIDEX GZC DONK	NED	197901526	32.13	
10.	Petra Verstegen	WVZ	NED	197700906	32.14	
11.	Iris de Boer-Oosterhof	De Reest	NED	197701152	32.23	
12.	Ingeborg Speelman Hamelink	Zwemclub Koewacht	NED	197601028	32.48	
13.	Marian Nederlof	De Geul	NED	197600950	32.54	
14.	Margriet Daalman	De Spatters	NED	197801368	33.00	
15.	Esther Vergeest	De Rog	NED	197700012	33.10	
16.	Sandra Van der Helm	De Rog	NED	197801340	34.11	
17.	Karin Smolders	Budel	NED	197601078	34.22	
18.	Saskia op den Velde	De Duinkickers	NED	197901530	35.45	
19.	Ilonka Schuldink	Deltasteur	NED	197801342	37.00	
20.	Jessica van Velzen	ZV 44	NED	197601122	38.93	
NG	Renee Kieseker	SwimGym	NED	197601150		

Masters 45+

1.	Yvette Ratering	De Ward	NED	197200990	29.16	
2.	Edith Janssen-Koolen	TRB-RES	NED	197300898	29.52	
3.	Annette de Visser	Oceanus	NED	197100602	29.81	
4.	Jacqueline de Ruiters-Wijnolst	WIDEX GZC DONK	NED	197400446	31.12	
5.	Trudie van Niejenhuis	TZC-Vahalis	NED	197100444	31.42	
6.	Regine Beckers-Stribos	De Rog	NED	197000492	31.78	
7.	Eline Overeem	Zwemlust-den Hommel	NED	197101048	32.15	
8.	Evelien Naatje	WS Twente	NED	197200838	33.30	
9.	Henriëtte Manting	GZVW	NED	197100246	33.35	
10.	Inge van Gasteren	AZC	NED	197201014	34.30	
11.	Karin Leverink	WS Twente	NED	197200972	35.20	
12.	Inge Lolkema-Soeters	Steenwijk 1934	NED	197300934	35.35	
13.	Esther Wouters	De Rog	NED	197300968	36.70	
14.	Pauline Tromp-Lang de	ZZ&PC De Devel	NED	197001032	37.04	
15.	Rinette van der Vliet	SWOL 1894	NED	197300518	39.04	
16.	Brigitte Willems	De Rog	NED	197401036	39.88	
17.	Linda Kerkmeester	GoSwim	NED	197400980	40.56	
18.	Elza van Os	Steenwijk 1934	NED	197401068	44.52	

Masters 50+

1.	Lesley Cordial <i>Nederlands Masters Record</i>	Neptunus	NED	196700684	28.75	
2.	Saskia Phaff	PSV	NED	196600242	29.64	
3.	Marjo Goelema-Koek	De Biesboschzwemmers	NED	196900192	30.02	
4.	Heidi den Boer	LinK	NED	196900864	30.51	
5.	Jacqueline Tuin	DAW	NED	196600690	30.75	
6.	Arienne Hamakers	De Rog	NED	196700714	30.79	
7.	Sandra Hoofs-Buil	The Hague Swimming (SG)	NED	196600678	33.04	
8.	Marijke Campfens	De Geul	NED	196900960	33.11	
9.	Helena Mels	ZVVS	NED	196901036	33.21	
10.	Marion Broekhuis	WS Twente	NED	196800060	33.63	

Programmanr. 41, Dames, 50m vrije slag, Masters 50+

rang	naam	vereniging			tijd	PARA
11.	Irna van der Molen	WS Twente	NED	196900938	34.52	
12.	Yvette Kilian	WVZ	NED	196600534	34.55	
13.	Roelien Speelman-Tigelaar	De Spatters	NED	196600664	35.25	
14.	Sandra Daamen-Posma	AZC	NED	196800854	35.29	
15.	Machteld Stilting	ZPC AMERSFOORT	NED	196600716	35.70	
16.	Ageeth Westenbrink	De Rog	NED	196700712	35.81	
17.	Miriam Stevens	Budel	NED	196900988	37.99	
18.	Roselinda van der Vlugt	De Geul	NED	196700710	39.59	
19.	Maaïke Heidt	ZPB H&L Productions	NED	196901068	41.69	
20.	Cora Smulders	ESCA Zwemmen	NED	196600668	42.39	
21.	Marleen Robbers	ESCA Zwemmen	NED	196600666	46.52	

Masters 55+

1.	Wilma van Velsen	Montferland	NED	196400444	30.84	
2.	Tatiana Tikhomirova	Fitness House	RUS		31.48	
	<i>Russian Masters Record</i>					
3.	Svetlana Islamgaleeva	Spartak Voronezh	RUS	038013	32.12	
4.	Marijke Kraak-Beckers	WS Twente	NED	196000240	33.45	
5.	Karin van der Star-Verhoeven	ESCA Zwemmen	NED	196100382	33.64	
6.	Wilna Heijman	Steenwijk 1934	NED	196400506	34.49	
7.	Feikje Wittermans	WIDEX GZC DONK	NED	196400408	34.65	
8.	Christine Buist	De Duinkickers	NED	196400608	36.14	
9.	Alice de Haan	WIDEX GZC DONK	NED	196400590	36.57	
10.	Yoka de Vegt-van Dijk	ESCA Zwemmen	NED	196200420	37.19	
11.	Erica Muller	De Geul	NED	196400412	39.00	
12.	Jenny Westervaarder	H2Oldambt	NED	196200424	39.49	
13.	Marion Kolkman-Pluim	ESCA Zwemmen	NED	196000330	39.99	
14.	Petra Ros	ZCNF'34	NED	196100398	44.19	
15.	Gea Kuiper	ZCNF'34	NED	196100104	44.63	
16.	Riekje Schra	Steenwijk 1934	NED	196400404	57.84	
DIS	Marjan Remmits	ZPC Woerden	NED	196300518		
	<i>AA - Gestart voor het startsignaal (en wel gezwommen).</i>					

Masters 60+

1.	Atie Pijtak-Radersma	ZPC AMERSFOORT	NED	195600048	31.30	
2.	Esther van Lohuizen	PSV	NED	195900300	32.36	
3.	Marina Penzina	PCWKS	RUS	KMC	34.88	
4.	Monica Bakker	Steenwijk 1934	NED	195600082	36.66	
5.	Ria Peters-Veurman	ESCA Zwemmen	NED	195800242	42.65	
6.	Anje Manuputty	PSV	NED	195700176	43.98	
7.	Karien Musters	Old Dutch	NED	195800236	47.92	

Masters 65+

1.	Conny Boer-Buys	ZVVS	NED	195000006	33.15	
2.	Christien Nieuwenhuis	SWOL 1894	NED	195100022	33.28	
3.	Patty Krupiarz	PSV	NED	195400074	36.41	
4.	Ineke Meijer	HZ&PC Heerenveen	NED	195200034	43.72	
5.	Tineke van Diggelen	ZPCH	NED	195200048	44.14	
6.	Ineke Brouwers	PSV	NED	195200070	47.74	
7.	Janny van der Weide	Deltasteur	NED	195100066	59.80	

Masters 70+

1.	Corrie Verhoeven	PSV	NED	194600026	36.63	
2.	Annet Verhoeven - Steggerda	De Duinkickers	NED	194600024	47.06 *	

Programmanr. 41, Dames, 50m vrije slag

Masters 75+

1. Leny Kamp Aquapoldro NED 194400008 **1:08.73** *

Masters 80+

1. Lottie Geurts PSV NED 193500006 **42.74**
2. Marie Smits Old Dutch NED 193800004 **47.36**

Programmanr. 42
27-01-2019 - 15:42

Heren, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging		tijd	PARA	50m	100m
Masters 20+						
1. Bryan Chen	KSN (SG)	NED 199803201	1:05.00		29.70	1:05.00
2. Ruben Koek	DWK	NED 199701187	1:07.54		31.57	1:07.54
3. Teun Strijbosch	Merlet	NED 199603041	1:07.86		31.87	1:07.86
4. Linqendo van der Klooster	ZPB H&L Productions	NED 199801361	1:08.84		31.85	1:08.84
5. Vincent Visser	De Golfbreker	NED 199700395	1:09.71		32.57	1:09.71
6. Nick Sijmons	De Amstel	NED 199500491	1:09.77		32.28	1:09.77
7. David Kievit	De Schotejil	NED 199900325	1:10.49		33.45	1:10.49
8. Jarco van Ommen	Octopus	NED 199802153	1:10.55		32.36	1:10.55
9. Jeffrey Camphens	DWT	NED 199503113	1:11.96		33.30	1:11.96
10. Richard van der Horst	De Meer	NED 199700179	1:11.99		33.88	1:11.99
11. Marnix van het Hof	Zwemclub Polaris	NED 199803663	1:13.96		34.37	1:13.96
12. Hans Stoffers	Triton Putten	NED 199604027	1:15.30		34.97	1:15.30
13. Laurens Spoelstra	WS Twente	NED 199901273	1:15.96		36.13	1:15.96
14. Max-Fernon Troenokarso	Arethusa	NED 199903151	1:17.03		34.98	1:17.03
15. Ayrton Mooldijk	Feijenoord Albion Zwemclub	NED 199901449	1:17.38		36.58	1:17.38
16. Sam Beer	Rotterdam Swimming (SG)	NED 199605521	1:17.41		34.99	1:17.41
17. Martijn Bartels	ZPC AMERSFOORT	NED 199603493	1:18.99		37.61	1:18.99
18. Pascal de Jong	De Wellerobben	NED 199700415	1:20.21		37.39	1:20.21
Masters 25+						
1. Roy Smeenge	TriVia	NED 199305557	1:03.35		29.67	1:03.35
<i>Nederlands Masters Record</i>						
2. Ruud van Heerbeek	Nuenen	NED 199301769	1:04.05		29.89	1:04.05
3. Jordy Zuidhoek	De Columbiaan	NED 199201569	1:05.37		30.49	1:05.37
4. Romero Hennep	Feijenoord Albion Zwemclub	NED 199304929	1:06.83		30.87	1:06.83
5. Stefan Petersen	De Golfbreker	NED 199403067	1:06.98		31.33	1:06.98
6. Martino Valentijn	DIO	NED 199403913	1:10.90		32.61	1:10.90
7. Pieter Pijnenburg	De Warande	NED 199305227	1:11.13		33.55	1:11.13
8. Hiras Ferrandino	DWT	NED 199306527	1:11.22		32.75	1:11.22
9. Patrick Creemers	RZ	NED 199000579	1:12.37		33.20	1:12.37
10. Kenneth Caster	Feijenoord Albion Zwemclub	NED 199100375	1:13.36		33.63	1:13.36
11. Maik Steenkamp	Montferland	NED 199103847	1:13.68		34.57	1:13.68
12. Emiel van Beusekom	ZPV Barracuda	NED 199403951	1:14.48		33.82	1:14.48
13. Mike Schel	ESCA Zwemmen	NED 199403279	1:15.53		34.89	1:15.53
14. Tom de Lange	Deltasteur	NED 199300303	1:15.99		35.75	1:15.99
15. Tim de Vrugt	ESCA Zwemmen	NED 199306719	1:16.72		35.19	1:16.72
16. Mark Legters	De Schelde	NED 199303361	1:17.98		36.58	1:17.98
17. Ingmar Kloek	Dedemsvaart-AC	NED 199305409	1:19.39		37.12	1:19.39
18. Robin van Beusekom	ZPV Barracuda	NED 199205841	1:19.95		36.89	1:19.95
19. Aron Heerkens	Nautilus	NED 199201751	1:22.96		38.94	1:22.96
20. Joris Admiraal	De Golfbreker	NED 199400187	1:25.08		38.46	1:25.08
21. Bob Potkamp	Deltasteur	NED 199403189	1:25.77		39.83	1:25.77
22. Patrick Wobben	Steenwijk 1934	NED 199300559	1:27.14		40.17	1:27.14
23. Rick Vaarkamp	Triton Putten	NED 199404979	1:30.53		41.57	1:30.53
24. Rens Mahler	Merlet	NED 199206411	1:32.01		42.53	1:32.01
25. Michael Gozeling	DWT	NED 199206031	1:32.13		42.97	1:32.13

Programmanr. 42, Heren, 100m schoolslag

Masters 30+

1. Erik Verholt	Noord Veluwe	NED	198803543	1:06.05	30.33	1:06.05
2. Yuri van Omme	Zwemvereniging Hoogland	NED	198501887	1:07.95	31.63	1:07.95
3. Vincent Bakker	ZPC AMERSFOORT	NED	198600107	1:09.73	32.84	1:09.73
4. Tim van den Berg	Rotterdam Swimming (SG)	NED	198500157	1:09.99	32.76	1:09.99
5. Sander de Vrugt	ESCA Zwemmen	NED	198903499	1:11.86	33.00	1:11.86
6. Martijn Giezen	ZPC AMERSFOORT	NED	198500813	1:13.85	34.88	1:13.85
7. Stefan van der Grift	SWOL 1894	NED	198701121	1:13.89	33.96	1:13.89
8. Niels van Beurden	ZPC Woerden	NED	198805669	1:14.51	34.97	1:14.51
9. Evgenii Kiselev	Lada	RUS	7071	1:15.91	34.19	1:15.91
10. Roel van der Kruijs	De Gelenberg	NED	198501491	1:16.57	35.96	1:16.57
11. Dennis Kraakman	DAW	NED	198705325	1:17.01	35.08	1:17.01
12. Robin Wolbers	De Reest	NED	198503051	1:17.43	36.40	1:17.43
13. Harmen Reemst	ZOB'66	NED	198702715	1:19.52	36.64	1:19.52
14. Wouter van 't Klooster	ZPC AMERSFOORT	NED	198806159	1:19.79	38.45	1:19.79
15. Jelte Heuten	WS Twente	NED	198601207	1:19.89	38.24	1:19.89
16. Melano Winter	AZ&PC De Futen	NED	198703847	1:20.39	37.75	1:20.39
17. Robin Eggenkamp	De Aalscholver	NED	198700847	1:20.51	37.59	1:20.51
18. Marat Mirkasimov	Kuban-Masters	RUS	85	1:37.65	41.23	1:37.65
DIS Bas Berndes	Merlet	NED	198900217			

SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.

Masters 35+

1. Simon van Ravesteijn	WVZ	NED	198002263	1:09.15	32.09	1:09.15
2. Lauren Vis	Steenwijk 1934	NED	198201883	1:09.76	31.91	1:09.76
3. Kristiaan Lenos	ZVL-1886	NED	198301331	1:11.95	33.66	1:11.95
4. Jim Geestman	Rotterdam Swimming (SG)	NED	198300699	1:12.93	34.18	1:12.93
5. Thommy Nickel	ZPC Woerden	NED	198401627	1:13.19	34.85	1:13.19
6. Rob van Wanrooy	Gay Swim Amsterdam	NED	198202627	1:15.09	35.04	1:15.09
7. Wouter Zijlstra	DAW	NED	198202077	1:15.49	35.61	1:15.49
8. Gijs van de Sande	DIO	NED	198403329	1:22.38	37.75	1:22.38
9. Sebastiaan Baars	WS Twente	NED	198300053	1:23.78	39.37	1:23.78
10. Nicolas Slegers	CNSW	BEL	005301/84	1:25.96	41.43	1:25.96

Masters 40+

1. Vincent Versteeg	Zwemlust-den Hommel	NED	197701003	1:09.86	32.33	1:09.86
2. Victor Barnar	GoSwim	NED	197801805	1:10.86	33.00	1:10.86
3. Walter Stielstra	TRB-RES	NED	197701651	1:13.11	34.34	1:13.11
4. Freddie Geerlings	Zwemsport Parkstad (SG)	NED	197900379	1:13.85	34.95	1:13.85
5. Kees Bakker	Gay Swim Amsterdam	NED	197501055	1:14.75	34.81	1:14.75
6. Tom Bandsma	PSV	NED	197701625	1:24.08	38.46	1:24.08
7. Artem Pivovarov	Kuban-Masters	RUS	65	1:26.76	42.06	1:26.76
8. Ivo Verdonshot	Budel	NED	197500903	1:27.33	40.76	1:27.33
9. Robin Roskam	De Duinkickers	NED	197801831	1:28.80	41.16	1:28.80
10. Frank van de Belt	De Reest	NED	197801325	1:30.07	41.61	1:30.07
11. Dick Huisman	Steenwijk 1934	NED	197501409	1:35.51	45.54	1:35.51

Masters 45+

1. Marcel van Winssen	De Gelenberg	NED	197101477	1:11.88	33.66	1:11.88
2. Richard Ricksen	Zwemsport Parkstad (SG)	NED	197000841	1:13.71	34.50	1:13.71
3. Paul van den Heuvel	Arethusa	NED	197000441	1:15.41	35.37	1:15.41
4. Michael van Bekkum	SWOL 1894	NED	197200051	1:16.70	35.81	1:16.70
5. Arjan Verheij	De Rog	NED	197101617	1:17.44	36.76	1:17.44
6. Rob Janssen	De Gelenberg	NED	197001467	1:19.16	37.36	1:19.16
7. Gyorgy Halmos	TriVia	NED	197301427	1:20.71	37.09	1:20.71
8. Chang Bom	The Hague Swimming (SG)	NED	197201483	1:22.87	38.95	1:22.87
9. Ingmar de Vries	Zwemclub Koewacht	NED	197301551	1:22.95	38.49	1:22.95
10. Harold Brouwer	De Gelenberg	NED	197201569	1:23.10	39.03	1:23.10
11. Bas Kremers	TRB-RES	NED	197201611	1:24.04	39.86	1:24.04
12. Rob van de Ven	SWNZ (SG)	NED	197101695	1:24.87	39.05	1:24.87
13. Korstiaan de Boer	Steenwijk 1934	NED	197101629	1:26.76	41.13	1:26.76

Programmanr. 42, Heren, 100m schoolslag, Masters 45+

rang naam	vereniging			tijd	PARA	50m	100m
14. Michiel Verschuere	Zwemclub Koewacht	NED	197301583	1:43.51		49.20	1:43.51

Masters 50+

1. Arno Schrauwen	Patrick-De Roersoppers (SG)	NED	196501355	1:17.80		36.22	1:17.80
2. René Beetsma	HZ&PC Heerenveen	NED	196900069	1:19.50		36.21	1:19.50
3. Nico Swart	De Biesboschzwemmers	NED	196801475	1:19.82		37.95	1:19.82
4. Hans Schoenmakers	DAW	NED	196900863	1:20.07		37.14	1:20.07
5. Huyb Stegeman	Steenwijk 1934	NED	196701535	1:21.23		37.75	1:21.23
6. Vadim Ezhkov	Pregel	RUS	10020	1:21.75		37.92	1:21.75
7. Joop Weenink	WS Twente	NED	196801535	1:22.09		38.80	1:22.09
8. Vladimir Semenov	Spartak Voronezh	RUS	102393	1:22.67		38.91	1:22.67
9. Marcel van Lochem	The Hague Swimming (SG)	NED	196500581	1:23.59		39.19	1:23.59
10. Sander van den Berg	WS Twente	NED	196801357	1:24.55		39.60	1:24.55
11. Erik Wetsteijn	SWOL 1894	NED	196501019	1:29.08		41.76	1:29.08
12. Willem Jan Ribberink	WIDEX GZC DONK	NED	196501327	1:29.95		41.61	1:29.95
13. René Speelman	De Spatters	NED	196601521	1:37.66		45.57	1:37.66
14. Maarten Koolman	ZV 44	NED	196801649	1:54.40		52.17	1:54.40

Masters 55+

1. Theo Bakker	TriVia	NED	196401231	1:16.92		36.53	1:16.92
2. Gert Sikkema	Zwemclub Urk 1978	NED	196300687	1:17.47		36.45	1:17.47
3. Fred Ketting	PSV	NED	196000289	1:18.92		37.28	1:18.92
4. Ron Phaff	PSV	NED	196200495	1:19.31		37.17	1:19.31
5. Ronald Grove	Triton	NED	196100161	1:23.72		38.70	1:23.72
6. Rob Hemesath	PSV	NED	196100189	1:27.49		41.05	1:27.49
7. Jack Barends	WS Twente	NED	196201011	1:31.32		43.60	1:31.32
8. Wilbert Barten	Nautilus	NED	196401373	1:32.14		44.38	1:32.14
9. Hans van Scheepen	Steenwijk 1934	NED	196201245	1:42.10		48.16	1:42.10
10. Marcel Creemers	Old Dutch	NED	196401401	1:42.26		49.19	1:42.26

Masters 60+

1. Sigitas Katkevicius	Dzukijos vandenis	LTU		1:18.94		37.63	1:18.94
<i>Lithuanian Masters Record</i>							
2. Sergey Ilyaev	Sprut	RUS		1:22.09		39.49	1:22.09
3. Wim de Lange	AZC	NED	195800533	1:25.74		40.40	1:25.74
4. Walter Rolloos	ZPV Barracuda	NED	195900387	1:26.43		39.85	1:26.43
5. Paul Bunnik	Triton	NED	195600413	1:28.22		40.78	1:28.22
6. Christian Schoenaers	CNSW	BEL	007131/59	1:31.13		42.84	1:31.13
7. Alfred van der Kraats	Dedemsvaart-AC	NED	195600513	1:32.80		42.95	1:32.80
8. Bart van Doesburg	PSV	NED	195600463	1:33.90		43.07	1:33.90
9. Marius Ros	ZCNF'34	NED	195900779	1:42.00		48.79	1:42.00
10. André Pantekoek	PSV	NED	195800321	1:42.60		47.82	1:42.60
11. Peter Coffeng	WIDEX GZC DONK	NED	195700063	1:46.23		47.27	1:46.23
12. Jos van Sleuwen	Nautilus	NED	195700323	1:48.93		50.10	1:48.93
NG.ZA Kees Karsten	Gay Swim Amsterdam	NED	195800203				

Masters 65+

1. Vladimir Getman	Poseydon	RUS	023004	1:21.70		38.57	1:21.70
<i>Kampioenschaps Record, Russian Masters Record</i>							
2. Charles Bos	Patrick-De Roersoppers (SG)	NED	195300019	1:29.39		42.43	1:29.39
3. Laurens Klein Breteler	WWV Winterswijk	NED	195400109	1:32.66		42.60	1:32.66
4. Nikolay Dronov	Troyka	RUS	3037	1:55.72		54.36	1:55.72

Masters 70+

1. Valerii Feoktistov	PCWKS	RUS		1:34.56		45.22	1:34.56
2. Mans Buis	SWOL 1894	NED	194700133	1:55.25		54.95	1:55.25
3. Nico van Dongen	ZZ&PC De Devel	NED	194800159	2:10.95		59.56	2:10.95

Programmanr. 42, Heren, 100m schoolslag

Masters 75+

1. Rob Hanou	PSV	NED	194300109	1:38.96	46.44	1:38.96
2. Nico Baay	Old Dutch	NED	194200053	1:46.09	49.99	1:46.09

Programmanr. 43
27-01-2019 - 16:19

Dames, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging			tijd	PARA	50m	100m
Masters 20+							
1. Maaïke van Veen	Dedemsvaart-AC	NED	199700292	1:14.14		35.06	1:14.14
2. Nikita van den Ouden	Nuenen	NED	199900622	1:15.77		35.51	1:15.77
3. Djamilla Gerner	SWOL 1894	NED	199905606	1:16.16		35.68	1:16.16
4. Manon Kloosterman	De Bevelanders	NED	199702082	1:16.91		36.05	1:16.91
5. Melissa van der Heijden	ZPV Barracuda	NED	199605226	1:17.04		36.56	1:17.04
6. Lonneke Graansma	ZVL-1886	NED	199900936	1:17.65		35.98	1:17.65
7. Eline van Gemert	De Meer	NED	199505458	1:18.72		36.52	1:18.72
8. Fenna de Groot	Feijenoord Albion Zwemclub	NED	199701796	1:18.78		36.67	1:18.78
9. Bibi Stokvis	Het Y	NED	199900892	1:19.39		36.80	1:19.39
10. Fiona Meuffels	RZ	NED	199504366	1:19.64		36.96	1:19.64
11. Anouk van der Kruk	MSV-Zeemacht	NED	199903778	1:19.83		37.22	1:19.83
12. Chantal Beijer	DWT	NED	199700884	1:19.98		37.42	1:19.98
13. Anne Speelman	KSN (SG)	NED	199706118	1:20.85		36.94	1:20.85
14. Anoeska van de Kraats	DWK	NED	199701284	1:20.91		37.80	1:20.91
15. Masha Odijk	GoSwim	NED	199904922	1:22.96		38.90	1:22.96
16. Moniek van Langevelde	ESCA Zwemmen	NED	199803160	1:23.57		38.98	1:23.57
17. Rianne van Rijssen	Noord Veluwe	NED	199702360	1:24.90		39.69	1:24.90
18. Myrna Gorter	Neptunia'24	NED	199503158	1:25.35		40.58	1:25.35
19. Céline Verhoef	De Duck	NED	199604476	1:28.14		41.33	1:28.14
20. Sheila Ten Voorde	ZVV	NED	199904538	1:28.21		41.79	1:28.21
21. Winnie de Vries	De Wellerobben	NED	199606766	1:31.53		42.08	1:31.53
22. Brighid van Uffelen	ZPB H&L Productions	NED	199800310	1:31.69		42.79	1:31.69
23. Mariska Scholts	Rotterdam Swimming (SG)	NED	199606804	1:49.53		51.01	1:49.53

Masters 25+

1. Colet Claessens	Nuenen	NED	199405182	1:13.51		33.76	1:13.51
2. Yvon Versteeg	De Veene	NED	199201864	1:13.75		34.82	1:13.75
3. Saskia De Klerk	Schwimm Club Flös	SUI	108387	1:14.26		34.47	1:14.26
4. Chantal van der Horst	De Meer	NED	199400616	1:17.46		36.87	1:17.46
5. Manon van Strien	WVZ	NED	199400770	1:19.72		37.61	1:19.72
6. Maaïke Vooren	DAW	NED	199103324	1:19.77		38.02	1:19.77
7. Isabelle Massar	WVZ	NED	199102034	1:20.29		37.20	1:20.29
8. Karin Verbeek	Nautilus	NED	199201848	1:21.11		38.30	1:21.11
9. Daniëlle de Boer	HZ&PC Heerenveen	NED	199404736	1:21.53		38.26	1:21.53
10. Carmen Seesing	Octopus	NED	199406220	1:22.29		37.99	1:22.29
11. Jacyntha Plat	Steenwijk 1934	NED	199002956	1:23.09		37.92	1:23.09
12. Daphne de Jong	De Wellerobben	NED	199302388	1:24.40		38.77	1:24.40
13. Nanda de Vries	Steenwijk 1934	NED	199204328	1:24.49		39.68	1:24.49
14. Ramona Noordermeer	ZVVS	NED	199401746	1:25.09		39.84	1:25.09
15. Leontine Groeneveldt	De Duck	NED	199303526	1:27.31		40.00	1:27.31
16. Petra Zandstra	Isis	NED	199006248	1:30.94		42.43	1:30.94
17. Kelly Bockting	Montferland	NED	199104050	1:32.14		43.50	1:32.14
18. Gerdi Thiele	Zwemclub Polaris	NED	199401190	1:33.86		43.46	1:33.86
19. Kimberley van Buren	De Duck	NED	199304136	1:33.92		43.50	1:33.92
20. Janneke Wynia	WS Twente	NED	199005500	1:35.84		46.61	1:35.84
21. Esther Kwebeman	HZ&PC Heerenveen	NED	199106374	1:36.09		44.56	1:36.09
22. Claudia Creemers	RZ	NED	199202864	1:52.35		52.04	1:52.35
NG Rebecca Evers	ZOB'66	NED	199207916				
NG Riëlle Veraar	Zwemvereniging Hoogland	NED	199307534				

Programmanr. 43, Dames, 100m schoolslag

Masters 30+

1. Ekaterina Anfinogenova	Sprut	RUS		1:19.76	38.34	1:19.76
2. Karin van Dijk	De Wellerobben	NED	198600850	1:21.52	38.43	1:21.52
3. Ilse van den Wijngaard	ZPC Woerden	NED	198904736	1:22.77	38.96	1:22.77
4. Suzan Blankestijn	ZVL-1886	NED	198900350	1:23.12	39.14	1:23.12
5. Monique Pronk	WVZ	NED	198803528	1:23.20	39.27	1:23.20
6. Eline Nijskens	Zwemclub Koewacht	NED	198803194	1:24.09	40.09	1:24.09
7. Linda van Klei-Janssen	ZPB H&L Productions	NED	198802088	1:25.01	40.48	1:25.01
8. Liesbeth van Mill	Zwemlust-den Hommel	NED	198702786	1:25.94	40.85	1:25.94
9. Siska Post	DIO	NED	198805562	1:26.85	41.14	1:26.85
10. Esther van Maastrigt	Montferland	NED	198802836	1:27.13	40.41	1:27.13
11. Marieke van Dodeweerd	RZC	NED	198600896	1:28.76	42.23	1:28.76
12. Dorien Vasseur	Scheldestroom	NED	198704164	1:35.69	44.88	1:35.69
DIS Margriet aan het Rot	PSV	NED	198603088			

SR - Meer dan één vlinderbeenslag na start en/of keerpunt gemaakt.

Masters 35+

1. Laura Badoux	DAW	NED	198200038	1:17.91	36.24	1:17.91
<i>Kampioenschaps Record</i>						
2. Caroline van Tiggelen	Scheldestroom	NED	198301970	1:21.01	38.02	1:21.01
3. Kika Meijers	SWOL 1894	NED	198000736	1:21.83	38.73	1:21.83
4. Renee de Kok	PSV	NED	198403350	1:25.63	40.39	1:25.63
5. Angela Giezen	Montferland	NED	198302796	1:27.79	41.59	1:27.79
6. Ilija Janssen	ESCA Zwemmen	NED	198102234	1:28.07	40.78	1:28.07
7. Marije Dirx	DWT	NED	198202394	1:36.15	45.84	1:36.15
8. Mia Gobert	BZK	BEL	21196/80	1:39.52	46.80	1:39.52

Masters 40+

1. Elena Mekhteleva	Poseydon	RUS	102636	1:20.79	38.01	1:20.79
2. Liselotte Joling	PSV	NED	197500268	1:24.87	40.37	1:24.87
3. Inge Roskam	De Duinkickers	NED	197801296	1:29.32	40.81	1:29.32
4. Marian Nederlof	De Geul	NED	197600950	1:36.01	45.23	1:36.01
5. Babette Rens	SWOL 1894	NED	197801200	1:38.01	45.65	1:38.01

Masters 45+

1. Trudy Ketting	PSV	NED	197000268	1:19.17	37.19	1:19.17
2. Irina Merzlikina	Poseydon	RUS	12029	1:19.19	37.12	1:19.19
<i>Russian Masters Record</i>						
3. Karin Stein	ZVVS	NED	197100554	1:22.86	39.26	1:22.86
4. Irina Beresneva	Poseydon	RUS	37114	1:26.93	41.22	1:26.93
5. Nadège van Meeteren	De Meer	NED	197400736	1:27.22	40.39	1:27.22
6. Annette de Visser	Oceanus	NED	197100602	1:28.75	42.32	1:28.75
7. Pascale Janssen	Patrick-De Roersoppers (SG)	NED	197300852	1:31.02	42.12	1:31.02
8. Bianca Hertogh - Buijse	Scheldestroom	NED	197400910	1:33.96	44.13	1:33.96
9. Ursula Spoelstra-de Groot	WS Twente	NED	197200952	1:37.68	45.71	1:37.68
10. Esther Wouters	De Rog	NED	197300968	1:44.08 *	48.60	1:44.08
11. Greta Wyma-Teitsma	DWK	NED	197100696	1:47.73	49.88	1:47.73
12. Evelien Naatje	WS Twente	NED	197200838	1:48.02	50.98	1:48.02

Masters 50+

1. Tatiana Prokofyeva	Dynamo	RUS	023013	1:19.23	38.28	1:19.23
<i>Kampioenschaps Record, Russian Masters Record</i>						
2. Marjo Goelema-Koek	De Biesboschwemmers	NED	196900192	1:20.01	37.20	1:20.01
<i>Nederlands Masters Record</i>						
3. Annette Wijnja-Visser	De Biesboschwemmers	NED	196700528	1:23.13	39.12	1:23.13
4. Jacqueline Tuin	DAW	NED	196600690	1:24.35	39.48	1:24.35
5. Ariene Knoester	Aqua-Novio'94	NED	196700716	1:25.68 *	40.04	1:25.68

Programmanr. 43, Dames, 100m schoolslag, Masters 50+

rang naam	vereniging		tijd	PARA	50m	100m
6. Iris van Aurich	DWK	NED 196900866	1:27.34		41.75	1:27.34
7. Helena Mels	ZVVS	NED 196901036	1:31.01		42.73	1:31.01
8. Françoise Duran	De Biesboschzwemmers	NED 196900222	1:32.62		43.73	1:32.62
9. Danielle van Veen	ZPC Woerden	NED 196901048	1:35.11		43.09	1:35.11
10. Irna van der Molen	WS Twente	NED 196900938	1:36.70 *		45.63	1:36.70
11. Machteld Stilting	ZPC AMERSFOORT	NED 196600716	1:37.59		46.84	1:37.59
12. Roelien Speelman-Tigelaar	De Spatters	NED 196600664	1:40.28		45.92	1:40.28
13. Linda Goderie	Rotterdam Swimming (SG)	NED 196900976	1:41.41		48.20	1:41.41
14. Yvette Kilian	WVZ	NED 196600534	1:43.39		48.78	1:43.39
15. Sylvia Avitabile	Budel	NED 196700728	1:48.85		50.70	1:48.85
16. Maaïke Heidt	ZPB H&L Productions	NED 196901068	1:55.58		54.55	1:55.58

Masters 55+

1. Marjan Remmits <i>Nederlands Masters Record</i>	ZPC Woerden	NED 196300518	1:28.07		41.89	1:28.07
2. Jacqueline Rolloos-Bakkers	De Lansingh	NED 196300222	1:34.57		44.40	1:34.57
3. Annemarie Vuist	SWOL 1894	NED 196300282	1:34.66		45.56	1:34.66
4. Yoka de Vegt-van Dijk	ESCA Zwemmen	NED 196200420	1:35.02		46.24	1:35.02
5. Svetlana Islamgaleeva	Spartak Voronezh	RUS 038013	1:35.91		47.00	1:35.91
6. Petra Tossings	DAW	NED 196100376	1:36.96		46.32	1:36.96
7. Agnes van Doesburg	PSV	NED 196000264	1:37.25		45.91	1:37.25
8. Olga Kedrova	Poseydon	RUS 37010	1:39.55		46.51	1:39.55
9. Erica Muller	De Geul	NED 196400412	1:46.38		50.35	1:46.38
10. Petra Ros	ZCNF'34	NED 196100398	1:49.14		51.95	1:49.14
11. Jenny Westervaaarder	H2Oldambt	NED 196200424	1:50.67		52.42	1:50.67
12. Lia Bijkerk	WIDEX GZC DONK	NED 196000014	1:55.49		54.31	1:55.49
13. Riekie Schra	Steenwijk 1934	NED 196400404	2:19.03		1:05.25	2:19.03

Masters 60+

1. Hannie Poletiek	TriVia	NED 195900278	1:43.31		49.28	1:43.31
2. Anje Manuputty	PSV	NED 195700176	1:50.07		52.80	1:50.07
3. Willy Schoenmaker-ter Veer	DWK	NED 195900254	1:56.69		54.27	1:56.69
4. Mies Kuipers	Old Dutch	NED 195800202	2:11.31		1:02.61	2:11.31

Masters 65+

1. Tineke van Diggelen	ZPCH	NED 195200048	1:56.50		54.77	1:56.50
2. Elly Maassen	Hellas-Glana	NED 195000044	1:57.99		55.59	1:57.99
3. Nini van Dongen-de Paepe	ZZ&PC De Devel	NED 195100044	2:13.58		1:03.70	2:13.58

Masters 70+

1. Bea Swijnenberg <i>Nederlands Masters Record</i>	SWOL 1894	NED 194900010	1:42.89		48.87	1:42.89
2. A. Verhoeven - Steggerda	De Duinkickers	NED 194600024	2:03.21 *		59.68	2:03.21
3. Ada Dreyer	DWT	NED 194900026	2:13.17 *		1:03.90	2:13.17

Programmanr. 44
27-01-2019 - 17:00

4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging			tijd	PARA
80+, Dames					
1.	Dedemsvaart-AC		NED	1:53.08	
	Maaik van Veen	97	Joyce Mennink	96	29.35
	Laura Compagner	98	Stéphanie Dekker-Bergsma	92	27.81
2.	MSV-Zeemacht 1		NED	1:55.53	
	Jet Kleine	99	Anouk van der Kruk	99	28.75
	Suzanne Mosch	94	Tessa Mosch	91	27.91
3.	De Duck 1		NED	2:03.29	
	Kimberley van Buren	93	Céline Verhoef	96	29.90
	Judith Kleinjan	98	Lenneke Bagijn	96	30.42
4.	Aqua'68 1		NED	2:10.78	
	Anne-meinke Heidanus	97	Sanne Scheltes	94	32.54
	Kim Radix	95	Leonie Boonstra	94	30.96
80+, Heren					
1.	De Kempvis 1		NED	1:41.25	
	Floyd van Duyvenbode	96	Erik Wegman	92	25.31
	Dennis Doove	92	Joris Bezemer	99	24.48
2.	De Golfbreker 1		NED	1:44.27	
	Stefan Petersen	94	Edward Mulder	98	25.62
	Joris Admiraal	94	Vincent Visser	97	24.60
80+, Gemengd					
1.	KSN (SG) 1	KSN (SG)	NED	1:41.16	
	<i>Nederlands Masters Record</i>				
	Ingmar Hartman	98	Saranda Hofstra	97	26.03
	Gauke Eilander	98	Anne Speelman	97	27.61
2.	Nova 1	Nova	NED	1:46.88	
	Stefan Kwant	92	Janine de Groot	95	29.35
	Dennis Wildeboer	98	Karin Groen	95	26.77
3.	DWK 1	DWK	NED	1:47.43	
	Kevin Eltink	91	Celine Schoenmaker	98	28.27
	Anoeska van de Kraats	97	Ruben Koek	97	25.70
4.	Octopus 1	Octopus	NED	1:47.79	
	Jarco van Ommen	98	Denise van Zetten	96	29.47
	Carmen Seesing	94	Casper Muselaers	96	23.43
5.	Feijenoord Albion Zwemclub 2	Feijenoord Albion Zwemclub	NED	1:48.89	
	Nilce Mendes Barbosa	98	Jordi van der Weel	96	24.53
	Fenna de Groot	97	Kenneth Caster	91	26.95
6.	Zwemclub Polaris 1	Zwemclub Polaris	NED	1:54.26	
	Marnix van het Hof	98	Rebecca Dassen	99	29.74
	Gerdi Thiele	94	Frank Scheltes	99	25.61
7.	De Golfbreker 2	De Golfbreker	NED	1:58.30	
	Jeroen Custers	91	Alien Waaijman	96	33.13
	Ewoud Vos	99	Romi Kampen	97	31.50
DIS	Noord Veluwe 1	Noord Veluwe	NED		
	<i>EA - Te vroeg overgenomen., 4de zwemmer</i>				
	Frank Versprille	99	Rianne van Rijssen	97	29.94
	Erik Verholt	88	Julia Koopman	96	

Programmanr. 44, 4 x 50m vrije slag

100+, Dames

1.	DAW 2	DAW	NED	1:54.35		
	Denise Boonstra	99	28.75	Maaïke Vooren	91	28.92
	Laura Badoux	82	29.79	Brenda Zwarthoed	96	26.89
2.	SWOL 1894 1	SWOL 1894	NED	1:57.66		
	Kika Meijers	80	30.73	Laura van den Berg	91	28.26
	Lieke van Essen	95	29.94	Vera Kraijer	92	28.73
3.	ESCA Zwemmen 2	ESCA Zwemmen	NED	1:59.85		
	Ijla Janssen	81	32.65	Cheyenne Verburgt	99	29.74
	Kiona Peters	89	28.97	Moniek van Langevelde	98	28.49
4.	ZVL-1886 1	ZVL-1886	NED	1:59.90		
	Lonneke Graansma	99	30.08	Eloïse Cilia	88	29.60
	Moniek Heemskerck	96	31.03	Linda van der Voort	92	29.19
5.	Steenwijk 1934 1	Steenwijk 1934	NED	2:05.49		
	Elianne Huitema	97	29.81	Ilse Blankvoort	92	31.55
	Charine de Ruiter	94	32.72	Lonneke Oenema	91	31.41
6.	Zwemlust-den Hommel 1	Zwemlust-den Hommel	NED	2:08.31		
	Marjon Pol	91	30.36	Marlou de Jong	90	31.75
	Eline Schoenmaker	90	34.60	Liesbeth van Mill	87	31.60
7.	De Meer 1	De Meer	NED	2:10.10		
	Lindsey Hol	90	34.13	Petra van Rooijen	81	35.94
	Chantal van der Horst	94	30.97	Eline van Gemert	95	29.06
8.	Zwemvereniging Hoogland 2	Zwemvereniging Hoogland	NED	2:17.79		
	Sabine Duijst	87	33.62	Inge Kalee	93	39.09
	Sanne Smouter	89	34.25	Nicole van Zuilen	95	30.83

100+, Heren

1.	Dedemsvaart-AC 2	Dedemsvaart-AC	NED	1:37.44		
	Jesper Kloek	90	25.07	Robert Dekker	84	24.64
	Sepp Kalter	97	23.85	Peter de Boer	92	23.88
2.	Merlet 2	Merlet	NED	1:44.89		
	Ronald Vullings	87	26.80	Teun Strijbosch	96	25.42
	Joppe Schuurmans	89	27.37	Dieder Schuurmans	95	25.30

100+, Gemengd

1.	WVZ 2	WVZ	NED	1:46.46		
	Vincent Lapouge	88	26.45	Dave Jansen	98	24.64
	Isabelle Massar	91	28.47	Delia Badoux	80	26.90
2.	ZPV Barracuda 1	ZPV Barracuda	NED	1:47.11		
	Melissa van der Heijden	96	28.49	Emiel van Beusekom	94	25.00
	Denise Boereboom	92	27.95	Pascal van Haren	87	25.67
3.	DWT 1	DWT	NED	1:48.58		
	Hiras Ferrandino	93	25.56	Chantal Beijer	97	29.12
	Jeffrey Camphens	95	25.88	Evy Witlox	88	28.02
4.	De Schotejil 1	De Schotejil	NED	1:55.07		
	Whitley Rens	90	32.49	Danica Koedoot	93	29.19
	Niels Albrechts	88	27.12	David Kievit	99	26.27
5.	Steenwijk 1934 2	Steenwijk 1934	NED	1:58.24		
	Robert Braad	86	27.06	Jacyntha Plat	90	28.94
	Getrude Corporaal	92	30.70	Patrick Wobben	93	31.54
6.	Merlet 1	Merlet	NED	2:07.67		
	Hildy Siroen	95	32.85	Mark Effing	86	27.44
	Merel Siroen	88	36.07	Rens Mahier	92	31.31
NG	De Wellerobben 1	De Wellerobben	NED			

Programmanr. 44, 4 x 50m vrije slag

120+, Dames

1. ZPC Woerden 2	ZPC Woerden	NED	1:58.63	
Marjan Remmits	63	31.32	Mandy Verbakel	90
Ilse van den Wijngaard	89	29.31	Sabine Lina	89
2. Zwemclub Koewacht 1	Zwemclub Koewacht	NED	2:04.93	
Eline Nijskens	88	31.84	Joan Fonteine	88
Josine van Dorsselaer	88	30.78	Jessica Klaassen	79
3. Montferland 1	Montferland	NED	2:07.29	
Wilma van Velsen	64	30.85	Esther van Maastrigt	88
Kelly Bockting	91	32.35	Angela Giezen	83
4. Budel 1	Budel	NED	2:16.87	
Bregje Kauffmann	86	34.72	Karin Smolders	76
Carola Hompes	88	35.15	Elly Scheepers	91
5. De Spatters 1	De Spatters	NED	2:20.80	
Margriet Daalman	78	33.31	Elvira Feikens	95
Lotte Ottink	89	38.78	Roelien Speelman-Tigelaar	66
6. Rotterdam Swimming (SG) 1	Rotterdam Swimming (SG)	NED	2:27.80	
Mariska Scholts	96	42.10	Femke Smits	84
Linda Goderie	69	36.65	Christa Stam	88

120+, Heren

1. Feijenoord Albion Zwemclub 1 <i>Nederlands Masters Record</i>	Feijenoord Albion Zwemclub	NED	1:35.70	
Romero Hennep	93	24.12	Nol van Thull	80
Bart Drechsel	86	24.82	Ensger Kotterink	94
2. DAW 1	DAW	NED	1:41.37	
Felix Geenen	95	24.01	Alex Damen	75
Wouter Zijlstra	82	26.62	Erik Bult	99
3. Rotterdam Swimming (SG) 2	Rotterdam Swimming (SG)	NED	1:43.28	
Sam Beer	96	26.15	Tim van den Berg	85
Martijn Dolk	89	24.47	Jim Geestman	83
4. ZVL-1886 2	ZVL-1886	NED	1:43.83	
Dion de Mooij	97	25.09	Hans Bouwmeester	67
Robin van Beek	97	24.44	Kristiaan Lenos	83
5. ESCA Zwemmen 1	ESCA Zwemmen	NED	1:46.66	
Sander de Vrugt	89	25.58	Paul Rutten	80
Tim de Vrugt	93	25.43	Tom Driessen	87
6. ZPC Woerden 1	ZPC Woerden	NED	1:50.84	
Niels van Beurden	88	28.23	Johan Remmits	62
Michiel van Vliet	95	29.08	Thommy Nickel	84
7. Deltasteur 1	Deltasteur	NED	1:56.59	
Tom de Lange	93	28.22	Pieter Bardelmeijer	72
Bob Potkamp	94	30.85	Patrick de Jonge	89

120+, Gemengd

1. Steenwijk 1934 3	Steenwijk 1934	NED	1:47.87	
Mike Koelewijn	93	25.73	Charlotte Groeneveld	87
Nanda de Vries	92	28.57	Lauren Vis	82
2. De Ward 1	De Ward	NED	1:50.66	
Niels Versteeg	95	26.29	Eva Kattouw	94
Yvette Ratering	72	29.56	Antwan van Engen	71
3. DIO 1	DIO	NED	1:53.10	
Mathijs van der Logt	91	24.78	Siska Post	88
Gijs van de Sande	84	30.57	Jolanda Post	90
4. WVZ 3	WVZ	NED	1:55.16	
Diana van Halm Braam	98	29.88	Markus van Rest	77
Monique Pronk	88	31.70	Simon van Ravesteijn	80
5. AZC 1	AZC	NED	1:56.77	
Monique Remst	87	29.92	Stefan Oostendorp	90
Mariska Zaal	88	31.90	Bart Amsing	82
6. PSV 3	PSV	NED	1:58.10	
Nienke van Stipriaan	87	30.72	Erik Drost	79
Elles van Leeuwen	86	31.83	Frederik Tamminga	87

Programmanr. 44, Gemengd, 4 x 50m vrije slag, 120+

rang	vereniging			tijd	PARA				
7.	De Gelsenberg	NED		1:58.34					
			Sylvia Reijers		82	32.19	Lizanne Lamens	94	30.17
			Erik Lamers		75	27.74	Harold Brouwer	72	28.24
8.	RZ	NED		2:00.71					
			Claudia Creemers		92	36.72	Fiona Meuffels	95	30.08
			Gino Martijn		79	27.66	Patrick Creemers	90	26.25
9.	De Reest	NED		2:03.86					
			Robin Wolbers		85	27.11	Iris de Boer-Oosterhof	77	32.58
			Judith Kappert		86	33.02	Frank van de Belt	78	31.15
10.	DWK	NED		2:06.10					
			Jennie Resink-lindeboom		60	38.59	Lars Jacobsen	97	29.26
			Iris van Aurich		69	32.52	Robin Eltink	94	25.73
11.	Zwemclub Koewacht 2	NED		2:18.65					
			Michiel Verschueren		73	35.94	Ingeborg Speelman Hamelink	76	31.95
			Esmee Vonk		99	41.58	Ingmar de Vries	73	29.18
12.	ZPC AMERSFOORT 3	NED		2:20.79					
			Martijn Bartels		96	27.35	Ragna van Lieshout	90	32.54
			Wouter van 't Klooster		88	31.10	Loekie van Huissteden	45	49.80
NG	ZOB'66 1	ZOB'66	NED						

160+, Dames

1.	WVZ	NED		2:11.04					
			Petra Verstegen		77	32.45	Tessa Verheijdt	89	32.36
			Yvette Kilian		66	34.14	Linda Hoogendam	83	32.09
2.	HZ&PC Heerenveen 2	NED		2:15.49					
			Daniëlle de Boer		94	29.13	Peggi Hurenkamp	69	33.44
			Ineke Meijer		52	44.02	Evelien van Klaarbergen	72	28.90
3.	WS Twente 2	NED		2:16.55					
			Karin Leverink		72	35.09	Irna van der Molen	69	34.54
			Evelien Naatje		72	33.20	Marion Broekhuis	68	33.72

160+, Heren

1.	HZ&PC Heerenveen 1	NED		1:42.87					
			Casper Hut		78	23.97	Marten de Groot	58	27.14
			René Beetsma		69	27.74	Dennis Bos	92	24.02
2.	De Gelsenberg 1	NED		1:45.79					
			Arjan van Swam		84	26.01	Geert Wijn	67	26.09
			John Cobussen		75	27.66	Marcel van Winssen	71	26.03
3.	Klaipeda SC 1	LTU		1:49.86					
			Sigitas Tachtarovas		81	26.94	Tomas Zemaitis	70	27.36
			Arturas Klimas		70	29.42	Aidas Pelesinas	72	26.14
4.	WS Twente 1	NED		1:52.57					
			Hans Westerhof		62	27.69	Laurens Spoelstra	99	27.11
			Jelte Heuten		86	27.72	Sander van den Berg	68	30.05
5.	Zwemvereniging Hoogland 1	NED		1:54.15					
			Pieter-Sjoerd de Wijn		65	31.80	Rutger Stam	81	26.53
			Erik Smink		73	30.29	Yuri van Omme	85	25.53
6.	SWOL 1894 2	NED		1:56.39					
			Stefan van der Grift		87	29.16	Peter Lommert	79	28.61
			Erik Wetsteijn		65	29.50	Arjan Aalbers	75	29.12
7.	Budel 3	NED		1:57.48					
			Dyon de Greef		82	30.47	Wijjo Mackus	71	30.22
			Ivo Verdonschot		75	31.87	Rick de Greef	84	24.92

Programmanr. 44, 4 x 50m vrije slag

160+, Gemengd

1.	ZPC AMERSFOORT 1 <i>Nederlands Masters Record</i>	ZPC AMERSFOORT	NED	1:46.71		
	Jeroen Zelsmann	77	25.05	Lidia v. Bon-Rosenbrand	70	29.30
	Marije Jansen	85	27.63	Erwin Buist	78	24.73
2.	TRB-RES 1	TRB-RES	NED	1:54.48		
	Walter Stielstra	77	27.16	Maike Korthout	94	29.02
	Bas Kremers	72	29.25	Edith Janssen-Koolen	73	29.05
3.	ZVVS 1	ZVVS	NED	1:57.24		
	Natalie van der Hoeven	89	29.47	Freddy v.d. Veen	66	28.56
	Helena Mels	69	32.80	Bas van de Nouwelant	80	26.41
4.	Zwemlust-den Hommel 2	Zwemlust-den Hommel	NED	1:57.48		
	Mark Zwart	79	26.49	Lisenka Komet-van den Akker	69	33.25
	Eline Overeem	71	31.65	Vincent Versteeg	77	26.09
5.	Feijenoord Albion Zwemclub 3	Feijenoord Albion Zwemclub	NED	2:00.45		
	Roos van Esch	82	31.61	Ayrton Mooldijk	99	26.70
	Caroline Kruger	68	35.37	Hugo Bregman	58	26.77
6.	The Hague Swimming (SG) 1	The Hague Swimming (SG)	NED	2:02.42		
	Sandra Hoofs-Buil	66	33.87	Lauren Rodriguez	78	28.99
	Marcel van Lochem	65	30.17	Chang Bom	72	29.39
7.	LinK 1	LinK	NED	2:04.95		
	Paul van der Ploeg	60	33.14	Ramona Linting	83	32.05
	Peter Schelvis	89	29.45	Heidi den Boer	69	30.31
8.	TriVia 1	TriVia	NED	2:05.66		
	Monique Jonker	85	28.43	Gyorgy Halmos	73	31.71
	Hannie Poletiek	59	37.26	Theo Bakker	64	28.26
9.	PSV 7	PSV	NED	2:07.88		
	Margriet aan het Rot	86	36.10	Tom Bandsma	77	29.64
	Renee de Kok	84	30.55	Rob Hemesath	61	31.59
10.	De Duinkickers 1	De Duinkickers	NED	2:10.03		
	Richard Hill	66	28.97	Saskia op den Velde	79	34.23
	Robin Roskam	78	32.85	Inge Roskam	78	33.98
11.	SWOL 1894 3	SWOL 1894	NED	2:12.95		
	Nienke Nieuwenhuis	81	32.85	Bert Mars	71	32.63
	Rinette van der Vliet	73	39.24	Johan Wezenberg	76	28.23
12.	Steenwijk 1934 4	Steenwijk 1934	NED	2:16.49		
	Leonie Scholten	79	38.93	Dick Huisman	75	32.42
	Inge Lolkema-Soeters	73	36.51	Chris Kouwenhoven	71	28.63
13.	DWT 2	DWT	NED	2:26.45		
	Peter van de Bor	84	26.87	Ada Dreyer	49	49.63
	Michael Gozeling	92	28.46	Anouschka Molhoek	91	41.49

200+, Dames

1.	WIDEX GZC DONK 2	WIDEX GZC DONK	NED	2:24.66		
	Nathasja Konijn	71	35.76	Alice de Haan	64	35.95
	Lia Bijkerk	60	41.93	Jacqueline de Ruiter-Wijnolst	74	31.02
2.	AZC 2	AZC	NED	2:25.46		
	Monique Munnik	62	35.90	Sandra Daamen-Posma	68	35.52
	Wil Ponsioen-van Mil	61	39.73	Inge van Gasteren	72	34.31
3.	De Geul 1	De Geul	NED	2:26.30		
	Erica Muller	64	39.49	Marian Nederlof	76	33.03
	Roselinda van der Vlugt	67	40.61	Marijke Campfens	69	33.17
4.	ESCA Zwemmen 3	ESCA Zwemmen	NED	2:46.39		
	Marleen Robbers	66	46.41	Cora Smulders	66	41.08
	Ria Peters-Veurman	58	45.39	Karin van der Star-Verhoeven	61	33.51
5.	Budel 2	Budel	NED	2:49.86		
	Sylvia Avitabile	67	39.78	Judith van der Heijden	70	47.45
	Jolanda Knippenberg	66	41.47	Miriam Stevens	69	41.16
NG	PSV 2	PSV	NED			

Programmanr. 44, 4 x 50m vrije slag

200+, Heren

1.	De Rog 1	De Rog	NED	2:01.87	
	Wijnand Vergeest	68	Roy Le Clercq	64	30.80
	Frank Van Engelen	67	Erik Kamphuis	60	28.53
2.	AZC 3	AZC	NED	2:04.45	
	Wim de Lange	58	Michael Go	75	29.60
	Geza Kaltenecker	42	Auke Sijperda	99	26.69
3.	Budel 4	Budel	NED	2:09.67	
	Jos Zentjens	57	Edward van Nijmweegen	70	33.63
	Joost van Eerdt	69	Ruud Kennis	65	31.68

200+, Gemengd

1.	Poseydon 1	Poseydon	RUS	1:54.20	
	Sergey Kozlov	63	Vasili Efremov	76	24.67
	Olga Kedrova	60	Irina Merzlikina	72	29.35
2.	De Rog 2	De Rog	NED	1:54.88	
	Peter Bensen	63	Arianne Hamakers	67	30.45
	Sandra Peeters-Wiermans	74	Arjan Verheij	71	26.57
3.	ZPC AMERSFOORT 2	ZPC AMERSFOORT	NED	2:00.07	
	Chester Marsman	69	Machteld Stiling	66	36.66
	Atie Pijtak-Radersma	56	Rob van Vliet	84	25.94
4.	De Biesboschzwemmers 1	De Biesboschzwemmers	NED	2:01.05	
	Nico Swart	68	Annette Wijnja-Visser	67	31.53
	Paul Wijnja	63	Marjo Goelema-Koek	69	30.00
5.	Spartak Voronezh 1	Spartak Voronezh	RUS	2:01.59	
	Yurii Perin	63	Vladimir Semenov	68	30.84
	Svetlana Islamgaleeva	64	Natalia Lesovaia	78	30.98
6.	ZVVS 3	ZVVS	NED	2:03.76	
	Ada de Voogd	59	Nadya Putter	83	30.21
	Willem Putter	45	Paul Brinkman	84	25.70
7.	Patrick-De Roersoppers (SG) 1	Patrick-De Roersoppers (SG)	NED	2:06.32	
	Pascalie Janssen	73	Charles Bos	53	32.28
	Martine de Haart	79	Arno Schrauwen	65	28.98
8.	WIDEX GZC DONK 1	WIDEX GZC DONK	NED	2:09.89	
	Jessica Venema	79	Feikje Wittermans	64	34.31
	Pierre de Groot	64	Willem Jan Ribberink	65	31.07
9.	Steenwijk 1934 5	Steenwijk 1934	NED	2:18.46	
	Elza van Os	74	Wilna Heijman	64	34.83
	Huyb Stegeman	67	Guido Keutgen	68	27.88
10.	De Rog 4	De Rog	NED	2:19.87	
	Esther Vergeest	77	Sandra Van der Helm	78	34.95
	Hans Van de Berg	65	Sjoerd Van de Berg	54	40.01
DIS	De Rog 3	De Rog	NED		
	<i>VRA - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel., 1st zwemmer</i>				
	Tomasz Zurawski, Regine Beckers-Stribos, Ageeth Westenbrink, Cees Kersten				

240+, Dames

1.	WS Twente 4	WS Twente	NED	2:33.85	
	Jeannette Ruesink	63	Antoinette Gilding-Tussaud	50	48.13
	Elly Wynia	59	Marijke Kraak-Beckers	60	33.46

Programmanr. 44, 4 x 50m vrije slag

240+, Heren

1.	WWV Winterswijk 1	WWV Winterswijk	NED	2:04.43	
	Ruud Ruiters	53	30.79	Laurens Klein Breteler	54
	Theo Schouten	46	34.49	Kees-Jan van Overbeeke	62
2.	PSV 6	PSV	NED	2:09.11	
	Bart van Doesburg	56	32.59	Evertjan Masurel	56
	André Pantekoek	58	36.11	Brend Brevé	52
DIS	WS Twente 3	WS Twente	NED		
	<i>EA - Te vroeg overgenomen., 4de zwemmer</i>				
	Joop Weenink	68	32.07	Frans van Enst	40
	Jack Barends	62	32.27	Jan Willem Heuten	60

240+, Gemengd

1.	SWOL 1894 4	SWOL 1894	NED	2:11.72	
	Bea Swijnenberg	49	38.46	Harry Dokter	51
	Christien Nieuwenhuis	51	33.45	Jan Nijenhuis	64
2.	PCWKS 1	PCWKS	RUS	2:11.93	
	Natalia Isupova	58	34.89	Marina Penzina	57
	Valerij Feoktistov	45	36.30	Eduard Ivanov	69
3.	PSV 4	PSV	NED	2:12.66	
	Trudy Ketting	70	31.35	Rob Hanou	43
	Agnes van Doesburg	60	37.45	Fred Ketting	60
4.	De Duinkickers 2	De Duinkickers	NED	2:27.02	
	Bas Roorda	58	33.39	Christine Buist	64
	Robert de Brauwer	64	30.07	Annet Verhoeven - Steggerda	46
5.	Steenwijk 1934 6	Steenwijk 1934	NED	2:49.94	
	Sierd Tilma	53	36.28	Hans van Scheepen	62
	Riekie Schra	64	59.04	Monica Bakker	56
6.	Old Dutch 2	Old Dutch	NED	2:59.13	
	Karien Musters	58	48.02	Marie Smits	38
	Nico Baay	42	47.38	Marcel Creemers	64

280+, Dames

1.	PSV 1	PSV	NED	2:25.83	
	<i>Wereld Masters Record</i>				
	Patty Krupiarz	54	35.52	Corrie Verhoeven	46
	Lottie Geurts	35	42.24	Esther van Lohuizen	59